



Result per Age

G-10		Girls-10								
7	G-10	Girls-10 : 80 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU019	329	Angelique Tegmann	Gauteng Province		1	00:12.07	643	-1.8	E	
WCA002	1089	Larah Adams	Western Cape Province		2	00:12.13	635		E	
MPU003	729	Simoné Els	Mpumalanga Province		3	00:12.19	628		E	
MPU004	730	Inge Gouws	Mpumalanga Province		4	00:12.22	624		E	
NWP008	952	Leadré le Grange	North West Province		5	00:12.26	619		E	
2										
NWP004	948	Igne Oberholster	North West Province		1	00:11.60	707	-1.2	E	
FSA001	123	Annamé Fourie	Free State Province		2	00:11.61	705		E	
WCA001	1088	Jamie-Leigh Oliphant	Western Cape Province		3	00:12.01	650		E	
GAU014	324	Mariska Jonker	Gauteng Province		4	00:12.03	648		E	
ECA006	6	Qawekazi Masekazi	Eastern Cape Province		5	00:12.58	581		E	
KZN009	552	Khanyisile Sibeko	KwaZulu Natal		6	00:12.63	575		E	
3										
NWP007	951	Minette Erasmus	North West Province		1	00:11.76	684	-1.2	E	
LIM011	620	AndriaThemistocleous	Limpopo Province		2	00:12.02	649		E	
NCA007	865	Carli Oerson	Northern Cape Province		3	00:12.10	639		E	
FSA002	124	Tshepiso Motaung	Free State Province		4	00:12.19	628		E	
ECA010	10	Esti Steenkamp	Eastern Cape Province		5	00:12.22	624		E	
NCA003	862	Cora Groenewald	Northern Cape Province		6	00:12.49	591		E	
4										
GAU005	315	Catharina Venter	Gauteng Province		1	00:11.57	711	-2.5	E	
MPU005	731	Kyla Labuschagne	Mpumalanga Province		2	00:11.86	670		E	
WCA003	1090	Caitlini Saacs	Western Cape Province		3	00:12.05	645		E	
FSA003	125	Jana Steyn	Free State Province		4	00:12.13	635		E	
NCA002	861	Keletso Gaubuse	Northern Cape Province		5	00:12.62	576		E	

33		G-10		Girls-10 : 80 m		Semi-Finals				
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU005	315	Catharina Venter	Gauteng Province		1	00:11.34	746	2.3	E	
MPU005	731	Kyla Labuschagne	Mpumalanga Province		2	00:11.36	743		E	
FSA001	123	Annamé Fourie	Free State Province		3	00:11.42	734		E	
LIM011	620	AndriaThemistocleous	Limpopo Province		4	00:11.64	701		E	
MPU003	729	Simoné Els	Mpumalanga Province		5	00:11.70	692		E	
WCA003	1090	Caitlini Saacs	Western Cape Province		6	00:11.71	691		E	
FSA003	125	Jana Steyn	Free State Province		7	00:11.98	654		E	
2										
NWP004	948	Igne Oberholster	North West Province		1	00:11.32	749	2.2	E	
GAU014	324	Mariska Jonker	Gauteng Province		2	00:11.59	708		E	
NWP007	951	Minette Erasmus	North West Province		3	00:11.62	704		E	
WCA001	1088	Jamie-Leigh Oliphant	Western Cape Province		4	00:11.66	698		E	
GAU019	329	Angelique Tegmann	Gauteng Province		5	00:11.69	694		E	
WCA002	1089	Larah Adams	Western Cape Province		6	00:11.80	679		E	
FSA002	124	Tshepiso Motaung	Free State Province		7	00:11.93	661		E	



Result per Age

G-10 Girls-10

46	G-10	Girls-10 : 80 m	Final							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
NWP004	948	Igne Oberholster	North West Province		1	00:11.12	782	1.6	E	
MPU005	731	Kyla Labuschagne	Mpumalanga Province		2	00:11.23	764		E	
GAU005	315	Catharina Venter	Gauteng Province		3	00:11.32	749		E	
FSA001	123	Annamé Fourie	Free State Province		4	00:11.44	731		E	
NWP007	951	Minette Erasmus	North West Province		5	00:11.47	726		E	
LIM011	620	AndriaThemistocleous	Limpopo Province		6	00:11.57	711		E	
GAU014	324	Mariska Jonker	Gauteng Province		7	00:11.59	708		E	
WCA001	1088	Jamie-Leigh Oliphant	Western Cape Province		8	00:11.62	704		E	

84	G-10	Girls-10 : 100 m	Heats							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
NWP007	951	Minette Erasmus	North West Province		1	00:14.80	710	-2.0	E	
MPU005	731	Kyla Labuschagne	Mpumalanga Province		2	00:14.93	697		E	
WCA001	1088	Jamie-Leigh Oliphant	Western Cape Province		3	00:14.95	695		E	
MPU004	730	Inge Gouws	Mpumalanga Province		4	00:15.01	688		E	
GAU019	329	Angelique Tegmann	Gauteng Province		5	00:15.22	667		E	
NWP008	952	Leadré le Grange	North West Province		6	00:15.46	644		E	
FSA005	127	Vuyelwa Mosala	Free State Province		7	00:15.62	629		E	
ECA010	10	Esti Steenkamp	Eastern Cape Province		8	00:15.74	618		E	
2										
NWP004	948	Igne Oberholster	North West Province		1	00:14.45	750	-0.8	E	
FSA001	123	Annamé Fourie	Free State Province		2	00:14.80	710		E	
GAU020	330	Matli Tumishu	Gauteng Province		3	00:14.84	706		E	
GAU003	313	Becorny Cleo Maxine	Gauteng Province		4	00:15.12	677		E	
FSA002	124	Tshepiso Motaung	Free State Province		5	00:15.27	662		E	
NCA007	865	Carli Oerson	Northern Cape Province		6	00:15.51	639		E	
3										
GAU005	315	Catharina Venter	Gauteng Province		1	00:14.26	773	-1.0	E	
LIM011	620	AndriaThemistocleous	Limpopo Province		2	00:14.91	699		E	
WCA002	1089	Larah Adams	Western Cape Province		3	00:14.98	691		E	
MPU003	729	Simoné Els	Mpumalanga Province		4	00:14.99	690		E	
KZN010	553	Pearl Sithole	KwaZulu Natal		5	00:14.99	690		E	
GAU007	317	Chazel Bezuidenhout	Gauteng Province		6	00:15.02	687		E	
FSA004	126	Tabita Dempers	Free State Province		7	00:15.79	613		E	

102	G-10	Girls-10 : 100 m	Semi-Finals							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
NWP007	951	Minette Erasmus	North West Province		1	00:14.80	710		E	
MPU005	731	Kyla Labuschagne	Mpumalanga Province		2	00:14.93	697		E	
2										
NWP004	948	Igne Oberholster	North West Province		1	00:14.45	750		E	
FSA001	123	Annamé Fourie	Free State Province		2	00:14.80	710		E	
GAU020	330	Matli Tumishu	Gauteng Province		3	00:14.84	706		E	
3										
GAU005	315	Catharina Venter	Gauteng Province		1	00:14.26	773		E	
LIM011	620	AndriaThemistocleous	Limpopo Province		2	00:14.91	699		E	
WCA002	1089	Larah Adams	Western Cape Province		3	00:14.98	691		E	



Result per Age

G-10 Girls-10

124	G-10	Girls-10 : 100 m	Final							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
NWP004	948	Igne Oberholster	North West Province		1	00:14.57	736	-3.3	E	
GAU005	315	Catharina Venter	Gauteng Province		2	00:14.66	726	-3.3	E	
FSA001	123	Annamé Fourie	Free State Province		3	00:14.70	721	-3.3	E	
MPU005	731	Kyla Labuschagne	Mpumalanga Province		4	00:14.74	717	-3.3	E	
GAU020	330	Matli Tumishu	Gauteng Province		5	00:14.76	715	-3.3	E	
NWP007	951	Minette Erasmus	North West Province		6	00:14.91	699	-3.3	E	
LIM011	620	Andria Themistocleous	Limpopo Province		7	00:15.03	686	-3.3	E	
WCA002	1089	Larah Adams	Western Cape Province		8	00:15.32	657	-3.3	E	

55	G-10	Girls-10 : 1200 m	Heats							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
MPU123	849	Chané Grey	Mpumalanga Province		9	04:40.00	763		E	
1										
FSA004	126	Tabita Dempers	Free State Province		1	04:02.67	991		E	
KZN012	555	Phille Khumalo	KwaZulu Natal		2	04:03.58	984		E	
FSA006	128	Manaha Mokoena	Free State Province		3	04:04.61	976		E	
KZN011	554	Xolile Ndlovu	KwaZulu Natal		4	04:06.46	962		E	
LIM001	610	Lehlogonolo Aphane	Limpopo Province		5	04:11.92	923		E	
GAU012	322	Kirsti Bell	Gauteng Province		6	04:14.86	903		E	
NCA006	864	Boingotlo Molemoeng	Northern Cape Province		7	04:17.81	884		E	
KZN014	557	Noluthando Msimango	KwaZulu Natal		8	04:19.72	872		E	
MPU010	736	Nqobile Ngwenya	Mpumalanga Province		9	04:20.81	865		E	
MPU001	727	Selanna Biggs	Mpumalanga Province		10	04:20.99	864		E	
NWP013	957	Ruandi van Dyk	North West Province		11	04:23.62	849		E	
FSA007	129	Mosa Difahlo	Free State Province		12	04:24.83	842		E	
WCA175	1256	Ricarlin Adams	Western Cape Province		13	04:27.14	829		E	
2										
LIM007	616	Nare Mokonyama	Limpopo Province		1	03:58.02	1030		E	
GAU002	312	Ayanda Sebetha	Gauteng Province		2	04:02.89	989		E	
KZN013	556	Nolwazi Dlamini	KwaZulu Natal		3	04:09.37	941		E	
NWP014	958	Rouxlé Marais	North West Province		4	04:10.63	932		E	
GAU018	328	Sandra Wijtenburg	Gauteng Province		5	04:13.79	910		E	
LIM010	619	Prudence Sekodiso	Limpopo Province		6	04:13.92	909		E	
GAU009	319	Karla de Jager	Gauteng Province		7	04:16.01	895		E	
NWP006	950	Nellie Herzel	North West Province		8	04:16.73	891		E	
LIM005	614	Khorommbi Vhahangswerle	Limpopo Province		9	04:19.98	870		E	
NCA010	868	Kateline van Rooyen	Northern Cape Province		10	04:20.07	870		E	
MPU007	733	Unam Mankhihlana	Mpumalanga Province		11	04:24.82	842		E	
ECA002	2	Ayandiswa Gcuma	Eastern Cape Province		12	04:27.15	829		E	
ECA007	7	Liyema Nkewana	Eastern Cape Province		13	04:28.61	821		E	
WCA006	1093	Patricia Henneke	Western Cape Province		14	05:02.78	666		E	



Result per Age

G-10 Girls-10

122	G-10	Girls-10 : 1200 m	Final							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
LIM007	616	Nare Mokonyama	Limpopo Province		1	03:56.82	1040		E	R
FSA004	126	Tabita Dempers	Free State Province		2	04:01.52	1000		E	
GAU002	312	Ayanda Sebetha	Gauteng Province		3	04:01.59	1000		E	
KZN011	554	Xolile Ndlovu	KwaZulu Natal		4	04:02.82	990		E	
FSA006	128	Manaha Mokoena	Free State Province		5	04:07.03	958		E	
KZN012	555	Phille Khumalo	KwaZulu Natal		6	04:12.58	918		E	
GAU018	328	Sandra Wijtenburg	Gauteng Province		7	04:15.34	900		E	
LIM001	610	Lehlogonolo Aphane	Limpopo Province		8	04:15.54	898		E	
LIM010	619	Prudence Sekodiso	Limpopo Province		9	04:16.38	893		E	
KZN014	557	Noluthando Msimango	KwaZulu Natal		10	04:18.49	880		E	
GAU009	319	Karla de Jager	Gauteng Province		11	04:19.09	876		E	
NWP014	958	Rouxlé Marais	North West Province		12	04:20.01	870		E	
GAU012	322	Kirsti Bell	Gauteng Province		13	04:20.70	866		E	
KZN013	556	Nolwazi Dlamini	KwaZulu Natal		14	04:23.40	850		E	
MPU123	849	Chané Grey	Mpumalanga Province		15	04:23.78	848		E	
NWP006	950	Nellie Herzel	North West Province		16	04:24.79	842		E	

22	G-10	Girls-10 : 70 m Hurdles	Heats							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
ECA004	4	Lihle Maduna	Eastern Cape Province		1	00:13.22	826	0.6	E	
NWP009	953	Nicola Badenhorst	North West Province		2	00:13.42	810		E	
GAU015	325	Miles Cherrelee	Gauteng Province		4	00:13.91	773		E	
GAU006	316	Charlize Eilard	Gauteng Province		4	00:14.15	756		E	
MPU011	737	Zentia Swart	Mpumalanga Province		5	00:13.79	781		E	
WCA009	1096	Chante Klein	Western Cape Province		6	00:14.37	741		E	
2										
WCA007	1094	Lindi Cilliers	Western Cape Province		1	00:12.55	886	0	E	
MPU012	738	Alea Uys	Mpumalanga Province		2	00:12.71	871		E	
GAU007	317	Chazel Bezuidenhout	Gauteng Province		3	00:12.96	848		E	
FSA009	131	Elaine Pienaar	Free State Province		4	00:13.25	824		E	
NWP019	963	Inaldi Uys	North West Province		5	00:14.03	764		E	
NCA012	870	Ayanda Williams	Northern Cape Province		6	00:14.29	746		E	
3										
FSA003	125	Jana Steyn	Free State Province		1	00:13.16	831	1.3	E	
GAU023	333	Xania van der Walt	Gauteng Province		2	00:13.16	831		E	
ECA010	10	Esti Steenkamp	Eastern Cape Province		3	00:13.84	778		E	
MPU013	739	Sune Viljoen	Mpumalanga Province		4	00:13.91	773		E	
WCA008	1095	Carla Muller	Western Cape Province		5	00:14.22	751		E	
LIM002	611	Christine Kruger	Limpopo Province		6	00:14.22	751		E	
ECA003	3	Sanrie Lessing	Eastern Cape Province		7	00:15.28	684		E	



Result per Age

G-10 Girls-10

57		G-10 Girls-10 : 70 m Hurdles					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCA007	1094	Lindi Cilliers	Western Cape Province	1	00:12.55	886	1.3	E		
GAU006	316	Charlize Eilard	Gauteng Province	2	00:12.60	881	1.3	E		
NWP009	953	Nicola Badenhorst	North West Province	3	00:12.80	863	1.3	E		
GAU007	317	Chazel Bezuidenhout	Gauteng Province	4	00:12.88	855	1.3	E		
MPU012	738	Alea Uys	Mpumalanga Province	5	00:12.93	851	1.3	E		
GAU023	333	Xania van der Walt	Gauteng Province	6	00:12.97	847	1.3	E		
ECA004	4	Lihle Maduna	Eastern Cape Province	7	00:13.06	840	1.3	E		
FSA003	125	Jana Steyn	Free State Province	8	00:13.62	794	1.3	E		

69		G-10 Girls-10 : 4X100 m Relay					Heats			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAUA01	536	Gauteng	Gauteng Province	10	00:00.00	0		E		
ECAA01	115	Eastern Cape	Eastern Cape Province	10	00:00.00	0		E		
NCAA07	944	Northern Cape	Northern Cape Province	10	00:00.00	0		E		
WCAA01	1268	Western Cape	Western Cape Province	10	00:00.00	0		E		
LIMA01	719	Limpopo	Limpopo Province	10	00:00.00	0		E		
MPUA01	852	Mpumalanga	Mpumalanga Province	10	00:00.00	0		E		
FSAA01	303	Free State	Free State Province	10	00:00.00	0		E		
NWPA01	1080	North West	North West Province	10	00:00.00	0		E		

135		G-10 Girls-10 : 4X100 m Relay					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
NWPA01	1080	North West	North West Province	1	00:57.00	871		E		
FSAA01	303	Free State	Free State Province	2	00:57.57	851		E		
MPUA01	852	Mpumalanga	Mpumalanga Province	3	00:58.06	835		E		
WCAA01	1268	Western Cape	Western Cape Province	4	00:58.22	829		E		
GAUA01	536	Gauteng	Gauteng Province	5	00:59.45	791		E		
NCAA07	944	Northern Cape	Northern Cape Province	6	00:61.55	731		E		
ECAA01	115	Eastern Cape	Eastern Cape Province	7	00:61.65	728		E		

28		G-10 Girls-10 : High Jump					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
FSA010	132	Annika Herbst	Free State Province	1	1.40	1035		E	R	
GAU016	326	Nobiel Kifuabala	Gauteng Province	2	1.33	916		E		
GAU004	314	Bianca Erasmus	Gauteng Province	3	1.33	916		E		
GAU001	311	Amore Vlok	Gauteng Province	4	1.28	837		E		
NWP001	945	Kutlwano Marumo	North West Province	5	1.28	837		E		
NWP003	947	Sonica Jaarsveld	North West Province	6	1.23	758		E		
NCA001	860	Annakletswa Chiwisa	Northern Cape Province	7	1.18	679		E		
GAU013	323	Bejandri Lourens	Gauteng Province	8	1.18	679		E		



Result per Age

G-10 Girls-10

107		G-10 Girls-10 : Long Jump					Final		
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
NWP009	953 Nicola Badenhorst	North West Province		1	4.12	895		E	
WCA018	1104 Lindi Cilliers	Western Cape Province		2	4.01	840		E	
FSA008	130 Judy Seroka	Free State Province		3	3.98	825		E	
MPU008	734 Nolwazi Mashaba	Mpumalanga Province		4	3.97	820		E	
GAU001	311 Amore Vlok	Gauteng Province		5	3.96	815		E	
NCA003	862 Cora Groenewald	Northern Cape Province		6	3.93	800		E	
MPU013	739 Sune Viljoen	Mpumalanga Province		7	3.91	790		E	
GAU024	334 Michaela Lubbe	Gauteng Province		8	3.89	779		E	

82		G-10 Girls-10 : Shot Put					Final		
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU008	318 Christelle Grobler	Gauteng Province		1	8.77	957		E	N
WCA011	1097 Niveena Jantjies	Western Cape Province		2	8.50	948		E	N
WCA012	1098 Zeree Kershoff	Western Cape Province		3	8.29	940		E	N
MPU006	732 Fezeka Malinga	Mpumalanga Province		4	8.25	939		E	N
GAU011	321 Ida Oelofse	Gauteng Province		5	8.21	938		E	N
NWP005	949 Leasha Louwrens	North West Province		7	8.12	935		E	N
MPU009	735 Maketsa Ndlovu	Mpumalanga Province		8	7.72	921		E	N
WCA013	1099 Megan Solomons	Western Cape Province		9	7.70	921		E	N



Result per Age

G-11 Girls-11

9		G-11 Girls-11 : 80 m		Heats						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
WCA028	1114	Jolandi du Toit	Western Cape Province	1	00:11.26	697	-1.4	E		
FSA018	140	Rethabile Mothudi	Free State Province	2	00:11.39	678		E		
NWP023	967	Sheveonne Kok	North West Province	3	00:11.49	664		E		
GAU054	364	Carla Hattingh	Gauteng Province	4	00:11.69	637		E		
KZN016	559	Isphile Mbonambi	KwaZulu Natal	5	00:11.70	635		E		
ECA024	24	Mathabo Veldman	Eastern Cape Province	6	00:12.00	597		E		
2										
WCA019	1105	Cadi Josias	Western Cape Province	1	00:11.16	711	-0.3	E		
FSA019	141	Elandri Pulzone	Free State Province	2	00:11.41	675		E		
FSA017	139	Tshiwela Machaba	Free State Province	3	00:11.47	666		E		
MPU024	750	Zandile Saunderson	Mpumalanga Province	4	00:11.86	615		E		
NWP020	964	Jordaan du Rand	North West Province	5	00:11.96	602		E		
3										
GAU063	373	Jodine Beans	Gauteng Province	1	00:11.36	682	-0.9	E		
LIM031	639	Phasa Remoneilwe	Limpopo Province	2	00:11.64	643		E		
LIM029	638	Maphuti Molema	Limpopo Province	3	00:11.68	638		E		
ECA012	12	Anne-Gelique Campell	Eastern Cape Province	4	00:11.70	635		E		
KZN017	560	Michelle Visser	KwaZulu Natal	5	00:11.73	631		E		
GAU055	365	Clarise Brits	Gauteng Province	6	00:12.02	595		E		
4										
MPU014	740	Jeanika Barnard	Mpumalanga Province	1	00:11.60	649	-1.5	E		
GAU059	369	Gontse Morake	Gauteng Province	2	00:11.67	639		E		
ECA014	14	Jami-Leigh Goeda	Eastern Cape Province	3	00:11.78	625		E		
ECA015	15	Rubbine Kamangu	Eastern Cape Province	4	00:12.02	595		E		
NCA020	878	Kutlwano Molusi	Northern Cape Province	5	00:12.18	576		E		

39		G-11 Girls-11 : 80 m		Semi-Finals						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
WCA019	1105	Cadi Josias	Western Cape Province	1	00:10.81	768		E		
FSA019	141	Elandri Pulzone	Free State Province	2	00:11.17	710		E		
GAU063	373	Jodine Beans	Gauteng Province	3	00:11.19	707		E		
ECA012	12	Anne-Gelique Campell	Eastern Cape Province	4	00:11.30	691		E		
LIM031	639	Phasa Remoneilwe	Limpopo Province	5	00:11.35	683		E		
KZN017	560	Michelle Visser	KwaZulu Natal	6	00:11.72	633		E		
LIM029	638	Maphuti Molema	Limpopo Province	7	00:11.79	624		E		
2										
FSA017	139	Tshiwela Machaba	Free State Province	1	00:11.02	733		E		
WCA028	1114	Jolandi du Toit	Western Cape Province	2	00:11.07	725		E		
MPU014	740	Jeanika Barnard	Mpumalanga Province	3	00:11.24	699		E		
FSA018	140	Rethabile Mothudi	Free State Province	4	00:11.26	697		E		
GAU059	369	Gontse Morake	Gauteng Province	5	00:11.28	694		E		
KZN016	559	Isphile Mbonambi	KwaZulu Natal	6	00:11.30	691		E		
GAU054	364	Carla Hattingh	Gauteng Province	7	00:11.38	679		E		
ECA014	14	Jami-Leigh Goeda	Eastern Cape Province	8	00:11.50	662		E		



Result per Age

G-11 Girls-11

48	G-11	Girls-11 : 80 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA019	1105	Cadi Josias	Western Cape Province		1	00:11.77	626	0.7	E	
FSA017	139	Tshiwela Machaba	Free State Province		2	00:11.10	721		E	
FSA019	141	Elandri Pulzone	Free State Province		3	00:11.13	716		E	
WCA028	1114	Jolandi du Toit	Western Cape Province		4	00:11.14	715		E	
GAU063	373	Jodine Beans	Gauteng Province		5	00:11.19	707		E	
MPU014	740	Jeanika Barnard	Mpumalanga Province		6	00:11.26	697		E	
FSA018	140	Rethabile Mothudi	Free State Province		7	00:11.44	671		E	
ECA012	12	Anne-Gelique Campell	Eastern Cape Province		8	00:11.64	643		E	

86	G-11	Girls-11 : 100 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA019	1105	Cadi Josias	Western Cape Province		1	00:13.78	770	-0.4	E	
GAU069	379	Mia Stols	Gauteng Province		2	00:14.17	723		E	
MPU018	744	Telane Ludeke	Mpumalanga Province		3	00:14.25	714		E	
GAU059	369	Gontse Morake	Gauteng Province		4	00:14.39	698		E	
GAU074	384	Rose Keyi	Gauteng Province		5	00:14.70	665		E	
ECA022	22	Amy van Vuuren	Eastern Cape Province		6	00:15.03	633		E	
MPU024	750	Zandile Saunderson	Mpumalanga Province		7	00:15.85	559		E	
2										
FSA019	141	Elandri Pulzone	Free State Province		1	00:14.06	736	-1.8	E	
NWP023	967	Sheveonne Kok	North West Province		2	00:14.10	731		E	
FSA018	140	Rethabile Mothudi	Free State Province		3	00:14.10	731		E	
WCA021	1107	Janke van Schalwyk	Western Cape Province		4	00:14.24	715		E	
FSA017	139	Tshiwela Machaba	Free State Province		5	00:14.50	686		E	
LIM029	638	Maphuti Molema	Limpopo Province		6	00:14.61	675		E	
ECA023	23	Britney van Wyk	Eastern Cape Province		7	00:14.65	671		E	
ECA024	24	Mathabo Veldman	Eastern Cape Province		8	00:14.81	654		E	
3										
LIM031	639	Phasa Remoneilwe	Limpopo Province		1	00:14.21	718	-1.2	E	
MPU014	740	Jeanika Barnard	Mpumalanga Province		2	00:14.32	706		E	
ECA014	14	Jami-Leigh Goeda	Eastern Cape Province		3	00:14.38	699		E	
GAU054	364	Carla Hattingh	Gauteng Province		4	00:14.51	685		E	
GAU071	381	Nikiwe Mongwe	Gauteng Province		5	00:14.52	684		E	
KZN016	559	Isphile Mbonambi	KwaZulu Natal		6	00:14.82	653		E	
NCA023	881	Willize Smit	Northern Cape Province		7	00:14.93	642		E	

104	G-11	Girls-11 : 100 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA019	1105	Cadi Josias	Western Cape Province		1	00:13.78	770	-0.4	E	
LIM031	639	Phasa Remoneilwe	Limpopo Province		1	00:14.21	718	-1.2	E	
FSA019	141	Elandri Pulzone	Free State Province		1	00:14.06	736	-1.8	E	
GAU069	379	Mia Stols	Gauteng Province		2	00:14.17	723		E	
MPU014	740	Jeanika Barnard	Mpumalanga Province		2	00:14.32	706		E	
NWP023	967	Sheveonne Kok	North West Province		2	00:14.10	731		E	
MPU018	744	Telane Ludeke	Mpumalanga Province		3	00:14.25	714		E	
FSA018	140	Rethabile Mothudi	Free State Province		3	00:14.10	731		E	



Result per Age

G-11 Girls-11

126	G-11	Girls-11 : 100 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA019	141	Elandri Pulzone	Free State Province		1	00:14.00	743	-1.7	E	
WCA019	1105	Cadi Josias	Western Cape Province		2	00:14.02	740	-1.7	E	
LIM031	639	Phasa Remoneilwe	Limpopo Province		3	00:14.07	734	-1.7	E	
NWP023	967	Sheveonne Kok	North West Province		4	00:14.16	724	-1.7	E	
FSA018	140	Rethabile Mothudi	Free State Province		5	00:14.23	716	-1.7	E	
GAU069	379	Mia Stols	Gauteng Province		6	00:14.37	700	-1.7	E	
MPU018	744	Telane Ludeke	Mpumalanga Province		7	00:14.38	699	-1.7	E	
MPU014	740	Jeanika Barnard	Mpumalanga Province		8	00:14.46	691	-1.7	E	

1	G-11	Girls-11 : 1200 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
NWP024	968	Refilwe Makgolo	North West Province		1	04:02.76	866		E	
LIM026	635	Dipuo Mashishi	Limpopo Province		2	04:04.85	853		E	
GAU075	385	Tebogo Kgari	Gauteng Province		3	04:05.51	849		E	
WCA023	1109	Bronhille Witbooi	Western Cape Province		4	04:06.40	843		E	
FSA021	143	Mapaseka Motaung	Free State Province		5	04:07.92	834		E	
FSA022	144	Karabo Pharoe	Free State Province		6	04:08.08	833		E	
FSA023	145	Itumeleng Mpembe	Free State Province		7	04:08.64	830		E	
GAU052	362	Belinda van Niekerk	Gauteng Province		8	04:11.95	810		E	
WCA022	1108	Jasmin Juta	Western Cape Province		9	04:29.77	719		E	
MPU020	746	Sayinile Mahlangu	Mpumalanga Province		10	04:30.19	717		E	
GAU064	374	Kate Nong	Gauteng Province		11	04:33.82	701		E	
ECA017	17	Nosipelo Manana	Eastern Cape Province		12	04:45.00	653		E	
2										
FSA020	142	Nicole Louw	Free State Province		1	03:57.70	900		E	
ECA018	18	Yongama Mbewana	Eastern Cape Province		2	03:59.71	887		E	
KZN018	561	Fezile Sibiya	KwaZulu Natal		3	04:01.75	873		E	
LIM024	633	Phomelelo Makofane	Limpopo Province		4	04:05.76	847		E	
GAU065	375	Keletso Senosi	Gauteng Province		5	04:06.14	845		E	
KZN022	565	Sinenhlanhla Hlatshwayo	KwaZulu Natal		6	04:06.70	841		E	
KZN021	564	Nthabiseng Molefe	KwaZulu Natal		7	04:07.69	835		E	
ECA019	19	Ntokoza Namba	Eastern Cape Province		8	04:13.86	800		E	
WCA024	1110	Gabrielle Bennett	Western Cape Province		9	04:15.77	789		E	
KZN023	566	Ntokoza Zwane	KwaZulu Natal		10	04:18.58	774		E	
NWP025	969	Tshegofatso Modise	North West Province		11	04:20.55	764		E	
LIM028	637	Gladys Mokgohloa	Limpopo Province		12	04:20.58	764		E	
MPU019	745	Nontombeko Mabuza	Mpumalanga Province		13	04:24.96	742		E	



Result per Age

G-11 Girls-11

95	G-11	Girls-11 : 1200 m					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
ECA018	18	Yongama Mbewana	Eastern Cape Province		1	03:53.56	931		E	
FSA020	142	Nicole Louw	Free State Province		2	03:55.62	915		E	
LIM024	633	Phomelelo Makofane	Limpopo Province		3	03:59.03	891		E	
KZN018	561	Fezile Sibiya	KwaZulu Natal		4	04:01.20	876		E	
WCA023	1109	Bronhille Witbooi	Western Cape Province		5	04:02.22	870		E	
GAU065	375	Keletso Senosi	Gauteng Province		6	04:02.48	868		E	
KZN022	565	Sinenhlanhla Hlatshwayo	KwaZulu Natal		7	04:03.43	862		E	
GAU052	362	Belinda van Niekerk	Gauteng Province		8	04:07.81	835		E	
FSA023	145	Itumeleng Mpembe	Free State Province		9	04:08.62	830		E	
FSA022	144	Karabo Pharo	Free State Province		10	04:09.50	825		E	
LIM026	635	Dipuo Mashishi	Limpopo Province		11	04:10.71	818		E	
NWP024	968	Refilwe Makgolo	North West Province		12	04:12.36	808		E	
FSA021	143	Mapaseka Motaung	Free State Province		13	04:15.83	789		E	
KZN021	564	Nthabiseng Molefe	KwaZulu Natal		14	04:17.52	780		E	
GAU075	385	Tebogo Kgari	Gauteng Province		15	04:34.92	696		E	

20	G-11	Girls-11 : 70 m Hurdles					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA025	1111	Mieke Basson	Western Cape Province		1	00:12.22	863	0.1	E	
GAU058	368	Dayna Vos	Gauteng Province		2	00:12.31	854		E	
LIM023	632	Alida du Preez	Limpopo Province		3	00:12.49	838		E	
FSA024	146	Stephanie Foord	Free State Province		4	00:12.52	835		E	
MPU124	850	Cherize van Duyker	Mpumalanga Province		5	00:13.14	784		E	
ECA022	22	Amy van Vuuren	Eastern Cape Province		6	00:13.31	771		E	
NWP028	972	Kayla van Tonder	North West Province		7	00:15.80	616		E	
2										
GAU051	361	Antoinette van der Merwe	Gauteng Province		1	00:11.89	896	0.1	E	
MPU018	744	Telane Ludeke	Mpumalanga Province		2	00:12.11	874		E	
WCA027	1113	Natasha Martins	Western Cape Province		3	00:12.29	856		E	
MPU023	749	Jani Ane Senekal	Mpumalanga Province		4	00:12.52	835		E	
FSA025	147	Lize Bezuidenhoudt	Free State Province		5	00:12.57	831		E	
FSA026	148	Naledi Moleli	Free State Province		6	00:12.95	799		E	
NCA017	875	Zeanne Kruger	Northern Cape Province		7	00:14.27	704		E	
3										
GAU073	383	Rachel Marais	Gauteng Province		1	00:11.91	894	0.1	E	
GAU069	379	Mia Stols	Gauteng Province		2	00:12.08	877		E	
WCA026	1112	Janke van Schalwyk	Western Cape Province		3	00:12.12	873		E	
NCA022	880	Sabrinah Philander	Northern Cape Province		4	00:12.14	871		E	
ECA013	13	Heide de Lange	Eastern Cape Province		5	00:12.89	804		E	
MPU025	751	Carissa Van Wyk	Mpumalanga Province		6	00:13.02	793		E	
ECA021	21	Wilmien van Biljon	Eastern Cape Province		7	00:13.46	759		E	



Result per Age

G-11 Girls-11

59	G-11	Girls-11 : 70 m Hurdles					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU051	361	Antoinette van der Merwe	Gauteng Province		1	00:11.82	903	0	E	
GAU069	379	Mia Stols	Gauteng Province		2	00:12.05	880	0	E	
GAU058	368	Dayna Vos	Gauteng Province		3	00:12.15	870	0	E	
MPU018	744	Telane Ludeke	Mpumalanga Province		4	00:12.18	867	0	E	
NCA022	880	Sabrinah Philander	Northern Cape Province		5	00:12.33	853	0	E	
WCA026	1112	Janke van Schalwyk	Western Cape Province		6	00:12.47	840	0	E	
WCA025	1111	Mieke Basson	Western Cape Province		7	00:12.56	832	0	E	

71	G-11	Girls-11 : 4X100 m Relay					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCAA02	1269	Western Cape	Western Cape Province		1	00:55.76	844		E	
GAUA02	537	Gauteng	Gauteng Province		2	00:56.00	836		E	
FSAA02	304	Free State	Free State Province		3	00:56.14	831		E	
KZNA02	603	Kwa Zulu Natal	KwaZulu Natal		4	00:57.23	795		E	
ECAA02	116	Eastern Cape	Eastern Cape Province		5	00:57.59	784		E	
2										
MPUA02	853	Mpumalanga	Mpumalanga Province		1	00:56.76	810		E	
LIMA02	720	Limpopo	Limpopo Province		2	00:57.45	788		E	
NWPA02	1081	North West	North West Province		3	00:58.41	759		E	
NCAA01	939	Northern Cape	Northern Cape Province		4	00:59.92	717		E	

137	G-11	Girls-11 : 4X100 m Relay					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCAA02	1269	Western Cape	Western Cape Province		1	00:56.00	836		E	
GAUA02	537	Gauteng	Gauteng Province		2	00:56.04	834		E	
MPUA02	853	Mpumalanga	Mpumalanga Province		3	00:56.29	826		E	
FSAA02	304	Free State	Free State Province		4	00:56.89	806		E	
LIMA02	720	Limpopo	Limpopo Province		5	00:57.60	784		E	
KZNA02	603	Kwa Zulu Natal	KwaZulu Natal		6	00:57.64	782		E	
ECAA02	116	Eastern Cape	Eastern Cape Province		7	00:58.38	760		E	
NWPA02	1081	North West	North West Province		8	00:60.46	702		E	

62	G-11	Girls-11 : High Jump					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA033	1118	Leandré Ketch	Western Cape Province		1	1.47	929		E	
NCA022	880	Sabrinah Philander	Northern Cape Province		2	1.40	829		E	
GAU062	372	Jeanne Minnaar	Gauteng Province		3	1.40	829		E	
MPU017	743	Ansu Klopper	Mpumalanga Province		3	1.40	829		E	
FSA027	149	Saroné Grobler	Free State Province		5	1.30	685		E	
NWP027	971	Elbe Pienaar	North West Province		6	1.30	685		E	
FSA028	150	Arné van der Merwe	Free State Province		7	1.30	685		E	
NCA019	877	Cleo Minnaar	Northern Cape Province		8	1.30	685		E	



Result per Age

G-11 Girls-11

24	G-11	Girls-11 : Long Jump					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU050	360	Ane J van Rensburg	Gauteng Province		1	4.35	796	1.8	E	
ECA015	15	Rubbine Kamangu	Eastern Cape Province		2	4.26	755		E	
MPU017	743	Ansu Klopper	Mpumalanga Province		3	4.17	714		E	
GAU057	367	Danielle Leonard	Gauteng Province		4	4.16	709		E	
FSA017	139	Tshiwela Machaba	Free State Province		5	4.12	691		E	
WCA026	1112	Janke van Schalwyk	Western Cape Province		6	4.11	686		E	
NWP021	965	Courtney Holtzhausen	North West Province		7	4.09	677		E	
NWP020	964	Jordaan du Rand	North West Province		8	4.03	649		E	

6	G-11	Girls-11 : Shot Put					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU068	378	Mckayla Spies	Gauteng Province		1	10.77	982		E	
FSA032	154	Rhody Grobbelaar	Free State Province		2	10.49	972		E	
WCA030	1115	Elme Botha	Western Cape Province		3	10.24	964		E	
NCA018	876	Christina Lambrechts	Northern Cape Province		4	10.06	958		E	
GAU053	363	Rika Bezuidenhoudt	Gauteng Province		5	9.72	947		E	
GAU056	366	Danae J van Rensburg	Gauteng Province		6	9.69	947		E	
KZN024	567	Zandri Meyer	KwaZulu Natal		7	9.61	944		E	
MPU015	741	Karla Bruwer	Mpumalanga Province		8	9.18	931		E	



Result per Age

G-12 Girls-12

90	G-12	Girls-12 : 100 m	Heats						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1									
GAU124	434	Thidziambi Mufamadi	Gauteng Province	1	00:13.19	793	-0.8	E	
FSA035	157	Joviale Mbisha	Free State Province	2	00:13.36	770		E	
WCA039	1124	Vanessa Yon	Western Cape Province	3	00:13.78	718		E	
NCA032	890	Kaylee-Ann Milford	Northern Cape Province	4	00:14.17	674		E	
GAU125	435	Tonet Murray	Gauteng Province	5	00:14.17	674		E	
ECA026	26	Lesley Blignaut	Eastern Cape Province	6	00:14.39	651		E	
MPU029	755	Nokwethemba Khumalo	Mpumalanga Province	7	00:14.56	634		E	
NCA029	887	Ankia Helena	Northern Cape Province	8	00:14.58	632		E	
2									
FSA036	158	Ané van der Merwe	Free State Province	1	00:13.29	779	-2.1	E	
ECA033	33	Tamsyne Lottering	Eastern Cape Province	2	00:14.19	672		E	
GAU127	437	C van Wyngaardt	Gauteng Province	3	00:14.19	672		E	
MPU026	752	Kelly Anne Bourn	Mpumalanga Province	4	00:14.21	670		E	
FSA038	160	Chantelize van den Berg	Free State Province	5	00:14.55	635		E	
MPU033	759	Boikanyo Ngakatau	Mpumalanga Province	6	00:14.68	622		E	
3									
WCA038	1123	Anel Jaars	Western Cape Province	1	00:13.81	715		E	
WCA037	1122	Brithaney Ludick	Western Cape Province	2	00:13.82	714		E	
LIM059	667	Aluwani Mabaya	Limpopo Province	3	00:13.93	701		E	
NWP037	981	Aobakwe Motloba	North West Province	4	00:14.09	683		E	
NCA027	885	Jaydene de Klerk	Northern Cape Province	5	00:14.18	673		E	
FSA037	159	Angel Kivido	Free State Province	6	00:14.18	673		E	
ECA039	39	Sisipo Xamlashe	Eastern Cape Province	7	00:14.55	635		E	

109 G-12 Girls-12 : 100 m

Semi-Finals									
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1									
GAU124	434	Thidziambi Mufamadi	Gauteng Province	1	00:13.19	793		E	
FSA035	157	Joviale Mbisha	Free State Province	2	00:13.36	770		E	
WCA039	1124	Vanessa Yon	Western Cape Province	3	00:13.78	718		E	
2									
FSA036	158	Ané van der Merwe	Free State Province	1	00:13.29	779		E	
ECA033	33	Tamsyne Lottering	Eastern Cape Province	2	00:14.19	672		E	
3									
WCA038	1123	Anel Jaars	Western Cape Province	1	00:13.81	715		E	
WCA037	1122	Brithaney Ludick	Western Cape Province	3	00:13.82	714		E	
LIM059	667	Aluwani Mabaya	Limpopo Province	3	00:13.93	701		E	

128 G-12 Girls-12 : 100 m

Final									
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU124	434	Thidziambi Mufamadi	Gauteng Province	1	00:13.14	800	-1.5	E	
FSA036	158	Ané van der Merwe	Free State Province	2	00:13.16	797	-1.5	E	
FSA035	157	Joviale Mbisha	Free State Province	3	00:13.35	771	-1.5	E	
WCA039	1124	Vanessa Yon	Western Cape Province	4	00:13.83	712	-1.5	E	
ECA033	33	Tamsyne Lottering	Eastern Cape Province	5	00:13.93	701	-1.5	E	
WCA037	1122	Brithaney Ludick	Western Cape Province	6	00:13.94	700	-1.5	E	
WCA038	1123	Anel Jaars	Western Cape Province	7	00:14.03	690	-1.5	E	
LIM059	667	Aluwani Mabaya	Limpopo Province	8	00:14.93	599	-1.5	E	



Result per Age

G-12 Girls-12

12	G-12	Girls-12 : 150 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
FSA036	158	Ané van der Merwe	Free State Province		1	00:19.74	869	-1.2	E	
FSA037	159	Angel Kivido	Free State Province		2	00:20.90	771		E	
GAU122	432	Sibongile Kulati	Gauteng Province		3	00:20.97	765		E	
FSA038	160	Chantelize van den Berg	Free State Province		4	00:21.01	762		E	
MPU026	752	Kelly Anne Bourn	Mpumalanga Province		5	00:21.20	748		E	
KZN058	601	Mazibuko Samukelisiwe	KwaZulu Natal		6	00:22.99	633		E	
2										
FSA039	161	Ilisce Newhoff	Free State Province		1	00:20.46	805	0.5	E	
NWP045	989	Bianca Gerber	North West Province		2	00:21.03	761		E	
ECA033	33	Tamsyne Lottering	Eastern Cape Province		3	00:21.21	748		E	
GAU127	437	C van Wyngaardt	Gauteng Province		4	00:21.44	731		E	
3										
GAU124	434	Thidziambi Mufamadi	Gauteng Province		1	00:19.95	849	-1.7	E	
WCA038	1123	Anel Jaars	Western Cape Province		2	00:20.51	801		E	
ECA039	39	Sisipo Xamlashe	Eastern Cape Province		3	00:21.06	759		E	
ECA026	26	Lesley Blignaut	Eastern Cape Province		4	00:21.13	753		E	
NCA029	887	Ankia Helena	Northern Cape Province		5	00:22.02	692		E	
MPU033	759	Boikanyo Ngakatau	Mpumalanga Province		6	00:22.07	689		E	
4										
WCA039	1124	Vanessa Yon	Western Cape Province		1	00:20.45	806	-0.4	E	
WCA037	1122	Brithaney Ludick	Western Cape Province		2	00:20.52	800		E	
NWP037	981	Aobakwe Motloba	North West Province		3	00:20.82	777		E	
KZN032	575	Lethiwe Mathonsi	KwaZulu Natal		4	00:21.10	756		E	
GAU103	413	Denise Grung	Gauteng Province		5	00:21.23	746		E	

35 G-12 Girls-12 : 150 m

35	G-12	Girls-12 : 150 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
FSA036	158	Ané van der Merwe	Free State Province		1	00:19.47	895		E	
WCA038	1123	Anel Jaars	Western Cape Province		2	00:19.80	863		E	
WCA039	1124	Vanessa Yon	Western Cape Province		3	00:20.39	811		E	
KZN032	575	Lethiwe Mathonsi	KwaZulu Natal		4	00:20.61	793		E	
NWP037	981	Aobakwe Motloba	North West Province		5	00:20.74	783		E	
GAU122	432	Sibongile Kulati	Gauteng Province		6	00:20.83	776		E	
MPU026	752	Kelly Anne Bourn	Mpumalanga Province		7	00:20.94	768		E	
NWP045	989	Bianca Gerber	North West Province		8	00:21.04	760		E	
2										
GAU124	434	Thidziambi Mufamadi	Gauteng Province		1	00:19.29	913		E	
FSA039	161	Ilisce Newhoff	Free State Province		2	00:20.24	824		E	
FSA037	159	Angel Kivido	Free State Province		3	00:20.39	811		E	
ECA026	26	Lesley Blignaut	Eastern Cape Province		4	00:20.41	809		E	
WCA037	1122	Brithaney Ludick	Western Cape Province		5	00:20.63	792		E	
ECA039	39	Sisipo Xamlashe	Eastern Cape Province		6	00:20.79	779		E	
ECA033	33	Tamsyne Lottering	Eastern Cape Province		7	00:20.92	769		E	



Result per Age

G-12 Girls-12

50	G-12 Girls-12 : 150 m		Final						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU124	434	Thidziambi Mufamadi	Gauteng Province	1	00:19.39	903		E	
FSA036	158	Ané van der Merwe	Free State Province	2	00:19.45	897		E	
WCA038	1123	Anel Jaars	Western Cape Province	3	00:20.00	845		E	
WCA039	1124	Vanessa Yon	Western Cape Province	4	00:20.28	820		E	
FSA039	161	Ilisque Newhoff	Free State Province	5	00:20.44	807		E	
FSA037	159	Angel Kivido	Free State Province	6	00:20.68	788		E	
ECA026	26	Lesley Blignaut	Eastern Cape Province	7	00:20.70	786		E	

42	G-12 Girls-12 : 1200 m		Heats						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU120	430	Shanell Kotze	Gauteng Province	10	04:14.51	716		E	
1									
FSA042	164	Maletsatsi Jampi	Free State Province	1	03:52.50	839		E	
LIM060	668	Lethabo Makgoaga	Limpopo Province	2	03:53.64	832		E	
LIM064	672	Itumeleng Rasakanya	Limpopo Province	3	03:54.75	825		E	
WCA040	1125	Kyle Geldenhuys	Western Cape Province	4	03:55.20	822		E	
GAU129	439	Zanie Labuschagne	Gauteng Province	5	03:55.27	822		E	
FSA043	165	Margo Landmann	Free State Province	6	03:55.41	821		E	
MPU028	754	Danielle Human	Mpumalanga Province	7	03:55.85	818		E	
WCA042	1127	Sara-Lee Pietersen	Western Cape Province	8	03:57.73	807		E	
ECA035	35	Nasiphi Nyamela	Eastern Cape Province	9	03:59.61	795		E	
ECA030	30	Esihle Gebe	Eastern Cape Province	10	04:07.42	752		E	
NWP047	991	Marla Munting	North West Province	11	04:07.76	750		E	
MPU040	766	Sonya van Rooyen	Mpumalanga Province	12	04:11.75	729		E	
NCA038	896	Magdalene Pofadder	Northern Cape Province	13	04:17.20	703		E	
NCA037	895	Geneveve Blouw	Northern Cape Province	14	04:22.61	678		E	
2									
FSA040	162	Nthabiseng Makhetha	Free State Province	1	03:50.92	849		E	
WCA041	1126	Candice van Beulen	Western Cape Province	2	03:52.83	837		E	
FSA041	163	Dimpho Makume	Free State Province	3	03:55.93	817		E	
GAU115	425	Mmamolemo Matea	Gauteng Province	4	03:57.01	811		E	
LIM062	670	Moswana Thandi	Limpopo Province	5	03:58.06	805		E	
LIM066	674	Beatrice Themane	Limpopo Province	6	03:58.28	803		E	
KZN035	578	Kwanele Nyawo	KwaZulu Natal	7	03:58.70	801		E	
KZN036	579	Nomkhosi Shandu	KwaZulu Natal	8	04:03.61	773		E	
GAU113	423	Megan Redmond	Gauteng Province	9	04:07.85	750		E	
NWP038	982	M Mokawane	North West Province	11	04:16.19	708		E	



Result per Age

G-12 Girls-12

113	G-12	Girls-12 : 1200 m							Final
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E Record
LIM064	672	Itumeleng Rasakanya	Limpopo Province		1	03:47.84	870		E
LIM060	668	Lethabo Makgoaga	Limpopo Province		2	03:49.19	861		E
FSA040	162	Nthabiseng Makhetha	Free State Province		3	03:50.49	852		E
GAU115	425	Mmamolemo Matea	Gauteng Province		4	03:52.46	839		E
GAU129	439	Zanie Labuschagne	Gauteng Province		5	03:54.24	828		E
MPU028	754	Danielle Human	Mpumalanga Province		6	03:54.30	828		E
FSA043	165	Margo Landmann	Free State Province		7	03:55.09	823		E
WCA040	1125	Kyle Geldenhuys	Western Cape Province		8	03:55.35	821		E
FSA041	163	Dimpho Makume	Free State Province		9	04:00.32	791		E
WCA041	1126	Candice van Beulen	Western Cape Province		10	04:01.17	786		E
WCA042	1127	Sara-Lee Pietersen	Western Cape Province		11	04:01.37	785		E
LIM066	674	Beatrice Themane	Limpopo Province		12	04:01.53	784		E
KZN036	579	Nomkhosi Shandu	KwaZulu Natal		13	04:03.40	774		E
LIM062	670	Moswana Thandi	Limpopo Province		14	04:03.62	773		E
FSA042	164	Maletsatsi Jampi	Free State Province		15	04:04.84	766		E
GAU120	430	Shanell Kotze	Gauteng Province		16	04:05.42	763		E

26	G-12	Girls-12 : 75 m Hurdles							Heats
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E Record
1									
GAU102	412	Charne-Lee Olkers	Gauteng Province		1	00:11.81	929	0.6	E
FSA039	161	Ilisce Newhoff	Free State Province		2	00:11.97	912		E
MPU030	756	Tabita Landman	Mpumalanga Province		3	00:12.35	873		E
WCA177	1258	Micaela Swartz	Western Cape Province		4	00:12.88	825		E
NCA034	892	Mari Slabber	Northern Cape Province		5	00:13.04	812		E
FSA045	167	Deirdre Jonker	Free State Province		6	00:13.74	758		E
ECA032	32	Natasja Looek	Eastern Cape Province		7	00:14.94	680		E
2									
FSA035	157	Joviale Mbisha	Free State Province		1	00:12.06	902	1.3	E
WCA046	1131	Tamzyn Groenewald	Western Cape Province		2	00:12.17	891		E
LIM054	662	Zenobeia Jewaskiewitz	Limpopo Province		3	00:12.55	854		E
NCA033	891	Kutlo Ocwelwang	Northern Cape Province		4	00:12.65	845		E
MPU036	762	Johanette Steyn	Mpumalanga Province		5	00:12.97	818		E
3									
GAU126	436	Tunet Trumpie	Gauteng Province		1	00:12.15	893	1.1	E
WCA043	1128	Leandra Custodio	Western Cape Province		2	00:12.38	870		E
NWP043	987	Grey Botha	North West Province		3	00:12.80	832		E
MPU037	763	Liezl Strauss	Mpumalanga Province		4	00:12.82	830		E
ECA036	36	Janke Steenkamp	Eastern Cape Province		5	00:16.60	591		E
LIM057	665	Aniska Krause	Limpopo Province		6	00:16.60	591		E
4									
GAU130	440	Zeney van der Walt	Gauteng Province		1	00:12.20	888	0	E
GAU101	411	Bianke Schoeman	Gauteng Province		2	00:12.68	843		E
FSA044	166	Milana Muller	Free State Province		3	00:12.85	828		E
MPU041	767	Josie Millar	Mpumalanga Province		4	00:13.42	782		E
ECA029	29	Charlize du Preez	Eastern Cape Province		5	00:13.88	748		E



Result per Age

G-12 Girls-12

61	G-12 Girls-12 : 75 m Hurdles		Final						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU102	412	Charne-Lee Olkers		1	00:11.81	929	0.1	E	
FSA035	157	Joviale Mbisha		2	00:11.88	921	0.1	E	
GAU126	436	Tunet Trumpie		3	00:12.00	908	0.1	E	
FSA039	161	Ilisce Newhoff		4	00:12.10	898	0.1	E	
GAU130	440	Zeney van der Walt		5	00:12.11	897	0.1	E	
WCA046	1131	Tamzyn Groenewald		6	00:12.15	893	0.1	E	
MPU030	756	Tabita Landman		7	00:12.24	884	0.1	E	
WCA043	1128	Leandra Custodio		8	00:12.58	852	0.1	E	

97	G-12 Girls-12 : 150 m Hurdles		Heats						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1									
GAU102	412	Charne-Lee Olkers		1	00:22.71	920	-2.2	E	
FSA039	161	Ilisce Newhoff		2	00:23.05	903		E	
FSA035	157	Joviale Mbisha		3	00:23.18	896		E	
GAU100	410	Anke Rothmann		4	00:24.30	844		E	
NWP043	987	Grey Botha		5	00:25.21	806		E	
MPU037	763	Liezl Strauss		6	00:25.41	799		E	
ECA027	27	Sange Bukani		8	00:29.84	657		E	
2									
GAU126	436	Tunet Trumpie		1	00:23.21	895	-1.8	E	
NCA033	891	Kutlo Ocwelwang		2	00:24.69	827		E	
WCA044	1129	Lene Geldenhuys		3	00:25.11	810		E	
LIM067	675	Chante Treurnich		4	00:25.28	804		E	
FSA045	167	Deirdre Jonker		5	00:25.76	785		E	
ECA036	36	Janke Steenkamp		6	00:26.13	772		E	
MPU038	764	Marne van Aarde		7	00:26.57	756		E	
3									
GAU130	440	Zeney van der Walt		1	00:23.05	903	-3.3	E	
WCA043	1128	Leandra Custodio		2	00:23.15	897		E	
MPU030	756	Tabita Landman		3	00:23.97	859		E	
NWP033	977	Desire Els		4	00:24.95	817		E	
WCA045	1130	Charne de Wet		5	00:26.32	765		E	
ECA025	25	Casey Adendorff		6	00:27.15	737		E	
NCA031	889	Nicolene Loots		7	00:27.21	735		E	
7									
NCA026	884	Tasmia Daniels		7	00:25.79	784		E	

115	G-12 Girls-12 : 150 m Hurdles		Final						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA035	157	Joviale Mbisha		1	00:21.96	962	-1.8	E	
GAU126	436	Tunet Trumpie		2	00:22.00	959	-1.8	E	
GAU102	412	Charne-Lee Olkers		3	00:22.16	950	-1.8	E	
FSA039	161	Ilisce Newhoff		4	00:22.62	925	-1.8	E	
GAU130	440	Zeney van der Walt		5	00:22.94	908	-1.8	E	
WCA043	1128	Leandra Custodio		6	00:23.04	903	-1.8	E	
MPU030	756	Tabita Landman		7	00:23.52	879	-1.8	E	
NCA033	891	Kutlo Ocwelwang		8	00:25.82	783	-1.8	E	



Result per Age

G-12 Girls-12

73	G-12 Girls-12 : 4X100 m Relay		Heats						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1									
WCAA03	1270	Western Cape	Western Cape Province	1	00:52.50	907		E	
FSAA03	305	Free State	Free State Province	2	00:52.52	906		E	
GAUA03	538	Gauteng	Gauteng Province	3	00:53.76	857		E	
KZNA03	604	Kwa Zulu Natal	KwaZulu Natal	4	00:55.78	788		E	
ECAA03	117	Eastern Cape	Eastern Cape Province	5	00:55.92	783		E	
2									
NWPA03	1082	North West	North West Province	1	00:54.80	820		E	
NCAA02	940	Northern Cape	Northern Cape Province	2	00:54.91	816		E	
LIMA03	721	Limpopo	Limpopo Province	3	00:55.04	812		E	
MPUA03	854	Mpumalanga	Mpumalanga Province	4	00:55.86	785		E	

139	G-12 Girls-12 : 4X100 m Relay		Final						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSAA03	305	Free State	Free State Province	1	00:52.47	908		E	
WCAA03	1270	Western Cape	Western Cape Province	2	00:53.27	876		E	
LIMA03	721	Limpopo	Limpopo Province	3	00:54.96	815		E	
NWPA03	1082	North West	North West Province	4	00:55.07	811		E	
NCAA02	940	Northern Cape	Northern Cape Province	5	00:55.54	795		E	
MPUA03	854	Mpumalanga	Mpumalanga Province	6	00:55.74	789		E	
KZNA03	604	Kwa Zulu Natal	KwaZulu Natal	7	00:57.46	737		E	

5	G-12 Girls-12 : High Jump		Final						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA046	168	Bernice Kirsten	Free State Province	1	1.50	833		E	
WCA053	1138	Tegan O'Grady	Western Cape Province	2	1.45	766		E	
GAU118	428	Nica Human	Gauteng Province	3	1.45	766		E	
WCA043	1128	Leandra Custodio	Western Cape Province	4	1.45	766		E	
NWP039	983	Marionique Wentzel	North West Province	5	1.40	699		E	
GAU112	422	Marunique-Lee Coetzee	Gauteng Province	6	1.40	699		E	
ECA031	31	Caryn-Ann Howard	Eastern Cape Province	7	1.40	699		E	
WCA054	1139	Simonn Swanevelder	Western Cape Province	8	1.40	699		E	

81	G-12 Girls-12 : Long Jump		Final						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA046	1131	Tamzyn Groenewald	Western Cape Province	1	4.63	766	1.3	E	
GAU117	427	Nadine Niemand	Gauteng Province	2	4.60	753		E	
LIM052	660	Chante Ferreira	Limpopo Province	3	4.60	753		E	
MPU034	760	Nomfundo Nomvela	Mpumalanga Province	4	4.46	694		E	
WCA059	1144	Snell Rehaldine	Western Cape Province	5	4.43	681		E	
WCA174	1255	Leen Geldenhuys	Western Cape Province	6	4.40	668		E	
GAU105	415	Jamie-Leigh Venter	Gauteng Province	7	4.29	621		E	
NCA030	888	Gracia Kganyego	Northern Cape Province	8	4.25	604		E	



Result per Age

G-12 Girls-12

121	G-12	Girls-12 : Shot Put		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU121	431	Shanie Opperman	Gauteng Province		1	11.10	917		E	
ECA038	38	Ilke van Vuuren	Eastern Cape Province		2	10.75	910		E	
NWP042	986	Marni Oberholzer	North West Province		3	10.54	905		E	
NWP040	984	Rozanne Fourie	North West Province		4	10.36	901		E	
LIM052	660	Chante Ferreira	Limpopo Province		5	10.24	897		E	
WCA050	1135	Elize-Mari Jacobs	Western Cape Province		6	10.06	888		E	
GAU099	409	Alicia Venter	Gauteng Province		7	10.05	887		E	
NWP041	985	Carna Roussow	North West Province		8	9.84	877		E	

44	G-12	Girls-12 : Discus Throw		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
ECA038	38	Ilke van Vuuren	Eastern Cape Province		1	34.95	969		E	
ECA028	28	Shaylene de Jager	Eastern Cape Province		2	32.78	946		E	
GAU107	417	Jolize Stephans	Gauteng Province		3	31.02	929		E	
GAU108	418	Juane Fourie	Gauteng Province		4	30.78	926		E	
FSA054	176	Colette Uys	Free State Province		5	30.52	924		E	
GAU111	421	Lucy Strydom	Gauteng Province		6	29.32	913		E	
ECA037	37	Meike Strydom	Eastern Cape Province		7	26.68	873		E	
GAU104	414	Jaliesha de Beer	Gauteng Province		8	25.66	851		E	
NWP034	978	Karli de Wet	North West Province		9	24.53	826		E	
WCA050	1135	Elize-Mari Jacobs	Western Cape Province		10	24.06	816		E	
WCA049	1134	Euclea Cavernelis	Western Cape Province		11	23.99	814		E	
WCA048	1133	Anke Screuder	Western Cape Province		12	22.45	779		E	

19	G-12	Girls-12 : Javelin		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
NWP036	980	Jonette Labuschagne	North West Province		1	30.42	888		E	
GAU110	420	Lonika Martins	Gauteng Province		2	28.02	834		E	
KZN033	576	Lucrecia Struwig	KwaZulu Natal		3	26.12	789		E	
ECA028	28	Shaylene de Jager	Eastern Cape Province		4	25.74	779		E	
WCA055	1140	Shaye Mulder Sydney	Western Cape Province		5	25.65	777		E	
FSA044	166	Milana Muller	Free State Province		6	25.45	772		E	
WCA056	1141	Marle Rademan	Western Cape Province		7	25.06	763		E	
WCA057	1142	Chandre Bekker	Western Cape Province		8	24.67	753		E	
GAU119	429	Sandra van Rooyen	Gauteng Province		9	24.16	740		E	
NCA025	883	Bianca Brits	Northern Cape Province		10	23.99	736		E	
MPU032	758	Karini Maritz	Mpumalanga Province		11	23.82	732		E	
FSA054	176	Colette Uys	Free State Province		12	22.62	701		E	



Result per Age

G-13 Girls-13

88	G-13 Girls-13 : 100 m		Heats						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1									
FSA056	178	Uduakabasi Edem	Free State Province	1	00:13.09	762	0.5	E	
GAU180	490	Micheala Wright	Gauteng Province	2	00:13.29	736		E	
WCA062	1147	Amber Meiring	Western Cape Province	3	00:13.52	708		E	
LIM088	696	Mehale Dineo	Limpopo Province	4	00:13.57	703		E	
ECA043	43	Elsabé du Plessis	Eastern Cape Province	5	00:13.65	693		E	
NWP063	1007	Wilmari Nel	North West Province	6	00:13.87	669		E	
2									
GAU182	492	Nicola de Bruyn	Gauteng Province	1	00:12.68	819	-0.7	E	
KZN055	598	Gugu Gumede	KwaZulu Natal	2	00:13.47	714		E	
NWP055	999	Nicole van Heerden	North West Province	3	00:13.65	693		E	
NWP064	1008	Valeska Nel	North West Province	4	00:13.66	692		E	
NWP061	1005	Rizan van Rooyen	North West Province	5	00:13.67	691		E	
LIM086	694	Charity Lekota	Limpopo Province	7	00:14.34	620		E	
3									
WCA060	1145	Lusandan Nkutu	Western Cape Province	1	00:13.22	745	-0.6	E	
FSA058	180	Shané Nel	Free State Province	2	00:13.56	704		E	
NCA051	908	Nosipho White	Northern Cape Province	3	00:13.66	692		E	
ECA048	48	Onika Kwatsha	Eastern Cape Province	4	00:13.84	672		E	
NWP062	1006	Gené Buys	North West Province	5	00:14.31	623		E	
4									
FSA057	179	Elrie Meyer	Free State Province	1	00:13.24	743	-0.2	E	
GAU189	499	Taylor Underhay	Gauteng Province	2	00:13.28	738		E	
GAU193	503	Zeane Woest	Gauteng Province	3	00:13.31	734		E	
MPU049	775	Samantha Mahlangu	Mpumalanga Province	4	00:13.62	697		E	
LIM084	692	Puseletso Lamola	Limpopo Province	5	00:13.70	688		E	

111 G-13 Girls-13 : 100 m

111	G-13 Girls-13 : 100 m		Semi-Finals						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1									
GAU182	492	Nicola de Bruyn	Gauteng Province	1	00:12.72	813	-0.7	E	
WCA060	1145	Lusandan Nkutu	Western Cape Province	2	00:13.24	743		E	
GAU193	503	Zeane Woest	Gauteng Province	3	00:13.39	724		E	
GAU189	499	Taylor Underhay	Gauteng Province	4	00:13.47	714		E	
NCA051	908	Nosipho White	Northern Cape Province	5	00:13.55	705		E	
WCA062	1147	Amber Meiring	Western Cape Province	6	00:13.69	689		E	
ECA043	43	Elsabé du Plessis	Eastern Cape Province	7	00:13.70	688		E	
LIM088	696	Mehale Dineo	Limpopo Province	8	00:13.86	670		E	
2									
FSA056	178	Uduakabasi Edem	Free State Province	1	00:13.30	735	-1.5	E	
FSA057	179	Elrie Meyer	Free State Province	2	00:13.41	722		E	
GAU180	490	Micheala Wright	Gauteng Province	3	00:13.49	712		E	
FSA058	180	Shané Nel	Free State Province	4	00:13.65	693		E	
KZN055	598	Gugu Gumede	KwaZulu Natal	5	00:13.66	692		E	
MPU049	775	Samantha Mahlangu	Mpumalanga Province	6	00:13.98	657		E	
NWP064	1008	Valeska Nel	North West Province	7	00:13.99	656		E	



Result per Age

G-13 Girls-13

130	G-13	Girls-13 : 100 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU182	492	Nicola de Bruyn	Gauteng Province		1	00:12.64	825	1.1	E	
FSA056	178	Uduakabasi Edem	Free State Province		2	00:13.02	771	1.1	E	
WCA060	1145	Lusandan Nkutu	Western Cape Province		3	00:13.18	750	1.1	E	
FSA057	179	Elrie Meyer	Free State Province		4	00:13.24	743	1.1	E	
GAU193	503	Zeane Woest	Gauteng Province		5	00:13.24	743	1.1	E	
GAU180	490	Micheala Wright	Gauteng Province		6	00:13.37	726	1.1	E	
GAU189	499	Taylor Underhay	Gauteng Province		7	00:13.53	707	1.1	E	
FSA058	180	Shané Nel	Free State Province		8	00:13.66	692	1.1	E	

14	G-13	Girls-13 : 200 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
FSA056	178	Uduakabasi Edem	Free State Province		1	00:26.51	901	-1.3	E	
FSA057	179	Elrie Meyer	Free State Province		2	00:26.84	879		E	
ECA043	43	Elsabé du Plessis	Eastern Cape Province		3	00:27.52	837		E	
MPU049	775	Samantha Mahlangu	Mpumalanga Province		4	00:27.91	815		E	
MPU046	772	Jordan-Lee Jonver	Mpumalanga Province		5	00:28.16	801		E	
WCA070	1155	Anja van Heerden	Western Cape Province		6	00:28.33	792		E	
ECA052	52	Carmelita Martins	Eastern Cape Province		7	00:28.36	790		E	
LIM091	699	Lara Schutte	Limpopo Province		8	00:29.14	751		E	
2										
GAU182	492	Nicola de Bruyn	Gauteng Province		1	00:25.44	980	1.1	E	R
GAU193	503	Zeane Woest	Gauteng Province		2	00:26.61	894		E	
GAU180	490	Micheala Wright	Gauteng Province		3	00:26.80	881		E	
FSA058	180	Shané Nel	Free State Province		4	00:27.74	824		E	
NWP061	1005	Rizan van Rooyen	North West Province		5	00:27.86	817		E	
WCA071	1156	Hope Walker	Western Cape Province		6	00:27.93	814		E	
WCA060	1145	Lusandan Nkutu	Western Cape Province		7	00:28.12	803		E	
3										
GAU189	499	Taylor Underhay	Gauteng Province		1	00:26.96	871	-1.6	E	
NWP054	998	Carinie Pienaar	North West Province		2	00:27.04	866		E	
ECA048	48	Onika Kwatsha	Eastern Cape Province		3	00:28.08	805		E	
NCA051	908	Nosipho White	Northern Cape Province		4	00:28.53	781		E	
MPU052	778	Linsy Reiter	Mpumalanga Province		5	00:28.75	770		E	
NWP067	1011	Miekie Rall	North West Province		6	00:29.11	752		E	
NCA046	903	Jeanne Smith	Northern Cape Province		7	00:29.17	749		E	

37	G-13	Girls-13 : 200 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU189	499	Taylor Underhay	Gauteng Province		1	00:26.96	871	-1.6	E	
GAU182	492	Nicola de Bruyn	Gauteng Province		1	00:25.44	980	1.1	E	R
FSA056	178	Uduakabasi Edem	Free State Province		1	00:26.51	901	-1.3	E	
GAU193	503	Zeane Woest	Gauteng Province		2	00:26.61	894		E	
FSA057	179	Elrie Meyer	Free State Province		2	00:26.84	879		E	
NWP054	998	Carinie Pienaar	North West Province		2	00:27.04	866		E	
GAU180	490	Micheala Wright	Gauteng Province		3	00:26.80	881		E	
ECA043	43	Elsabé du Plessis	Eastern Cape Province		3	00:27.52	837		E	



Result per Age

G-13 Girls-13

52	G-13	Girls-13 : 200 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU182	492	Nicola de Bruyn	Gauteng Province		1	00:25.36	986	1.2	E	R
FSA056	178	Uduakabasi Edem	Free State Province		2	00:26.22	921	1.2	E	
GAU193	503	Zeane Woest	Gauteng Province		3	00:26.52	900	1.2	E	
GAU180	490	Micheala Wright	Gauteng Province		4	00:26.53	899	1.2	E	
GAU189	499	Taylor Underhay	Gauteng Province		5	00:26.63	893	1.2	E	
FSA057	179	Elrie Meyer	Free State Province		6	00:27.08	864	1.2	E	
ECA043	43	Elsabé du Plessis	Eastern Cape Province		7	00:27.66	829	1.2	E	

11	G-13	Girls-13 : 800 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA063	1148	Maré-Louisa Koeglenberg	Western Cape Province		1	02:23.75	866		E	
WCA076	1161	Anitha Nonene	Western Cape Province		2	02:23.96	864		E	
LIM092	700	Grizelda Strauss	Limpopo Province		3	02:24.82	854		E	
GAU166	476	Christele Wepener	Gauteng Province		4	02:24.84	854		E	
FSA060	182	Anche Horak	Free State Province		5	02:24.85	854		E	
WCA077	1162	Susan-Mari Mulder	Western Cape Province		6	02:25.46	847		E	
GAU181	491	Natasha Steinberg	Gauteng Province		7	02:28.36	818		E	
NWP077	1021	Zanri Bester	North West Province		8	02:29.84	804		E	
ECA045	45	Siyanda Klaas	Eastern Cape Province		9	02:30.89	794		E	
MPU045	771	Anna Jordaan	Mpumalanga Province		10	02:37.92	733		E	
NCA040	898	Elzaan Goliath	Northern Cape Province		11	02:40.96	709		E	
2										
NWP059	1003	Odette Dryer	North West Province		1	02:23.03	874		E	
FSA059	181	Melicia Maree	Free State Province		2	02:25.58	846		E	
NWP067	1011	Miekie Rall	North West Province		3	02:27.34	828		E	
FSA061	183	Carien Sander	Free State Province		4	02:27.45	827		E	
GAU162	472	Annick Snyman	Gauteng Province		5	02:27.86	823		E	
MPU058	784	Somey Uys	Mpumalanga Province		6	02:28.46	817		E	
GAU184	494	Ronel Pieters	Gauteng Province		7	02:28.64	815		E	
NWP076	1020	Shante Hetzel	North West Province		8	02:32.22	782		E	
MPU043	769	Melize Fourie	Mpumalanga Province		9	02:35.96	749		E	
NCA049	906	Adel Vermeulen	Northern Cape Province		10	02:38.20	731		E	
ECA053	53	Yodumo Mchithwa	Eastern Cape Province		11	02:45.03	679		E	
ECA054	54	Balungile Mendwana	Eastern Cape Province		12	02:55.17	611		E	



Result per Age

G-13 Girls-13

67	G-13	Girls-13 : 800 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
NWP059	1003	Odette Dryer	North West Province		1	02:18.87	923		E	
FSA060	182	Anche Horak	Free State Province		2	02:20.07	908		E	
FSA059	181	Melicia Maree	Free State Province		3	02:20.13	907		E	
LIM092	700	Grizelda Strauss	Limpopo Province		4	02:20.18	907		E	
WCA077	1162	Susan-Mari Mulder	Western Cape Province		5	02:23.54	868		E	
GAU166	476	Christele Wepener	Gauteng Province		6	02:24.88	854		E	
WCA063	1148	Maré-Louisa Koeglenberg	Western Cape Province		7	02:26.03	842		E	
GAU162	472	Annick Snyman	Gauteng Province		8	02:26.37	838		E	
WCA076	1161	Anitha Nonene	Western Cape Province		9	02:26.71	835		E	
NWP067	1011	Miekie Rall	North West Province		10	02:28.44	817		E	
MPU058	784	Somey Uys	Mpumalanga Province		11	02:28.65	815		E	
NWP077	1021	Zanri Bester	North West Province		12	02:29.46	807		E	
GAU184	494	Ronel Pieters	Gauteng Province		13	02:30.05	802		E	
NWP076	1020	Shante Hetzel	North West Province		14	02:32.55	779		E	
GAU181	491	Natasha Steinberg	Gauteng Province		15	02:33.56	770		E	
FSA061	183	Carien Sander	Free State Province		16	02:33.87	767		E	

77	G-13	Girls-13 : 1500 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
FSA059	181	Melicia Maree	Free State Province		1	04:55.37	893		E	
WCA063	1148	Maré-Louisa Koeglenberg	Western Cape Province		2	04:58.32	877		E	
FSA060	182	Anche Horak	Free State Province		3	05:05.63	840		E	
ECA057	57	Sinesipho Poni	Eastern Cape Province		4	05:05.46	840		E	
MPU058	784	Somey Uys	Mpumalanga Province		5	05:06.81	834		E	
FSA061	183	Carien Sander	Free State Province		6	05:07.95	828		E	
MPU042	768	Thobile Amon	Mpumalanga Province		7	05:11.53	811		E	
NCA042	900	Moagi Gomotsegang	Northern Cape Province		8	05:11.90	810		E	
ECA052	52	Carmelita Martins	Eastern Cape Province		9	05:12.61	806		E	
LIM087	695	Fortune Mabotja	Limpopo Province		10	05:13.11	804		E	
2										
NWP059	1003	Odette Dryer	North West Province		1	04:53.37	905		E	
GAU186	496	Simonay Weitz	Gauteng Province		2	04:55.93	890		E	
GAU165	475	Cherelee Schoeman	Gauteng Province		3	04:56.89	885		E	
LIM092	700	Grizelda Strauss	Limpopo Province		4	04:56.93	885		E	
GAU175	485	Liza Kellerman	Gauteng Province		5	05:01.50	860		E	
FSA062	184	Lebohang Mohami	Free State Province		6	05:03.06	852		E	
WCA065	1150	Ghite Stander	Western Cape Province		7	05:03.56	850		E	
LIM085	693	Hannah Leahy	Limpopo Province		8	05:05.80	839		E	
KZN057	600	Cacisile Sosibo	KwaZulu Natal		9	05:15.09	795		E	
KZN056	599	Natasha Hartman	KwaZulu Natal		10	05:16.22	790		E	
NWP074	1018	Phillice Morabe	North West Province		11	05:29.30	736		E	



Result per Age

G-13 Girls-13

132	G-13	Girls-13 : 1500 m	Final							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU186	496	Simonay Weitz	Gauteng Province		1	04:45.42	953		E	
NWP059	1003	Odette Dryer	North West Province		2	04:45.69	951		E	
LIM092	700	Grizelda Strauss	Limpopo Province		3	04:49.70	926		E	
WCA063	1148	Maré-Louisa Koeglenberg	Western Cape Province		4	04:55.91	890		E	
GAU165	475	Cherelee Schoeman	Gauteng Province		5	04:56.05	890		E	
FSA060	182	Anche Horak	Free State Province		6	04:56.94	885		E	
GAU175	485	Liza Kellerman	Gauteng Province		7	04:59.13	873		E	
FSA061	183	Carien Sander	Free State Province		8	04:59.36	872		E	
ECA057	57	Sinesipho Poni	Eastern Cape Province		9	05:04.56	845		E	
FSA059	181	Melicia Maree	Free State Province		10	05:07.52	830		E	
WCA065	1150	Ghite Stander	Western Cape Province		11	05:10.93	814		E	
MPU058	784	Somey Uys	Mpumalanga Province		12	04:11.63	1255		E	R
MPU042	768	Thobile Amon	Mpumalanga Province		13	05:12.53	807		E	
FSA062	184	Lebohang Mohami	Free State Province		14	05:12.73	806		E	
LIM085	693	Hannah Leahy	Limpopo Province		15	05:14.12	800		E	

30	G-13	Girls-13 : 75 m Hurdles	Heats							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
MPU059	785	Inge van der Merwe	Mpumalanga Province		1	00:11.89	903	0.1	E	
NWP054	998	Carinie Pienaar	North West Province		2	00:12.03	889		E	
MPU050	776	Mahlatshe Dombeni	Mpumalanga Province		3	00:12.27	865		E	
WCA074	1159	Leiere Falck	Western Cape Province		4	00:12.73	823		E	
ECA044	44	Mienkie Jv Vuuren	Eastern Cape Province		5	00:13.36	773		E	
ECA042	42	Winnika de Bruyn	Eastern Cape Province		6	00:13.41	769		E	
2										
WCA072	1157	Minneke vd Merwe	Western Cape Province		1	00:12.02	890	0.7	E	
GAU191	501	Velmein Hendricks	Gauteng Province		2	00:12.09	883		E	
NWP055	999	Nicole van Heerden	North West Province		3	00:12.11	881		E	
NCA041	899	Christen Fox	Northern Cape Province		4	00:12.84	814		E	
WCA075	1160	Mercia Oosthuizen	Western Cape Province		5	00:13.01	800		E	
3										
GAU171	481	Kayla Koch	Gauteng Province		1	00:12.38	855	1.4	E	
FSA064	186	Ané-Scha Erasmus	Free State Province		2	00:12.65	830		E	
FSA065	187	Anke Badenhorst	Free State Province		3	00:12.83	815		E	
NWP073	1017	Liné du Preez	North West Province		4	00:12.85	813		E	
LIM089	697	Mkhawana Shaun	Limpopo Province		5	00:13.68	749		E	
NCA050	907	Hele Wansbury	Northern Cape Province		6	00:13.92	732		E	
4										
FSA063	185	Anja Kotze	Free State Province		1	00:12.44	849	0.7	E	
GAU188	498	Tanya Ehrke	Gauteng Province		2	00:12.62	833		E	
ECA046	46	Wilmi Koen	Eastern Cape Province		3	00:12.81	817		E	
FSA058	180	Shané Nel	Free State Province		4	00:12.87	812		E	
NCA039	897	Ditebogo Baikai	Northern Cape Province		5	00:14.14	718		E	



Result per Age

G-13 Girls-13

65	G-13	Girls-13 : 75 m Hurdles					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
MPU059	785	Inge van der Merwe	Mpumalanga Province	1	00:11.63	931	0.2	E		
FSA063	185	Anja Kotze	Free State Province	2	00:11.68	926	0.2	E		
WCA072	1157	Minneke vd Merwe	Western Cape Province	3	00:11.91	901	0.2	E		
NWP055	999	Nicole van Heerden	North West Province	4	00:12.02	890	0.2	E		
GAU171	481	Kayla Koch	Gauteng Province	5	00:12.29	863	0.2	E		
GAU191	501	Velmein Hendricks	Gauteng Province	6	00:12.90	809	0.2	E		

100	G-13	Girls-13 : 200 m Hurdles					Heats			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
WCA072	1157	Minneke vd Merwe	Western Cape Province	1	00:29.78	933	-2.0	E		
MPU059	785	Inge van der Merwe	Mpumalanga Province	2	00:30.86	891		E		
GAU171	481	Kayla Koch	Gauteng Province	3	00:31.52	867		E		
FSA064	186	Ané-Scha Erasmus	Free State Province	4	00:32.29	841		E		
LIM090	698	Larisa Nel	Limpopo Province	5	00:32.37	838		E		
ECA046	46	Wilmi Koen	Eastern Cape Province	6	00:35.24	756		E		
NCA050	907	Hele Wansbury	Northern Cape Province	7	00:35.24	756		E		
2										
WCA074	1159	Leiere Falck	Western Cape Province	1	00:32.01	850	-1.6	E		
NCA041	899	Christen Fox	Northern Cape Province	2	00:32.12	847		E		
GAU191	501	Velmein Hendricks	Gauteng Province	3	00:32.54	833		E		
MPU050	776	Mahlatse Dombeni	Mpumalanga Province	4	00:34.12	786		E		
ECA042	42	Winnika de Bruyn	Eastern Cape Province	5	00:34.31	781		E		
WCA073	1158	Andree Roux	Western Cape Province	6	00:36.38	727		E		
3										
NWP055	999	Nicole van Heerden	North West Province	1	00:30.71	896	-1.6	E		
FSA063	185	Anja Kotze	Free State Province	2	00:30.81	892		E		
MPU056	782	Estee Rudolph	Mpumalanga Province	3	00:33.03	818		E		
GAU167	477	Claudine Stroh	Gauteng Province	4	00:33.28	810		E		
ECA056	56	Amber Neil	Eastern Cape Province	5	00:33.37	808		E		
NWP056	1000	Marike Nel	North West Province	6	00:34.80	767		E		
4										
NWP054	998	Carinie Pienaar	North West Province	1	00:30.51	904		E		
GAU168	478	Danielle Du Toit	Gauteng Province	2	00:31.76	859		E		
GAU188	498	Tanya Ehrke	Gauteng Province	3	00:32.80	825		E		
FSA065	187	Anke Badenhorst	Free State Province	4	00:32.90	822		E		
MPU053	779	Gretl Rens	Mpumalanga Province	5	00:32.94	821		E		
NCA039	897	Ditebogo Baikai	Northern Cape Province	6	00:36.28	729		E		

117	G-13	Girls-13 : 200 m Hurdles					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCA072	1157	Minneke vd Merwe	Western Cape Province	1	00:29.96	925	-1.6	E		
NWP055	999	Nicole van Heerden	North West Province	2	00:30.03	923	-1.6	E		
NWP054	998	Carinie Pienaar	North West Province	3	00:30.04	922	-1.6	E		
FSA063	185	Anja Kotze	Free State Province	4	00:30.33	911	-1.6	E		
GAU168	478	Danielle Du Toit	Gauteng Province	5	00:30.52	903	-1.6	E		
MPU059	785	Inge van der Merwe	Mpumalanga Province	6	00:31.26	876	-1.6	E		
GAU171	481	Kayla Koch	Gauteng Province	7	00:31.50	868	-1.6	E		
WCA074	1159	Leiere Falck	Western Cape Province	8	00:32.13	846	-1.6	E		



Result per Age

G-13 Girls-13

54	G-13 Girls-13 : 1500 m Walk		Final						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA066	188	Mizan Viljoen		1	07:24.50	990		E	
WCA067	1152	Noeline Rossouw		2	07:39.58	973		E	
NWP050	994	Milandr� Stafford		3	07:39.87	972		E	
FSA068	190	Henri�tte Cronj�		4	07:46.20	965		E	
WCA068	1153	Lorma J van Rensburg		5	08:06.93	944		E	
WCA066	1151	Natalie van der Vyver		6	08:08.98	942		E	
WCA069	1154	Haylene Laws		7	08:49.48	904		E	
ECA050	50	Ayamthanda Leeuw		8	08:49.92	904		E	
NWP051	995	Annette Koen		9	08:59.12	896		E	
GAU161	471	Ambre Nell		10	09:05.05	891		E	
NWP052	996	Nicole van Niekerk		11	09:15.14	883		E	
NWP053	997	Onkabetse Keitseng		12	09:23.71	876		E	
GAU170	480	Gugu Dube		13	09:40.89	863		E	
FSA067	189	Martha Magano		14	09:50.46	856		E	
MPU044	770	Monja Fourie		15	10:16.21	839		E	

75	G-13 Girls-13 : 4X100 m Relay		Heats						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAUA04	539	Gauteng		10	00:00.00	0		E	
ECAA04	118	Eastern Cape		10	00:00.00	0		E	
NCAA03	941	Northern Cape		10	00:00.00	0		E	
WCAA04	1271	Western Cape		10	00:00.00	0		E	
LIMA04	722	Limpopo		10	00:00.00	0		E	
MPUA04	855	Mpumalanga		10	00:00.00	0		E	
FSAA04	306	Free State		10	00:00.00	0		E	
NWPA04	1083	North West		10	00:00.00	0		E	

141	G-13 Girls-13 : 4X100 m Relay		Final						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAUA04	539	Gauteng		1	00:51.12	912		E	
FSAA04	306	Free State		2	00:51.21	908		E	
WCAA04	1271	Western Cape		3	00:53.73	811		E	
MPUA04	855	Mpumalanga		4	00:53.86	807		E	
LIMA04	722	Limpopo		5	00:54.73	778		E	
NWPA04	1083	North West		6	00:54.89	773		E	
ECAA04	118	Eastern Cape		7	00:54.90	773		E	
NCAA03	941	Northern Cape		8	00:57.79	688		E	

79	G-13 Girls-13 : High Jump		Final						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
MPU054	780	Kate-Lynn Rothballer		1	1.74	1052		E	R
MPU050	776	Mahlatse Dombeni		2	1.53	773		E	
FSA070	192	Arn� Fourie		3	1.53	773		E	
NWP060	1004	Marike Coetzee		4	1.53	773		E	
FSA069	191	Helen Wessels		5	1.53	773		E	
GAU163	473	Blyde Olivier		6	1.53	773		E	
GAU174	484	Lisa-Marie Dreyer		7	1.48	709		E	
WCA179	1260	Den-Mari Jacobs		8	1.48	709		E	



Result per Age

G-13 Girls-13

3 G-13 Girls-13 : Long Jump			Final						
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU182	492 Nicola de Bruyn	Gauteng Province	1	5.45	975	0	E		
MPU059	785 Inge van der Merwe	Mpumalanga Province	2	5.17	868		E		
GAU171	481 Kayla Koch	Gauteng Province	3	5.05	821		E		
MPU054	780 Kate-Lynn Rothballer	Mpumalanga Province	4	4.86	746		E		
NWP062	1006 Gené Buys	North West Province	5	4.85	742		E		
WCA087	1172 Maceala Samboya	Western Cape Province	6	4.57	629		E		
GAU164	474 Chanri Meyer	Gauteng Province	7	4.55	621		E		
NWP060	1004 Marike Coetzee	North West Province	8	4.54	617		E		

17 G-13 Girls-13 : Shot Put			Final						
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
FSA075	197 Luhandri Lötter	Free State Province	1	11.44	908		E		
MPU057	783 Shania Swart	Mpumalanga Province	2	11.29	905		E		
NWP057	1001 Johanna Steiman	North West Province	3	11.27	905		E		
WCA178	1259 Carmen Victor	Western Cape Province	4	10.77	888		E		
FSA077	199 Mia van Rheede van Oudtshoorn	Free State Province	5	10.60	880		E		
GAU177	487 Liza Pieters	Gauteng Province	6	10.39	870		E		
NWP058	1002 Andre Louw	North West Province	7	10.38	870		E		
LIM094	702 Marine Visser	Limpopo Province	8	10.30	866		E		

94 G-13 Girls-13 : Discus Throw			Final						
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCA078	1163 Anna Pienaar	Western Cape Province	1	36.77	946		E		
FSA075	197 Luhandri Lötter	Free State Province	2	36.08	939		E		
NWP072	1016 Wilmoene Fourie	North West Province	3	34.94	929		E		
LIM082	690 Dinique Bosch	Limpopo Province	4	33.95	921		E		
MPU057	783 Shania Swart	Mpumalanga Province	5	32.90	912		E		
WCA079	1164 Stephanie Smit	Western Cape Province	6	32.72	911		E		
ECA049	49 San-Marie Labuschagne	Eastern Cape Province	7	31.25	897		E		
GAU176	486 Liza Naude	Gauteng Province	8	30.90	890		E		
GAU178	488 Marche Maree	Gauteng Province	9	30.45	882		E		
NWP058	1002 Andre Louw	North West Province	10	29.83	870		E		
FSA057	179 Elrie Meyer	Free State Province	11	29.79	870		E		
ECA047	47 Judith Kotze	Eastern Cape Province	12	29.63	866		E		

120 G-13 Girls-13 : Javelin			Final						
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
MPU057	783 Shania Swart	Mpumalanga Province	1	37.78	934		E		
WCA084	1169 Bianca van Rensburg	Western Cape Province	2	36.89	926		E		
NWP068	1012 Maggie le Roux	North West Province	3	34.83	907		E		
FSA080	202 Carike Moolman	Free State Province	4	32.76	873		E		
GAU190	500 Tinata Van Dyk	Gauteng Province	5	31.67	851		E		
MPU048	774 Leandri Lamprecht	Mpumalanga Province	6	30.77	832		E		
LIM081	689 Dalmari Ackermann	Limpopo Province	7	30.37	824		E		
FSA081	203 Loraine Botha	Free State Province	8	29.67	809		E		
NWP069	1013 Zinske Botes	North West Province	9	28.20	777		E		
NWP061	1005 Rizan van Rooyen	North West Province	10	27.88	770		E		
FSA082	204 Louann Swart	Free State Province	11	27.48	761		E		
LIM094	702 Marine Visser	Limpopo Province	12	27.32	757		E		



Result per Age

S-10 Boys-10

8		S-10 Boys-10 : 80 m		Heats						
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
GAU025	335	Abel Kotze	Gauteng Province	1	00:11.36	679	-0.6	E		
GAU026	336	Andre Haarhoff	Gauteng Province	2	00:11.52	652		E		
FSA083	205	Tshepang Phalatse	Free State Province	3	00:11.68	627		E		
MPU069	795	Stephen Nkosi	Mpumalanga Province	4	00:11.69	625		E		
MPU062	788	Omni Dlamini	Mpumalanga Province	5	00:11.95	586		E		
2										
KZN001	544	Sphephelo Mndebele	KwaZulu Natal	1	00:11.43	667	-1.7	E		
WCA090	1175	Levandré Horne	Western Cape Province	2	00:11.60	639		E		
WCA100	1183	Angelo Pieterse	Western Cape Province	3	00:11.65	631		E		
ECA061	61	Kubobonke Cabhane	Eastern Cape Province	4	00:11.68	627		E		
NWP079	1023	Regardt Fourie	North West Province	5	00:11.84	602		E		
FSA084	206	Dylon Swanepoel	Free State Province	6	00:11.95	586		E		
KZN002	545	Simphiwe Thusi	KwaZulu Natal	7	00:12.05	572		E		
3										
LIM019	628	Thabang Nwamafela	Limpopo Province	1	00:11.36	679	-2.4	E		
GAU038	348	Luan van der Walt	Gauteng Province	2	00:11.47	660		E		
WCA091	1176	Angelo Wessels	Western Cape Province	3	00:11.61	638		E		
FSA085	207	Thokozani Tshabalala	Free State Province	4	00:11.74	617		E		
GAU029	339	Duncan Erasmus	Gauteng Province	5	00:11.82	605		E		
NWP080	1024	Ritche Jacobs	North West Province	6	00:11.87	598		E		

34		S-10 Boys-10 : 80 m		Semi-Finals						
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
GAU025	335	Abel Kotze	Gauteng Province	1	00:11.36	679		E		
GAU026	336	Andre Haarhoff	Gauteng Province	2	00:11.52	652		E		
2										
KZN001	544	Sphephelo Mndebele	KwaZulu Natal	1	00:11.43	667		E		
WCA090	1175	Levandré Horne	Western Cape Province	2	00:11.60	639		E		
WCA100	1183	Angelo Pieterse	Western Cape Province	3	00:11.65	631		E		
3										
LIM019	628	Thabang Nwamafela	Limpopo Province	1	00:11.36	679		E		
GAU038	348	Luan van der Walt	Gauteng Province	2	00:11.47	660		E		
WCA091	1176	Angelo Wessels	Western Cape Province	3	00:11.61	638		E		

47		S-10 Boys-10 : 80 m		Final						
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU038	348	Luan van der Walt	Gauteng Province	1	00:10.98	747	0.9	E		
GAU026	336	Andre Haarhoff	Gauteng Province	2	00:11.04	736	0.9	E		
GAU025	335	Abel Kotze	Gauteng Province	3	00:11.10	725	0.9	E		
LIM019	628	Thabang Nwamafela	Limpopo Province	4	00:11.17	712	0.9	E		
KZN001	544	Sphephelo Mndebele	KwaZulu Natal	5	00:11.18	710	0.9	E		
WCA091	1176	Angelo Wessels	Western Cape Province	6	00:11.22	703	0.9	E		
WCA090	1175	Levandré Horne	Western Cape Province	7	00:11.33	684	0.9	E		
WCA100	1183	Angelo Pieterse	Western Cape Province	8	00:11.34	682	0.9	E		



Result per Age

S-10 Boys-10

85	S-10	Boys-10 : 100 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
FSA086	208	Rappie Nkhahle	Free State Province		1	00:14.06	653	0.9	E	
WCA091	1176	Angelo Wessels	Western Cape Province		2	00:14.18	638		E	
WCA092	1177	Caleb Welkom	Western Cape Province		3	00:14.22	634		E	
GAU025	335	Abel Kotze	Gauteng Province		4	00:14.32	622		E	
NWP080	1024	Ritche Jacobs	North West Province		5	00:14.77	571		E	
ECA069	69	Elton Ward	Eastern Cape Province		6	00:14.81	567		E	
FSA087	209	Tiisetso Sina	Free State Province		7	00:14.94	553		E	
MPU062	788	Omni Dlamini	Mpumalanga Province		8	00:15.01	546		E	
2										
LIM019	628	Thabang Nwamafela	Limpopo Province		1	00:13.94	668	-1.9	E	
GAU038	348	Luan van der Walt	Gauteng Province		2	00:14.29	625		E	
GAU044	354	Sello Masingani	Gauteng Province		3	00:14.44	608		E	
KZN007	550	Sibonelo Ngubane	KwaZulu Natal		4	00:14.79	569		E	
LIM014	623	Matimba Mabyalane	Limpopo Province		5	00:14.86	561		E	
NWP083	1027	Marco Smith	North West Province		6	00:14.87	560		E	
NWP079	1023	Regardt Fourie	North West Province		7	00:15.03	544		E	
NWP087	1031	Tebogo Mosimane	North West Province		8	00:15.11	536		E	
3										
WCA090	1175	Levandré Horne	Western Cape Province		1	00:14.36	617	-1.9	E	
GAU029	339	Duncan Erasmus	Gauteng Province		2	00:14.39	614		E	
MPU069	795	Stephen Nkosi	Mpumalanga Province		3	00:14.77	571		E	
FSA088	210	Sibusiso Makhubu	Free State Province		4	00:14.78	570		E	

103	S-10	Boys-10 : 100 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA090	1175	Levandré Horne	Western Cape Province		1	00:14.36	617	-1.9	E	
LIM019	628	Thabang Nwamafela	Limpopo Province		1	00:13.94	668	-1.9	E	
FSA086	208	Rappie Nkhahle	Free State Province		1	00:14.06	653	0.9	E	
GAU029	339	Duncan Erasmus	Gauteng Province		2	00:14.39	614		E	
GAU038	348	Luan van der Walt	Gauteng Province		2	00:14.29	625		E	
WCA091	1176	Angelo Wessels	Western Cape Province		2	00:14.18	638		E	
WCA092	1177	Caleb Welkom	Western Cape Province		3	00:14.22	634		E	
GAU025	335	Abel Kotze	Gauteng Province		4	00:14.32	622		E	

125	S-10	Boys-10 : 100 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA086	208	Rappie Nkhahle	Free State Province		1	00:14.04	656	-2.0	E	
WCA090	1175	Levandré Horne	Western Cape Province		2	00:14.04	656	-2.0	E	
LIM019	628	Thabang Nwamafela	Limpopo Province		3	00:14.12	646	-2.0	E	
GAU038	348	Luan van der Walt	Gauteng Province		4	00:14.32	622	-2.0	E	
WCA091	1176	Angelo Wessels	Western Cape Province		5	00:14.35	618	-2.0	E	
GAU029	339	Duncan Erasmus	Gauteng Province		6	00:14.35	618	-2.0	E	
WCA092	1177	Caleb Welkom	Western Cape Province		7	00:14.40	612	-2.0	E	
GAU025	335	Abel Kotze	Gauteng Province		8	00:14.66	583	-2.0	E	



Result per Age

S-10 Boys-10

56	S-10	Boys-10 : 1200 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
	GAU039	349	Marcel Jonosky	Gauteng Province	1	03:49.21	863		E	
	GAU027	337	Banele Zwane	Gauteng Province	2	03:50.80	847		E	
	MPU068	794	Mpendulo Ncomgwane	Mpumalanga Province	3	03:52.44	832		E	
	LIM021	630	Ashley Tobo	Limpopo Province	4	03:52.72	829		E	
	KZN005	548	Seluleko Phakathi	KwaZulu Natal	5	03:56.04	800		E	
	WCA093	1178	Dominic Warnick	Western Cape Province	6	03:58.21	782		E	
	KZN006	549	Qembu Hlophe	KwaZulu Natal	7	04:07.36	711		E	
	NWP082	1026	Mojalefa Phetoane	North West Province	8	04:15.61	654		E	
	LIM016	625	Edward Mahlaela	Limpopo Province	9	04:17.00	645		E	
	WCA095	1180	Elron Damon	Western Cape Province	10	04:23.33	606		E	
	WCA094	1179	Gaiwin Jantjies	Western Cape Province	11	04:24.14	601		E	
2										
	ECA064	64	Abulela Makroti	Eastern Cape Province	1	03:50.18	853		E	
	GAU043	353	Rynhard Swanepoel	Gauteng Province	2	03:51.67	839		E	
	KZN004	547	Sibongakonke Khumalo	KwaZulu Natal	3	03:51.91	837		E	
	FSA089	211	Renier de Villiers	Free State Province	4	03:52.63	830		E	
	GAU030	340	Edmund du Plessis	Gauteng Province	5	03:56.61	795		E	
	FSA092	214	Marnus Prinsloo	Free State Province	6	03:59.51	771		E	
	FSA090	212	Luvuyo Mneni	Free State Province	7	04:04.91	729		E	
	LIM017	626	Jeffrey Makweng	Limpopo Province	8	04:08.89	700		E	
	FSA091	213	Tshepo Gavu	Free State Province	9	04:10.27	690		E	
	MPU066	792	Sifiso Masuko	Mpumalanga Province	10	04:21.62	617		E	

123 S-10 Boys-10 : 1200 m

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
	ECA064	64	Abulela Makroti	Eastern Cape Province	1	03:47.79	877		E	
	GAU039	349	Marcel Jonosky	Gauteng Province	2	03:50.25	853		E	
	FSA089	211	Renier de Villiers	Free State Province	3	03:51.05	845		E	
	LIM021	630	Ashley Tobo	Limpopo Province	4	03:52.91	828		E	
	GAU043	353	Rynhard Swanepoel	Gauteng Province	5	03:54.19	816		E	
	GAU027	337	Banele Zwane	Gauteng Province	6	03:55.60	804		E	
	GAU030	340	Edmund du Plessis	Gauteng Province	7	03:55.97	801		E	
	KZN004	547	Sibongakonke Khumalo	KwaZulu Natal	8	04:01.57	754		E	
	MPU068	794	Mpendulo Ncomgwane	Mpumalanga Province	9	04:02.15	750		E	
	KZN005	548	Seluleko Phakathi	KwaZulu Natal	10	04:06.56	717		E	
	KZN006	549	Qembu Hlophe	KwaZulu Natal	11	04:08.17	705		E	
	FSA090	212	Luvuyo Mneni	Free State Province	12	04:10.50	688		E	
	NWP082	1026	Mojalefa Phetoane	North West Province	13	04:14.35	662		E	
	LIM017	626	Jeffrey Makweng	Limpopo Province	14	04:15.70	654		E	
	FSA092	214	Marnus Prinsloo	Free State Province	15	04:16.67	647		E	



Result per Age

S-10 Boys-10

25	S-10	Boys-10 : 70 m Hurdles				Heats				
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
NCA054	911	Poloko Khoana	Northern Cape Province	1	00:12.58	865	1.3	E		
WCA097	1181	Quin Visser	Western Cape Province	2	00:12.65	857		E		
WCA176	1257	Wharric Pheiffer	Western Cape Province	3	00:12.69	852		E		
GAU033	343	Gerhard Grobler	Gauteng Province	4	00:12.93	826		E		
LIM013	622	Chika Mabitsela	Limpopo Province	5	00:13.79	743		E		
NCA057	914	Jean-Jacques Snyders	Northern Cape Province	6	00:13.84	739		E		
ECA066	66	Daniel Maree	Eastern Cape Province	7	00:14.12	715		E		
FSA096	218	Victor Nel	Free State Province	8	00:14.31	700		E		
2										
MPU067	793	Johannes Meintjies	Mpumalanga Province	1	00:12.42	884	0.8	E		
NWP079	1023	Regardt Fourie	North West Province	2	00:12.44	881		E		
GAU032	342	Frederik Kotze	Gauteng Province	3	00:12.79	841		E		
FSA097	219	AJ Botha	Free State Province	4	00:13.27	792		E		
MPU071	797	Alec Vermaak	Mpumalanga Province	5	00:13.66	755		E		
ECA067	67	Simthandile Rocolo	Eastern Cape Province	6	00:15.42	620		E		
3										
FSA093	215	Tshepo Mokoena	Free State Province	1	00:12.89	830	0.5	E		
FSA094	216	Janco Liebenberg	Free State Province	2	00:13.02	817		E		
NWP083	1027	Marco Smith	North West Province	3	00:13.12	806		E		
GAU034	344	Johan Robbertse	Gauteng Province	4	00:13.23	795		E		
ECA059	59	Mondray Barnard	Eastern Cape Province	5	00:14.05	721		E		
WCA098	1182	Mitchel Vister	Western Cape Province	6	00:14.44	690		E		

58	S-10	Boys-10 : 70 m Hurdles				Final				
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
NWP079	1023	Regardt Fourie	North West Province	1	00:12.31	897	-0.3	E		
MPU067	793	Johannes Meintjies	Mpumalanga Province	2	00:12.36	891	-0.3	E		
WCA176	1257	Wharric Pheiffer	Western Cape Province	3	00:12.38	889	-0.3	E		
NCA054	911	Poloko Khoana	Northern Cape Province	4	00:12.52	872	-0.3	E		
GAU032	342	Frederik Kotze	Gauteng Province	5	00:12.59	864	-0.3	E		
FSA094	216	Janco Liebenberg	Free State Province	6	00:12.67	855	-0.3	E		
WCA097	1181	Quin Visser	Western Cape Province	7	00:12.78	842	-0.3	E		
FSA093	215	Tshepo Mokoena	Free State Province	8	00:12.81	839	-0.3	E		

70	S-10	Boys-10 : 4X100 m Relay				Heats				
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAUA05	540	Gauteng	Gauteng Province	10	00:00.00	0		E		
ECAA05	119	Eastern Cape	Eastern Cape Province	10	00:00.00	0		E		
WCAA05	1272	Western Cape	Western Cape Province	10	00:00.00	0		E		
LIMA05	723	Limpopo	Limpopo Province	10	00:00.00	0		E		
MPUA05	856	Mpumalanga	Mpumalanga Province	10	00:00.00	0		E		
FSAA05	307	Free State	Free State Province	10	00:00.00	0		E		
NWPA05	1084	North West	North West Province	10	00:00.00	0		E		
KZNA05	606	Kwa Zulu Natal	KwaZulu Natal	10	00:00.00	0		E		



Result per Age

S-10 Boys-10

136	S-10	Boys-10 : 4X100 m Relay					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAUA05	540	Gauteng	Gauteng Province	1	00:55.62	804		E		
FSAA05	307	Free State	Free State Province	2	00:55.80	798		E		
WCAA05	1272	Western Cape	Western Cape Province	3	00:56.56	774		E		
KZNA05	606	Kwa Zulu Natal	KwaZulu Natal	4	00:56.64	771		E		
LIMA05	723	Limpopo	Limpopo Province	5	00:57.84	736		E		
ECAA05	119	Eastern Cape	Eastern Cape Province	6	00:58.12	728		E		
MPUA05	856	Mpumalanga	Mpumalanga Province	7	00:58.53	716		E		
NWPA05	1084	North West	North West Province	8	00:59.68	686		E		

27	S-10	Boys-10 : High Jump					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU040	350	Micheal Ferreira	Gauteng Province	1	1.38	814		E		
WCA104	1187	Jason Rondganger	Western Cape Province	2	1.33	741		E		
FSA099	221	Khosi Matla	Free State Province	3	1.33	741		E		
NCA059	916	Keanen Wentzel	Northern Cape Province	4	1.28	668		E		
MPU071	797	Alec Vermaak	Mpumalanga Province	5	1.28	668		E		
GAU028	338	Cona Cane	Gauteng Province	6	1.23	595		E		
GAU036	346	Karel Olwage	Gauteng Province	7	1.23	595		E		
FSA100	222	Khotso Moleme	Free State Province	8	1.23	595		E		
GAU045	355	Shane Buys	Gauteng Province	9	1.23	595		E		
FSA098	220	Shawn Willemse	Free State Province	10	1.18	520		E		
NCA052	909	Anro de Bruyn	Northern Cape Province	11	1.18	520		E		
GAU031	341	Ethan Gower	Gauteng Province	12	1.18	520		E		

106	S-10	Boys-10 : Long Jump					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
KZN003	546	Mgcini Luthuli	KwaZulu Natal	1	4.45	798	1.3	E		
WCA100	1183	Angelo Pieterse	Western Cape Province	2	4.29	727		E		
FSA096	218	Victor Nel	Free State Province	3	4.09	637		E		
GAU032	342	Frederik Kotze	Gauteng Province	4	4.09	637		E		
NCA055	912	Charles Malherbe	Northern Cape Province	5	4.09	637		E		
WCA107	1190	Migael Basson	Western Cape Province	6	4.06	623		E		
FSA101	223	Tiisetso Moalosi	Free State Province	7	4.00	596		E		
GAU040	350	Micheal Ferreira	Gauteng Province	8	3.95	573		E		

108	S-10	Boys-10 : Shot Put					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU035	345	Juan Oosthuizen	Gauteng Province	1	11.35	885		E	N	
GAU047	357	Tiaan van Zyl	Gauteng Province	2	10.44	799		E	N	
MPU064	790	Douw Kruger	Mpumalanga Province	3	10.20	776		E	N	
GAU046	356	Tiaan Barnard	Gauteng Province	4	10.12	768		E	N	
ECA062	62	Arnold Coetzee	Eastern Cape Province	5	9.93	749		E	N	
GAU042	352	Rehan le Maitre	Gauteng Province	6	9.64	720		E	N	
FSA105	227	Christiaan Muller	Free State Province	7	9.58	714		E	N	
FSA103	225	Markus Kotzee	Free State Province	8	9.12	666		E	N	



Result per Age

S-11 Boys-11

10	S-11	Boys-11 : 80 m					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
	920	Jacquin van Wyk	Northern Cape Province		1	00:10.89	690	-0.9	E	
	1201	Ryan Olivier	Western Cape Province		2	00:11.07	658		E	
	406	Tylon Kotze	Gauteng Province		3	00:11.10	653		E	
	395	Kabelo Dhladla	Gauteng Province		4	00:11.14	646		E	
	81	Hlanganisa Vitane	Eastern Cape Province		5	00:11.72	557		E	
	648	Lesedi Mmakola	Limpopo Province		6	00:12.02	516		E	
2										
	405	Tokollo Mashego	Gauteng Province		1	00:11.03	665	-3.1	E	
	1035	Martinus du Preez	North West Province		2	00:11.07	658		E	
	922	Alvinzo Vries	Northern Cape Province		3	00:11.11	651		E	
	1034	Johann van Wyk	North West Province		4	00:11.25	628		E	
	386	Aidan Geary	Gauteng Province		5	00:11.34	614		E	
	804	Sphamandla Masilela	Mpumalanga Province		6	00:11.70	560		E	
3										
	808	Nkosana Mpinga	Mpumalanga Province		1	00:10.68	729	-1.9	E	
	1193	M.April	Western Cape Province		2	00:10.79	708		E	
	229	Iwan Maree	Free State Province		3	00:11.16	643		E	
	230	Bohlokwa Matlaletsa	Free State Province		4	00:11.27	625		E	
	228	Marcell Muller	Free State Province		5	00:11.34	614		E	
	807	Hope Magopane	Mpumalanga Province		6	00:11.43	600		E	

40	S-11	Boys-11 : 80 m					Semi-Finals			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
	1201	Ryan Olivier	Western Cape Province		3	00:11.07	658		E	
	1035	Martinus du Preez	North West Province		3	00:11.07	658		E	
	808	Nkosana Mpinga	Mpumalanga Province		4	00:10.68	729		E	
	1193	M.April	Western Cape Province		4	00:10.79	708		E	
	405	Tokollo Mashego	Gauteng Province		5	00:11.03	665		E	
	920	Jacquin van Wyk	Northern Cape Province		5	00:10.89	690		E	
	406	Tylon Kotze	Gauteng Province		6	00:11.10	653		E	
	922	Alvinzo Vries	Northern Cape Province		6	00:11.11	651		E	

49	S-11	Boys-11 : 80 m					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
	808	Nkosana Mpinga	Mpumalanga Province		1	00:10.38	790		E	
	920	Jacquin van Wyk	Northern Cape Province		2	00:10.52	761		E	
	1193	M.April	Western Cape Province		3	00:10.75	715		E	
	405	Tokollo Mashego	Gauteng Province		4	00:10.86	695		E	
	1035	Martinus du Preez	North West Province		5	00:10.89	690		E	
	406	Tylon Kotze	Gauteng Province		6	00:10.93	682		E	
	1201	Ryan Olivier	Western Cape Province		7	00:10.99	672		E	
	922	Alvinzo Vries	Northern Cape Province		8	00:11.14	646		E	



Result per Age

S-11		Boys-11								
87	S-11	Boys-11 : 100 m			Heats					
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
	808	Nkosana Mpinga	Mpumalanga Province		1	00:13.35	680	-2.1	E	
	395	Kabelo Dhladla	Gauteng Province		2	00:13.71	633		E	
	1035	Martinus du Preez	North West Province		3	00:13.71	633		E	
	394	Juan Oelofse	Gauteng Province		4	00:14.11	585		E	
	653	Thabo Mosima	Limpopo Province		5	00:14.65	527		E	
2										
	572	Morné Hattingh	KwaZulu Natal		1	00:13.73	631	-0.2	E	
	405	Tokollo Mashego	Gauteng Province		2	00:13.77	626		E	
	1034	Johann van Wyk	North West Province		3	00:13.81	621		E	
	228	Marcell Muller	Free State Province		4	00:13.95	604		E	
	1038	Koketso Seane	North West Province		5	00:14.01	597		E	
	807	Hope Magopane	Mpumalanga Province		6	00:14.21	574		E	
3										
	1192	Benjamin van Schalkwyk	Western Cape Province		1	00:13.33	683	-1.3	E	
	920	Jacquin van Wyk	Northern Cape Province		2	00:13.41	672		E	
	922	Alvinzo Vries	Northern Cape Province		3	00:13.73	631		E	
	82	Ambesa Zenzile	Eastern Cape Province		4	00:14.08	589		E	
	641	Tiflin Brown	Limpopo Province		5	00:14.58	534		E	
	1045	Keotshepile Kgwadibe	North West Province		6	00:14.59	533		E	
4										
	1193	M.April	Western Cape Province		1	00:13.77	626	-3.1	E	
	231	Christian Noordman	Free State Province		2	00:13.85	616		E	
	72	Athandile Dweba	Eastern Cape Province		3	00:14.15	581		E	
	397	Lesego Nyakale	Gauteng Province		4	00:14.32	562		E	
	804	Sphamandla Masilela	Mpumalanga Province		5	00:14.78	513		E	
	644	Brandon Kruger	Limpopo Province		6	00:15.03	489		E	
105	S-11	Boys-11 : 100 m			Semi-Finals					
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
	920	Jacquin van Wyk	Northern Cape Province		1	00:13.20	701	-1.7	E	
	1192	Benjamin van Schalkwyk	Western Cape Province		2	00:13.24	696		E	
	231	Christian Noordman	Free State Province		3	00:13.47	664		E	
	395	Kabelo Dhladla	Gauteng Province		4	00:13.63	643		E	
	1193	M.April	Western Cape Province		5	00:13.63	643		E	
	572	Morné Hattingh	KwaZulu Natal		6	00:13.93	607		E	
	1038	Koketso Seane	North West Province		7	00:14.09	588		E	
	394	Juan Oelofse	Gauteng Province		8	00:14.44	549		E	
2										
	808	Nkosana Mpinga	Mpumalanga Province		1	00:13.45	667	-0.3	E	
	922	Alvinzo Vries	Northern Cape Province		2	00:13.72	632		E	
	72	Athandile Dweba	Eastern Cape Province		3	00:13.74	630		E	
	1035	Martinus du Preez	North West Province		4	00:13.78	625		E	
	228	Marcell Muller	Free State Province		5	00:13.91	609		E	
	405	Tokollo Mashego	Gauteng Province		6	00:13.99	599		E	
	1034	Johann van Wyk	North West Province		7	00:14.03	595		E	
	82	Ambesa Zenzile	Eastern Cape Province		8	00:14.18	578		E	



Result per Age

S-11 Boys-11

127	S-11	Boys-11 : 100 m					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
MPU082	808	Nkosana Mpinga	Mpumalanga Province		1	00:13.20	701	-2.4	E	
FSA109	231	Christian Noordman	Free State Province		2	00:13.26	693	-2.4	E	
NCA063	920	Jacquín van Wyk	Northern Cape Province		3	00:13.36	679	-2.4	E	
WCA109	1192	Benjamin van Schalkwyk	Western Cape Province		4	00:13.50	660	-2.4	E	
GAU085	395	Kabelo Dhladla	Gauteng Province		5	00:13.68	637	-2.4	E	
NCA065	922	Alvinz Vries	Northern Cape Province		6	00:13.72	632	-2.4	E	
NWP091	1035	Martinus du Preez	North West Province		7	00:13.90	610	-2.4	E	
ECA072	72	Athandile Dweba	Eastern Cape Province		8	00:16.05	398	-2.4	E	

32	S-11	Boys-11 : 1200 m					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
NWP092	1036	Tshegofatso Nwagu	North West Province		1	03:44.83	836		E	
LIM049	657	Ian Nkgweng	Limpopo Province		2	03:48.85	799		E	
FSA112	234	Akhona Dubayi	Free State Province		3	03:49.70	791		E	
FSA111	233	Moalosi Ramolotsi	Free State Province		4	03:51.28	778		E	
GAU079	389	Delpport Botha	Gauteng Province		5	03:54.18	754		E	
NWP100	1044	Zalhene Zuma	North West Province		6	03:55.07	746		E	
WCA112	1195	Chahim Kok	Western Cape Province		7	03:57.53	727		E	
WCA114	1197	Wynand Neehling	Western Cape Province		8	03:57.95	724		E	
MPU077	803	Lesney Makinta	Mpumalanga Province		9	03:58.23	722		E	
WCA113	1196	Zavian Le Roux	Western Cape Province		10	04:10.69	634		E	
2										
FSA110	232	Tshepang Mathibe	Free State Province		1	03:49.16	796		E	
ECA073	73	Eden Fipaza	Eastern Cape Province		2	03:47.56	810		E	
KZN028	571	Kelvin Nsengivuma	KwaZulu Natal		3	03:49.16	796		E	
GAU090	400	Reinhardt Grobler	Gauteng Province		4	03:52.84	765		E	
LIM043	651	Julius Mokwena	Limpopo Province		5	03:53.91	756		E	
LIM041	649	Benny Mashaba	Limpopo Province		6	03:55.91	740		E	
MPU075	801	Simangaliso Madonsela	Mpumalanga Province		7	03:56.06	739		E	
GAU081	391	Jabulane Lebeea	Gauteng Province		8	03:57.74	725		E	
NWP099	1043	Seleko Monnapula	North West Province		9	03:57.92	724		E	
LIM039	647	Nolid Mabela	Limpopo Province		10	03:57.97	724		E	

96	S-11	Boys-11 : 1200 m					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU090	400	Reinhardt Grobler	Gauteng Province		1	03:39.86	886		E	
FSA110	232	Tshepang Mathibe	Free State Province		2	03:40.74	877		E	
ECA073	73	Eden Fipaza	Eastern Cape Province		3	03:41.06	874		E	
KZN028	571	Kelvin Nsengivuma	KwaZulu Natal		4	03:44.05	843		E	
NWP092	1036	Tshegofatso Nwagu	North West Province		5	03:44.22	842		E	
GAU079	389	Delpport Botha	Gauteng Province		6	03:50.00	789		E	
LIM049	657	Ian Nkgweng	Limpopo Province		7	03:51.64	775		E	
FSA111	233	Moalosi Ramolotsi	Free State Province		8	03:56.71	733		E	
LIM041	649	Benny Mashaba	Limpopo Province		9	03:58.63	719		E	
FSA112	234	Akhona Dubayi	Free State Province		10	04:00.76	703		E	
WCA112	1195	Chahim Kok	Western Cape Province		11	04:02.81	688		E	
GAU081	391	Jabulane Lebeea	Gauteng Province		12	04:05.64	668		E	
WCA114	1197	Wynand Neehling	Western Cape Province		13	04:06.00	666		E	



Result per Age

S-11 Boys-11

21	S-11	Boys-11 : 70 m Hurdles					Heats			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
NWP089	1033	Gerdus du Plessis	North West Province	1	00:11.89	822	-0.4	E		
FSA116	238	Jozua Ncheka	Free State Province	2	00:12.02	808		E		
LIM047	655	Wikus Neethling	Limpopo Province	3	00:12.04	805		E		
MPU086	812	Martin-John Saaiman	Mpumalanga Province	4	00:12.08	801		E		
MPU084	810	Frans Stander	Mpumalanga Province	5	00:12.35	773		E		
LIM042	650	Moeletje Mautsana	Limpopo Province	6	00:12.53	755		E		
KZN027	570	Bheki Khoza	KwaZulu Natal	7	00:14.75	578		E		
2										
GAU086	396	Lehlohonolo Shokane	Gauteng Province	1	00:11.41	881	0.8	E		
FSA114	236	FC Du Plessis	Free State Province	2	00:11.55	863		E		
NWP097	1041	Shaun Kwange	North West Province	3	00:11.67	848		E		
WCA115	1198	Justinde Morney	Western Cape Province	4	00:11.78	835		E		
NCA065	922	Alvinzo Vries	Northern Cape Province	5	00:11.83	829		E		
LIM035	643	Johannes Joubert	Limpopo Province	6	00:12.38	770		E		
NCA060	917	Motheo Molete	Northern Cape Province	7	00:13.53	666		E		
3										
GAU094	404	Sparkey Mahlangu	Gauteng Province	1	00:11.60	857	0.1	E		
NWP090	1034	Johann van Wyk	North West Province	2	00:11.66	849		E		
FSA113	235	Tshepang Heisi	Free State Province	3	00:11.83	829		E		
FSA115	237	Wicus Vosloo	Free State Province	4	00:12.05	804		E		
4										
FSA109	231	Christian Noordman	Free State Province	1	00:11.43	878	1.5	E		
WCA116	1199	Branville Claasen	Western Cape Province	2	00:11.53	866		E		
GAU088	398	Lindu Gora	Gauteng Province	3	00:11.86	826		E		
MPU083	809	Tiaan Pretorius	Mpumalanga Province	4	00:11.92	819		E		
ECA075	75	Corné Gravett	Eastern Cape Province	5	00:12.47	761		E		
NWP098	1042	Marinus Pienaar	North West Province	6	00:12.50	758		E		
ECA076	76	Chris Jv Rensburg	Eastern Cape Province	7	00:16.68	465		E		

60	S-11	Boys-11 : 70 m Hurdles					Final			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
NWP090	1034	Johann van Wyk	North West Province	1	00:11.43	878	0.9	E		
FSA109	231	Christian Noordman	Free State Province	2	00:11.53	866	0.9	E		
GAU086	396	Lehlohonolo Shokane	Gauteng Province	3	00:11.59	858	0.9	E		
WCA116	1199	Branville Claasen	Western Cape Province	4	00:11.59	858	0.9	E		
GAU094	404	Sparkey Mahlangu	Gauteng Province	5	00:11.61	856	0.9	E		
NWP089	1033	Gerdus du Plessis	North West Province	6	00:11.95	815	-0.9	E		
FSA114	236	FC Du Plessis	Free State Province	7	00:12.45	763	0.9	E		

72	S-11	Boys-11 : 4X100 m Relay					Heats			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAUA06	541	Gauteng	Gauteng Province	10	00:00.00	0		E		
ECAA06	120	Eastern Cape	Eastern Cape Province	10	00:00.00	0		E		
NCAA04	942	Northern Cape	Northern Cape Province	10	00:00.00	0		E		
WCAA06	1273	Western Cape	Western Cape Province	10	00:00.00	0		E		
LIMA06	724	Limpopo	Limpopo Province	10	00:00.00	0		E		
MPUA06	857	Mpumalanga	Mpumalanga Province	10	00:00.00	0		E		
FSAA06	308	Free State	Free State Province	10	00:00.00	0		E		
NWPA06	1085	North West	North West Province	10	00:00.00	0		E		



Result per Age

S-11 Boys-11

138 S-11 Boys-11 : 4X100 m Relay		Final							
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCAA06 1273	Western Cape	Western Cape Province	1	00:53.33	804		E		
MPUA06 857	Mpumalanga	Mpumalanga Province	2	00:53.89	785		E		
LIMA06 724	Limpopo	Limpopo Province	3	00:54.66	760		E		
NCAA04 942	Northern Cape	Northern Cape Province	4	00:54.85	754		E		
NWPA06 1085	North West	North West Province	5	00:55.73	727		E		
FSA06 308	Free State	Free State Province	6	00:56.43	707		E		
GAUA06 541	Gauteng	Gauteng Province	7	00:57.34	682		E		
ECAA06 120	Eastern Cape	Eastern Cape Province	8	00:57.41	680		E		

98 S-11 Boys-11 : High Jump		Final							
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
MPU079 805	Philip Matfield	Mpumalanga Province	1	1.44	728		E		
GAU094 404	Sparkey Mahlangu	Gauteng Province	2	1.44	728		E		
GAU083 393	Juan Brits	Gauteng Province	3	1.39	661		E		
MPU072 798	Charl du Toit	Mpumalanga Province	4	1.39	661		E		
NCA061 918	Dean-Jean Naido	Northern Cape Province	5	1.39	661		E		
WCA125 1207	Timothy Olivier	Western Cape Province	6	1.39	661		E		
FSA118 240	Mosiuwa Mokoena	Free State Province	7	1.39	661		E		
KZN030 573	Max Caple	KwaZulu Natal	8	1.34	593		E		
LIM046 654	Tshivhase Mulalo	Limpopo Province	9	1.34	593		E		
FSA117 239	Tony Augus	Free State Province	10	1.34	593		E		
NCA066 923	Zander Cilliers	Northern Cape Province	11	1.34	593		E		
LIM047 655	Wikus Neethling	Limpopo Province	12	1.29	525		E		

23 S-11 Boys-11 : Long Jump		Final							
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
FSA107 229	Iwan Maree	Free State Province	1	4.63	697	-0.8	E		
GAU077 387	Anru Pienaar	Gauteng Province	2	4.51	648		E		
ECA079 79	Ayabonga Ntwabaza	Eastern Cape Province	3	4.46	627		E		
LIM051 659	Christoffel Smit	Limpopo Province	4	4.45	623		E		
LIM038 646	Tiaan Lotter	Limpopo Province	5	4.40	602		E		
FSA120 242	Zehan Westraadt	Free State Province	6	4.39	598		E		
GAU093 403	Shane Erasmus	Gauteng Province	7	4.35	582		E		
NWP089 1033	Gerdus du Plessis	North West Province	8	4.25	540		E		

64 S-11 Boys-11 : Shot Put		Final							
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU097 407	Ulrich Wiese	Gauteng Province	1	12.75	926		E		
MPU073 799	Zander Habeck	Mpumalanga Province	2	12.43	910		E		
WCA120 1202	Jaco Claassen	Western Cape Province	3	11.94	876		E		
WCA121 1203	Daniel Thiar	Western Cape Province	4	11.33	822		E		
LIM044 652	Ofentse Mokwena	Limpopo Province	5	10.93	785		E		
LIM034 642	Brendon Cronje	Limpopo Province	6	10.78	771		E		
FSA122 244	A J Bornman	Free State Province	7	10.69	763		E		
FSA123 245	Melt Meyer	Free State Province	8	10.49	744		E		



Result per Age

S-12 Boys-12

92	S-12	Boys-12 : 100 m		Heats						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
GAU150	460	Reece West	Gauteng Province	1	00:13.23	642	-2.4	E		
LIM074	682	Frans Matlala	Limpopo Province	2	00:13.37	624		E		
KZN040	583	Lee-Roy Mbhele	KwaZulu Natal	3	00:13.48	611		E		
MPU102	828	Thokozani Zulu	Mpumalanga Province	4	00:13.57	600		E		
FSA126	248	Thabo Matshoba	Free State Province	5	00:13.60	596		E		
NCA071	928	Jason Victor	Northern Cape Province	6	00:13.73	581		E		
MPU099	825	Ben Strydom	Mpumalanga Province	7	00:13.99	551		E		
2										
GAU155	465	Ruben Els	Gauteng Province	1	00:12.72	714	-1.7	E		
WCA130	1212	Muneer Dirks	Western Cape Province	2	00:13.15	653		E		
NCA070	927	Mpho Hume	Northern Cape Province	3	00:13.52	606		E		
NWP109	1053	Kyle Jv Rensburg	North West Province	4	00:13.66	589		E		
MPU094	820	Ruan Labuschagne	Mpumalanga Province	5	00:13.74	579		E		
FSA125	247	Thabo Mlambo	Free State Province	6	00:20.29	92		E		
3										
ECA093	93	Wyclef Vltoor	Eastern Cape Province	1	00:12.84	696	-1.6	E		
WCA128	1210	Chad Williams	Western Cape Province	2	00:12.90	687		E		
GAU151	461	Retshidiso Mlenga	Gauteng Province	4	00:13.01	672		E		
WCA129	1211	Nathan de Lange	Western Cape Province	5	00:13.10	660		E		
FSA127	249	Thato Motahane	Free State Province	6	00:13.77	576		E		
4										
GAU134	444	Christopher Moyo	Gauteng Province	3	00:13.01	672	1301	E		

110 S-12 Boys-12 : 100 m

	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
Semi-Finals									
1									
LIM074	682	Frans Matlala	Limpopo Province	1	00:13.37	624	-2.4	E	
KZN040	583	Lee-Roy Mbhele	KwaZulu Natal	2	00:13.48	611		E	
2									
GAU155	465	Ruben Els	Gauteng Province	1	00:12.72	714	-1.7	E	
WCA130	1212	Muneer Dirks	Western Cape Province	2	00:13.15	653		E	
3									
ECA093	93	Wyclef Vltoor	Eastern Cape Province	1	00:12.84	696	-1.6	E	
WCA128	1210	Chad Williams	Western Cape Province	2	00:12.90	687		E	
GAU134	444	Christopher Moyo	Gauteng Province	3	00:13.01	672		E	
GAU151	461	Retshidiso Mlenga	Gauteng Province	4	00:13.01	672		E	

129 S-12 Boys-12 : 100 m

	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
Final									
GAU155	465	Ruben Els	Gauteng Province	1	00:12.43	759	-1.6	E	
GAU134	444	Christopher Moyo	Gauteng Province	2	00:12.74	711	-1.6	E	
WCA130	1212	Muneer Dirks	Western Cape Province	3	00:12.84	696	-1.6	E	
GAU151	461	Retshidiso Mlenga	Gauteng Province	4	00:12.87	692	-1.6	E	
ECA093	93	Wyclef Vltoor	Eastern Cape Province	5	00:12.88	690	-1.6	E	
WCA128	1210	Chad Williams	Western Cape Province	6	00:12.98	676	-1.6	E	
LIM074	682	Frans Matlala	Limpopo Province	7	00:13.24	641	-1.6	E	



Result per Age

S-12		Boys-12									
13	S-12	Boys-12 : 150 m		Heats							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
				1							
ECA093	93	Wyclef Vlitoor	Eastern Cape Province		1	00:19.30	841	-0.7	E		
MPU094	820	Ruan Labuschagne	Mpumalanga Province		1	00:20.11	757		E		
LIM074	682	Frans Matlala	Limpopo Province		2	00:19.75	793		E		
WCA135	1217	Curtley Davids	Western Cape Province		3	00:19.88	780		E		
MPU102	828	Thokozani Zulu	Mpumalanga Province		5	00:20.32	738		E		
NWP109	1053	Kyle Jv Rensburg	North West Province		6	00:20.44	727		E		
				2							
ECA091	91	Pumezo Sigwanda	Eastern Cape Province		1	00:19.41	829	-0.2	E		
LIM075	683	Mohlatse Mokonyane	Limpopo Province		2	00:19.66	802		E		
FSA125	247	Thabo Mlambo	Free State Province		3	00:19.81	787		E		
FSA126	248	Thabo Matshoba	Free State Province		4	00:19.84	784		E		
GAU133	443	Chris du Plessis	Gauteng Province		5	00:19.95	773		E		
ECA092	92	Devran Smit	Eastern Cape Province		6	00:19.98	770		E		
				3							
GAU155	465	Ruben Els	Gauteng Province		1	00:18.90	889	-0.6	E		
GAU150	460	Reece West	Gauteng Province		2	00:19.35	835		E		
WCA130	1212	Muneer Dirks	Western Cape Province		3	00:19.46	823		E		
NCA070	927	Mpho Hume	Northern Cape Province		4	00:19.98	770		E		
FSA128	250	Wian Viljoen	Free State Province		5	00:20.38	732		E		
MPU093	819	Ruan Kuhn	Mpumalanga Province		6	00:20.86	691		E		
				4							
WCA134	1216	Louw Romano	Western Cape Province		1	00:19.68	800	0.4	E		
GAU152	462	Robin Shilabe	Gauteng Province		2	00:19.45	824		E		
KZN037	580	Vuma Radebe	KwaZulu Natal		3	00:19.56	813		E		
NWP107	1051	Denovan du Toit	North West Province		4	00:19.79	789		E		
MPU088	814	Tiaan du Preez	Mpumalanga Province		5	00:20.68	706		E		
36	S-12	Boys-12 : 150 m		Semi-Finals							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
				1							
GAU155	465	Ruben Els	Gauteng Province		1	00:18.24	979	0.7	E		
GAU150	460	Reece West	Gauteng Province		2	00:19.16	857		E		
GAU152	462	Robin Shilabe	Gauteng Province		3	00:19.26	846		E		
WCA134	1216	Louw Romano	Western Cape Province		4	00:19.32	839		E		
KZN037	580	Vuma Radebe	KwaZulu Natal		5	00:19.36	834		E		
GAU133	443	Chris du Plessis	Gauteng Province		6	00:19.58	811		E		
FSA126	248	Thabo Matshoba	Free State Province		7	00:20.10	758		E		
NWP107	1051	Denovan du Toit	North West Province		8	00:20.29	741		E		
				2							
WCA130	1212	Muneer Dirks	Western Cape Province		1	00:18.98	879	2.9	E		
ECA093	93	Wyclef Vlitoor	Eastern Cape Province		2	00:19.03	873		E		
ECA091	91	Pumezo Sigwanda	Eastern Cape Province		3	00:19.11	863		E		
LIM075	683	Mohlatse Mokonyane	Limpopo Province		4	00:19.46	823		E		
LIM074	682	Frans Matlala	Limpopo Province		5	00:19.52	817		E		
WCA135	1217	Curtley Davids	Western Cape Province		6	00:19.60	808		E		
FSA125	247	Thabo Mlambo	Free State Province		7	00:21.76	620		E		



Result per Age

S-12 Boys-12

51	S-12	Boys-12 : 150 m	Final							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
	GAU155	465	Ruben Els	Gauteng Province	1	00:18.22	982	1.9	E	
	WCA130	1212	Muneer Dirks	Western Cape Province	2	00:18.86	894	1.9	E	
	ECA093	93	Wyclef Vltoor	Eastern Cape Province	3	00:18.93	885	1.9	E	
	GAU150	460	Reece West	Gauteng Province	4	00:18.96	881	1.9	E	
	GAU152	462	Robin Shilabe	Gauteng Province	5	00:19.28	843	1.9	E	
	WCA134	1216	Louw Romano	Western Cape Province	6	00:19.51	818	1.9	E	
	ECA091	91	Pumezo Sigwanda	Eastern Cape Province	7	00:19.51	818	1.9	E	
	LIM075	683	Mohlatse Mokonyane	Limpopo Province	8	00:19.72	796	1.9	E	

45	S-12	Boys-12 : 1200 m	Heats							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
				1						
	ECA089	89	Yamkela Nokhula	Eastern Cape Province	1	03:37.26	851		E	
	GAU131	441	Arno Van Wyk	Gauteng Province	2	03:38.78	835		E	
	NWP113	1057	Ronen Oosthuizen	North West Province	3	03:38.88	834		E	
	WCA131	1213	Simamkele Dubula	Western Cape Province	4	03:39.60	827		E	
	MPU101	827	Aldrin Willemse	Mpumalanga Province	5	03:42.06	804		E	
	NCA067	924	Bugan Bentley	Northern Cape Province	6	03:43.16	794		E	
	WCA133	1215	Justin Franse	Western Cape Province	7	03:44.35	783		E	
	GAU132	442	Caleb Beukes	Gauteng Province	8	03:46.21	767		E	
	FSA131	253	Bongani Mantjie	Free State Province	9	03:46.43	765		E	
	LIM068	676	Matimba Baloyi	Limpopo Province	10	03:54.33	702		E	
	FSA129	251	Vuyo Kamlane	Free State Province	11	03:57.55	678		E	
				2						
	ECA087	87	Siphelo Maqume	Eastern Cape Province	1	03:32.68	900		E	
	FSA130	252	Retshidisitswe Shai	Free State Province	2	03:35.63	868		E	
	WCA132	1214	Lexton Swigelaar	Western Cape Province	3	03:41.18	812		E	
	GAU141	451	Keegan Crane	Gauteng Province	4	03:41.87	806		E	
	LIM072	680	Given Makgoba	Limpopo Province	5	03:43.48	791		E	
	MPU095	821	Khulekani Mabuza	Mpumalanga Province	6	03:45.55	773		E	
	LIM070	678	Kabelo Leshilo	Limpopo Province	7	03:48.88	745		E	
	GAU146	456	Monde Mzolo	Gauteng Province	8	03:56.49	686		E	

114	S-12	Boys-12 : 1200 m	Final							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
	ECA087	87	Siphelo Maqume	Eastern Cape Province	1	03:36.15	862		E	
	MPU101	827	Aldrin Willemse	Mpumalanga Province	2	03:36.39	860		E	
	FSA130	252	Retshidisitswe Shai	Free State Province	3	03:38.00	843		E	
	GAU131	441	Arno Van Wyk	Gauteng Province	4	03:41.67	808		E	
	GAU141	451	Keegan Crane	Gauteng Province	5	03:42.34	802		E	
	LIM072	680	Given Makgoba	Limpopo Province	6	03:43.30	793		E	
	LIM070	678	Kabelo Leshilo	Limpopo Province	7	03:46.90	761		E	
	NWP113	1057	Ronen Oosthuizen	North West Province	8	03:50.75	730		E	
	NCA067	924	Bugan Bentley	Northern Cape Province	10	03:52.43	717		E	
	GAU132	442	Caleb Beukes	Gauteng Province	11	03:53.92	705		E	
	WCA132	1214	Lexton Swigelaar	Western Cape Province	12	03:54.98	697		E	
	WCA131	1213	Simamkele Dubula	Western Cape Province	13	04:00.67	656		E	
	GAU146	456	Monde Mzolo	Gauteng Province	14	04:04.47	631		E	



Result per Age

S-12 Boys-12

29	S-12	Boys-12 : 75 m Hurdles					Heats			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
GAU134	444	Christopher Moyo	Gauteng Province	1	00:11.78	965	0.9	E		
WCA136	1218	Emmanuel Adisa	Western Cape Province	2	00:11.83	958		E		
GAU144	454	Kyle Ferreira	Gauteng Province	3	00:12.20	908		E		
MPU097	823	Jacobus Odendaal	Mpumalanga Province	4	00:12.33	891		E		
FSA134	256	Jean-Luther Erasmus	Free State Province	5	00:12.48	873		E		
FSA133	255	MD Laubscher	Free State Province	6	00:12.56	864		E		
NCA072	929	Charlie Louw	Northern Cape Province	7	00:13.43	773		E		
2										
MPU096	822	Gustav Meyer	Mpumalanga Province	1	00:11.70	977	1.0	E		
GAU157	467	Stephanus van der Walt	Gauteng Province	2	00:12.12	918		E		
LIM079	687	William Thulare	Limpopo Province	3	00:12.24	903		E		
WCA129	1211	Nathan de Lange	Western Cape Province	4	00:12.25	901		E		
GAU148	458	Pedri van der Westhuizen	Gauteng Province	5	00:12.26	900		E		
FSA135	257	Richard Kriel	Free State Province	6	00:13.27	788		E		
ECA094	94	Sokwakhana Zazini	Eastern Cape Province	7	00:13.77	742		E		
GAU140	450	Jordan Edwards	Gauteng Province	8	00:16.10	574		E		
3										
MPU088	814	Tiaan du Preez	Mpumalanga Province	1	00:11.85	955	0.5	E		
ECA088	88	Antonio May	Eastern Cape Province	2	00:11.88	951		E		
FSA132	254	Jordan Mbisha	Free State Province	3	00:12.22	905		E		
NWP104	1048	Liam Middleton	North West Province	4	00:12.31	894		E		
WCA180	1261	Liam Pietersen	Western Cape Province	5	00:12.78	839		E		
NCA069	926	Riaan de Klerk	Northern Cape Province	6	00:12.85	831		E		
NWP136	1079	Boitumelo Mayo	North West Province	7	00:12.89	827		E		

63	S-12	Boys-12 : 75 m Hurdles					Final			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
MPU096	822	Gustav Meyer	Mpumalanga Province	1	00:11.56	999	0.1	E		
GAU134	444	Christopher Moyo	Gauteng Province	2	00:11.68	980	0.1	E		
WCA136	1218	Emmanuel Adisa	Western Cape Province	3	00:11.90	948	0.1	E		
MPU088	814	Tiaan du Preez	Mpumalanga Province	4	00:12.01	933	0.1	E		
ECA088	88	Antonio May	Eastern Cape Province	5	00:12.11	919	0.1	E		
GAU144	454	Kyle Ferreira	Gauteng Province	6	00:12.16	913	0.1	E		
FSA132	254	Jordan Mbisha	Free State Province	7	00:12.24	903	0.1	E		
GAU157	467	Stephanus van der Walt	Gauteng Province	8	00:13.05	810	0.1	E		



Result per Age

S-12 Boys-12

99	S-12	Boys-12 : 150 m Hurdles				Heats				
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
MPU096	822	Gustav Meyer	Mpumalanga Province	1	00:21.61	929	-2.3	E		
WCA136	1218	Emmanuel Adisa	Western Cape Province	2	00:22.03	879		E		
GAU144	454	Kyle Ferreira	Gauteng Province	3	00:22.29	851		E		
FSA128	250	Wian Viljoen	Free State Province	4	00:22.89	792		E		
GAU140	450	Jordan Edwards	Gauteng Province	5	00:23.71	721		E		
ECA094	94	Sokwakhana Zazini	Eastern Cape Province	7	00:24.86	635		E		
2										
ECA088	88	Antonio May	Eastern Cape Province	1	00:22.01	882	-1.7	E		
MPU088	814	Tiaan du Preez	Mpumalanga Province	2	00:22.22	859		E		
FSA135	257	Richard Kriel	Free State Province	3	00:22.82	798		E		
WCA137	1219	Jason October	Western Cape Province	4	00:22.85	796		E		
NWP104	1048	Liam Middleton	North West Province	5	00:23.90	705		E		
NCA069	926	Riaan de Klerk	Northern Cape Province	6	00:24.83	637		E		
NCA068	925	Olivier Cloete	Northern Cape Province	7	00:25.20	612		E		
3										
GAU148	458	Pedri van der Westhuizen	Gauteng Province	1	00:22.78	802	-1.5	E		
LIM076	684	CJ Nel	Limpopo Province	2	00:23.46	741		E		
MPU093	819	Ruan Kuhn	Mpumalanga Province	3	00:23.48	740		E		
ECA086	86	Regardt Ferreira	Eastern Cape Province	4	00:24.06	693		E		
NWP136	1079	Boitumelo Mayo	North West Province	5	00:24.20	682		E		
FSA132	254	Jordan Mbisha	Free State Province	6	00:24.64	650		E		

116	S-12	Boys-12 : 150 m Hurdles				Final				
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
MPU096	822	Gustav Meyer	Mpumalanga Province	1	00:21.30	969	-3.5	E		
ECA088	88	Antonio May	Eastern Cape Province	2	00:21.57	934		E		
MPU088	814	Tiaan du Preez	Mpumalanga Province	3	00:21.88	896		E		
WCA136	1218	Emmanuel Adisa	Western Cape Province	4	00:21.92	892		E		
GAU144	454	Kyle Ferreira	Gauteng Province	5	00:22.67	813		E		
GAU148	458	Pedri van der Westhuizen	Gauteng Province	6	00:22.71	809		E		
FSA135	257	Richard Kriel	Free State Province	7	00:22.72	808		E		
LIM076	684	CJ Nel	Limpopo Province	8	00:23.68	723		E		

74	S-12	Boys-12 : 4X100 m Relay				Heats				
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
WCAA07	1274	Western Cape	Western Cape Province	1	00:50.20	851		E		
ECAA07	121	Eastern Cape	Eastern Cape Province	2	00:52.20	778		E		
KZNA07	608	Kwa Zulu Natal	KwaZulu Natal	3	00:53.03	751		E		
NCAA05	943	Northern Cape	Northern Cape Province	4	00:54.06	719		E		
2										
MPUA07	858	Mpumalanga	Mpumalanga Province	1	00:51.81	792		E		
LIMA07	725	Limpopo	Limpopo Province	2	00:52.55	767		E		
NWPA07	1086	North West	North West Province	3	00:53.44	738		E		



Result per Age

S-12 Boys-12

140		S-12 Boys-12 : 4X100 m Relay					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCAA07	1274	Western Cape	Western Cape Province	1	00:50.66	833		E		
KZNA07	608	Kwa Zulu Natal	KwaZulu Natal	2	00:52.10	782		E		
MPUA07	858	Mpumalanga	Mpumalanga Province	3	00:52.12	781		E		
ECAA07	121	Eastern Cape	Eastern Cape Province	4	00:52.49	769		E		
LIMA07	725	Limpopo	Limpopo Province	5	00:52.78	759		E		
NCAA05	943	Northern Cape	Northern Cape Province	6	00:53.87	725		E		
NWPA07	1086	North West	North West Province	7	00:54.18	716		E		

4		S-12 Boys-12 : High Jump					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
MPU096	822	Gustav Meyer	Mpumalanga Province	1	1.63	850		E		
GAU157	467	Stephanus van der Walt	Gauteng Province	2	1.58	788		E		
WCA141	1223	Ahmed Hadjie	Western Cape Province	3	1.58	788		E		
GAU160	470	Wouter de Wet	Gauteng Province	4	1.53	726		E		
GAU154	464	Rouban Kruger	Gauteng Province	5	1.48	663		E		
GAU138	448	Ivan Mostert	Gauteng Province	6	1.48	663		E		
WCA142	1224	Emelio Bassick	Western Cape Province	7	1.48	663		E		
WCA143	1225	Prinshane Carolus	Western Cape Province	8	1.48	663		E		
LIM071	679	Rorisang Makaleng	Limpopo Province	9	1.43	599		E		
NCA071	928	Jason Victor	Northern Cape Province	10	1.43	599		E		
FSA136	258	Fabian Davids	Free State Province	11	1.43	599		E		
ECA083	83	Jeandré Bosch	Eastern Cape Province	12	1.43	599		E		

80		S-12 Boys-12 : Long Jump					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
ECA093	93	Wyclef Vliitor	Eastern Cape Province	1	5.19	783	-1.9	E		
WCA129	1211	Nathan de Lange	Western Cape Province	2	5.02	719		E		
FSA135	257	Richard Kriel	Free State Province	3	4.89	669		E		
GAU158	468	Tebogo Khothole	Gauteng Province	4	4.86	657		E		
FSA139	261	Johan Stadler	Free State Province	5	4.82	642		E		
KZN040	583	Lee-Roy Mbhele	KwaZulu Natal	6	4.75	615		E		
NWP107	1051	Denovan du Toit	North West Province	7	4.60	557		E		
FSA140	262	Karabelo Seboloki	Free State Province	8	4.55	537		E		

91		S-12 Boys-12 : Shot Put					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU139	449	Jonathan de Lacey Lacey	Gauteng Province	1	13.42	916		E		
GAU136	446	Dewald Pienaar	Gauteng Province	2	12.54	857		E		
WCA181	1262	Mohamad Haseem Arend	Western Cape Province	3	11.95	807		E		
ECA084	84	Donovan Carlson	Eastern Cape Province	4	11.57	775		E		
GAU159	469	Tristan Dullisear	Gauteng Province	5	11.18	741		E		
LIM077	685	Victor Potgieter	Limpopo Province	6	11.05	729		E		
ECA085	85	Hendrik du Toit	Eastern Cape Province	7	10.97	722		E		
NWP111	1055	Jacques Louis Lotriet	North West Province	8	10.69	697		E		



Result per Age

S-12 Boys-12

18	S-12	Boys-12 : Discus Throw					Final		
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
	GAU139	449 Jonathan de Lacey Lacey	Gauteng Province	1	40.84	939		E	
	GAU147	457 Morné Brandon	Gauteng Province	2	37.10	875		E	
	GAU136	446 Dewald Pienaar	Gauteng Province	3	36.96	872		E	
	WCA181	1262 Mohamad Haseem Arend	Western Cape Province	4	35.49	834		E	
	ECA084	84 Donovan Carlson	Eastern Cape Province	5	33.00	768		E	
	KZN038	581 Wynand Conradie	KwaZulu Natal	6	32.21	746		E	
	NWP112	1056 Marco Janssen	North West Province	7	32.08	743		E	
	LIM078	686 Jean-Jacques Rossouw	Limpopo Province	8	31.71	732		E	
	FSA141	263 Herman Agenbag	Free State Province	9	30.81	707		E	
	NCA073	930 Jan Visser	Northern Cape Province	10	30.76	706		E	
	WCA139	1221 Drikus Swart	Western Cape Province	11	29.88	680		E	
	NCA069	926 Riaan de Klerk	Northern Cape Province	12	29.47	668		E	

43	S-12	Boys-12 : Javelin					Final		
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
	FSA146	268 Jannes Schlebusch	Free State Province	1	36.58	794		E	
	NWP105	1049 Estian Heyneke	North West Province	2	36.24	781		E	
	NWP115	1059 Duan Jansen	North West Province	3	35.53	754		E	
	FSA145	267 WJ Steenkamp	Free State Province	4	34.78	725		E	
	KZN038	581 Wynand Conradie	KwaZulu Natal	5	33.87	689		E	
	FSA147	269 Dirkie Louw	Free State Province	6	31.26	585		E	
	GAU137	447 Emile Kruger	Gauteng Province	7	31.08	578		E	
	WCA146	1228 Renier J van Rensburg	Western Cape Province	8	30.80	566		E	
	MPU087	813 Dewan Deysel	Mpumalanga Province	9	30.49	553		E	
	GAU149	459 Pierre Fourie	Gauteng Province	10	30.40	550		E	
	LIM069	677 Ruben de Vos	Limpopo Province	11	30.24	543		E	
	MPU089	815 Gysbert Ehlers	Mpumalanga Province	12	30.08	536		E	



Result per Age

S-13 Boys-13

89	S-13	Boys-13 : 100 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
				1						
GAU216	526	Thabang Letsoalo	Gauteng Province		1	00:12.32	729	-0.5	E	
FSA148	270	Ronaldo Davids	Free State Province		2	00:12.36	722		E	
GAU205	515	Itumeleng Kgarara	Gauteng Province		3	00:12.40	716		E	
NWP125	1068	Anele Vaphi	North West Province		4	00:12.43	711		E	
KZN048	591	Vuyisile Ndabeni	KwaZulu Natal		5	00:12.76	663		E	
LIM108	716	Thabo Seraki	Limpopo Province		6	00:13.82	532		E	
				2						
GAU218	528	Thembo Monareng	Gauteng Province		1	00:11.96	789	-1.1	E	
GAU217	527	Thandowenkosi Dlodlo	Gauteng Province		2	00:12.38	719		E	
WCA151	1233	Tyron Muller	Western Cape Province		2	00:12.29	733		E	
LIM107	715	Allie Sefola	Limpopo Province		3	00:12.67	676		E	
FSA151	273	Carel Jordaan	Free State Province		4	00:12.87	648		E	
MPU119	845	Stephanus vd Merwe	Mpumalanga Province		5	00:12.90	644		E	
NWP126	1069	Dandré Prinsloo	North West Province		6	00:12.91	643		E	
LIM098	706	Daniel Joubert	Limpopo Province		7	00:13.35	587		E	
				3						
WCA150	1232	Stanton Lewis	Western Cape Province		1	00:11.65	847	-0.4	E	
NWP127	1070	Tshenolo Tsatsane	North West Province		3	00:12.42	713		E	
ECA113	113	Simtandile Sukula	Eastern Cape Province		4	00:12.59	688		E	
FSA149	271	Kamo Motaung	Free State Province		5	00:12.93	640		E	
MPU122	848	Nzolo Xhaka	Mpumalanga Province		6	00:14.32	480		E	
				4						
ECA101	101	Siyamthemba Koyana	Eastern Cape Province		1	00:12.43	711	-1.1	E	
FSA150	272	Mojalefa Mohloki	Free State Province		2	00:12.57	691		E	
WCA152	1234	Bjorkan Booysen	Western Cape Province		3	00:12.81	656		E	
NCA078	935	Marko Maghundu	Northern Cape Province		4	00:13.06	623		E	
MPU107	833	Siyabonga Madlopha	Mpumalanga Province		5	00:14.06	507		E	

112	S-13	Boys-13 : 100 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
				1						
GAU205	515	Itumeleng Kgarara	Gauteng Province		1	00:12.19	749	-1.6	E	
WCA151	1233	Tyron Muller	Western Cape Province		2	00:12.33	727		E	
FSA148	270	Ronaldo Davids	Free State Province		3	00:12.33	727		E	
ECA101	101	Siyamthemba Koyana	Eastern Cape Province		4	00:12.34	725		E	
WCA152	1234	Bjorkan Booysen	Western Cape Province		5	00:12.58	689		E	
FSA150	272	Mojalefa Mohloki	Free State Province		6	00:12.63	682		E	
LIM107	715	Allie Sefola	Limpopo Province		7	00:12.71	670		E	
WCA150	1232	Stanton Lewis	Western Cape Province		8	00:12.97	635		E	
				2						
GAU218	528	Thembo Monareng	Gauteng Province		1	00:11.93	794	-1.8	E	
GAU217	527	Thandowenkosi Dlodlo	Gauteng Province		2	00:12.41	715		E	
GAU216	526	Thabang Letsoalo	Gauteng Province		3	00:12.42	713		E	
NWP125	1068	Anele Vaphi	North West Province		4	00:12.48	704		E	
NWP127	1070	Tshenolo Tsatsane	North West Province		5	00:12.52	698		E	
ECA113	113	Simtandile Sukula	Eastern Cape Province		7	00:12.64	680		E	
KZN048	591	Vuyisile Ndabeni	KwaZulu Natal		7	00:13.00	631		E	
FSA151	273	Carel Jordaan	Free State Province		8	00:13.10	618		E	



Result per Age

S-13 Boys-13

131	S-13	Boys-13 : 100 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU218	528	Thembo Monareng	Gauteng Province		1	00:11.91	798	-1.1	E	
GAU205	515	Itumeleng Kgarara	Gauteng Province		2	00:12.22	745	-1.1	E	
FSA148	270	Ronaldo Davids	Free State Province		3	00:12.23	743		E	
GAU216	526	Thabang Letsoalo	Gauteng Province		4	00:12.25	740		E	
WCA151	1233	Tyron Muller	Western Cape Province		5	00:12.26	738		E	
NWP125	1068	Anele Vaphi	North West Province		6	00:12.47	705		E	
GAU217	527	Thandowenkosi Dlodlo	Gauteng Province		7	00:12.54	695		E	
ECA101	101	Siyamthemba Koyana	Eastern Cape Province		8	00:12.54	695		E	

15	S-13	Boys-13 : 200 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU218	528	Thembo Monareng	Gauteng Province		1	00:23.90	815	-0.3	E	
WCA152	1234	Bjorkan Booysen	Western Cape Province		2	00:25.27	713		E	
FSA149	271	Kamo Motaung	Free State Province		3	00:25.57	693		E	
MPU108	834	Tumelo Ngomane	Mpumalanga Province		4	00:25.62	690		E	
MPU113	839	Gift Mtombeni	Mpumalanga Province		5	00:27.52	580		E	
2										
WCA151	1233	Tyron Muller	Western Cape Province		1	00:24.48	769	-0.8	E	
NWP126	1069	Dandré Prinsloo	North West Province		2	00:24.64	757		E	
NWP125	1068	Anele Vaphi	North West Province		3	00:25.08	726		E	
FSA152	274	JW Viljoen	Free State Province		4	00:25.37	706		E	
ECA101	101	Siyamthemba Koyana	Eastern Cape Province		5	00:25.72	684		E	
FSA153	275	Conrad Strydom	Free State Province		6	00:26.88	615		E	
3										
FSA148	270	Ronaldo Davids	Free State Province		1	00:24.65	757	0.5	E	
LIM109	717	Douval Strydom	Limpopo Province		2	00:25.13	723		E	
ECA113	113	Simtandile Sukula	Eastern Cape Province		3	00:25.22	717		E	
NCA078	935	Marko Maghundu	Northern Cape Province		4	00:26.64	628		E	
FSA151	273	Carel Jordaan	Free State Province		5	00:26.78	620		E	
MPU122	848	Nzolo Xhaka	Mpumalanga Province		6	00:28.05	553		E	

38	S-13	Boys-13 : 200 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU218	528	Thembo Monareng	Gauteng Province		1	00:23.90	815	-0.3	E	
WCA151	1233	Tyron Muller	Western Cape Province		1	00:24.48	769		E	
FSA148	270	Ronaldo Davids	Free State Province		1	00:24.65	757		E	
WCA152	1234	Bjorkan Booysen	Western Cape Province		2	00:25.27	713		E	
LIM109	717	Douval Strydom	Limpopo Province		2	00:25.13	723		E	
NWP126	1069	Dandré Prinsloo	North West Province		2	00:24.64	757		E	
ECA113	113	Simtandile Sukula	Eastern Cape Province		3	00:25.22	717		E	
NWP125	1068	Anele Vaphi	North West Province		3	00:25.08	726		E	



Result per Age

S-13 Boys-13

53	S-13	Boys-13 : 200 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU218	528	Thembo Monareng	Gauteng Province		1	00:23.54	846	2.1	E	
WCA151	1233	Tyron Muller	Western Cape Province		2	00:24.17	793	2.1	E	
NWP125	1068	Anele Vaphi	North West Province		3	00:24.20	791	2.1	E	
NWP126	1069	Dandré Prinsloo	North West Province		4	00:24.34	780	2.1	E	
FSA148	270	Ronaldo Davids	Free State Province		5	00:24.35	779	2.1	E	
WCA152	1234	Bjorkan Booysen	Western Cape Province		6	00:24.77	748	2.1	E	
LIM109	717	Douval Strydom	Limpopo Province		7	00:24.79	746	2.1	E	

16	S-13	Boys-13 : 800 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
ECA095	95	Gangathela Bulelani	Eastern Cape Province		1	02:09.37	708		E	
WCA162	1244	Keenan Leendertz	Western Cape Province		2	02:09.70	701		E	
GAU202	512	Ezra Ferreira	Gauteng Province		3	02:10.73	682		E	
KZN044	587	Nkule Ndlovu	KwaZulu Natal		4	02:11.55	667		E	
NWP122	1065	Letlhogonolo More	North West Province		5	02:13.12	640		E	
FSA154	276	Phelani Maduwa	Free State Province		6	02:15.13	606		E	
GAU220	530	Tyler Warriess	Gauteng Province		7	02:15.54	600		E	
LIM110	718	Khodani Tshivhandekano	Limpopo Province		8	02:15.63	598		E	
KZN046	589	Daniel Taylor	KwaZulu Natal		9	02:17.97	562		E	
MPU115	841	Jacobus Roelofse	Mpumalanga Province		10	02:19.66	537		E	
FSA156	278	Carl Kellerman	Free State Province		11	02:21.38	512		E	
2										
LIM102	710	Dais Malebana	Limpopo Province		1	02:09.06	714		E	
KZN045	588	Khethukuthula Gumede	KwaZulu Natal		2	02:10.52	686		E	
WCA163	1245	Rune Lucas	Western Cape Province		3	02:11.99	659		E	
KZN043	586	Sanele Maphalala	KwaZulu Natal		4	02:12.10	657		E	
WCA164	1246	Lindokuhle Loliwe	Western Cape Province		5	02:12.82	645		E	
GAU194	504	Boniango Mpeku	Gauteng Province		6	02:13.19	638		E	
FSA155	277	Mzwandile Sekese	Free State Province		7	02:15.31	603		E	
ECA106	106	Sihle Nqonqwana	Eastern Cape Province		8	02:22.40	498		E	
MPU109	835	Allan Mpinga	Mpumalanga Province		9	02:24.41	472		E	
MPU114	840	Isaac Pedro	Mpumalanga Province		10	02:26.43	446		E	

68	S-13	Boys-13 : 800 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA162	1244	Keenan Leendertz	Western Cape Province		1	02:07.72	740		E	
GAU202	512	Ezra Ferreira	Gauteng Province		2	02:08.18	731		E	
LIM102	710	Dais Malebana	Limpopo Province		3	02:09.31	709		E	
ECA095	95	Gangathela Bulelani	Eastern Cape Province		4	02:12.16	656		E	
NWP122	1065	Letlhogonolo More	North West Province		5	02:13.42	635		E	
KZN045	588	Khethukuthula Gumede	KwaZulu Natal		6	02:15.44	601		E	
FSA154	276	Phelani Maduwa	Free State Province		7	02:15.91	594		E	
KZN043	586	Sanele Maphalala	KwaZulu Natal		8	02:15.94	593		E	
KZN044	587	Nkule Ndlovu	KwaZulu Natal		9	02:17.27	572		E	
WCA163	1245	Rune Lucas	Western Cape Province		10	02:17.93	562		E	
GAU220	530	Tyler Warriess	Gauteng Province		11	02:18.31	557		E	
WCA164	1246	Lindokuhle Loliwe	Western Cape Province		12	02:30.68	395		E	
FSA155	277	Mzwandile Sekese	Free State Province		13	02:31.74	382		E	



Result per Age

S-13 Boys-13

83	S-13	Boys-13 : 1500 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
ECA104	104	Sivikele Njara	Eastern Cape Province		1	04:19.79	888		E	
KZN051	594	Lindokuhle Mchunu	KwaZulu Natal		2	04:27.10	837		E	
ECA102	102	Ayabonga Mjila	Eastern Cape Province		3	04:33.14	799		E	
MPU110	836	Bongani Mtsweni	Mpumalanga Province		4	04:34.97	788		E	
LIM105	713	Kamogelo Mofomme	Limpopo Province		5	04:35.08	787		E	
KZN045	588	Khethukuthula Gumede	KwaZulu Natal		6	04:35.32	786		E	
GAU202	512	Ezra Ferreira	Gauteng Province		7	04:36.07	781		E	
FSA158	280	Tshepo Mokalake	Free State Province		8	04:46.66	723		E	
GAU198	508	Desmond Dikobe	Gauteng Province		9	04:59.88	659		E	
NCA079	936	Frans Pietersen	Northern Cape Province		10	05:00.40	656		E	
2										
NWP122	1065	Letlhogonolo More	North West Province		1	04:29.07	824		E	
KZN052	595	Phelelani Magwaza	KwaZulu Natal		2	04:32.90	800		E	
ECA095	95	Gangathela Bulelani	Eastern Cape Province		3	04:36.22	780		E	
FSA154	276	Phelani Maduwa	Free State Province		4	04:37.63	772		E	
GAU196	506	Charles Makgota	Gauteng Province		5	04:42.05	748		E	
FSA157	279	Theboho Mokoteli	Free State Province		6	04:43.30	741		E	
GAU207	517	Johnic Smith	Gauteng Province		7	04:45.27	730		E	
WCA153	1235	Curtley Baadjies	Western Cape Province		8	04:45.28	730		E	
MPU109	835	Allan Mpinga	Mpumalanga Province		9	04:58.06	667		E	
MPU114	840	Isaac Pedro	Mpumalanga Province		10	05:01.24	653		E	

133	S-13	Boys-13 : 1500 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
KZN051	594	Lindokuhle Mchunu	KwaZulu Natal		1	04:22.99	865		E	
KZN052	595	Phelelani Magwaza	KwaZulu Natal		2	04:25.16	850		E	
NWP122	1065	Letlhogonolo More	North West Province		3	04:25.32	849		E	
ECA104	104	Sivikele Njara	Eastern Cape Province		4	04:25.86	845		E	
MPU110	836	Bongani Mtsweni	Mpumalanga Province		5	04:30.62	814		E	
GAU202	512	Ezra Ferreira	Gauteng Province		6	04:31.52	809		E	
FSA154	276	Phelani Maduwa	Free State Province		7	04:33.78	795		E	
KZN045	588	Khethukuthula Gumede	KwaZulu Natal		8	04:40.15	758		E	
GAU207	517	Johnic Smith	Gauteng Province		9	04:42.92	743		E	
ECA102	102	Ayabonga Mjila	Eastern Cape Province		10	04:44.68	733		E	
FSA157	279	Theboho Mokoteli	Free State Province		11	04:50.82	702		E	
FSA158	280	Tshepo Mokalake	Free State Province		12	04:50.98	701		E	
GAU196	506	Charles Makgota	Gauteng Province		13	04:53.22	690		E	
WCA153	1235	Curtley Baadjies	Western Cape Province		14	04:55.03	681		E	
LIM105	713	Kamogelo Mofomme	Limpopo Province		15	04:57.74	669		E	



Result per Age

S-13 Boys-13

31	S-13	Boys-13 : 80 m Hurdles				Heats				
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
		WCA165 1247	Christiaan vd Westhuizen	Western Cape Province	1	00:11.85	899	0.4	E	
		GAU210 520	Kamogelo Mpheroane	Gauteng Province	2	00:12.37	836		E	
		NCA076 933	Timothy Harding	Northern Cape Province	3	00:12.47	825		E	
		GAU203 513	Frederik Thuysma	Gauteng Province	4	00:12.51	820		E	
		MPU106 832	Mputhi Letlotlo	Mpumalanga Province	5	00:12.58	813		E	
		MPU105 831	Nickelas Harmse	Mpumalanga Province	6	00:12.59	812		E	
		ECA098 98	Silusapho Dingiswayo	Eastern Cape Province	7	00:17.24	479		E	
2										
		NWP119 1062	Paballo Maimane	North West Province	1	00:12.08	870	0	E	
		NWP120 1063	Nathan Holtzhausen	North West Province	2	00:12.20	855		E	
		WCA161 1243	Shaun van Rooi	Western Cape Province	3	00:12.21	854		E	
		LIM097 705	Martin Jansen	Limpopo Province	4	00:12.21	854		E	
		ECA111 111	Waqar Solaan	Eastern Cape Province	5	00:12.22	853		E	
		MPU120 846	Duvan van Duyker	Mpumalanga Province	6	00:12.90	780		E	
		ECA096 96	August Cullen	Eastern Cape Province	7	00:13.01	769		E	
3										
		FSA159 281	Janco van Heyningen	Free State Province	1	00:11.56	938	0.5	E	
		WCA159 1241	Linford Maree	Western Cape Province	2	00:11.70	919		E	
		FSA160 282	Jaco-Lou Bierman	Free State Province	3	00:12.22	853		E	
		GAU222 532	Adriaan Voster	Gauteng Province	4	00:12.30	844		E	
		GAU204 514	Henry Sinclair	Gauteng Province	5	00:12.33	840		E	
		FSA161 283	Etienne Bellingan	Free State Province	6	00:12.82	788		E	

66	S-13	Boys-13 : 80 m Hurdles				Final				
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
		FSA159 281	Janco van Heyningen	Free State Province	1	00:11.50	947	-1.0	E	
		WCA165 1247	Christiaan vd Westhuizen	Western Cape Province	2	00:11.76	911	-1.0	E	
		WCA159 1241	Linford Maree	Western Cape Province	3	00:12.06	872	-1.0	E	
		NWP119 1062	Paballo Maimane	North West Province	4	00:12.16	860	-1.0	E	
		LIM097 705	Martin Jansen	Limpopo Province	5	00:12.21	854	-1.0	E	
		GAU210 520	Kamogelo Mpheroane	Gauteng Province	6	00:12.36	837	-1.0	E	
		WCA161 1243	Shaun van Rooi	Western Cape Province	7	00:12.47	825	-1.0	E	
		NWP120 1063	Nathan Holtzhausen	North West Province	8	00:12.59	812	-1.0	E	



Result per Age

S-13 Boys-13

101	S-13	Boys-13 : 200 m Hurdles					Heats			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
NWP126	1069	Dandré Prinsloo	North West Province	1	00:27.73	896	-2.0	E		
LIM099	707	Lazarus Khoza	Limpopo Province	2	00:28.51	830		E		
GAU210	520	Kamogelo Mpheroane	Gauteng Province	3	00:28.69	816		E		
WCA160	1242	Christiaan vd Westhuizen	Western Cape Province	4	00:29.38	765		E		
FSA162	284	Skaloko Ntobela	Free State Province	5	00:29.98	725		E		
ECA108	108	Zinzo Potsho	Eastern Cape Province	6	00:30.02	722		E		
MPU120	846	Duvan van Duyker	Mpumalanga Province	7	00:32.43	587		E		
2										
FSA159	281	Janco van Heyningen	Free State Province	1	00:28.49	831	-4.2	E		
WCA161	1243	Shaun van Rooi	Western Cape Province	2	00:28.76	810		E		
GAU222	532	Adriaan Voster	Gauteng Province	3	00:28.86	803		E		
GAU204	514	Henry Sinclair	Gauteng Province	4	00:29.59	751		E		
ECA098	98	Silusapho Dingiswayo	Eastern Cape Province	5	00:30.54	690		E		
NWP120	1063	Nathan Holtzhausen	North West Province	6	00:30.71	680		E		
MPU107	833	Siyabonga Madlopha	Mpumalanga Province	7	00:31.03	661		E		
3										
WCA159	1241	Linford Maree	Western Cape Province	1	00:28.66	818	-1	E		
NWP119	1062	Paballo Maimane	North West Province	2	00:29.13	783		E		
NCA076	933	Timothy Harding	Northern Cape Province	3	00:39.75	304		E		
LIM101	709	Noko Malatjie	Limpopo Province	4	00:30.16	713		E		
MPU115	841	Jacobus Roelofse	Mpumalanga Province	5	00:30.69	681		E		
FSA163	285	Quinten Mostert	Free State Province	6	00:31.61	629		E		
ECA096	96	August Cullen	Eastern Cape Province	7	00:32.67	575		E		

118	S-13	Boys-13 : 200 m Hurdles					Final			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
NWP126	1069	Dandré Prinsloo	North West Province	1	00:27.44	924	-2.0	E		
FSA159	281	Janco van Heyningen	Free State Province	2	00:27.56	912	-2.0	E		
WCA159	1241	Linford Maree	Western Cape Province	3	00:27.94	877	-2.0	E		
GAU210	520	Kamogelo Mpheroane	Gauteng Province	4	00:28.27	849	-2.0	E		
LIM099	707	Lazarus Khoza	Limpopo Province	5	00:28.37	841	-2.0	E		
WCA161	1243	Shaun van Rooi	Western Cape Province	6	00:28.47	833	-2.0	E		
NWP119	1062	Paballo Maimane	North West Province	7	00:29.42	762	-2.0	E		
GAU222	532	Adriaan Voster	Gauteng Province	8	00:29.50	757	-2.0	E		

134	S-13	Boys-13 : 1500 m Walk					Final			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
ECA107	107	Sandisiwe Pini	Eastern Cape Province	1	07:36.53	959		E		
NWP116	1060	Johannes Jonker	North West Province	2	07:50.15	937		E		
ECA099	99	Leboang Golobeni	Eastern Cape Province	3	07:56.90	926		E		
FSA164	286	Erhard Bubb	Free State Province	4	07:59.46	922		E		
WCA158	1240	Hanru Colling	Western Cape Province	5	07:59.96	921		E		
NWP117	1061	Daniel Mosala	North West Province	6	08:09.52	907		E		
FSA167	289	Thabang Sandawane	Free State Province	7	08:33.77	874		E		
GAU214	524	Marno Kruger	Gauteng Province	8	08:51.83	851		E		
FSA165	287	Thabiso Madula	Free State Province	9	09:12.06	827		E		
KZN050	593	Siyethemba Ngcobo	KwaZulu Natal	10	09:16.78	822		E		
FSA166	288	David Masilo	Free State Province	11	09:21.02	817		E		



Result per Age

S-13 Boys-13

76	S-13	Boys-13 : 4X100 m Relay					Heats			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
KZNA08	609	Kwa Zulu Natal	KwaZulu Natal	10	00:00.00	0		E		
GAUA08	543	Gauteng	Gauteng Province	10	00:00.00	0		E		
ECAA08	122	Eastern Cape	Eastern Cape Province	10	00:00.00	0		E		
WCAA08	1275	Western Cape	Western Cape Province	10	00:00.00	0		E		
LIMA08	726	Limpopo	Limpopo Province	10	00:00.00	0		E		
MPUA08	859	Mpumalanga	Mpumalanga Province	10	00:00.00	0		E		
FSAA08	310	Free State	Free State Province	10	00:00.00	0		E		
NWPA08	1087	North West	North West Province	10	00:00.00	0		E		

142	S-13	Boys-13 : 4X100 m Relay					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAUA08	543	Gauteng	Gauteng Province	1	00:47.92	886		E		
WCAA08	1275	Western Cape	Western Cape Province	2	00:48.16	875		E		
FSAA08	310	Free State	Free State Province	3	00:49.15	835		E		
LIMA08	726	Limpopo	Limpopo Province	4	00:49.87	807		E		
NWPA08	1087	North West	North West Province	5	00:49.87	807		E		
MPUA08	859	Mpumalanga	Mpumalanga Province	6	00:51.69	744		E		
ECAA08	122	Eastern Cape	Eastern Cape Province	7	00:52.02	734		E		

78	S-13	Boys-13 : High Jump					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCA167	1249	Reed Breitenbach	Western Cape Province	1	1.64	770		E		
LIM109	717	Douval Strydom	Limpopo Province	2	1.64	770		E		
WCA166	1248	Sherno Pick	Western Cape Province	3	1.64	770		E		
GAU208	518	Juandre Breytenbach	Gauteng Province	4	1.59	710		E		
WCA168	1250	Bevan Sasman	Western Cape Province	4	1.59	710		E		
FSA168	290	Dean Haasbroek	Free State Province	4	1.59	710		E		
ECA111	111	Waqar Solaan	Eastern Cape Province	7	1.59	710		E		
NWP123	1066	Jerico Oor	North West Province	8	1.59	710		E		

2	S-13	Boys-13 : Long Jump					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCA172	1253	Khanya Plaatjie	Western Cape Province	1	5.69	861	0.4	E		
WCA173	1254	Simon Steven	Western Cape Province	2	5.60	829		E		
ECA111	111	Waqar Solaan	Eastern Cape Province	3	5.37	746		E		
GAU200	510	Dillan Pretorius	Gauteng Province	4	5.30	721		E		
WCA151	1233	Tyron Muller	Western Cape Province	5	5.26	706		E		
FSA172	294	Wilondja Tresor	Free State Province	6	5.22	692		E		
ECA108	108	Zinzo Potsho	Eastern Cape Province	7	5.16	670		E		
NWP128	1071	Gino-Frederick Roelfze	North West Province	8	5.10	648		E		



Result per Age

S-13 Boys-13

41		S-13		Boys-13 : Shot Put					Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU223	533	Mark Snyman	Gauteng Province		1	13.92	737		E		
GAU224	534	Tristan Nel	Gauteng Province		2	12.74	651		E		
NWP121	1064	Roubert Rousseau	North West Province		3	12.57	638		E		
FSA175	297	G J Burger	Free State Province		4	11.82	581		E		
FSA174	296	Naudé Naudé	Free State Province		5	11.45	552		E		
MPU121	847	Ruben Vermaak	Mpumalanga Province		6	11.45	552		E		
GAU225	535	Kayle Blignaut	Gauteng Province		7	11.41	548		E		
FSA176	298	Alexander Pienaar	Free State Province		8	11.40	548		E		

119		S-13		Boys-13 : Discus Throw					Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU203	513	Frederik Thuysma	Gauteng Province		1	45.69	907		E		
GAU197	507	Christopher Black	Gauteng Province		2	38.95	764		E		
FSA174	296	Naudé Naudé	Free State Province		3	38.73	759		E		
GAU206	516	Johan van Wyk	Gauteng Province		4	38.41	752		E		
WCA183	1264	Barry Botha	Western Cape Province		5	36.35	703		E		
NWP121	1064	Roubert Rousseau	North West Province		6	35.69	687		E		
FSA177	299	Dian du Bruyn	Free State Province		7	34.23	651		E		
MPU121	847	Ruben Vermaak	Mpumalanga Province		8	33.29	627		E		
NWP133	1076	Ignis Meyer	North West Province		9	32.75	614		E		
GAU199	509	Dewald Stronach	Gauteng Province		10	32.50	607		E		
WCA185	1266	Nico vd Westhuizen	Western Cape Province		11	30.89	565		E		
FSA178	300	J C Schultz	Free State Province		12	30.87	564		E		

93		S-13		Boys-13 : Javelin					Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCA184	1265	Dawid Meiring	Western Cape Province		1	47.92	911		E		
WCA171	1252	Janke du Toit	Western Cape Province		2	47.89	911		E		
GAU215	525	Mitchelle vd Merwe	Gauteng Province		3	47.76	908		E		
NWP129	1072	Werner Dames	North West Province		4	45.30	839		E		
GAU206	516	Johan van Wyk	Gauteng Province		5	43.60	785		E		
WCA169	1251	Jacobus du Toit	Western Cape Province		6	42.24	742		E		
MPU118	844	Stephen vd Bank	Mpumalanga Province		7	42.17	740		E		
GAU195	505	Brendon Skinner	Gauteng Province		8	38.28	611		E		
NWP130	1073	Lohann Jans	North West Province		9	36.27	543		E		
NWP131	1074	Joost Erasmus	North West Province		10	35.97	532		E		
LIM096	704	Ruan Groenewald	Limpopo Province		11	34.82	492		E		
NWP135	1078	Ulrich Kasselman	North West Province		12	34.74	489		E		