

Athletics Performance Evaluation (APE) Tables 2012-2015
Boys 17 (Youth Boys)

	Track								Hurdles					Steeple Chase & Walk			Relays				Field										
	100m		200m		400m		800m		1500m	3000m	110mH			400mH			2000mSC	10 kmW	4 x 100m		Medley	HJ	PV	LJ	TJ	SP	DT	HT		JT	
1000	10.3	10.55	20.6	20.86	46.7	46.85	1:49.88	3:50.01	8:14.18	1000	13.1	13.38	50.7	50.81	1000	5:44.41	48:17.57	1000	42.3	42.39	1:53.90	1000	2.19		7.60	15.32	19.47	61.82	63.08	79.27	1000
990		10.59	20.7	20.94	46.9	47.05	1:50.16	3:51.02	8:17.01	990	13.2	13.45	50.8	50.98	990	5:46.58	48:53.09	990	42.4	42.56	1:54.29	990	2.18	4.69	7.56	15.26	19.22	60.95	61.76	78.54	990
980		10.62	20.8	21.02	47.1	47.25	1:50.44	3:52.04	8:19.91	980	13.3	13.53	51.0	51.15	980	5:48.80	49:29.67	980	42.6	42.74	1:54.68	980	2.17	4.66	7.53	15.20	18.97	60.06	60.42	77.79	980
970	10.4	10.66		21.10	47.3	47.45	1:50.73	3:53.09	8:22.87	970		13.61	51.2	51.33	970	5:51.08	50:07.34	970	42.8	42.91	1:55.08	970	2.16	4.64	7.50	15.14	18.71	59.16	59.07	77.02	970
960		10.70	20.9	21.18	47.5	47.66	1:51.03	3:54.16	8:25.90	960	13.4	13.69	51.4	51.51	960	5:53.41	50:46.13	960	43.0	43.09	1:55.48	960	2.15	4.62	7.46	15.08	18.45	58.24	57.70	76.24	960
950		10.74	21.0	21.27	47.7	47.87	1:51.33	3:55.25	8:29.00	950	13.5	13.77	51.6	51.70	950	5:55.79	51:26.07	950	43.1	43.27	1:55.90	950	2.14	4.59	7.43	15.02	18.18	57.31	56.32	75.44	950
940	10.5	10.78	21.1	21.35	48.0	48.09	1:51.64	3:56.37	8:32.17	940	13.6	13.85	51.7	51.89	940	5:58.23	52:07.18	940	43.3	43.46	1:56.32	940	2.13	4.57	7.39	14.96	17.91	56.36	54.94	74.62	940
930		10.82	21.2	21.44	48.2	48.31	1:51.95	3:57.50	8:35.41	930	13.7	13.93	51.9	52.08	930	6:00.72	52:49.52	930	43.5	43.65	1:56.75	930	2.12	4.54	7.36	14.90	17.64	55.40	53.54	73.79	930
920	10.6	10.86	21.3	21.53	48.4	48.54	1:52.27	3:58.67	8:38.72	920	13.8	14.02	52.1	52.28	920	6:03.27	53:33.09	920	43.7	43.85	1:57.19	920	2.11	4.51	7.32	14.84	17.36	54.43	52.14	72.95	920
910		10.90	21.4	21.63	48.6	48.77	1:52.60	3:59.85	8:42.10	910	13.9	14.11	52.3	52.48	910	6:05.87	54:17.96	910	43.9	44.05	1:57.64	910	2.10	4.49	7.29	14.77	17.08	53.45	50.74	72.08	910
900		10.94	21.5	21.72	48.9	49.00	1:52.93	4:01.06	8:45.56	900	14.0	14.20	52.5	52.68	900	6:08.54	55:04.14	900	44.1	44.25	1:58.10	900	2.09	4.46	7.25	14.71	16.79	52.46	49.34	71.21	900
890	10.7	10.98	21.6	21.82	49.1	49.24	1:53.27	4:02.30	8:49.10	890		14.29	52.7	52.89	890	6:11.27	55:51.77	890	44.3	44.46	1:58.57	890	2.08	4.44	7.21	14.64	16.63	51.91	48.57	70.72	890
880		11.03	21.7	21.91	49.4	49.49	1:53.61	4:03.56	8:52.73	880	14.1	14.39	53.0	53.10	880	6:14.07	56:40.98	880	44.5	44.67	1:59.04	880	2.07	4.42	7.18	14.57	16.47	51.36	47.81	70.23	880
870	10.8	11.07	21.8	22.01	49.6	49.74	1:53.97	4:04.86	8:56.45	870	14.2	14.48	53.2	53.32	870	6:16.94	57:31.82	870	44.7	44.89	1:59.53	870	2.06	4.40	7.14	14.50	16.32	50.81	47.05	69.75	870
860		11.12	21.9	22.12	49.9	49.99	1:54.32	4:06.18	9:00.26	860	14.3	14.58	53.4	53.54	860	6:19.89	58:24.34	860	45.0	45.11	2:00.03	860	2.05	4.37	7.11	14.43	16.16	50.27	46.31	69.26	860
850	10.9	11.17	22.0	22.22	50.1	50.26	1:54.69	4:07.53	9:04.16	850	14.4	14.69	53.6	53.77	850	6:22.91	59:18.59	850	45.2	45.33	2:00.54	850	2.04	4.35	7.07	14.35	16.01	49.74	45.57	68.78	850
840		11.21	22.1	22.33	50.4	50.52	1:55.07	4:08.92	9:08.16	840	14.5	14.79	53.9	54.00	840	6:26.01	1:00:14.63	840	45.4	45.57	2:01.06	840	2.03	4.33	7.04	14.28	15.85	49.20	44.84	68.30	840
830	11.0	11.26	22.2	22.44	50.7	50.80	1:55.45	4:10.34	9:12.26	830	14.7	14.90	54.1	54.24	830	6:29.19	1:01:12.52	830	45.7	45.80	2:01.59	830	2.02	4.31	7.00	14.21	15.70	48.67	44.12	67.81	830
820		11.31	22.3	22.55	50.9	51.08	1:55.84	4:11.79	9:16.46	820	14.8	15.01	54.3	54.48	820	6:32.44	1:02:12.31	820	45.9	46.05	2:02.13	820	2.01	4.29	6.97	14.14	15.54	48.15	43.41	67.34	820
810	11.1	11.36	22.4	22.67	51.2	51.37	1:56.24	4:13.27	9:20.76	810	14.9	15.12	54.6	54.73	810	6:35.78	1:03:14.07	810	46.2	46.29	2:02.68	810	2.00	4.27	6.94	14.07	15.39	47.62	42.70	66.86	810
800		11.42	22.5	22.78	51.5	51.66	1:56.64	4:14.78	9:25.16	800	15.0	15.23	54.8	54.98	800	6:39.20	1:04:17.87	800	46.4	46.55	2:03.25	800	1.99	4.24	6.90	14.00	15.24	47.10	42.01	66.38	800
790	11.2	11.47	22.7	22.90	51.8	51.96	1:57.05	4:16.33	9:29.67	790	15.1	15.35	55.1	55.23	790	6:42.70	1:05:23.78	790	46.7	46.80	2:03.83	790	1.98	4.22	6.87	13.93	15.09	46.59	41.32	65.90	790
780		11.52	22.8	23.02	52.1	52.26	1:57.47	4:17.91	9:34.28	780	15.2	15.47	55.4	55.50	780	6:46.29	1:06:31.85	780	46.9	47.07	2:04.41	780	1.97	4.20	6.83	13.86	14.94	46.08	40.64	65.43	780
770	11.3	11.58	22.9	23.15	52.4	52.58	1:57.90	4:19.52	9:39.00	770	15.4	15.59	55.6	55.76	770	6:49.96	1:07:42.18	770	47.2	47.34	2:05.01	770	1.96	4.18	6.80	13.79	14.79	45.57	39.97	64.96	770
760	11.4	11.64	23.0	23.28	52.8	52.89	1:58.34	4:21.17	9:43.83	760	15.5	15.72	55.9	56.04	760	6:53.73	1:08:54.83	760	47.5	47.61	2:05.63	760	1.95	4.16	6.76	13.72	14.65	45.06	39.31	64.49	760
750		11.69	23.2	23.40	53.1	53.22	1:58.79	4:22.85	9:48.78	750	15.6	15.85	56.2	56.32	750	6:57.58	1:10:09.88	750	47.8	47.89	2:06.25	750	1.94	4.14	6.73	13.65	14.50	44.56	38.66	64.02	750
740	11.5	11.75	23.3	23.54	53.4	53.55	1:59.24	4:24.57	9:53.84	740	15.7	15.98	56.5	56.60	740	7:01.53	1:11:27.42	740	48.0	48.18	2:06.89	740	1.93	4.12	6.69	13.58	14.				

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	Track								Hurdles					Steeple Chase & Walk			Relays				Field										
	100m		200m		400m		800m		1500m	3000m	110mH			400mH			2000mSC	10 kmW	4 x 100m		Medley	HJ	PV	LJ	TJ	SP	DT	HT		JT	
500	13.3	13.55	27.4	27.60	1:03.7	1:03.88	2:12.82	5:18.23	12:36.66	500	20.0	20.20	1:05.1	1:05.26	500	9:10.28	1:59:48.64	500	56.9	57.03	2:26.30	500	1.69	3.61	5.87	11.92	11.11	33.16	24.85	52.79	500
490	13.4	13.65	27.6	27.82	1:04.3	1:04.42	2:13.51	5:21.06	12:45.52	490	20.2	20.42	1:05.6	1:05.71	490	9:17.37	2:02:49.27	490	57.4	57.49	2:27.30	490	1.68	3.59	5.84	11.85	10.99	32.75	24.40	52.37	490
480	13.5	13.74	27.8	28.03	1:04.8	1:04.97	2:14.21	5:23.95	12:54.57	480	20.4	20.66	1:06.0	1:06.16	480	9:24.62	2:05:56.42	480	57.8	57.97	2:28.33	480	1.67	3.57	5.81	11.78	10.87	32.35	23.95	51.94	480
470	13.6	13.84	28.0	28.25	1:05.4	1:05.54	2:14.92	5:26.90	13:03.83	470	20.7	20.90	1:06.5	1:06.63	470	9:32.05	2:09:10.36	470	58.3	58.45	2:29.36	470	1.66	3.55	5.77	11.71	10.75	31.95	23.50	51.52	470
460	13.7	13.93	28.2	28.48	1:06.0	1:06.11	2:15.64	5:29.90	13:13.30	460	20.9	21.14	1:07.0	1:07.10	460	9:39.66	2:12:31.37	460	58.8	58.94	2:30.42	460		3.53	5.74	11.65	10.63	31.55	23.06	51.10	460
450	13.8	14.03	28.5	28.70	1:06.6	1:06.70	2:16.38	5:32.96	13:22.98	450	21.1	21.39	1:07.4	1:07.58	450	9:47.44	2:15:59.73	450	59.3	59.44	2:31.50	450	1.65	3.51	5.71	11.58	10.51	31.15	22.63	50.68	450
440	13.9	14.14	28.7	28.94	1:07.2	1:07.29	2:17.12	5:36.09	13:32.88	440	21.4	21.64	1:07.9	1:08.07	440	9:55.41	2:19:35.75	440	59.8	59.95	2:32.59	440	1.64	3.49	5.67	11.51	10.39	30.76	22.21	50.26	440
430	14.0	14.24	28.9	29.17	1:07.8	1:07.90	2:17.88	5:39.27	13:43.00	430	21.7	21.90	1:08.4	1:08.56	430	10:03.57	2:23:19.75	430	1:00.3	60.47	2:33.71	430	1.63	3.47	5.64	11.44	10.27	30.37	21.79	49.85	430
420	14.1	14.34	29.2	29.41	1:08.4	1:08.52	2:18.65	5:42.52	13:53.35	420	21.9	22.17	1:08.9	1:09.07	420	10:11.92	2:27:12.05	420	1:00.9	60.99	2:34.84	420	1.62	3.45	5.61	11.38	10.15	29.99	21.38	49.43	420
410	14.2	14.45	29.4	29.66	1:09.0	1:09.15	2:19.43	5:45.83	14:03.93	410	22.2	22.44	1:09.4	1:09.58	410	10:20.48	2:31:13.02	410	1:01.4	61.53	2:35.99	410	1.61	3.43	5.57	11.31	10.03	29.61	20.97	49.02	410
400	14.3	14.56	29.7	29.91	1:09.7	1:09.80	2:20.22	5:49.20	14:14.75	400	22.5	22.72	1:10.0	1:10.10	400	10:29.24	2:35:23.01	400	1:01.9	62.08	2:37.16	400	1.60	3.41	5.54	11.24	9.92	29.23	20.57	48.61	400
390	14.4	14.67	29.9	30.16	1:10.3	1:10.45	2:21.03	5:52.64	14:25.82	390	22.8	23.00	1:10.5	1:10.64	390	10:38.20	2:39:42.40	390	1:02.5	62.64	2:38.36	390	1.59	3.39	5.51	11.18	9.81	28.85	20.18	48.21	390
380	14.5	14.78	30.2	30.42	1:11.0	1:11.12	2:21.84	5:56.15	14:37.14	380	23.1	23.30	1:11.0	1:11.18	380	10:47.39	2:44:11.60	380	1:03.1	63.21	2:39.57	380	1.58	3.37	5.48	11.11	9.69	28.48	19.79	47.80	380
370	14.7	14.90	30.5	30.69	1:11.7	1:11.80	2:22.67	5:59.72	14:48.72	370	23.4	23.59	1:11.6	1:11.73	370	10:56.79	2:48:51.01	370	1:03.6	63.79	2:40.80	370	1.57	3.35	5.44	11.05	9.58	28.12	19.41	47.40	370
360	14.8	15.01	30.7	30.95	1:12.4	1:12.50	2:23.52	6:03.37	15:00.56	360	23.7	23.90	1:12.1	1:12.29	360	11:06.43	2:53:41.09	360	1:04.2	64.38	2:42.06	360	1.56	3.33	5.41	10.98	9.47	27.75	19.04	47.00	360
350	14.9	15.13	31.0	31.23	1:13.1	1:13.21	2:24.37	6:07.09	15:12.67	350	24.0	24.21	1:12.7	1:12.86	350	11:16.29	2:58:42.29	350	1:04.8	64.98	2:43.34	350	1.55	3.31	5.38	10.91	9.36	27.39	18.67	46.60	350
340	15.0	15.25	31.3	31.51	1:13.8	1:13.93	2:25.24	6:10.88	15:25.06	340	24.3	24.52	1:13.3	1:13.44	340	11:26.39	3:03:55.10	340	1:05.5	65.59	2:44.63	340	1.54	3.29	5.35	10.85	9.25	27.03	18.31	46.20	340
330	15.1	15.37	31.6	31.79	1:14.5	1:14.66	2:26.12	6:14.75	15:37.74	330	24.6	24.85	1:13.9	1:14.03	330	11:36.74	3:09:20.01	330	1:06.1	66.22	2:45.96	330	1.53	3.27	5.31	10.78	9.14	26.68	17.95	45.80	330
320	15.3	15.50	31.8	32.08	1:15.3	1:15.41	2:27.02	6:18.69	15:50.70	320	24.9	25.18	1:14.5	1:14.63	320	11:47.34	3:14:57.56	320	1:06.7	66.85	2:47.30	320	1.52	3.25	5.28	10.72	9.03	26.33	17.60	45.41	320
310	15.4	15.62	32.1	32.37	1:16.0	1:16.18	2:27.93	6:22.70	16:03.96	310	25.3	25.52	1:15.1	1:15.24	310	11:58.20	3:20:48.30	310	1:07.4	67.50	2:48.67	310	1.51	3.23	5.25	10.65	8.92	25.98	17.25	45.02	310
300	15.5	15.75	32.4	32.67	1:16.8	1:16.96	2:28.85	6:26.80	16:17.52	300	25.6	25.87	1:15.7	1:15.86	300	12:09.33	3:26:52.82	300	1:08.0	68.16	2:50.06	300		3.21	5.22	10.59	8.82	25.64	16.91	44.63	300
290	15.6	15.88	32.7	32.97	1:17.6	1:17.75	2:29.79	6:30.98	16:31.40	290	26.0	26.22	1:16.3	1:16.49	290	12:20.73	3:33:11.73	290	1:08.7	68.83	2:51.47	290	1.50	3.19	5.19	10.52	8.71	25.30	16.58	44.24	290
280	15.8	16.02	33.0	33.28	1:18.4	1:18.56	2:30.74	6:35.24	16:45.60	280	26.3	26.58	1:17.0	1:17.13	280	12:32.41	3:39:45.67	280	1:09.4	69.52	2:52.91	280	1.49	3.17	5.15	10.46	8.61	24.96	16.25	43.86	280
270	15.9	16.15	33.4	33.60	1:19.2	1:19.38	2:31.70	6:39.58	17:00.13	270	26.7	26.96	1:17.6	1:17.78	270	12:44.37	3:46:35.30	270	1:10.1	70.22	2:54.37	270	1.48	3.15	5.12	10.39	8.50	24.63	15.93	43.47	270
260	16.1	16.29	33.7	33.92	1:20.1	1:20.22	2:32.68	6:44.01	17:15.00	260	27.1	27.34	1:18.3	1:18.45	260	12:56.63	3:53:41.35	260	1:10.8	70.93	2:55.86	260	1.47	3.13	5.09	10.33	8.40	24.30	15.61	43.09	260
250	16.2	16.43	34.0	34.25	1:20.9	1:21.08	2:33.68	6:48.53	17:30.21	250	27.5	27.72	1:19.0	1:19.12	250	13:09.20	4:01:04.54	250	1:11.5	71.65	2:57.38	250	1.46	3.11	5.06						