



POLICY

PREAMBLE

Limpopo Schools Athletics, herein referred to as Limsa, organizes schools athletics in the province under the auspices of the departments of education and sports, arts and culture. The organization's mandate is to foster social cohesion and promote a healthy environment for every school learner (state or independent) to participate without any prejudice in the sport. It is for this reason that the organization developed a policy which is aimed at improving the sport both administratively and technically.

1. ATTIRE

1.1. The first five (5) positions in each final event/age group at Provincial championships should provide the committee with their sizes in order for the department to know the size make, so that the athletes feel comfortable in the attire they receive.

1.2. The Provincial running attire (vests and shorts) should be retained by athletes coming from National championships.

1.3. The attire should be issued to athletes in Polokwane on the day of departure, which will also assist in the roll call of athletes and NOWHERE ELSE.

1.4. At Provincial championships, all districts shall be required to use their designated colors. No athlete shall be allowed to participate in their school or Provincial colors. Failure to adhere to the rule will lead to disqualification.

2. TRAVELLING

- 2.1. Arrival at National venues such as North West, Gauteng and Mpumalanga should be earlier than midday on the day of official opening. This in order to book in and give athletes appropriate time to rest before official opening.
- 2.2. Arrival in KwaZulu-Natal, Northern Cape, Eastern Cape, Free State and Western Cape should be a day before official opening.
- 2.3. All team members in all categories shall travel together. It is only when the athlete has finished participating in his/her event including relays at the national championships that the athletes can be released to their parents or guardians.
- 2.4. Any athlete that is not prepared to travel with the team shall be withdrawn from such team and no negotiations shall be entered into.
- 2.5. A communiqué shall be sent to all concerned to inform them of the teams' travel arrangements.
- 2.6. The parent/guardian shall be required complete a release form.

3. PROVINCIAL PROGRAMME

- 3.1. The provincial program shall be drawn and kept by the chairperson and secretary until such time it is deemed safe and right to be released to districts.
- 3.2. All sprints shall have heats and finals and in the case where eight (8) or less athletes pitch up at the call room then that heat shall fall off and athletes shall then walk to the finals.
- 3.3. Rules of the competition shall be handed to teams well in time.
- 3.4. Technical rules i.e. qualifying standards, heights, weights and heat formats shall be included in the program document.
- 3.5. The program shall at all times be conducted in accordance with ASA rules.
- 3.6. Qualifying standards shall be reviewed every year and provinces and districts shall receive same towards the end of the year preceding the next championships.

4. TEAM SELECTION

- 4.1. During the Provincial track and field championships, qualifying standards shall apply in all final events for athletes to proceed to the National events.
- 4.2. The first five (5) athletes that qualify in the finals in any event/age group shall form the provincial track and field teams.

- 4.3. In X-Country, a minimum of four (4) athletes and a maximum of six (6) athletes shall form a team in each age group.
- 4.4. The vice-chairperson of a commission shall be the General Manager of that team, in the absence of the vice-chairperson of such commission the executive shall appoint a General Manager.
- 4.5. Coaches, assistant team managers, technical officials and or support staff shall be the responsibility of the code leadership to select.
- 4.6. The General Manager of a team shall set out responsibilities of his/her team management.
- 4.7. A code of conduct shall apply to all team members.
- 4.8. At the national championships all team members shall sit together on the designated area for proper team management.

5. PARENT AND TEACHER INVOLVEMENT

- 5.1. During the Provincial and National championships, parents, coaches and teachers alike, have vested interest in their athletes/children's progression to the next level of competition, however a line should be drawn to their involvement, that is, they should not interfere in the team operations, unless they are granted permission to interact with the athletes.
- 5.2. They should not interfere with the proceedings of the team, either by taking athletes to the warm-up areas or starting point. Rather they could only request from the management if they are interested in assisting their athletes.
- 5.3. After assisting the athlete, a parent, teacher or coach should then hand back the athlete over to the team management.
- 5.4. When a parent, teacher or guardian of an athlete wishes to take the athlete with them from the team at a National event, they will be required to fill in indemnity forms and hand in same (forms) back to the General Manager.

6. COMMUNICATION AND TRAVEL

- 6.1. Secretariat shall be allocated funds for communication – internet services (emailing) and cellular phoning.
- 6.2. The chairperson and his/her vice-chairpersons shall also be allocated communication funds.

7. WITHDRAWAL OF ATHLETES FROM PROVINCIAL TEAMS

- 7.1. Any athlete, who qualifies for the national championships but fails to honor national events without a valid reason, shall be banned from Limsa activities for period determined by the executive.
- 7.2.

The policy shall be reviewed from time to time when the need arises.