



National Secondary Schools and LSEN Championships

2025/04/03



Result per Age

G-13 Girls-13

145	G-13	Girls-13 : 100 m		SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1											
LWC005	1779	I	Aaliyah Singh	Western Cape LSEN	LSN	1	1	00:14.59	685	+2.5 E	
LLI046	1657	B	Thembelihle Nkambule	Limpopo LSEN	LSN	1	2	00:14.64	680	+2.5 E	
LMP004	1679		Minenhle Nkambule	Mpumalanga LSEN	LSN	1	3	00:14.85	660	+2.5 E	
LLI057	1668	B	Kedibone Seema	Limpopo LSEN	LSN	1	4	00:14.92	654	+2.5 E	
LGA172	1584	W	Simune Botha	Gauteng LSEN	LSN	1	5	00:14.95	651	+2.5 E	
LWC003	1777	C	Lee-Shay Meyer	Western Cape LSEN	LSN	1	6	00:15.07	641	+2.5 E	
LGA173	1585	W	Dekota Breedt	Gauteng LSEN	LSN	1	7	00:15.10	638	+2.5 E	
LWC001	1775	C	Zara Davids	Western Cape LSEN	LSN	1	8	00:15.81	579	+2.5 E	
LMP006	1681		Thandolwethu Mkwebane	Mpumalanga LSEN	LSN	1	9	00:15.81	579	+2.5 E	
LWC002	1776	C	Aquneria Hendricks	Western Cape LSEN	LSN	1	10	00:15.88	574	+2.5 E	

174	G-13	Girls-13 : 200 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Heats		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LWC005	1779	I	Aaliyah Singh	Western Cape LSEN	LSN	1	4	00:31.98	622	-2.1	E
LFS063	1409	B	Keketso Letelu	Free State LSEN	LSN	1	5	00:31.98	622	-2.1	E
LWC001	1775	C	Zara Davids	Western Cape LSEN	LSN	1	7	00:33.13	581	-2.1	E
LMP006	1681		Thandolwethu Mkwebane	Mpumalanga LSEN	LSN	1	8	00:33.13	581	-2.1	E
2											
LFS062	1408	B	Ntsoaki Kaiser	Free State LSEN	LSN	2	1	00:29.97	Rec	702	-0.2 E R
LWC003	1777	C	Lee-Shay Meyer	Western Cape LSEN	LSN	2	2	00:31.20	651	-0.2	E
LMP004	1679		Minenhle Nkambule	Mpumalanga LSEN	LSN	2	3	00:31.95	623	-0.2	E
LMP005	1680		Lindokuhle Mabizela	Mpumalanga LSEN	LSN	2	6	00:32.84	591	-0.2	E
LWC002	1776	C	Aquneria Hendricks	Western Cape LSEN	LSN	2	9	00:35.20	515	-0.2	E

253	G-13	Girls-13 : 200 m				SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final	
Athlete				Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
1													
LFS062	1408	B	Ntsoaki Kaiser	Free State LSEN		LSN	1	1	00:29.55	Rec	721	E	R
LWC003	1777	C	Lee-Shay Meyer	Western Cape LSEN		LSN	1	2	00:30.74		670	E	
LMP005	1680		Lindokuhle Mabizela	Mpumalanga LSEN		LSN	1	3	00:31.14		654	E	
LFS063	1409	B	Keketso Letelu	Free State LSEN		LSN	1	4	00:31.24		650	E	
LWC005	1779	I	Aaliyah Singh	Western Cape LSEN		LSN	1	5	00:31.90		625	E	
LMP004	1679		Minenhle Nkambule	Mpumalanga LSEN		LSN	1	6	00:31.91		624	E	
LMP006	1681		Thandolwethu Mkwebane	Mpumalanga LSEN		LSN	1	7	00:34.71		530	E	

4	G-13 Girls-13 : 1500 m				SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LLI021	1632	B	Anna Manamela	Limpopo LSEN	LSN	1	06:29.08	520		E		
LMP006	1681		Thandolwethu Mkwebane	Mpumalanga LSEN	LSN	1	06:39.40	494		E		
LGA174	1586	W	Taylor Hawken	Gauteng LSEN	LSN	1	06:49.94	470		E		
LLI003	1614	B	Tintswalo Baloyi	Limpopo LSEN	LSN	1	06:52.18	465		E		
LKZ009	1601	B	Saluse Nsele	Kwa Zulu LSEN	LSN	1	07:42.09	363		E		
LFS064	1410	W	Sonja Venter	Free State LSEN	LSN	1	07:47.19	354		E		
LLI054	1665	B	Vanessa Rhivhavho	Limpopo LSEN	LSN	1	07:54.94	340		E		

Result per Age

G-13 Girls-13

85	G-13	Girls-13 : High Jump			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1												
LFS062	1408	B	Ntsoaki Kaiser	Free State LSEN	LSN	1	1	1.27	Rec	475	H	R
LWC003	1777	C	Lee-Shay Meyer	Western Cape LSEN	LSN	1	2	1.20		379	H	
LGA171	1583	W	Leanley Jonker	Gauteng LSEN	LSN	1	3	1.15		308	H	
LMP005	1680		Lindokuhle Mabizela	Mpumalanga LSEN	LSN	1	4	1.15		308	H	
LGA173	1585	W	Dekota Breedt	Gauteng LSEN	LSN	1	5	1.15		308	H	
LFS060	1406	W	Melicke Du Preez	Free State LSEN	LSN	1	5	1.15		308	H	
229	G-13	Girls-13 : Long Jump			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1												
LMP004	1679		Minenhle Nkambule	Mpumalanga LSEN	LSN	1	1	3.91		316	H	
LGA173	1585	W	Dekota Breedt	Gauteng LSEN	LSN	1	2	3.86		295	-0.5	H
LMP005	1680		Lindokuhle Mabizela	Mpumalanga LSEN	LSN	1	3	3.76		252	-1.6	H
LGA171	1583	W	Leanley Jonker	Gauteng LSEN	LSN	1	4	3.67		214	+0.7	H
LWC002	1776	C	Aquneria Hendricks	Western Cape LSEN	LSN	1	5	3.57		170		H
LGA172	1584	W	Simune Botha	Gauteng LSEN	LSN	1	6	3.51		144		H
LNW001	1725	B	Tshegofatso Hendriks	North West LSEN	LSN	1	7	3.42		104		H
LGA175	1587	W	Tateyana Bogushcha	Gauteng LSEN	LSN	1	8	3.42		104		H
LWC001	1775	C	Zara Davids	Western Cape LSEN	LSN	1	9	3.07		0		H
LWC005	1779	I	Aaliyah Singh	Western Cape LSEN	LSN	1	10	3.06		0		H
LFS061	1407	W	Anya Jansen Van Vuuren	Free State LSEN	LSN	1	11	2.78		0		H
18	G-13	Girls-13 : Shot Put			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1												
LGA171	1583	W	Leanley Jonker	Gauteng LSEN	LSN	1	1	6.87	Rec	658	H	R
LWC004	1778	W	Jame Nel	Western Cape LSEN	LSN	1	2	6.76	Rec	651	H	R



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Result per Age

G-15 Girls-15

65	G-15	Girls-15 : 100 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Heats		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LWC017	1791	C	Washiefa Petersen	Western Cape LSEN	LSN 1	1	00:13.96	746	+0.9	E	
LGA151	1563	B	Zinhle Macheli	Gauteng LSEN	LSN 1	2	00:14.21	727	+0.9	E	
LLI032	1643	B	Koketso Mohale	Limpopo LSEN	LSN 1	3	00:14.22	726	+0.9	E	
LGA150	1562	B	Divine Mutwale	Gauteng LSEN	LSN 1	4	00:14.23	725		E	
LMP013	1688		Fezile Khoza	Mpumalanga LSEN	LSN 1	8	00:14.48	707		E	
LMP012	1687		Tracy Nyathi	Mpumalanga LSEN	LSN 1	10	00:14.53	703	+0.9	E	
LNW011	1735	B	Boitumelo Nchoe	North West LSEN	LSN 1	12	00:15.11	664		E	
LNW009	1733	B	Mamello Kgalapa	North West LSEN	LSN 1	13	00:15.26	654		E	
2											
LFS058	1404	C	Lleerinne Van Rooyen	Free State LSEN	LSN 2	5	00:14.33	718	+0.3	E	
LWC019	1793	C	Valencia Koopman	Western Cape LSEN	LSN 2	6	00:14.38	714	+0.3	E	
LGA152	1564	W	Katelynn Venter	Gauteng LSEN	LSN 2	7	00:14.42	711	+0.3	E	
LWC020	1794	C	Climechia Bandes	Western Cape LSEN	LSN 2	9	00:14.48	707		E	
LWC023	1797	C	Chadney Pietersen	Western Cape LSEN	LSN 2	11	00:14.82	683		E	
LGA149	1561	B	Oritodaho Dwayidwayi	Gauteng LSEN	LSN 2	14	00:15.50	639		E	
LGA159	1571	W	Anushka De Weerd	Gauteng LSEN	LSN 2	15	00:15.81	620		E	
LGA170	1582	B	Lesedi Mashumu	Gauteng LSEN	LSN 2	16	00:16.06	605		E	
LLI048	1659	B	Karabo Ntolofo	Limpopo LSEN	LSN 2	17	00:16.33	590		E	
153	G-15	Girls-15 : 100 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LWC017	1791	C	Washiefa Petersen	Western Cape LSEN	LSN 1	1	00:14.00	743	+2.3	E	
LGA150	1562	B	Divine Mutwale	Gauteng LSEN	LSN 1	2	00:14.12	734	+2.3	E	
LMP013	1688		Fezile Khoza	Mpumalanga LSEN	LSN 1	3	00:14.22	726	+2.3	E	
LWC019	1793	C	Valencia Koopman	Western Cape LSEN	LSN 1	4	00:14.23	725	+2.3	E	
LGA151	1563	B	Zinhle Macheli	Gauteng LSEN	LSN 1	5	00:14.26	723	+2.3	E	
LFS058	1404	C	Lleerinne Van Rooyen	Free State LSEN	LSN 1	6	00:14.28	722	+2.3	E	
LWC020	1794	C	Climechia Bandes	Western Cape LSEN	LSN 1	7	00:14.60	698	+2.3	E	
LMP012	1687		Tracy Nyathi	Mpumalanga LSEN	LSN 1	8	00:14.84	682	+2.3	E	
LGA152	1564	W	Katelynn Venter	Gauteng LSEN	LSN 1	9	00:14.85	681	+2.3	E	
LLI032	1643	B	Koketso Mohale	Limpopo LSEN	LSN 1	10	00:15.15	661	+2.3	E	
219	G-15	Girls-15 : 200 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Heats		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LWC022	1796	C	Deondre Lingevel	Western Cape LSEN	LSN 1	3	00:29.48	738	+0.8	E	
LMP013	1688		Fezile Khoza	Mpumalanga LSEN	LSN 1	4	00:29.65	733	+0.8	E	
LGA152	1564	W	Katelynn Venter	Gauteng LSEN	LSN 1	5	00:30.01	721	+0.8	E	
LWC019	1793	C	Valencia Koopman	Western Cape LSEN	LSN 1	8	00:30.70	700	+0.8	E	
LFS054	1400	B	Itumeleng Molaetsa	Free State LSEN	LSN 1	9	00:31.06	689	+0.8	E	
2											
LWC017	1791	C	Washiefa Petersen	Western Cape LSEN	LSN 2	1	00:28.73	764	-0.6	E	
LGA151	1563	B	Zinhle Macheli	Gauteng LSEN	LSN 2	2	00:29.14	749	-0.6	E	
LFS058	1404	C	Lleerinne Van Rooyen	Free State LSEN	LSN 2	6	00:30.15	717	-0.6	E	
LWC023	1797	C	Chadney Pietersen	Western Cape LSEN	LSN 2	7	00:30.63	702	-0.6	E	
LGA159	1571	W	Anushka De Weerd	Gauteng LSEN	LSN 2	10	00:33.32	628	-0.6	E	



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Result per Age

G-15 Girls-15

255	G-15	Girls-15 : 200 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC017	1791	C	Washiefa Petersen	Western Cape LSEN	LSN	1	1	00:28.91	757		H	
LGA151	1563	B	Zinhle Macheli	Gauteng LSEN	LSN	1	2	00:29.66	732		H	
LMP013	1688		Fezile Khoza	Mpumalanga LSEN	LSN	1	3	00:29.94	723		H	
LWC022	1796	C	Deondre Lingeveltdt	Western Cape LSEN	LSN	1	4	00:30.02	721		H	
LFS058	1404	C	Lleerinne Van Rooyen	Free State LSEN	LSN	1	5	00:30.87	695		H	
LGA152	1564	W	Katelynn Venter	Gauteng LSEN	LSN	1	6	00:30.99	691		H	

52	G-15	Girls-15 : 400 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Heats	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
LWC017	1791	C	Washiefa Petersen	Western Cape LSEN	LSN 0	3	00:72.19	684		E		
1												
LGA150	1562	B	Divine Mutwale	Gauteng LSEN	LSN 1	1	00:69.55	717		E		
LGA152	1564	W	Katelynn Venter	Gauteng LSEN	LSN 1	2	00:70.60	704		E		
LGA153	1565	B	Tshepang Moloi	Gauteng LSEN	LSN 1	5	00:74.91	654		E		
LEC002	1322	B	Zonke Njisane	Eastern Cape LSEN	LSN 1	6	00:76.69	635		E		
LWC021	1795	C	Taylor-Ann Mcniel	Western Cape LSEN	LSN 1	8	00:81.07	591		E		
LGA169	1581	B	Inam Tiyane	Gauteng LSEN	LSN 1	9	00:81.79	585		E		
2												
LWC020	1794	C	Climechia Bandes	Western Cape LSEN	LSN 2	4	00:72.57	680		E		
LWC006	1780	C	Bernalize Fortuin	Western Cape LSEN	LSN 2	7	00:77.61	625		E		

128	G-15	Girls-15 : 400 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LGA152	1564	W	Katelynn Venter	Gauteng LSEN	LSN	1	1	00:67.93	738	E	
LWC017	1791	C	Washiefa Petersen	Western Cape LSEN	LSN	1	2	00:68.01	737	E	
LWC020	1794	C	Climechia Bandes	Western Cape LSEN	LSN	1	3	00:73.51	669	E	
LEC002	1322	B	Zonke Njisane	Eastern Cape LSEN	LSN	1	4	00:76.05	641	E	
LWC021	1795	C	Taylor-Ann Mcniel	Western Cape LSEN	LSN	1	5	00:76.44	637	E	
LGA153	1565	B	Tshepang Moloi	Gauteng LSEN	LSN	1	6	00:76.95	632	E	
LWC006	1780	C	Bernalize Fortuin	Western Cape LSEN	LSN	1	7	00:79.58	606	E	
LGA150	1562	B	Divine Mutwale	Gauteng LSEN	LSN	1	8	00:87.37	537	E	

237	G-15	Girls-15 : 800 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LWC015	1789	C	Devonshe Beukes	Western Cape LSEN	LSN 1	1	02:41.10	722		E	
LWC016	1790	C	Robin-Lee Kayster	Western Cape LSEN	LSN 1	2	02:46.45	690		E	
LGA153	1565	B	Tshepang Moloi	Gauteng LSEN	LSN 1	3	02:47.42	684		E	
LGA154	1566	B	Refilwe Morake	Gauteng LSEN	LSN 1	4	02:55.75	639		E	
LGA155	1567	B	Bonolo Sentiwe	Gauteng LSEN	LSN 1	5	03:03.84	599		E	
LEC001	1321	C	Kaytom Jansen	Eastern Cape LSEN	LSN 1	6	03:05.37	592		E	
LEC002	1322	B	Zonke Njisane	Eastern Cape LSEN	LSN 1	7	03:13.62	556		E	



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Result per Age

G-15 Girls-15

16	G-15	Girls-15 : 1500 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete			Team		Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LGA154	1566	B	Refilwe Morake	Gauteng LSEN	LSN	1	05:47.01	553		E	
LFS059	1405	B	Shahidah Weerwal	Free State LSEN	LSN	1	05:53.83	529		E	
LWC007	1781	C	Monique Fortuin	Western Cape LSEN	LSN	1	06:00.66	506		E	
LGA153	1565	B	Tshepang Moloi	Gauteng LSEN	LSN	1	06:04.16	495		E	
LGA155	1567	B	Bonolo Sentiwe	Gauteng LSEN	LSN	1	06:08.05	483		E	
LWC008	1782	C	Nadia Linnerts	Western Cape LSEN	LSN	1	06:21.21	443		E	
LGA156	1568	B	Mathapelo Moyo	Gauteng LSEN	LSN	1	06:26.03	430		E	
LWC006	1780	C	Bernalize Fortuin	Western Cape LSEN	LSN	1	06:32.50	412		E	
LEC001	1321	C	Kaytom Jansen	Eastern Cape LSEN	LSN	1	06:40.71	390		E	
LFS050	1396	B	Lunathi Lesoro	Free State LSEN	LSN	1	07:03.63	333		E	
LKZ019	1611	B	Mandisa Mkhwanzi	Kwa Zulu LSEN	LSN	1	07:10.80	317		E	

84	G-15	Girls-15 : High Jump				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LGA157	1569	B	Senamile Dlamini	Gauteng LSEN	LSN	1	1	1.39	527		H	
LGA158	1570	W	Abigail Koekemoer	Gauteng LSEN	LSN	1	2	1.25	345		H	
LGA159	1571	W	Anushka De Weerd	Gauteng LSEN	LSN	1	2	1.25	345		H	
LMP014	1689		Simphiwe Nkosi	Mpumalanga LSEN	LSN	1	4	1.25	345		H	
LMP015	1690		Ammaraah Deelman	Mpumalanga LSEN	LSN	1	5	1.20	278		H	
LWC024	1798	C	Kiarah Swartz	Western Cape LSEN	LSN	1	6	1.20	278		H	

71	G-15	Girls-15 : Long Jump				SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LWC009	1783	C	Michelle Oncke	Western Cape LSEN	LSN	1	1	4.08	308	+1.1	H		
LMP014	1689		Simphiwe Nkosi	Mpumalanga LSEN	LSN	1	2	4.07	304	+0.7	H		
LGA150	1562	B	Divine Mutwale	Gauteng LSEN	LSN	1	3	3.97	264		H		
LGA151	1563	B	Zinhle Macheli	Gauteng LSEN	LSN	1	4	3.96	260		H		
LGA157	1569	B	Senamile Dlamini	Gauteng LSEN	LSN	1	5	3.94	252		H		
LFS052	1398	W	Zeldiné Meyer	Free State LSEN	LSN	1	6	3.82	202		H		
LWC010	1784	C	Kaylin Makapan	Western Cape LSEN	LSN	1	7	3.81	198		H		
LWC011	1785	C	Stacey-Leigh Joseph	Western Cape LSEN	LSN	1	8	3.30	0		H		
LFS059	1405	B	Shahidah Weerwal	Free State LSEN	LSN	1	9	3.01	0		H		

2	G-15	Girls-15 : Shot Put				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team		Heat	Place	Performance	Table point	Wind	H/E	Record
1												
LGA160	1572	W	Skyla Aoun	Gauteng LSEN		LSN	1	8.84	709		H	
LMP014	1689		Simphiwe Nkosi	Mpumalanga LSEN		LSN	1	8.43	687		H	
LFS053	1399	B	Nokukhanya Mjikane	Free State LSEN		LSN	1	8.42	687		H	
LGA167	1579	W	Claudette Roets	Gauteng LSEN		LSN	1	7.51	635		H	
LWC156	1930	C	Sadia Lakay	Western Cape LSEN		LSN	1	7.48	633		H	
LWC012	1786	C	Carmen Williams	Western Cape LSEN		LSN	1	7.45	632		H	
LMP015	1690		Ammaraah Deelman	Mpumalanga LSEN		LSN	1	7.44	631		H	
LFS055	1401	W	Anné-Marie Otto	Free State LSEN		LSN	1	7.35	626		H	
LWC013	1787	C	Alicia Prins	Western Cape LSEN		LSN	1	6.82	593		H	
LWC014	1788	C	Amoyoli May	Western Cape LSEN		LSN	1	6.50	572		H	



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G-15 Girls-15

157	G-15	Girls-15 : Discus Throw			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LWC156	1930	C	Sadia Lakay	Western Cape LSEN	LSN	1	1	20.08	663	H
LWC012	1786	C	Carmen Williams	Western Cape LSEN	LSN	1	2	18.84	641	H
LNW008	1732	W	Jessica Deysel	North West LSEN	LSN	1	3	18.47	634	H
LNW013	1737	C	Megail Steytler	North West LSEN	LSN	1	4	18.39	633	H
LFS051	1397	B	Xikhona Mbili	Free State LSEN	LSN	1	5	18.31	631	H
LGA168	1580	B	Nokubonga Thabethe	Gauteng LSEN	LSN	1	6	17.93	624	H
LGA163	1575	W	Emeralda Boucher	Gauteng LSEN	LSN	1	7	17.83	622	H
LGA167	1579	W	Claudette Roets	Gauteng LSEN	LSN	1	8	17.63	618	H
LFS056	1402	B	Gomolemo Thate	Free State LSEN	LSN	1	9	14.50	554	H
LGA162	1574	B	Pauline Ribisi	Gauteng LSEN	LSN	1	10	13.54	532	H

172	G-15	Girls-15 : Javelin				SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final	
Athlete				Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
						1							
LWC012	1786	C	Carmen Williams	Western Cape LSEN		LSN	1	1	22.20	509	H		
LFS056	1402	B	Gomolemo Thate	Free State LSEN		LSN	1	2	21.12	484	H		
LFS057	1403	W	Chanté Van Der Berg	Free State LSEN		LSN	1	3	20.70	474	H		
LWC156	1930	C	Sadia Lakay	Western Cape LSEN		LSN	1	4	20.27	464	H		
LGA164	1576	B	Sibanda Legitimate	Gauteng LSEN		LSN	1	5	17.98	406	H		
LGA165	1577	B	Angela Mmopane	Gauteng LSEN		LSN	1	6	16.27	358	H		
LGA166	1578	W	Bianca Jansen	Gauteng LSEN		LSN	1	7	13.48	272	H		



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G-17 Girls-17

67	G-17	Girls-17 : 100 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Heats	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC038	1812	C	Faith Jacobs	Western Cape LSEN	LSN	1	1	00:13.28	787	+0.9	E	
LWC041	1815	C	Mischa Blankenberg	Western Cape LSEN	LSN	1	2	00:13.97	730	+0.9	E	
LMP023	1698		Annika Hesselman	Mpumalanga LSEN	LSN	1	5	00:14.14	717	+0.9	E	
LMP020	1695		Wonga Lakaje	Mpumalanga LSEN	LSN	1	7	00:14.24	709		E	
LGA125	1537	C	Jaymlin Varrie	Gauteng LSEN	LSN	1	8	00:14.26	708		E	
LGA124	1536	B	Joylyne Mwaura	Gauteng LSEN	LSN	1	9	00:14.26	708		E	
LGA127	1539	B	Phoebe George	Gauteng LSEN	LSN	1	10	00:14.38	699		E	
LGA126	1538	B	Lethabo Letsoalo	Gauteng LSEN	LSN	1	12	00:14.93	661		E	
LLI012	1623	B	Ditshego Langa	Limpopo LSEN	LSN	1	13	00:15.16	646		E	
LLI005	1616	B	Kgaugelo Chauke	Limpopo LSEN	LSN	1	14	00:15.39	632		E	
2												
LWC035	1809	C	Zoe Klaasens	Western Cape LSEN	LSN	2	3	00:14.00	727	+0.7	E	
LWC034	1808	C	Genica Buchanan	Western Cape LSEN	LSN	2	4	00:14.06	723	+0.7	E	
LEC003	1323	C	Shakira Bekker	Eastern Cape LSEN	LSN	2	6	00:14.22	711	+0.7	E	
LWC042	1816	C	Kerishnie Abrahams	Western Cape LSEN	LSN	2	11	00:14.46	693	+0.7	E	

155	G-17	Girls-17 : 100 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LWC038	1812	C	Faith Jacobs	Western Cape LSEN	LSN	1	1	00:13.18	796	+0.5	E		
LWC041	1815	C	Mischa Blankenberg	Western Cape LSEN	LSN	1	2	00:13.94	732	+0.5	E		
LWC035	1809	C	Zoe Klaasens	Western Cape LSEN	LSN	1	3	00:13.95	731	+0.5	E		
LEC003	1323	C	Shakira Bekker	Eastern Cape LSEN	LSN	1	4	00:13.97	730	+0.5	E		
LGA124	1536	B	Joylyne Mwaura	Gauteng LSEN	LSN	1	5	00:14.00	727	+0.5	E		
LMP023	1698		Annika Hesselman	Mpumalanga LSEN	LSN	1	6	00:14.01	726	+0.5	E		
LMP020	1695		Wonga Lakaje	Mpumalanga LSEN	LSN	1	7	00:14.06	723	+0.5	E		
LGA125	1537	C	Jaymlin Varrie	Gauteng LSEN	LSN	1	8	00:14.14	717	+0.5	E		
LWC042	1816	C	Kerishnie Abrahams	Western Cape LSEN	LSN	1	9	00:14.21	711	+0.5	E		

222	G-17	Girls-17 : 200 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Heats		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LWC038	1812	C	Faith Jacobs	Western Cape LSEN	LSN	1	00:27.51	793	+0.2	E			
LWC037	1811	C	Lize De Vlam	Western Cape LSEN	LSN	1	00:28.48	757	+0.2	E			
LEC003	1323	C	Shakira Bekker	Eastern Cape LSEN	LSN	1	00:29.67	718	+0.2	E			
LGA127	1539	B	Phoebe George	Gauteng LSEN	LSN	1	00:30.22	700	+0.2	E			
LWC034	1808	C	Genica Buchanan	Western Cape LSEN	LSN	1	00:30.92	680	+0.2	E			
2													
LGA124	1536	B	Joylyne Mwaura	Gauteng LSEN	LSN	2	00:28.74	748	+0.1	E			
LWC041	1815	C	Mischa Blankenberg	Western Cape LSEN	LSN	2	00:29.00	739	+0.1	E			
LGA125	1537	C	Jaymlin Varrie	Gauteng LSEN	LSN	2	00:29.83	713	+0.1	E			

257	G-17	Girls-17 : 200 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC038	1812	C	Faith Jacobs	Western Cape LSEN	LSN	1	1	00:27.11	808		E	
LWC037	1811	C	Lize De Vlam	Western Cape LSEN	LSN	1	2	00:27.96	776		E	
LGA124	1536	B	Joylyne Mwaura	Gauteng LSEN	LSN	1	3	00:28.58	754		E	
LEC003	1323	C	Shakira Bekker	Eastern Cape LSEN	LSN	1	4	00:29.19	733		E	
LGA125	1537	C	Jaymlin Varrie	Gauteng LSEN	LSN	1	5	00:30.27	699		E	
LGA127	1539	B	Phoebe George	Gauteng LSEN	LSN	1	6	00:30.63	688		E	
LWC041	1815	C	Mischa Blankenberg	Western Cape LSEN	LSN	1	7	00:31.42	665		E	



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G-17 Girls-17

54	G-17	Girls-17 : 400 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Heats	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC037	1811	C	Lize De Vlam	Western Cape LSEN	LSN 1	1	00:65.14	763		H		
LWC039	1813	C	Shay-Lee Davids	Western Cape LSEN	LSN 1	2	00:67.61	729		H		
LNW027	1751	C	Sherlene White	North West LSEN	LSN 1	3	00:69.29	707		H		
LMP021	1696		Duhane Walker	Mpumalanga LSEN	LSN 1	4	00:69.84	700		H		
LGA128	1540	B	Lungile Dlamini	Gauteng LSEN	LSN 1	8	00:76.40	626		H		
2												
LGA130	1542	B	Alice Khanyinda	Gauteng LSEN	LSN 2	5	00:70.96	686		H		
LGA135	1547	C	Calvinique Berry	Gauteng LSEN	LSN 2	6	00:71.97	674		H		
LWC163	1936	C	Michaan Conradie	Western Cape LSEN	LSN 2	7	00:76.08	629		H		
130	G-17	Girls-17 : 400 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC037	1811	C	Lize De Vlam	Western Cape LSEN	LSN 1	1	00:64.20	777		E		
LNW027	1751	C	Sherlene White	North West LSEN	LSN 1	2	00:67.71	727		E		
LMP021	1696		Duhane Walker	Mpumalanga LSEN	LSN 1	3	00:67.77	727		E		
LWC039	1813	C	Shay-Lee Davids	Western Cape LSEN	LSN 1	4	00:68.26	720		E		
LGA130	1542	B	Alice Khanyinda	Gauteng LSEN	LSN 1	5	00:70.64	690		E		
LGA128	1540	B	Lungile Dlamini	Gauteng LSEN	LSN 1	6	00:73.76	654		E		
LGA135	1547	C	Calvinique Berry	Gauteng LSEN	LSN 1	7	00:74.30	648		E		
LWC163	1936	C	Michaan Conradie	Western Cape LSEN	LSN 1	8	00:75.32	637		E		
232	G-17	Girls-17 : 800 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC036	1810	C	Randellene Treurnicht	Western Cape LSEN	LSN 1	4	02:47.54	669		E		
LEC004	1324	B	Isiphile Lwangaye	Eastern Cape LSEN	LSN 1	6	02:55.83	625		E		
LWC030	1804	C	Luzaan Visagie	Western Cape LSEN	LSN 1	7	02:58.65	611		E		
LWC031	1805	C	Juneacka Hanse	Western Cape LSEN	LSN 1	8	03:07.32	570		E		
LGA131	1543	B	Dineo Malebye	Gauteng LSEN	LSN 1	9	03:12.51	548		E		
2												
LMP021	1696		Duhane Walker	Mpumalanga LSEN	LSN 2	1	02:35.69	741		E		
LWC029	1803	C	Wilmien Kouter	Western Cape LSEN	LSN 2	2	02:43.04	695		E		
LGA132	1544	B	Minenhle Dladla	Gauteng LSEN	LSN 2	3	02:44.59	686		E		
LGA134	1546	B	Precious Dlamini	Gauteng LSEN	LSN 2	5	02:48.76	662		E		
LGA136	1548	B	Ayanda Nokwe	Gauteng LSEN	LSN 2	10	03:18.25	525		E		



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G-17 Girls-17

21	G-17	Girls-17 : 1500 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete			Team		Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LMP021	1696		Duhane Walker	Mpumalanga LSEN	LSN	1	1	05:37.75	567		E
LLI052	1663	B	Tshiamo Rammala	Limpopo LSEN	LSN	1	2	05:47.95	531		E
LFS047	1393	B	Dipuo Lephulu	Free State LSEN	LSN	1	4	06:10.89	456		E
LGA132	1544	B	Minenhle Dladla	Gauteng LSEN	LSN	1	5	06:12.95	450		E
LLI047	1658	B	Lucy Nkuna	Limpopo LSEN	LSN	1	6	06:14.59	445		E
LWC031	1805	C	Juneacka Hanse	Western Cape LSEN	LSN	1	7	06:15.12	444		E
LWC032	1806	C	Chante Andrew	Western Cape LSEN	LSN	1	8	06:23.41	420		E
LWC029	1803	C	Wilmien Kouter	Western Cape LSEN	LSN	1	9	06:27.68	408		E
LLI028	1639	B	Kutlwano Mazwi	Limpopo LSEN	LSN	1	10	06:29.34	404		E
LWC030	1804	C	Luzaan Visagie	Western Cape LSEN	LSN	1	12	06:43.19	367		E
LNW026	1750	W	Casey-Lee Vermeulen	North West LSEN	LSN	1	13	06:57.40	332		E
LGA135	1547	C	Calvinique Berry	Gauteng LSEN	LSN	1	14	07:12.73	297		E
LGA136	1548	B	Ayanda Nokwe	Gauteng LSEN	LSN	1	15	07:12.98	296		E

2											
LEC004	1324	B Isiphile Lwangaye	Eastern Cape LSEN	LSN	2	3	06:04.41	476		E	
LGA123	1535	B Chikono Chipso	Gauteng LSEN	LSN	2	11	06:34.32	390		E	

277	G-17	Girls-17 : 4X100 m Relay			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1											
LWCA04	1941	Western Cape Lsen	Western Cape LSEN	LSN	1	1	00:52.48 Rec	541	E	R	
LGAA02	1590	Gauteng Lsen	Gauteng LSEN	LSN	1	2	00:55.99	397	E		
LMPA03	1711	Mpumalanga Lsen	Mpumalanga LSEN	LSN	1	3	00:56.84	366	E		

252	G-17	Girls-17 : High Jump				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LGA129	1541	B	Ashley Mofojane	Gauteng LSEN	LSN	1	1	1.45	550		H	
LFS046	1392	W	Calista Du Toit	Free State LSEN	LSN	1	1	1.45	550		H	
LGA140	1552	W	Klaradyn Kemp	Gauteng LSEN	LSN	1	3	1.40	488		H	
LGA139	1551	C	Keyshia Jonathan	Gauteng LSEN	LSN	1	4	1.40	488		H	
LNW023	1747	W	Dominique Potgieter	North West LSEN	LSN	1	5	1.35	425		H	
LGA141	1553	B	Bontle Monaiwa	Gauteng LSEN	LSN	1	6	1.30	362		H	
LNW020	1744	B	Nomathamsanqa Kwandenese	North West LSEN	LSN	1	7	1.25	297		H	
LWC109	1883	C	Esmeralda Witbooi	Western Cape LSEN	LSN	1	8	1.25	297		H	

11	G-17	Girls-17 : Long Jump			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final		
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1											
LMP020	1695		Wonga Lakaje	Mpumalanga LSEN	LSN	1	1	4.64	440	H	
LWC034	1808	C	Genica Buchanan	Western Cape LSEN	LSN	1	2	4.62	432	H	
LWC035	1809	C	Zoe Klaasens	Western Cape LSEN	LSN	1	3	4.59	421	H	
LMP022	1697		Sphesihle Ndebele	Mpumalanga LSEN	LSN	1	4	4.56	410	H	
LGA137	1549	B	Gomolemo Matsisdidi	Gauteng LSEN	LSN	1	5	4.43	361	H	
LMP023	1698		Annika Hesselman	Mpumalanga LSEN	LSN	1	6	4.42	358	H	
LGA139	1551	C	Keyshia Jonathan	Gauteng LSEN	LSN	1	7	4.25	293	H	
LWC033	1807	C	Jaydine Visser	Western Cape LSEN	LSN	1	8	4.22	282	H	
LGA138	1550	B	Ofentse Nkadameng	Gauteng LSEN	LSN	1	9	4.19	270	H	
LLI064	1675	B	Litshani Tshilande	Limpopo LSEN	LSN	1	10	3.80	116	H	
LLI033	1644	B	Mathapelo Mohale	Limpopo LSEN	LSN	1	11	3.76	100	H	



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123	G-17	Girls-17 : Shot Put				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LGA142	1554	W	Carlia Van Vuuren	Gauteng LSEN	LSN	1	1	14.10	Rec	898	H	R
LWC026	1800	C	Janelene Moncho	Western Cape LSEN	LSN	1	2	9.64		712	H	
LMP022	1697		Sphesihle Ndebele	Mpumalanga LSEN	LSN	1	3	9.31		696	H	
LGA144	1556	W	Doany's Prinsloo	Gauteng LSEN	LSN	1	4	9.31		696	H	
LWC027	1801	C	Berenice Ruiters	Western Cape LSEN	LSN	1	5	9.18		689	H	
LGA143	1555	W	Gabriella Da Cal	Gauteng LSEN	LSN	1	6	8.96		678	H	
LNW025	1749	W	Jennifer Snyman	North West LSEN	LSN	1	7	8.73		666	H	
LWC043	1817	B	Chioma Ezeanyika	Western Cape LSEN	LSN	1	8	8.41		650	H	
LWC028	1802	C	Keesha Mabank	Western Cape LSEN	LSN	1	9	8.08		632	H	
LNC011	1723	W	Dione Van Straten	Northern Cape LSEN	LSN	1	10	7.47		597	H	

135	G-17	Girls-17 : Discus Throw				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LGA142	1554	W	Carlia Van Vuuren	Gauteng LSEN	LSN	1	1	34.33	Rec	837	H	R
LGA145	1557	W	Riate Lombard	Gauteng LSEN	LSN	1	2	23.84		703	H	
LGA143	1555	W	Gabriella Da Cal	Gauteng LSEN	LSN	1	3	23.38		696	H	
LFS049	1395	B	Lindiwe Raboroko	Free State LSEN	LSN	1	4	23.15		693	H	
LNC011	1723	W	Dione Van Straten	Northern Cape LSEN	LSN	1	5	22.58		684	H	
LWC043	1817	B	Chioma Ezeanyika	Western Cape LSEN	LSN	1	6	20.91		657	H	
LNW025	1749	W	Jennifer Snyman	North West LSEN	LSN	1	7	20.86		657	H	
LWC044	1818	C	Donithe Jacobs	Western Cape LSEN	LSN	1	8	19.23		629	H	
LWC045	1819	C	Letasha Alkaster	Western Cape LSEN	LSN	1	9	17.09		589	H	
LWC028	1802	C	Keesha Mabank	Western Cape LSEN	LSN	1	10	16.69		581	H	
LMP024	1699		Bianca Smith	Mpumalanga LSEN	LSN	1	11	13.73		518	H	

76	G-17	Girls-17 : Javelin				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LGA144	1556	W	Doany's Prinsloo	Gauteng LSEN	LSN	1	1	28.21	615	H		
LMP022	1697		Sphesihle Ndebele	Mpumalanga LSEN	LSN	1	2	27.76	607	H		
LMP023	1698		Annika Hesselman	Mpumalanga LSEN	LSN	1	3	25.34	559	H		
LWC027	1801	C	Berenice Ruiters	Western Cape LSEN	LSN	1	4	24.77	547	H		
LWC026	1800	C	Janelene Moncho	Western Cape LSEN	LSN	1	5	23.20	514	H		
LMP024	1699		Bianca Smith	Mpumalanga LSEN	LSN	1	6	19.63	431	H		
LGA136	1548	B	Ayanda Nokwe	Gauteng LSEN	LSN	1	7	19.24	421	H		
LWC043	1817	B	Chioma Ezeanyika	Western Cape LSEN	LSN	1	8	17.95	388	H		
LFS048	1394	B	Neo Makekema	Free State LSEN	LSN	1	9	17.81	385	H		
LGA147	1559	B	Ayanda Peter	Gauteng LSEN	LSN	1	10	17.50	376	H		
LWC040	1814	C	Luzaan Zulu	Western Cape LSEN	LSN	1	11	16.65	353	H		
LWC163	1936	C	Michaan Conradie	Western Cape LSEN	LSN	1	12	15.67	325	H		
LNW022	1746	C	Michandre Pages	North West LSEN	LSN	1	13	15.41	317	H		
LNC011	1723	W	Dione Van Straten	Northern Cape LSEN	LSN	1	14	12.43	221	H		
LGA146	1558	W	Katelynn Stapelberg	Gauteng LSEN	LSN	1	15	10.25	138	H		



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G-19 Girls-19

72	G-19	Girls-19 : 100 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Heats	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC061	1835	C	Shante Standers	Western Cape LSEN	LSN 1	1	00:13.41	759	-0.7	E		
LWC059	1833	C	Lizell Absolom	Western Cape LSEN	LSN 1	2	00:13.85	724	-0.7	E		
LWC060	1834	C	Zoey Jordaan	Western Cape LSEN	LSN 1	3	00:14.17	700		E		
LGA108	1520	B	Lerato Molamodi	Gauteng LSEN	LSN 1	4	00:14.20	697		E		
LFS045	1391	C	Delicia Julies	Free State LSEN	LSN 1	5	00:14.33	688		E		
LGA107	1519	B	Mikateko Mhlaba	Gauteng LSEN	LSN 1	6	00:14.72	661		E		
LGA121	1533	C	Celine Thomas	Gauteng LSEN	LSN 1	7	00:14.76	658		E		
LWC050	1824	B	Mukaro Ottilia	Western Cape LSEN	LSN 1	8	00:14.76	658		E		
LGA118	1530	B	Salvine Ongonda	Gauteng LSEN	LSN 1	9	00:14.78	657		E		
LNW043	1767	C	Jeanette Witbors	North West LSEN	LSN 1	10	00:14.86	652		E		
2												
LEC006	1326	C	Samantha Perrins	Eastern Cape LSEN	LSN 2	11	00:15.09	637	-0.6	E		
LNW042	1766	B	Faith Khumalo	North West LSEN	LSN 2	12	00:15.64	603	-0.6	E		

162	G-19	Girls-19 : 100 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LWC061	1835	C	Shante Standers	Western Cape LSEN	LSN 1	1	00:13.04	792	+0.9	E			
LWC060	1834	C	Zoey Jordaan	Western Cape LSEN	LSN 1	4	00:13.78	729	+0.9	E			
LFS045	1391	C	Delicia Julies	Free State LSEN	LSN 1	5	00:13.80	728	+0.9	E			
LGA118	1530	B	Salvine Ongonda	Gauteng LSEN	LSN 1	9	00:14.81	655	+0.9	E			
LGA121	1533	C	Celine Thomas	Gauteng LSEN	LSN 1	10	00:15.15	633	+0.9	E			
2													
LWC059	1833	C	Lizell Absolom	Western Cape LSEN	LSN 2	2	00:13.45	756	+2.0	E			
LGA108	1520	B	Lerato Molamodi	Gauteng LSEN	LSN 2	3	00:13.73	733	+2.0	E			
LWC050	1824	B	Mukaro Ottilia	Western Cape LSEN	LSN 2	6	00:14.18	699		E			
LGA107	1519	B	Mikateko Mhlaba	Gauteng LSEN	LSN 2	7	00:14.27	692		E			
LNW043	1767	C	Jeanette Witbors	North West LSEN	LSN 2	8	00:14.45	680		E			
LNW042	1766	B	Faith Khumalo	North West LSEN	LSN 2	11	00:15.25	627		E			

226	G-19	Girls-19 : 200 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Heats	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LWC059	1833	C	Lizell Absolom	Western Cape LSEN	LSN 1	2	00:28.74	735	-1.3	E	
LGA108	1520	B	Lerato Molamodi	Gauteng LSEN	LSN 1	3	00:29.20	720	-1.3	E	
LWC058	1832	B	Senga Khonde	Western Cape LSEN	LSN 1	4	00:29.60	707	-1.3	E	
LWC050	1824	B	Mukaro Ottilia	Western Cape LSEN	LSN 1	5	00:29.77	702	-1.3	E	
LWC060	1834	C	Zoey Jordaan	Western Cape LSEN	LSN 1	6	00:30.19	689	-1.3	E	
LNW042	1766	B	Faith Khumalo	North West LSEN	LSN 1	9	00:33.45	601	-1.3	E	
2											
LWC061	1835	C	Shante Standers	Western Cape LSEN	LSN 2	1	00:27.71	771	-0.3	E	
LFS045	1391	C	Delicia Julies	Free State LSEN	LSN 2	7	00:30.35	684	-0.3	E	
LNW043	1767	C	Jeanette Witbors	North West LSEN	LSN 2	8	00:31.52	651	-0.3	E	
LGA118	1530	B	Salvine Ongonda	Gauteng LSEN	LSN 2	10	00:33.80	592	-0.3	E	



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259	G-19	Girls-19 : 200 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
				1								
LWC061	1835	C	Shante Standers	Western Cape LSEN	LSN	1	1	00:27.01	798		E	
LWC059	1833	C	Lizell Absolom	Western Cape LSEN	LSN	1	2	00:28.14	756		E	
LGA108	1520	B	Lerato Molamodi	Gauteng LSEN	LSN	1	3	00:28.21	753		E	
LWC058	1832	B	Senga Khonde	Western Cape LSEN	LSN	1	4	00:29.59	707		E	
LFS045	1391	C	Delicia Julies	Free State LSEN	LSN	1	5	00:30.17	689		E	
LNW043	1767	C	Jeanette Witbors	North West LSEN	LSN	1	6	00:30.23	688		E	
LWC060	1834	C	Zoey Jordaan	Western Cape LSEN	LSN	1	7	00:32.15	634		E	

56	G-19	Girls-19 : 400 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Heats		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LGA108	1520	B	Lerato Molamodi	Gauteng LSEN	LSN	1	1	00:64.31	762		E		
LWC061	1835	C	Shante Standers	Western Cape LSEN	LSN	1	2	00:64.75	756		E		
LWC057	1831	C	Surisnie Wilschut	Western Cape LSEN	LSN	1	3	00:67.18	722		E		
LEC006	1326	C	Samantha Perrins	Eastern Cape LSEN	LSN	1	4	00:69.50	692		E		
LWC063	1837	C	Tereza Tarentaal	Western Cape LSEN	LSN	1	5	00:71.13	673		E		
LKZ007	1599	B	Sebenzile Maduna	Kwa Zulu LSEN	LSN	1	6	00:72.05	662		E		
LNW043	1767	C	Jeanette Witbors	North West LSEN	LSN	1	10	00:85.79	529		E		
LFS045	1391	C	Delicia Julies	Free State LSEN	LSN	1	11	00:89.71	498		E		
2													
LGA119	1531	B	Gomolemo Masetlwa	Gauteng LSEN	LSN	2	7	00:76.07	618		E		
LWC049	1823	C	Faiza Gordon	Western Cape LSEN	LSN	2	8	00:77.88	600		E		
LWC062	1836	C	Kea Syfers	Western Cape LSEN	LSN	2	9	00:85.22	534		E		

132	G-19	Girls-19 : 400 m				SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final			
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record				
												1			
LWC061	1835	C	Shante Standers	Western Cape LSEN	LSN	1	1	00:63.52	774		E				
LGA108	1520	B	Lerato Molamodi	Gauteng LSEN	LSN	1	2	00:64.89	754		E				
LWC057	1831	C	Surisnie Wilschut	Western Cape LSEN	LSN	1	3	00:68.06	711		E				
LEC006	1326	C	Samantha Perrins	Eastern Cape LSEN	LSN	1	4	00:69.31	695		E				
LWC063	1837	C	Tereza Tarentaal	Western Cape LSEN	LSN	1	5	00:70.30	683		E				
LGA119	1531	B	Gomolemo Masetlwa	Gauteng LSEN	LSN	1	6	00:76.73	612		E				
LWC049	1823	C	Faiza Gordon	Western Cape LSEN	LSN	1	7	00:82.72	555		E				

234	G-19	Girls-19 : 800 m				SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LGA109	1521	B	Nikelo Mbalenhle	Gauteng LSEN	LSN	1	1	02:47.08	666	E			
LWC048	1822	C	Carla Saal	Western Cape LSEN	LSN	1	2	02:47.63	663	E			
LWC047	1821	C	Charne Thana	Western Cape LSEN	LSN	1	3	02:50.70	646	E			
LEC005	1325	C	Cassidy Bantom	Eastern Cape LSEN	LSN	1	4	02:56.60	616	E			
LWC046	1820	C	Jaydene Hartnick	Western Cape LSEN	LSN	1	5	03:01.22	593	E			



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23	G-19	Girls-19 : 1500 m				SA Schools Qual:		00:00.00	SA Qual:		00:00.00	Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LWC048	1822	C	Carla Saal	Western Cape LSEN	LSN 1	1	05:58.07	490		H			
LLI004	1615	B	Cathrine Chauke	Limpopo LSEN	LSN 1	2	06:00.85	481		H			
LWC047	1821	C	Charne Thana	Western Cape LSEN	LSN 1	3	06:07.05	461		H			
LWC046	1820	C	Jaydene Hartnick	Western Cape LSEN	LSN 1	4	06:14.83	438		H			
LWC049	1823	C	Faiza Gordon	Western Cape LSEN	LSN 1	5	06:23.99	412		H			
LLI049	1660	B	Amogelang Ntsoane	Limpopo LSEN	LSN 1	6	06:33.57	386		H			
LKZ007	1599	B	Sebenzile Maduna	Kwa Zulu LSEN	LSN 1	7	06:55.04	332		H			

199	G-19	Girls-19 : 4X100 m Relay		SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
LWCA01	1938	Western Cape Lsen	Western Cape LSEN	LSN 1	1	00:53.94	Rec	448	H	R
LGAA04	1592	Gauteng Lsen	Gauteng LSEN	LSN 1	2	00:56.33		357	H	
LMPA04	1712	Mpumalanga Lsen	Mpumalanga LSEN	LSN 1	3	00:57.33		323	H	

274	G-19	Girls-19 : 1000m Medley		SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
LWCA01	1938	Western Cape Lsen	Western Cape LSEN	LSN	1	1	02:34.48	480	E	
LGAA04	1592	Gauteng Lsen	Gauteng LSEN	LSN	1	2	02:36.00	458	E	
LMPA04	1712	Mpumalanga Lsen	Mpumalanga LSEN	LSN	1	3	02:45.86	331	E	

41	G-19	Girls-19 : High Jump			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
					1						
LWC057	1831	C	Surisnie Wilschut	Western Cape LSEN	LSN	1	1	1.41	461		H
LGA111	1523	B	Trish Mlambo	Gauteng LSEN	LSN	1	2	1.35	387		H
LGA110	1522	W	Micayla Coetzee	Gauteng LSEN	LSN	1	3	1.30	324		H
LMP031	1706		Kayley Le Roux	Mpumalanga LSEN	LSN	1	4	1.30	324		H
LWC058	1832	B	Senga Khonde	Western Cape LSEN	LSN	1	5	1.30	324		H
LGA120	1532	B	Charlotte Bebel	Gauteng LSEN	LSN	1	6	1.25	260		H
LWC056	1830	B	Anelisa Sindo	Western Cape LSEN	LSN	1	6	1.25	260		H

249	G-19	Girls-19 : Long Jump			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC057	1831	C	Surisnie Wilschut	Western Cape LSEN	LSN	1	1	5.11	542	+0.5	H	
LWC059	1833	C	Lizell Absolom	Western Cape LSEN	LSN	1	2	4.77	422	-0.4	H	
LGA120	1532	B	Charlotte Bebel	Gauteng LSEN	LSN	1	3	4.29	247	+0.1	H	
LGA121	1533	C	Celine Thomas	Gauteng LSEN	LSN	1	4	4.14	190		H	
LGA111	1523	B	Trish Mlambo	Gauteng LSEN	LSN	1	5	4.01	141		H	
LWC058	1832	B	Senga Khonde	Western Cape LSEN	LSN	1	6	3.84	74		H	
LWC060	1834	C	Zoey Jordaan	Western Cape LSEN	LSN	1	7	3.81	62		H	

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G-19 Girls-19

17	G-19	Girls-19 : Shot Put				SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LWC053	1827	W	Kiara Crous	Western Cape LSEN	LSN	1	1	9.10	760	H	
LGA114	1526	B	Dinizia Monteiro	Gauteng LSEN	LSN	1	2	8.55	737	H	
LGA113	1525	W	Jamie-Lee Spies	Gauteng LSEN	LSN	1	3	8.06	714	H	
LGA106	1518	B	Noluthando Thwala	Gauteng LSEN	LSN	1	4	7.84	704	H	
LGA112	1524	B	Siphesihle Shirindzi	Gauteng LSEN	LSN	1	5	7.83	704	H	
LMP032	1707		Stella Kgoete	Mpumalanga LSEN	LSN	1	6	7.68	697	H	
LGA122	1534	B	Boipelo Huma	Gauteng LSEN	LSN	1	7	7.44	685	H	
LWC054	1828	C	Georgina Willemse	Western Cape LSEN	LSN	1	8	7.37	681	H	
LWC055	1829	W	Mike Janse Van Rensburg	Western Cape LSEN	LSN	1	9	7.15	670	H	
LEC007	1327	B	Ndalo Ratazayo	Eastern Cape LSEN	LSN	1	10	7.11	668	H	
LWC056	1830	B	Anelisa Sindo	Western Cape LSEN	LSN	1	11	6.85	655	H	

224	G-19	Girls-19 : Discus Throw				SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LGA115	1527	W	Michaela Erasmus	Gauteng LSEN	LSN	1	1	24.67	697	H		
LGA110	1522	W	Micayla Coetzee	Gauteng LSEN	LSN	1	2	23.79	684	H		
LWC053	1827	W	Kiara Crous	Western Cape LSEN	LSN	1	3	23.75	683	H		
LNW041	1765	W	Anne-Dore Du Plooy	North West LSEN	LSN	1	4	22.21	660	H		
LGA106	1518	B	Noluthando Thwala	Gauteng LSEN	LSN	1	5	21.47	649	H		
LWC158	1932	C	Tamaryn Moses	Western Cape LSEN	LSN	1	6	21.24	645	H		
LGA122	1534	B	Boipelo Huma	Gauteng LSEN	LSN	1	7	20.83	638	H		
LWC157	1931	C	Letisha Nell	Western Cape LSEN	LSN	1	8	19.83	622	H		
LGA116	1528	W	Alicia Jacobs	Gauteng LSEN	LSN	1	9	18.18	593	H		
LMP033	1708		Busisiwe Gule	Mpumalanga LSEN	LSN	1	10	15.33	537	H		

3	G-19 Girls-19 : Javelin			SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
					1							
LWC050	1824	B	Mukaro Ottilia	Western Cape LSEN	LSN	1	1	25.97	582		H	
LWC051	1825	W	Annuschka Cijster	Western Cape LSEN	LSN	1	2	21.82	496		H	
LGA110	1522	W	Micayla Coetzee	Gauteng LSEN	LSN	1	3	20.12	457		H	
LWC052	1826	C	Keesha-Lee Solomons	Western Cape LSEN	LSN	1	4	19.61	445		H	
LMP033	1708		Busisiwe Gule	Mpumalanga LSEN	LSN	1	5	19.47	441		H	
LNW040	1764	B	Reneilwe Bamphitile	North West LSEN	LSN	1	6	18.37	414		H	
LMP032	1707		Stella Kgoete	Mpumalanga LSEN	LSN	1	7	15.01	322		H	



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B-13 Boys-13

30	B-13	Boys-13 : 100 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Heats		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LNW004	1728	B	Thabiso Modisane	North West LSEN	LSN 1	2	00:13.44	572	+0.2	E	
LMP001	1676		Dimpho Sikhosana	Mpumalanga LSEN	LSN 1	4	00:13.46	570	+0.2	E	
LGA093	1505	B	Eshililo Mukhethwa	Gauteng LSEN	LSN 1	5	00:13.51	564	+0.2	E	
LGA094	1506	B	Lesedi Maleka	Gauteng LSEN	LSN 1	10	00:13.91	519		E	
LGA101	1513	B	Tshepo Makatees	Gauteng LSEN	LSN 1	11	00:13.99	511		E	
LGA103	1515	B	Rikhotso Nsuku	Gauteng LSEN	LSN 1	14	00:14.50	459		E	
LGA102	1514	B	Mmako Tiyani	Gauteng LSEN	LSN 1	16	00:14.95	417		E	
LLI014	1625	B	Kutlwano Letlape	Limpopo LSEN	LSN 1	20	01:53.77	0		E	
2											
LWC072	1846	C	Ethan Oersen	Western Cape LSEN	LSN 2	1	00:13.42	575	+0.3	E	
LFS044	1390	C	Liam Ntlororo	Free State LSEN	LSN 2	3	00:13.44	572	+0.3	E	
LGA095	1507	W	Janis Swanepoel	Gauteng LSEN	LSN 2	6	00:13.75	537	+0.3	E	
LFS043	1389	B	Thato Mabe	Free State LSEN	LSN 2	7	00:13.77	535		E	
LFS042	1388	W	Lian Husselmann	Free State LSEN	LSN 2	8	00:13.78	534		E	
LGA096	1508	B	Lesedi Makubo	Gauteng LSEN	LSN 2	13	00:14.32	477		E	
LMP002	1677		Bokamoso Phiri	Mpumalanga LSEN	LSN 2	15	00:14.56	454		E	
LLI063	1674	B	Junior Tshabalala	Limpopo LSEN	LSN 2	18	00:16.43	298		E	
LGA104	1516	B	Thabang Ramathabang	Gauteng LSEN	LSN 2	19	00:16.48	294		E	
3											
LWC074	1848	C	Xzavier Fritz	Western Cape LSEN	LSN 3	9	00:13.82	529	+2.0	E	
LWC073	1847	C	Zaid Dolph	Western Cape LSEN	LSN 3	12	00:14.25	484	+2.0	E	
LWC070	1844	W	Dian Louw	Western Cape LSEN	LSN 3	17	00:15.97	332	+2.0	E	
146	B-13	Boys-13 : 100 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LGA093	1505	B	Eshililo Mukhethwa	Gauteng LSEN	LSN 1	1	00:13.02	624	+1.5	E	
LNW004	1728	B	Thabiso Modisane	North West LSEN	LSN 1	2	00:13.19	602	+1.5	E	
LFS044	1390	C	Liam Ntlororo	Free State LSEN	LSN 1	3	00:13.31	588	+1.5	E	
LWC072	1846	C	Ethan Oersen	Western Cape LSEN	LSN 1	4	00:13.32	587	+1.5	E	
LMP001	1676		Dimpho Sikhosana	Mpumalanga LSEN	LSN 1	5	00:13.36	582	+1.5	E	
LFS043	1389	B	Thato Mabe	Free State LSEN	LSN 1	6	00:13.81	530	+1.5	E	
LGA095	1507	W	Janis Swanepoel	Gauteng LSEN	LSN 1	7	00:13.82	529	+1.5	E	
LWC074	1848	C	Xzavier Fritz	Western Cape LSEN	LSN 1	8	00:13.96	514	+1.5	E	
LWC070	1844	W	Dian Louw	Western Cape LSEN	LSN 1	9	00:14.27	482	+1.5	E	
LWC073	1847	C	Zaid Dolph	Western Cape LSEN	LSN 1	10	00:14.27	482	+1.5	E	



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B-13 Boys-13

175	B-13	Boys-13 : 200 m			SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Heats		
Athlete			Team		Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LMP001	1676		Dimpho Sikhosana	Mpumalanga LSEN	LSN	1	3	00:28.05	568	-0.6	E		
LGA102	1514	B	Mmako Tiyani	Gauteng LSEN	LSN	1	11	00:29.60	491	-0.6	E		
LWC070	1844	W	Dian Louw	Western Cape LSEN	LSN	1	15	00:30.80	438	-0.6	E		
2													
LFS042	1388	W	Lian Husselmann	Free State LSEN	LSN	2	5	00:28.29	555	-0.5	E		
LNW002	1726	B	Thulani Hlatshwayo	North West LSEN	LSN	2	8	00:29.49	496	-0.5	E		
LMP002	1677		Bokamoso Phiri	Mpumalanga LSEN	LSN	2	9	00:29.52	495	-0.5	E		
LWC065	1839	C	Darren Coenraad	Western Cape LSEN	LSN	2	13	00:30.09	469	-0.5	E		
3													
LGA093	1505	B	Eshililo Mukhethwa	Gauteng LSEN	LSN	3	1	00:27.35	606	-1.5	E		
LKZ002	1594	B	Wandile Jwara	Kwa Zulu LSEN	LSN	3	6	00:28.79	530	-1.5	E		
LFS043	1389	B	Thato Mabe	Free State LSEN	LSN	3	10	00:29.52	495	-1.5	E		
LGA096	1508	B	Lesedi Makubo	Gauteng LSEN	LSN	3	14	00:30.42	455	-1.5	E		
LNW005	1729	B	Kamohelo Mpsi	North West LSEN	LSN	3	16	00:32.19	383	-1.5	E		
LGA092	1504	C	Melvin Beukes	Gauteng LSEN	LSN	3	19	00:33.99	318	-1.5	E		
4													
LGA101	1513	B	Tshepo Makatees	Gauteng LSEN	LSN	4	2	00:27.79	582	-0.5	E		
LFS044	1390	C	Liam Ntlororo	Free State LSEN	LSN	4	4	00:28.21	559	-0.5	E		
LWC072	1846	C	Ethan Oersen	Western Cape LSEN	LSN	4	7	00:29.08	516	-0.5	E		
LGA105	1517	B	Andile Skhosana	Gauteng LSEN	LSN	4	12	00:29.84	480	-0.5	E		
LGA103	1515	B	Rikhotso Nsuku	Gauteng LSEN	LSN	4	17	00:32.66	365	-0.5	E		
LGA099	1511	W	Wiets Van Wyk	Gauteng LSEN	LSN	4	18	00:32.72	363	-0.5	E		

254	B-13	Boys-13 : 200 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LGA093	1505	B	Eshililo Mukhethwa	Gauteng LSEN	LSN	1	1	00:27.07	622		E	
LMP001	1676		Dimpho Sikhosana	Mpumalanga LSEN	LSN	1	2	00:27.30	609		E	
LGA101	1513	B	Tshepo Makatees	Gauteng LSEN	LSN	1	3	00:28.20	560		E	
LFS042	1388	W	Lian Husselmann	Free State LSEN	LSN	1	4	00:28.73	533		E	
LFS044	1390	C	Liam Ntlororo	Free State LSEN	LSN	1	5	00:28.82	528		E	
LKZ002	1594	B	Wandile Jwara	Kwa Zulu LSEN	LSN	1	6	00:29.22	509		E	
LNW002	1726	B	Thulani Hlatshwayo	North West LSEN	LSN	1	7	00:30.28	461		E	
LWC072	1846	C	Ethan Oersen	Western Cape LSEN	LSN	1	8	00:30.52	450		E	

15	B-13		Boys-13 : 1500 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LNW004	1728	B	Thabiso Modisane	North West LSEN	LSN	1	1	05:26.27	524		E		
LNW002	1726	B	Thulani Hlatshwayo	North West LSEN	LSN	1	2	05:33.76	497		E		
LGA098	1510	B	Unathi Hlatwayo	Gauteng LSEN	LSN	1	3	05:34.61	495		E		
LLI007	1618	B	Jan Kekana	Limpopo LSEN	LSN	1	4	05:40.99	473		E		
LWC067	1841	C	Mckyle Scheepers	Western Cape LSEN	LSN	1	5	05:46.53	456		E		
LGA093	1505	B	Eshililo Mukhethwa	Gauteng LSEN	LSN	1	6	05:55.83	427		E		
LLI051	1662	B	Kgothatso Petja	Limpopo LSEN	LSN	1	7	05:57.59	422		E		
LMP001	1676		Dimpho Sikhosana	Mpumalanga LSEN	LSN	1	8	05:57.88	421		E		
LWC069	1843	C	Gershwin Fredericks	Western Cape LSEN	LSN	1	9	06:12.16	381		E		
LWC068	1842	C	Peteron Farao	Western Cape LSEN	LSN	1	10	06:14.49	374		E		
LWC070	1844	W	Dian Louw	Western Cape LSEN	LSN	1	11	06:14.85	373		E		

Result per Age

B-13 Boys-13

286	B-13	Boys-13 : 4X100 m Relay			SA Schools Qual: 00:00.00		SA Qual: 00:00.00		Final				
Athlete				Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
1													
LGAA05	2010	Gauteng LSEN			Gauteng LSEN	LSN	1	1	00:54.91	531	E	N	
LNWA49	1773	Nwp Lsen			North West LSEN	LSN	1	2	00:57.86	467	E	N	
63	B-13	Boys-13 : High Jump			SA Schools Qual: 00:00.00		SA Qual: 00:00.00		Final				
Athlete				Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
1													
LGA095	1507	W	Janis Swanepoel		Gauteng LSEN	LSN	1	1	1.50	666	H		
LMP002	1677		Bokamoso Phiri		Mpumalanga LSEN	LSN	1	2	1.35	476	H		
212	B-13	Boys-13 : Long Jump			SA Schools Qual: 00:00.00		SA Qual: 00:00.00		Final				
Athlete				Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
1													
LGA095	1507	W	Janis Swanepoel		Gauteng LSEN	LSN	1	1	4.53	510	+0.2	H	
LNW003	1727	B	Thlalefo Matsi		North West LSEN	LSN	1	2	4.45	486		H	
LWC067	1841	C	Mckyle Scheepers		Western Cape LSEN	LSN	1	3	4.43	480		H	
LWC064	1838	C	Keanu Smit		Western Cape LSEN	LSN	1	4	4.34	453		H	
LFS042	1388	W	Lian Husselmann		Free State LSEN	LSN	1	5	4.30	441		H	
LWC065	1839	C	Darren Coenraad		Western Cape LSEN	LSN	1	6	4.20	411		H	
LGA099	1511	W	Wiets Van Wyk		Gauteng LSEN	LSN	1	7	4.18	405		H	
LMP003	1678		Nicky Joubert		Mpumalanga LSEN	LSN	1	8	4.17	402		H	
LFS044	1390	C	Liam Ntlororo		Free State LSEN	LSN	1	9	3.80	286		H	
LWC066	1840	W	Darren Flowers		Western Cape LSEN	LSN	1	10	3.46	174		H	
35	B-13	Boys-13 : Shot Put			SA Schools Qual: 00:00.00		SA Qual: 00:00.00		Final				
Athlete				Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
1													
LGA100	1512	W	Tristan Heyl		Gauteng LSEN	LSN	1	1	9.18	Rec	568	H	R
LWC071	1845	W	Francios Roux		Western Cape LSEN	LSN	1	2	5.92		331	H	
LWC065	1839	C	Darren Coenraad		Western Cape LSEN	LSN	1	3	5.79		319	H	



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Result per Age

B-15 Boys-15

66	B-15	Boys-15 : 100 m			SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Heats		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LFS037	1383	C	Cassey Repon	Free State LSEN	LSN	1	1	00:11.78	686	+1.5	E		
LGA068	1480	B	Ampfa Mudua	Gauteng LSEN	LSN	1	2	00:11.91	664	+1.5	E		
LGA070	1482	W	Vivan Wepener	Gauteng LSEN	LSN	1	4	00:12.10	633	+1.5	E		
LWC078	1852	C	Joshua Rossouw	Western Cape LSEN	LSN	1	5	00:12.16	623		E		
LWC161	1935	C	Geraldo Ontong	Western Cape LSEN	LSN	1	6	00:12.17	621		E		
LGA088	1500	B	Nkosana Mthunzi	Gauteng LSEN	LSN	1	10	00:12.50	572		E		
LMP008	1683		Gift Hlabangane	Mpumalanga LSEN	LSN	1	11	00:12.52	569		E		
2													
LNW017	1741	B	Loyiso Noguda	North West LSEN	LSN	2	3	00:12.07	637	+2.6	E		
LWC095	1869	C	Rayd-Lee Didloff	Western Cape LSEN	LSN	2	7	00:12.18	620	+2.6	E		
LWC097	1871	C	Edmund Williams	Western Cape LSEN	LSN	2	8	00:12.33	597	+2.6	E		
LLI035	1646	B	Tebogo Molobela	Limpopo LSEN	LSN	2	9	00:12.49	573		E		
LGA067	1479	B	Bophelo Lesele	Gauteng LSEN	LSN	2	12	00:12.66	549		E		
LLI011	1622	B	Mahlogonolo Lamola	Limpopo LSEN	LSN	2	13	00:12.76	536		E		
LGA089	1501	B	Lesiba Mokoka	Gauteng LSEN	LSN	2	14	00:12.90	517		E		
LEC008	1328	C	Jade Herselman	Eastern Cape LSEN	LSN	2	15	00:12.90	517		E		
LWC096	1870	C	Breyton Nelson	Western Cape LSEN	LSN	2	16	00:12.93	513		E		
LFS031	1377	B	Kamohelo Lipali	Free State LSEN	LSN	2	19	00:13.34	462		E		
3													
LFS035	1381	C	Malik Nelson	Free State LSEN	LSN	3	17	00:13.04	499	+0.5	E		
LEC011	1331	B	Caleb Schanick	Eastern Cape LSEN	LSN	3	18	00:13.32	464	+0.5	E		
LLI045	1656	B	Ramoleboga Mphahlele	Limpopo LSEN	LSN	3	20	00:14.34	353	+0.5	E		

154	B-15	Boys-15 : 100 m			SA Schools Qual: 00:00.00				SA Qual: 00:00.00			Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record			
1														
LFS037	1383	C	Cassey Repon	Free State LSEN	LSN	1	00:11.73	695	+0.9	E				
LGA068	1480	B	Ampfa Mudua	Gauteng LSEN	LSN	1	00:11.96	655	+0.9	E				
LGA070	1482	W	Vivan Wepener	Gauteng LSEN	LSN	1	00:12.24	611	+0.9	E				
LNW017	1741	B	Loyiso Noguda	North West LSEN	LSN	1	00:12.27	606	+0.9	E				
LWC078	1852	C	Joshua Rossouw	Western Cape LSEN	LSN	1	00:12.39	588	+0.9	E				
LWC095	1869	C	Rayd-Lee Didloff	Western Cape LSEN	LSN	1	00:12.40	587	+0.9	E				
LFS035	1381	C	Malik Nelson	Free State LSEN	LSN	1	00:12.55	565	+0.9	E				
LWC097	1871	C	Edmund Williams	Western Cape LSEN	LSN	1	00:12.71	543	+0.9	E				
LEC011	1331	B	Caleb Schanick	Eastern Cape LSEN	LSN	1	00:13.34	462	+0.9	E				

221	B-15	Boys-15 : 200 m				SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Heats		
Athlete				Team		Heat	Place	Performance	Table point	Wind	H/E	Record		
1														
LLI011	1622	B	Mahlogonolo Lamola	Limpopo LSEN		LSN	1	2	00:24.80	577	-0.7	E		
LMP008	1683		Gift Hlabangane	Mpumalanga LSEN		LSN	1	3	00:25.16	549	-0.7	E		
LFS031	1377	B	Kamohelo Lipali	Free State LSEN		LSN	1	8	00:26.43	461	-0.7	E		
2														
LFS037	1383	C	Cassey Repon	Free State LSEN		LSN	2	1	00:24.54	598	0.0	E		
LGA071	1483	B	Joseph Phekula	Gauteng LSEN		LSN	2	4	00:25.33	537	0.0	E		
LGA088	1500	B	Nkosana Mthunzi	Gauteng LSEN		LSN	2	6	00:25.91	496	0.0	E		
LEC011	1331	B	Caleb Schanick	Eastern Cape LSEN		LSN	2	9	00:26.89	432	0.0	E		
LWC096	1870	C	Breyton Nelson	Western Cape LSEN		LSN	2	10	00:30.14	257	0.0	E		
3														
LGA089	1501	B	Lesiba Mokoka	Gauteng LSEN		LSN	3	5	00:25.79	504	0.0	E		
LWC097	1871	C	Edmund Williams	Western Cape LSEN		LSN	3	7	00:26.01	489	0.0	E		



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B-15 Boys-15

256	B-15	Boys-15 : 200 m	SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LGA089	1501	B Lesiba Mokoka	Gauteng LSEN	LSN 1	1	00:24.98	563		E	
LGA071	1483	B Joseph Phekula	Gauteng LSEN	LSN 1	2	00:25.08	555		E	
LMP008	1683	Gift Hlabangane	Mpumalanga LSEN	LSN 1	3	00:25.23	544		E	
LWC097	1871	C Edmund Williams	Western Cape LSEN	LSN 1	4	00:25.30	539		E	
LGA088	1500	B Nkosana Mthunzi	Gauteng LSEN	LSN 1	5	00:25.44	529		E	
LFS031	1377	B Kamohelo Lipali	Free State LSEN	LSN 1	6	00:26.21	476		E	
LFS037	1383	C Cassey Repon	Free State LSEN	LSN 1	7	00:31.61	192		E	

51	B-15	Boys-15 : 400 m	SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Heats	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LFS041	1387	C Giovanni Taaibosch	Free State LSEN	LSN 1	1	00:54.28	699		E	
LWC091	1865	C Mieka-Eel Meyer	Western Cape LSEN	LSN 1	2	00:55.38	665		E	
LWC092	1866	B Burtiano Smal	Western Cape LSEN	LSN 1	3	00:56.06	645		E	
LNW017	1741	B Loyiso Noguda	North West LSEN	LSN 1	6	00:58.61	575		E	
LMP010	1685	Keabetswe Magane	Mpumalanga LSEN	LSN 1	10	00:62.13	492		E	
LFS031	1377	B Kamohelo Lipali	Free State LSEN	LSN 1	11	00:63.98	453		E	
LEC008	1328	C Jade Herselman	Eastern Cape LSEN	LSN 1	12	00:74.18	274		E	
2										
LWC093	1867	C Marlin Swarts	Western Cape LSEN	LSN 2	4	00:58.20	586		E	
LWC094	1868	W Jason Swarts	Western Cape LSEN	LSN 2	5	00:58.41	580		E	
LGA075	1487	C Mikyle Smith	Gauteng LSEN	LSN 2	7	00:58.86	569		E	
LEC011	1331	B Caleb Schanick	Eastern Cape LSEN	LSN 2	8	00:61.42	508		E	
LGA077	1489	B Arnold Mailula	Gauteng LSEN	LSN 2	9	00:62.01	495		E	

127	B-15	Boys-15 : 400 m	SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LFS041	1387	C Giovanni Taaibosch	Free State LSEN	LSN 1	1	00:54.16	703		E	
LWC091	1865	C Mieka-Eel Meyer	Western Cape LSEN	LSN 1	2	00:56.06	645		E	
LWC092	1866	B Burtiano Smal	Western Cape LSEN	LSN 1	3	00:57.72	598		E	
LWC093	1867	C Marlin Swarts	Western Cape LSEN	LSN 1	4	00:58.51	578		E	
LGA075	1487	C Mikyle Smith	Gauteng LSEN	LSN 1	5	00:58.53	577		E	
LWC094	1868	W Jason Swarts	Western Cape LSEN	LSN 1	6	00:59.70	548		E	
LEC011	1331	B Caleb Schanick	Eastern Cape LSEN	LSN 1	7	00:62.88	476		E	



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B-15 Boys-15

238	B-15	Boys-15 : 800 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LWC083	1857	C	Conry Willemse	Western Cape LSEN	LSN	1	2	02:04.37	615	E	
LMP010	1685		Keabetswe Magane	Mpumalanga LSEN	LSN	1	4	02:13.48	416	E	
LGA077	1489	B	Arnold Mailula	Gauteng LSEN	LSN	1	6	02:15.96	370	E	
LWC091	1865	C	Mieka-Eel Meyer	Western Cape LSEN	LSN	1	7	02:16.54	359	E	
LGA072	1484	B	Atlehang Maya	Gauteng LSEN	LSN	1	8	02:19.01	317	E	
LGA075	1487	C	Mikyle Smith	Gauteng LSEN	LSN	1	10	02:21.53	276	E	
LNW014	1738	B	Abdool Jumar	North West LSEN	LSN	1	13	02:23.56	244	E	
LWC092	1866	B	Burtiano Smal	Western Cape LSEN	LSN	1	15	02:34.61	92	E	
LWC085	1859	B	Brian Tynokolo	Western Cape LSEN	LSN	1	16	02:34.65	92	E	

2											
LWC082	1856	C	Sanwill Van Wyk	Western Cape LSEN	LSN	2	1	02:03.26	644	E	
LNW018	1742	B	Michael Sepeng	North West LSEN	LSN	2	3	02:08.98	507	E	
LFS041	1387	C	Giovanni Taaibosch	Free State LSEN	LSN	2	5	02:13.81	409	E	
LGA073	1485	B	Lebohang Tshabalala	Gauteng LSEN	LSN	2	9	02:20.42	294	E	
LMP007	1682		Oupanyana Kubeka	Mpumalanga LSEN	LSN	2	11	02:21.89	270	E	
LNW019	1743	B	Nkosinathi Zuene	North West LSEN	LSN	2	12	02:22.49	261	E	
LGA074	1486	B	Katlego Selemela	Gauteng LSEN	LSN	2	14	02:25.06	222	E	

20	B-15		Boys-15 : 1500 m		SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete			Team		Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LWC082	1856	C	Sanwill Van Wyk	Western Cape LSEN	LSN	1	1	04:33.90	756	E	
LWC083	1857	C	Conry Willemse	Western Cape LSEN	LSN	1	2	04:36.31	744	E	
LMP010	1685		Keabetswe Magane	Mpumalanga LSEN	LSN	1	3	04:42.27	717	E	
LFS029	1375	B	Bafana Hlongwane	Free State LSEN	LSN	1	4	04:46.85	696	E	
LGA077	1489	B	Arnold Mailula	Gauteng LSEN	LSN	1	5	04:59.37	646	E	
LGA073	1485	B	Lebohang Tshabalala	Gauteng LSEN	LSN	1	6	05:02.21	635	E	
LGA076	1488	B	Oratilwe Khambula	Gauteng LSEN	LSN	1	7	05:03.61	630	E	
LNW014	1738	B	Abdool Jumar	North West LSEN	LSN	1	8	05:07.09	617	E	
LGA074	1486	B	Katlego Selemela	Gauteng LSEN	LSN	1	9	05:07.37	616	E	
LMP007	1682		Oupanyana Kubeka	Mpumalanga LSEN	LSN	1	10	05:13.14	596	E	
LWC085	1859	B	Brian Tynokolo	Western Cape LSEN	LSN	1	11	05:30.35	540	E	
LWC084	1858	C	Reanville Jantjies	Western Cape LSEN	LSN	1	12	05:56.85	465	E	

287	B-15	Boys-15 : 4X100 m Relay		SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
LNWA51	2001	North West LSEN	North West LSEN	LSN	0	1	00:48.02	645	E	N
LGAA06	2015	Gauteng LSEN	Gauteng LSEN	LSN	0	2	00:48.09	642	E	N

206	B-15	Boys-15 : High Jump				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LGA070	1482	W	Vivan Wepener	Gauteng LSEN	LSN	1	1	1.84 Rec	803	H	R	
LNW016	1740	B	Mokemane Mokemane	North West LSEN	LSN	1	2	1.78	739	H		
LNW015	1739	B	Tebogo Mfelang	North West LSEN	LSN	1	3	1.65	596	H		
LGA079	1491	B	Kgosi Motsoai	Gauteng LSEN	LSN	1	4	1.65	596	H		
LWC080	1854	B	Oratile Mafrika	Western Cape LSEN	LSN	1	5	1.55	485	H		
LNW018	1742	B	Michael Sepeng	North West LSEN	LSN	1	6	1.50	428	H		
LFS041	1387	C	Giovanni Taaibosch	Free State LSEN	LSN	1	6	1.50	428	H		
LFS036	1382	C	Darryn Ontong	Free State LSEN	LSN	1	6	1.50	428	H		



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29	B-15	Boys-15 : Long Jump				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LGA068	1480	B	Ampfa Mudua	Gauteng LSEN	LSN	1	1	6.12	Rec	792	-0.1	H	R
LGA070	1482	W	Vivan Wepener	Gauteng LSEN	LSN	1	2	5.95		751	-1.2	H	
LWC078	1852	C	Joshua Rossouw	Western Cape LSEN	LSN	1	3	5.62		669	+0.2	H	
LWC086	1860	C	Liam Kasanya	Western Cape LSEN	LSN	1	4	5.38		608		H	
LNW016	1740	B	Mokemane Mokemane	North West LSEN	LSN	1	5	5.26		577		H	
LFS035	1381	C	Malik Nelson	Free State LSEN	LSN	1	6	5.22		567		H	
LNW015	1739	B	Tebogo Mfelang	North West LSEN	LSN	1	7	5.22		567		H	
LWC075	1849	C	Bradley Josef	Western Cape LSEN	LSN	1	8	5.18		556		H	
LGA069	1481	B	Akhulilanangwe Ngalu	Gauteng LSEN	LSN	1	9	5.14		546		H	
LWC087	1861	C	Romario Joseph	Western Cape LSEN	LSN	1	10	5.05		522		H	
LGA090	1502	B	David Mpete	Gauteng LSEN	LSN	1	11	5.04		520		H	
LLI029	1640	B	Thabang Medupi	Limpopo LSEN	LSN	1	12	5.02		514		H	
LNW017	1741	B	Loyiso Noguda	North West LSEN	LSN	1	13	4.86		472		H	
LFS039	1385	W	Johannes Steenberg	Free State LSEN	LSN	1	14	4.78		450		H	
LMP008	1683		Gift Hlabangane	Mpumalanga LSEN	LSN	1	15	4.73		436		H	
LFS038	1384	B	Tiisetso Sebutsoe	Free State LSEN	LSN	1	16	4.72		434		H	
LGA078	1490	B	Lefa Masilela	Gauteng LSEN	LSN	1	17	4.51		376		H	
LLI013	1624	B	Kgotlelelo Leshilo	Limpopo LSEN	LSN	1	18	3.44		53		H	

82	B-15	Boys-15 : Shot Put				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LGA081	1493	W	Juandre Labuschagne	Gauteng LSEN	LSN	1	1	11.99	694		H	
LGA083	1495	W	Liam Fourie	Gauteng LSEN	LSN	1	2	11.49	668		H	
LWC088	1862	B	Geraldo Mkiva	Western Cape LSEN	LSN	1	3	11.27	656		H	
LWC089	1863	W	Juhan Kitshoff	Western Cape LSEN	LSN	1	4	9.78	572		H	
LWC090	1864	C	Zahier Galant	Western Cape LSEN	LSN	1	5	9.07	529		H	
LNC012	1724	W	Gideon Van Straten	Northern Cape LSEN	LSN	1	6	8.35	483		H	

99	B-15	Boys-15 : Discus Throw				SA Schools Qual: 00:00.00		SA Qual: 00:00.00		Final		
Athlete				Team		Heat	Place	Performance	Table point	Wind	H/E	Record
1												
LGA085	1497	W	Divan Ras	Gauteng LSEN	LSN	1	1	33.88	619		H	
LGA084	1496	W	Johannes Steenkamp	Gauteng LSEN	LSN	1	2	33.64	615		H	
LFS030	1376	B	Realeboha Khantsi	Free State LSEN	LSN	1	3	30.96	572		H	
LGA081	1493	W	Juandre Labuschagne	Gauteng LSEN	LSN	1	4	29.84	553		H	
LGA086	1498	W	Ryno Hodgman	Gauteng LSEN	LSN	1	5	29.64	549		H	
LGA091	1503	B	Boitumelo Tantane	Gauteng LSEN	LSN	1	6	28.89	536		H	
LWC160	1934	C	Willin January	Western Cape LSEN	LSN	1	7	28.58	531		H	
LFS040	1386	W	Nathan Steenberg	Free State LSEN	LSN	1	8	28.03	521		H	
LGA066	1478	B	Tshiamo Mogale	Gauteng LSEN	LSN	1	9	27.39	509		H	
LNC012	1724	W	Gideon Van Straten	Northern Cape LSEN	LSN	1	10	27.29	507		H	



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103	B-15	Boys-15 : Javelin				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LGA085	1497	W	Divan Ras	Gauteng LSEN	LSN	1	1	40.93	475	H		
LFS040	1386	W	Nathan Steenberg	Free State LSEN	LSN	1	2	36.90	398	H		
LFS032	1378	W	Oliver Mckechnie	Free State LSEN	LSN	1	3	34.47	349	H		
LWC077	1851	C	Leighton Klaassen	Western Cape LSEN	LSN	1	4	34.41	348	H		
LWC075	1849	C	Bradley Josef	Western Cape LSEN	LSN	1	5	34.08	341	H		
LWC076	1850	C	Peter- John Arendse	Western Cape LSEN	LSN	1	6	33.20	323	H		
LMP011	1686		MJ Schutte	Mpumalanga LSEN	LSN	1	7	31.82	293	H		
LFS034	1380	B	Tshenolo Molelekoa	Free State LSEN	LSN	1	8	31.68	290	H		
LNC012	1724	W	Gideon Van Straten	Northern Cape LSEN	LSN	1	9	18.45	0	H		



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Result per Age

B-17 Boys-17

69	B-17	Boys-17 : 100 m	SA Schools Qual: 00:00.00		SA Qual: 00:00.00		Heats			
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LMP016	1691	Wandile Nkosi	Mpumalanga LSEN	LSN	1	00:11.35	725	+0.2	E	
LWC125	1899	B Magodla Nihipe	Western Cape LSEN	LSN	1	00:11.69	664	+0.2	E	
LWC124	1898	C Cailub Van Wyk	Western Cape LSEN	LSN	1	00:11.77	650	+0.2	E	
LWC121	1895	C Jay-T Titus	Western Cape LSEN	LSN	1	00:11.87	634		E	
LLI022	1633	B Ore Manamela	Limpopo LSEN	LSN	1	00:11.89	630		E	
LGA064	1476	B James Beukes	Gauteng LSEN	LSN	1	00:12.30	567		E	
LNC005	1717	B Lebogang Khasite	Northern Cape LSEN	LSN	1	00:12.32	564		E	
LNC003	1715	B Revaldo Eduardo	Northern Cape LSEN	LSN	1	00:12.56	531		E	
LLI037	1648	B Dave Moratlatli	Limpopo LSEN	LSN	1	00:13.11	460		E	
2										
LGA030	1442	B Rethabile Sefika	Gauteng LSEN	LSN	2	00:11.82	642	+0.3	E	
LEC014	1334	B Endinako Makuleni	Eastern Cape LSEN	LSN	2	00:11.87	634	+0.3	E	
LGA029	1441	C Delshan Vassen	Gauteng LSEN	LSN	2	00:11.94	622	+0.3	E	
LGA031	1443	B Mpendulo Ngema	Gauteng LSEN	LSN	2	00:12.08	600		E	
LMP018	1693	B Snethemba Mathebula	Mpumalanga LSEN	LSN	2	00:12.22	579		E	
LLI042	1653	B Tshagofatso Mothapo	Limpopo LSEN	LSN	2	00:12.25	575		E	
LMP017	1692	B Luthando Motha	Mpumalanga LSEN	LSN	2	00:12.26	573		E	
LFS014	1360	B Amohelang Makeki	Free State LSEN	LSN	2	00:12.32	564		E	
LGA032	1444	W Regardt Van Vuuren	Gauteng LSEN	LSN	2	00:12.55	532		E	
LLI055	1666	B Ronny Sathekege	Limpopo LSEN	LSN	2	00:13.66	396		E	
3										
LNW030	1754	C Devandre Freeman	North West LSEN	LSN	3	00:11.72	658	+0.2	E	
LFS019	1365	B Omphile Motaung	Free State LSEN	LSN	3	00:11.95	621		E	
LEC013	1333	C Ethan Hykes	Eastern Cape LSEN	LSN	3	00:12.05	605	+0.2	E	
LFS024	1370	B Thapelo Phatsoane	Free State LSEN	LSN	3	00:12.57	529		E	
LLI017	1628	B Katlego Madira	Limpopo LSEN	LSN	3	00:12.62	523		E	
LEC017	1337	B Imi Sibulawa	Eastern Cape LSEN	LSN	3	00:12.63	521		E	
LGA065	1477	B Atlegang Hlongwane	Gauteng LSEN	LSN	3	00:12.96	478		E	
LLI058	1669	B Boitumelo Sethosa	Limpopo LSEN	LSN	3	00:12.98	476		E	
4										
LKZ016	1608	B Busisizwe Ngwenya	Kwa Zulu LSEN	LSN	4	00:12.66	517	+1.5	E	
LEC018	1338	C Gaywin Windvogel	Eastern Cape LSEN	LSN	4	00:12.98	476	+1.5	E	
LLI041	1652	B Thakgalo Mothoa	Limpopo LSEN	LSN	4	00:13.41	424	+1.5	E	
LKZ001	1593	C Tyrel Deoraj	Kwa Zulu LSEN	LSN	4	00:14.92	272		E	

156	B-17	Boys-17 : 100 m	SA Schools Qual: 00:00.00		SA Qual: 00:00.00		Final			
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LMP016	1691	Wandile Nkosi	Mpumalanga LSEN	LSN	1	00:11.09	778	+0.8	E	
LWC125	1899	B Magodla Nihipe	Western Cape LSEN	LSN	1	00:11.35	725	+0.8	E	
LGA029	1441	C Delshan Vassen	Gauteng LSEN	LSN	1	00:11.51	695	+0.8	E	
LNW030	1754	C Devandre Freeman	North West LSEN	LSN	1	00:11.59	681	+0.8	E	
LEC014	1334	B Endinako Makuleni	Eastern Cape LSEN	LSN	1	00:11.59	681	+0.8	E	
LLI022	1633	B Ore Manamela	Limpopo LSEN	LSN	1	00:11.65	671	+0.8	E	
LWC124	1898	C Cailub Van Wyk	Western Cape LSEN	LSN	1	00:11.92	625	+0.8	E	
LWC121	1895	C Jay-T Titus	Western Cape LSEN	LSN	1	00:11.97	617	+0.8	E	
LKZ016	1608	B Busisizwe Ngwenya	Kwa Zulu LSEN	LSN	1	00:12.48	542	+0.8	E	
LGA030	1442	B Rethabile Sefika	Gauteng LSEN	LSN	1	00:12.63	521	+0.8	E	



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B-17 Boys-17

225	B-17	Boys-17 : 200 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Heats		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LMP018	1693		Snethemba Mathebula	Mpumalanga LSEN	LSN 1	7	00:24.04	602	0.0	E	
LGA031	1443	B	Mpendulo Ngema	Gauteng LSEN	LSN 1	9	00:24.22	587	0.0	E	
LNC005	1717	B	Lebogang Khasite	Northern Cape LSEN	LSN 1	12	00:24.53	562	0.0	E	
2											
LMP016	1691		Wandile Nkosi	Mpumalanga LSEN	LSN 2	1	00:22.74	721	+0.2	E	
LGA030	1442	B	Rethabile Sefika	Gauteng LSEN	LSN 2	8	00:24.13	594	+0.2	E	
LNW036	1760	B	Bokang Mokwene	North West LSEN	LSN 2	11	00:24.41	572	+0.2	E	
LEC013	1333	C	Ethan Hykes	Eastern Cape LSEN	LSN 2	14	00:24.74	546	+0.2	E	
LNW032	1756	B	Akanyang Koenene	North West LSEN	LSN 2	19	00:25.28	506	+0.2	E	
LNC003	1715	B	Revaldo Eduardo	Northern Cape LSEN	LSN 2	20	00:25.43	496	+0.2	E	
3											
LWC120	1894	C	Giwaan Isaacs	Western Cape LSEN	LSN 3	2	00:23.07	688	+0.5	E	
LWC126	1900	C	Railee Sauls	Western Cape LSEN	LSN 3	3	00:23.48	650	+0.5	E	
LGA057	1469	B	Thabang Sekete	Gauteng LSEN	LSN 3	10	00:24.32	579	+0.5	E	
LFS017	1363	B	Tshepang Molotsi	Free State LSEN	LSN 3	16	00:24.93	532	+0.5	E	
LEC017	1337	B	Imi Sibulawa	Eastern Cape LSEN	LSN 3	17	00:25.19	513	+0.5	E	
LMP019	1694		Siphesihle Simelane	Mpumalanga LSEN	LSN 3	18	00:25.21	511	+0.5	E	
4											
LGA029	1441	C	Delshan Vassen	Gauteng LSEN	LSN 4	4	00:23.72	629	-1.2	E	
LWC110	1884	C	Luseatin Fryer	Western Cape LSEN	LSN 4	5	00:23.82	620	-1.2	E	
LEC014	1334	B	Endinako Makuleni	Eastern Cape LSEN	LSN 4	6	00:23.85	618	-1.2	E	
LMP017	1692		Luthando Motha	Mpumalanga LSEN	LSN 4	13	00:24.64	554	-1.2	E	
LKZ016	1608	B	Busisizwe Ngwenya	Kwa Zulu LSEN	LSN 4	15	00:24.91	533	-1.2	E	

258	B-17	Boys-17 : 200 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1											
LMP016	1691	Wandile Nkosi	Mpumalanga LSEN	LSN 1	1	00:22.81	714		E		
LWC120	1894	C Giwaan Isaacs	Western Cape LSEN	LSN 1	2	00:22.86	709		E		
LWC110	1884	C Luseatin Fryer	Western Cape LSEN	LSN 1	3	00:23.35	662		E		
LWC126	1900	C Railee Sauls	Western Cape LSEN	LSN 1	4	00:23.67	633		E		
LGA030	1442	B Rethabile Sefika	Gauteng LSEN	LSN 1	5	00:23.85	618		E		
LGA029	1441	C Delshan Vassen	Gauteng LSEN	LSN 1	6	00:24.29	581		E		
LMP018	1693	Snethemba Mathebula	Mpumalanga LSEN	LSN 1	7	00:24.40	572		E		
LEC014	1334	B Endinako Makuleni	Eastern Cape LSEN	LSN 1	8	00:24.55	561		E		



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53	B-17	Boys-17 : 400 m				SA Schools Qual: 00:00.00		SA Qual: 00:00.00	Heats	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LWC120	1894	C	Giwaan Isaacs	Western Cape LSEN	LSN 1	1	00:50.66	793	E	
LWC110	1884	C	Luseatin Fryer	Western Cape LSEN	LSN 1	2	00:51.21	772	E	
LWC122	1896	C	Marshally Van Wyk	Western Cape LSEN	LSN 1	3	00:51.65	755	E	
LWC121	1895	C	Jay-T Titus	Western Cape LSEN	LSN 1	6	00:54.69	655	E	
LKZ006	1598	B	Siyamthanda Ntshela	Kwa Zulu LSEN	LSN 1	8	00:54.99	646	E	
LLI037	1648	B	Dave Moratlatli	Limpopo LSEN	LSN 1	15	00:59.83	518	E	
LLI053	1664	B	Wayne Rikhotso	Limpopo LSEN	LSN 1	16	00:61.96	470	E	

2										
LGA030	1442	B	Rethabile Sefika	Gauteng LSEN	LSN 2	4	00:52.45	727	E	
LGA033	1445	B	Tinashe Mataga	Gauteng LSEN	LSN 2	5	00:54.51	660	E	
LFS021	1367	B	Thabiso Motsoeneng	Free State LSEN	LSN 2	7	00:54.89	649	E	
LGA032	1444	W	Regardt Van Vuuren	Gauteng LSEN	LSN 2	10	00:56.12	613	E	
LNW034	1758	B	Oratile Malepane	North West LSEN	LSN 2	11	00:56.19	611	E	
LGA058	1470	C	Nizaam Williams	Gauteng LSEN	LSN 2	13	00:56.97	590	E	
LFS012	1358	C	Clavin Eckleton	Free State LSEN	LSN 2	17	00:69.35	330	E	
3										
LGA062	1474	B	Mike Ngcobo	Gauteng LSEN	LSN 3	9	00:55.80	622	E	
LMP018	1693		Snethemba Mathebula	Mpumalanga LSEN	LSN 3	12	00:56.69	597	E	
LGA057	1469	B	Thabang Sekete	Gauteng LSEN	LSN 3	14	00:58.08	561	E	

129	B-17	Boys-17 : 400 m				SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final	
Athlete			Team		Heat	Place	Performance	Table point	Wind	H/E	Record		
					1								
LWC120	1894	C	Giwaan Isaacs	Western Cape LSEN	LSN	1	1	00:50.45	801	E			
LWC110	1884	C	Luseatin Fryer	Western Cape LSEN	LSN	1	2	00:51.45	763	E			
LWC122	1896	C	Marshally Van Wyk	Western Cape LSEN	LSN	1	3	00:52.64	720	E			
LWC121	1895	C	Jay-T Titus	Western Cape LSEN	LSN	1	4	00:53.33	697	E			
LGA030	1442	B	Rethabile Sefika	Gauteng LSEN	LSN	1	5	00:54.90	648	E			
LMP018	1693		Snethemba Mathebula	Mpumalanga LSEN	LSN	1	6	00:55.54	630	E			
LGA062	1474	B	Mike Ngcobo	Gauteng LSEN	LSN	1	7	00:55.88	620	E			
LGA033	1445	B	Tinashe Mataga	Gauteng LSEN	LSN	1	8	00:57.15	585	E			

233	B-17	Boys-17 : 800 m				SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record		
					1								
LEC015	1335	C	Alex Matshabela	Eastern Cape LSEN	LSN	1	2	02:02.44	597	E			
LWC103	1877	C	Jobian Willemse	Western Cape LSEN	LSN	1	4	02:03.39	573	E			
LNW037	1761	B	Neo Moloi	North West LSEN	LSN	1	5	02:05.19	531	E			
LWC127	1901	B	Khanyiso Pietersen	Western Cape LSEN	LSN	1	6	02:06.21	508	E			
LGA035	1447	B	Morne Mkhabela	Gauteng LSEN	LSN	1	8	02:07.25	485	E			
LLI030	1641	B	Kgomotso Moatshe	Limpopo LSEN	LSN	1	10	02:13.92	354	E			
LFS022	1368	B	Kamogelo Mpondo	Free State LSEN	LSN	1	13	02:16.95	302	E			
LGA034	1446	B	Katlego Khwaza	Gauteng LSEN	LSN	1	14	02:34.14	57	E			

2										
LWC110	1884	C	Luseatin Fryer	Western Cape LSEN	LSN 2	1	02:01.51	621	E	
LGA038	1450	B	Thabang Maboe	Gauteng LSEN	LSN 2	3	02:02.83	587	E	
LGA176	1588		Tyron Van Eyssen	Gauteng LSEN	LSN 2	7	02:06.79	495	E	
LGA036	1448	B	Emmanuel Makhoke	Gauteng LSEN	LSN 2	9	02:11.19	405	E	
LWC111	1885	C	Bradley Beukes	Western Cape LSEN	LSN 2	11	02:14.61	342	E	
LWC112	1886	C	Gershlyn Christians	Western Cape LSEN	LSN 2	12	02:15.27	330	E	
LKZ004	1596	B	Mncedisi Ngobese	Kwa Zulu LSEN	LSN 2	15	02:34.57	52	E	

Result per Age

B-17 Boys-17

22	B-17	Boys-17 : 1500 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LWC102	1876	B	Solulele Nkathani	Western Cape LSEN	LSN 1	1	04:17.92	809	E	
LGA038	1450	B	Thabang Maboe	Gauteng LSEN	LSN 1	2	04:18.88	804	E	
LEC015	1335	C	Alex Matshabela	Eastern Cape LSEN	LSN 1	3	04:21.05	792	E	
LKZ004	1596	B	Mncedisi Ngobese	Kwa Zulu LSEN	LSN 1	4	04:27.31	759	E	
LWC103	1877	C	Jobian Willemse	Western Cape LSEN	LSN 1	5	04:27.92	756	E	
LGA176	1588		Tyron Van Eyssen	Gauteng LSEN	LSN 1	6	04:30.72	743	E	
LWC105	1879	C	Carlton Andrews	Western Cape LSEN	LSN 1	7	04:32.52	734	E	
LGA039	1451	B	Reanetse Ndulula	Gauteng LSEN	LSN 1	8	04:38.72	705	E	
LGA041	1453	B	Mpho Mosikiki	Gauteng LSEN	LSN 1	9	04:40.04	700	E	
LFS015	1361	B	Kelvin Mbabvu	Free State LSEN	LSN 1	11	04:45.37	677	E	
LFS027	1373	B	Lebohang Tsolo	Free State LSEN	LSN 1	12	04:45.80	675	E	
LGA040	1452	B	Joe Ndlovu	Gauteng LSEN	LSN 1	14	04:46.35	673	E	
LLI050	1661	B	Cliford Ntsoane	Limpopo LSEN	LSN 1	16	04:52.93	646	E	
LWC104	1878	C	Percy-Lee Janse	Western Cape LSEN	LSN 1	17	04:54.18	641	E	
LKZ005	1597	B	Owethu Nyawo	Kwa Zulu LSEN	LSN 1	19	05:07.74	591	E	
2										
LEC016	1336	B	Mbasa Nyathani	Eastern Cape LSEN	LSN 2	10	04:40.85	696	E	
LNC002	1714	B	Ben Dumba	Northern Cape LSEN	LSN 2	13	04:46.07	674	E	
LKZ006	1598	B	Siyamthanda Ntshela	Kwa Zulu LSEN	LSN 2	15	04:48.42	664	E	
LNC006	1718	B	Tebogo Mocumi	Northern Cape LSEN	LSN 2	18	05:06.57	595	E	

79	B-17	Boys-17 : 3000 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC102	1876	B	Solulele Nkathani	Western Cape LSEN	LSN	1	1	09:24.37	838	E		
LGA038	1450	B	Thabang Maboe	Gauteng LSEN	LSN	1	2	09:24.42	838	E		
LKZ004	1596	B	Mncedisi Ngobese	Kwa Zulu LSEN	LSN	1	3	09:29.12	828	E		
LGA042	1454	B	Emmanuel Mwamba	Gauteng LSEN	LSN	1	4	09:29.67	827	E		
LGA034	1446	B	Katlego Khwaza	Gauteng LSEN	LSN	1	5	09:58.46	773	E		
LGA041	1453	B	Mpho Mosikiki	Gauteng LSEN	LSN	1	6	10:08.99	754	E		
LGA059	1471	B	Kamogelo Thebyane	Gauteng LSEN	LSN	1	7	10:12.88	748	E		
LFS015	1361	B	Kelvin Mbabvu	Free State LSEN	LSN	1	8	10:16.98	741	E		
LWC127	1901	B	Khanyiso Pietersen	Western Cape LSEN	LSN	1	9	11:01.71	674	E		
LLI008	1619	B	Thato Kekana	Limpopo LSEN	LSN	1	10	11:02.22	673	E		
LKZ006	1598	B	Siyamthanda Ntshela	Kwa Zulu LSEN	LSN	1	11	11:32.44	633	E		
LWC128	1902	B	Olwethu Ngxaza	Western Cape LSEN	LSN	1	12	11:33.00	633	E		

278	B-17	Boys-17 : 4X100 m Relay			SA Schools Qual: 00:00.00		SA Qual: 00:00.00		Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LWCA03	1940	Western Cape Lsen	Western Cape LSEN	LSN 1	1	00:44.80	750		E	
LNWA50	1774	Nwp Lsen	North West LSEN	LSN 1	2	00:46.12	695		E	
LMPA01	1709	Mpumalanga Lsen	Mpumalanga LSEN	LSN 1	3	00:46.17	693		E	
LFSA01	1411	Free State Lsen	Free State LSEN	LSN 1	4	00:46.84	667		E	
LECA01	1344	Eastern Cape Lsen	Eastern Cape LSEN	LSN 1	5	00:47.24	652		E	
LGAA01	1589	Gauteng Lsen	Gauteng LSEN	LSN 1	6	00:47.61	639		E	



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B-17 Boys-17

40	B-17	Boys-17 : High Jump				SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC108	1882	C	Marlon Benson	Western Cape LSEN	LSN	1	1	1.80	673		H	
LFS023	1369	W	Franco Opperman	Free State LSEN	LSN	1	1	1.80	673		H	
LMP019	1694		Siphesihle Simelane	Mpumalanga LSEN	LSN	1	3	1.80	673		H	
LNW029	1753	B	Madumetja Fisher	North West LSEN	LSN	1	4	1.80	673		H	
LWC107	1881	C	Sergio Godden	Western Cape LSEN	LSN	1	5	1.75	621		H	
LGA045	1457	W	Janco Erlank	Gauteng LSEN	LSN	1	6	1.75	621		H	
LWC106	1880	B	Sizwe Mosome	Western Cape LSEN	LSN	1	7	1.75	621		H	
LGA060	1472	W	Pieter Rossouw	Gauteng LSEN	LSN	1	8	1.70	568		H	
LFS016	1362	B	Diteboho Mokhali	Free State LSEN	LSN	1	9	1.70	568		H	
LGA047	1459	C	Jovani Ernest	Gauteng LSEN	LSN	1	10	1.65	515		H	
LKZ001	1593	C	Tyrel Deoraj	Kwa Zulu LSEN	LSN	1	10	1.65	515		H	
LGA046	1458	C	Zade Vermaak	Gauteng LSEN	LSN	1	12	1.65	515		H	
LFS025	1371	C	Godwin Sandys	Free State LSEN	LSN	1	13	1.65	515		H	
LWC164	1937	C	Jovandre Sabbat	Western Cape LSEN	LSN	1	14	1.60	461		H	

12	B-17	Boys-17 : Long Jump			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete			Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC113	1887	C	Lo-Reagan Williams	Western Cape LSEN	LSN	1	1	6.08	693	+2.3	H	
LMP016	1691		Wandile Nkosi	Mpumalanga LSEN	LSN	1	2	6.07	690	-0.3	H	
LEC012	1332	C	Rylan Hawkins	Eastern Cape LSEN	LSN	1	3	5.95	662	+0.3	H	
LGA037	1449	B	Mmikia Nkwana	Gauteng LSEN	LSN	1	4	5.85	638	+1.7	H	
LNW029	1753	B	Madumetja Fisher	North West LSEN	LSN	1	5	5.77	619		E	
LNW035	1759	B	Kamogelo Mere	North West LSEN	LSN	1	5	5.77	619		H	
LWC114	1888	B	Ngcaku Siyahluma	Western Cape LSEN	LSN	1	7	5.76	617		H	
LKZ001	1593	C	Tyrel Deoraj	Kwa Zulu LSEN	LSN	1	8	5.68	597		H	
LWC115	1889	C	Hilton Groenewald	Western Cape LSEN	LSN	1	9	5.59	576		H	
LNW039	1763	B	Phenyo Phiri	North West LSEN	LSN	1	10	5.44	539		H	
LMP019	1694		Siphehile Simelane	Mpumalanga LSEN	LSN	1	10	5.44	539		E	
LMP017	1692		Luthando Motha	Mpumalanga LSEN	LSN	1	12	5.36	519		H	
LFS016	1362	B	Diteboho Mokhali	Free State LSEN	LSN	1	13	5.31	507		H	
LGA029	1441	C	Delshan Vassen	Gauteng LSEN	LSN	1	14	5.30	504		H	
LGA043	1455	W	Jayden Nortman	Gauteng LSEN	LSN	1	15	5.29	502		H	
LGA028	1440	B	Ntando Kholiswa	Gauteng LSEN	LSN	1	16	5.22	484		H	
LGA064	1476	B	James Beukes	Gauteng LSEN	LSN	1	17	5.21	482		H	
LGA044	1456	B	Xolile Madotaeni	Gauteng LSEN	LSN	1	18	5.14	464		H	

34	B-17	Boys-17 : Shot Put				SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final			
Athlete				Team		Heat	Place	Performance	Table point	Wind	H/E	Record	
1													
LWC098	1872	W	Aidan Erasmus	Western Cape LSEN		LSN	1	1	15.03	Rec	820	H	R
LNW038	1762	W	Dylan Nieuwenhuizen	North West LSEN		LSN	1	2	11.81		673	H	
LGA050	1462	W	Christopher Coxen	Gauteng LSEN		LSN	1	3	11.59		662	H	
LGA048	1460	W	Jacques Fourie	Gauteng LSEN		LSN	1	4	11.59		662	H	
LFS013	1359	W	Renier Lochner	Free State LSEN		LSN	1	5	11.55		660	H	
LWC100	1874	W	Gian Maree	Western Cape LSEN		LSN	1	6	11.12		638	H	
LWC099	1873	C	Ethan Harker	Western Cape LSEN		LSN	1	7	11.06		635	H	
LFS011	1357	W	Andries Buys	Free State LSEN		LSN	1	8	10.65		613	H	
LGA049	1461	B	Clement Rampyeshe	Gauteng LSEN		LSN	1	9	10.54		607	H	
LGA051	1463	W	Carlyle Botha	Gauteng LSEN		LSN	1	10	9.77		565	H	



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B-17 Boys-17

113	B-17	Boys-17 : Discus Throw				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC098	1872	W	Aidan Erasmus	Western Cape LSEN	LSN	1	1	39.92	Rec	724	H	R
LNW028	1752	W	Michael Cloete	North West LSEN	LSN	1	2	36.07		668	H	
LFS020	1366	B	Bokang Motsoeneng	Free State LSEN	LSN	1	3	35.64		661	H	
LFS011	1357	W	Andries Buys	Free State LSEN	LSN	1	4	32.92		619	H	
LGA052	1464	B	Nathi Zikhali	Gauteng LSEN	LSN	1	5	32.38		610	H	
LWC116	1890	W	Ian Louw	Western Cape LSEN	LSN	1	6	31.64		598	H	
LGA051	1463	W	Carlyle Botha	Gauteng LSEN	LSN	1	7	31.21		590	H	
LFS013	1359	W	Renier Lochner	Free State LSEN	LSN	1	8	29.66		564	H	
LGA053	1465	W	Tyler Stanford	Gauteng LSEN	LSN	1	9	28.80		549	H	
LWC119	1893	C	Christiano Joseph	Western Cape LSEN	LSN	1	10	24.14		460	H	
LNC007	1719	B	Reaobaka Mongale	Northern Cape LSEN	LSN	1	11	20.96		392	H	

192	B-17	Boys-17 : Javelin				SA Schools Qual: 00:00.00				SA Qual: 00:00.00				Final		
		Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record				
														1		
LWC117	1891	W	Luke Visser		Western Cape LSEN	LSN	1	43.50	531		H					
LWC118	1892	C	Ryan London		Western Cape LSEN	LSN	1	39.28	453		H					
LGA054	1466	W	Luhano Bezuidenhout		Gauteng LSEN	LSN	1	38.61	441		H					
LGA053	1465	W	Tyler Stanford		Gauteng LSEN	LSN	1	35.72	384		H					
LGA056	1468	W	Jared Cliffe		Gauteng LSEN	LSN	1	35.58	381		H					
LGA055	1467	W	Chrisjan Duvenhage		Gauteng LSEN	LSN	1	35.14	372		H					
LFS020	1366	B	Bokang Motsoeneng		Free State LSEN	LSN	1	19.72	0		H					

Result per Age

B-19 Boys-19

73	B-19	Boys-19 : 100 m			SA Schools Qual:		00:00.00	SA Qual:	00:00.00	Heats	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LGA001	1413	W	Donovan Jansen Van Vuuren	Gauteng LSEN	LSN 1	1	00:10.83	798	+0.6	E	
LWC135	1909	B	Haruna Iratanga	Western Cape LSEN	LSN 1	3	00:11.30	702	+0.6	E	
LFS002	1348	B	Siyabonga Smith	Free State LSEN	LSN 1	5	00:11.37	689	+0.6	E	
LNC001	1713	W	Justin De Klerk	Northern Cape LSEN	LSN 1	7	00:11.58	652		E	
LMP025	1700		Mongezi Qometa	Mpumalanga LSEN	LSN 1	9	00:11.83	611		E	
LGA027	1439	B	Hlonipho Nyathi	Gauteng LSEN	LSN 1	13	00:12.17	559		E	
LLI034	1645	B	Tokolologo Moima	Limpopo LSEN	LSN 1	18	00:12.43	522		E	
LKZ017	1609	B	Sinovuyo Beja	Kwa Zulu LSEN	LSN 1	19	00:12.63	496		E	
2											
LGA002	1414	B	Sibusiso Skosana	Gauteng LSEN	LSN 2	6	00:11.43	678	-0.5	E	
LWC159	1933	C	Xavier Jacobs	Western Cape LSEN	LSN 2	8	00:11.62	645	-0.5	E	
LWC134	1908	C	Labaco Marcos	Western Cape LSEN	LSN 2	10	00:11.84	609		E	
LEC021	1341	C	Camorin November	Eastern Cape LSEN	LSN 2	15	00:12.29	542	-0.5	E	
LLI023	1634	B	Mokula Mankga	Limpopo LSEN	LSN 2	16	00:12.36	532		E	
LLI056	1667	B	Mavhungu Sathekge	Limpopo LSEN	LSN 2	20	00:12.83	470		E	
3											
LGA003	1415	B	Tiego Mokore	Gauteng LSEN	LSN 3	2	00:11.03	755	-0.8	E	
LFS003	1349	B	Fortune Tshibuabua	Free State LSEN	LSN 3	4	00:11.32	698	-0.8	E	
LGA011	1423	B	Junior Mokobane	Gauteng LSEN	LSN 3	11	00:11.92	597	-0.8	E	
LGA020	1432	B	Lindokuhle Nyaba	Gauteng LSEN	LSN 3	12	00:12.14	564		E	
LMP030	1705		Lunga Lukhele	Mpumalanga LSEN	LSN 3	14	00:12.26	546		E	
LGA026	1438	B	Kabelo Modise	Gauteng LSEN	LSN 3	17	00:12.40	527		E	
163	B-19	Boys-19 : 100 m			SA Schools Qual:		00:00.00	SA Qual:	00:00.00	Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LGA001	1413	W	Donovan Jansen Van Vuuren	Gauteng LSEN	LSN 1	1	00:10.76	814	+1.6	E	
LFS003	1349	B	Fortune Tshibuabua	Free State LSEN	LSN 1	2	00:11.12	737	+1.6	E	
LGA002	1414	B	Sibusiso Skosana	Gauteng LSEN	LSN 1	3	00:11.15	731	+1.6	E	
LWC135	1909	B	Haruna Iratanga	Western Cape LSEN	LSN 1	4	00:11.25	712	+1.6	E	
LGA003	1415	B	Tiego Mokore	Gauteng LSEN	LSN 1	5	00:11.35	693	+1.6	E	
LFS002	1348	B	Siyabonga Smith	Free State LSEN	LSN 1	6	00:11.36	691	+1.6	E	
LWC159	1933	C	Xavier Jacobs	Western Cape LSEN	LSN 1	7	00:11.60	649	+1.6	E	
LNC001	1713	W	Justin De Klerk	Northern Cape LSEN	LSN 1	8	00:11.80	616	+1.6	E	
LWC134	1908	C	Labaco Marcos	Western Cape LSEN	LSN 1	9	00:11.85	608	+1.6	E	
LGA011	1423	B	Junior Mokobane	Gauteng LSEN	LSN 1	10	00:12.35	534	+1.6	E	

Result per Age

B-19 Boys-19

227	B-19	Boys-19 : 200 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Heats		
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1											
LGA002	1414	B	Sibusiso Skosana	Gauteng LSEN	LSN	1	2	00:22.49	712	-0.5 E	
LFS002	1348	B	Siyabonga Smith	Free State LSEN	LSN	1	4	00:23.56	612	-0.5 E	
LMP030	1705		Lunga Lukhele	Mpumalanga LSEN	LSN	1	8	00:24.26	554	-0.5 E	
LGA027	1439	B	Hlonipho Nyathi	Gauteng LSEN	LSN	1	10	00:24.57	531	-0.5 E	
LNW046	1770	B	Kgothatso Modutwane	North West LSEN	LSN	1	15	00:25.54	462	-0.5 E	
2											
LWC144	1918	C	Najmee Hajie	Western Cape LSEN	LSN	2	3	00:22.62	698	-0.5 E	
LFS003	1349	B	Fortune Tshibuabua	Free State LSEN	LSN	2	6	00:23.81	591	-0.5 E	
LEC022	1342	B	Sinayo Ntloko	Eastern Cape LSEN	LSN	2	11	00:24.71	520	-0.5 E	
LFS001	1347	B	Amogelang Olifant	Free State LSEN	LSN	2	17	00:27.25	357	-0.5 E	
3											
LGA001	1413	W	Donovan Jansen Van Vuuren	Gauteng LSEN	LSN	3	1	00:21.65	Rec 805	-0.4 E R	
LWC134	1908	C	Labaco Marcos	Western Cape LSEN	LSN	3	5	00:23.80	591	-0.4 E	
LEC023	1343	B	Jayden Stuurman	Eastern Cape LSEN	LSN	3	7	00:24.14	564	-0.4 E	
LMP027	1702		Lifa Nkosi	Mpumalanga LSEN	LSN	3	12	00:24.87	509	-0.4 E	
LKZ017	1609	B	Sinovuyo Beja	Kwa Zulu LSEN	LSN	3	16	00:25.69	452	-0.4 E	
4											
LMP025	1700		Mongezi Qometa	Mpumalanga LSEN	LSN	4	9	00:24.30	551	+0.4 E	
LWC159	1933	C	Xavier Jacobs	Western Cape LSEN	LSN	4	13	00:25.18	487	+0.4 E	
LNC001	1713	W	Justin De Klerk	Northern Cape LSEN	LSN	4	14	00:25.18	487	+0.4 E	

260	B-19	Boys-19 : 200 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LGA001	1413	W	Donovan Jansen Van Vuuren	Gauteng LSEN	LSN	1	1	00:21.66	Rec	804	E	R
LGA002	1414	B	Sibusiso Skosana	Gauteng LSEN	LSN	1	2	00:22.32		729	E	
LWC144	1918	C	Najmee Hajie	Western Cape LSEN	LSN	1	3	00:22.66		694	E	
LFS002	1348	B	Siyabonga Smith	Free State LSEN	LSN	1	4	00:23.37		628	E	
LWC134	1908	C	Labaco Marcos	Western Cape LSEN	LSN	1	5	00:23.56		612	E	
LEC023	1343	B	Jayden Stuurman	Eastern Cape LSEN	LSN	1	6	00:24.25		555	E	
LMP025	1700		Mongezi Qometa	Mpumalanga LSEN	LSN	1	7	00:25.08		494	E	

55	B-19	Boys-19 : 400 m				SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Heats	
Athlete			Team		Heat	Place	Performance	Table point	Wind	H/E	Record		
1													
LWC144	1918	C	Najmee Hajie	Western Cape LSEN	LSN 1	1	00:50.64	764		E			
LGA004	1416	B	Kwanda Ntswempele	Gauteng LSEN	LSN 1	2	00:52.16	709		E			
LEC023	1343	B	Jayden Stuurman	Eastern Cape LSEN	LSN 1	3	00:53.11	678		E			
LMP030	1705		Lunga Lukhele	Mpumalanga LSEN	LSN 1	4	00:53.63	662		E			
LWC146	1920	C	Conlin Harmse	Western Cape LSEN	LSN 1	5	00:54.09	648		E			
LWC145	1919	C	Neswille Arendse	Western Cape LSEN	LSN 1	6	00:54.19	645		E			
LWC147	1921	B	Brendan Kasanya	Western Cape LSEN	LSN 1	7	00:55.47	608		E			
LMP029	1704		Nkosinathi Makhushu	Mpumalanga LSEN	LSN 1	8	00:56.08	591		E			
2													
LGA026	1438	B	Kabelo Modise	Gauteng LSEN	LSN 2	9	00:56.55	578		E			



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131	B-19	Boys-19 : 400 m				SA Schools Qual: 00:00.00		SA Qual: 00:00.00	Final		
Athlete			Team		Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LWC144	1918	C	Najmee Hajie	Western Cape LSEN	LSN 1	1	00:50.52	768		E	
LGA004	1416	B	Kwanda Ntswempele	Gauteng LSEN	LSN 1	2	00:51.98	716		E	
LEC023	1343	B	Jayden Stuurman	Eastern Cape LSEN	LSN 1	3	00:52.96	683		E	
LMP030	1705		Lunga Lukhele	Mpumalanga LSEN	LSN 1	4	00:54.29	642		E	
LWC145	1919	C	Neswille Arendse	Western Cape LSEN	LSN 1	5	00:55.00	621		E	
LWC146	1920	C	Conlin Harmse	Western Cape LSEN	LSN 1	6	00:57.03	565		E	
LGA026	1438	B	Kabelo Modise	Gauteng LSEN	LSN 1	7	00:59.33	509		E	

235	B-19	Boys-19 : 800 m				SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete					Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1												
LGA005	1417	B	Quintin Mbuyane	Gauteng LSEN	LSN	1	1	01:59.81	600		E	
LKZ010	1602	C	Xavier Fynn	Kwa Zulu LSEN	LSN	1	5	02:05.79	460		E	
LWC131	1905	C	Gabriel Arendse	Western Cape LSEN	LSN	1	6	02:08.55	404		E	
LGA006	1418	B	Kabelo Motaung	Gauteng LSEN	LSN	1	8	02:13.29	316		E	
LKZ011	1603	B	Msawenkosi Mabizela	Kwa Zulu LSEN	LSN	1	10	02:14.28	299		E	
LKZ013	1605	B	Masimbonge Dzanibe	Kwa Zulu LSEN	LSN	1	12	02:14.79	290		E	
LNC008	1720	B	Theo Monyando	Northern Cape LSEN	LSN	1	13	02:17.87	240		E	
LGA023	1435	B	Itumeleng Molepo	Gauteng LSEN	LSN	1	14	02:20.83	195		E	
LMP026	1701		Zigi Dhlamini	Mpumalanga LSEN	LSN	1	16	02:21.99	178		E	
2												
LWC130	1904	C	Kyle Van Der Heever	Western Cape LSEN	LSN	2	2	02:01.77	551		E	
LGA007	1419	B	Chisom Ugwoegbu	Gauteng LSEN	LSN	2	3	02:03.07	520		E	
LWC132	1906	C	Christon Klein	Western Cape LSEN	LSN	2	4	02:03.30	515		E	
LEC020	1340	B	Liyabona Bokwe	Eastern Cape LSEN	LSN	2	7	02:13.01	321		E	
LGA004	1416	B	Kwanda Ntswempele	Gauteng LSEN	LSN	2	9	02:13.36	315		E	
LKZ018	1610	B	Philasande Sithole	Kwa Zulu LSEN	LSN	2	11	02:14.67	292		E	
LEC023	1343	B	Jayden Stuurman	Eastern Cape LSEN	LSN	2	15	02:21.49	185		E	
LKZ014	1606	B	Nhlakanipho Mathaba	Kwa Zulu LSEN	LSN	2	17	02:22.27	174		E	
LKZ012	1604	B	Lusanda Mabaso	Kwa Zulu LSEN	LSN	2	18	02:26.45	115		E	



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B-19 Boys-19

24	B-19	Boys-19 : 1500 m			SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Heats		
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1												
LWC130	1904	C	Kyle Van Der Heever	Western Cape LSEN	LSN	1	1	04:11.97	813	E		
LGA006	1418	B	Kabelo Motaung	Gauteng LSEN	LSN	1	2	04:16.66	787	E		
LGA005	1417	B	Quintin Mbuyane	Gauteng LSEN	LSN	1	3	04:17.09	784	E		
LWC131	1905	C	Gabriel Arendse	Western Cape LSEN	LSN	1	4	04:27.93	729	E		
LGA007	1419	B	Chisom Ugwoegbu	Gauteng LSEN	LSN	1	5	04:32.27	709	E		
LKZ010	1602	C	Xavier Fynn	Kwa Zulu LSEN	LSN	1	6	04:33.81	702	E		
LKZ012	1604	B	Lusanda Mabaso	Kwa Zulu LSEN	LSN	1	7	04:35.65	693	E		
LGA008	1420	B	Keamogetswe Mtshali	Gauteng LSEN	LSN	1	8	04:38.87	679	E		
LKZ011	1603	B	Msawenkosi Mabizela	Kwa Zulu LSEN	LSN	1	9	04:39.09	678	E		
LWC132	1906	C	Christon Klein	Western Cape LSEN	LSN	1	11	04:42.34	665	E		
LGA024	1436	B	Nkosikona Mabaso	Gauteng LSEN	LSN	1	12	04:44.68	655	E		
LLI020	1631	B	Potego Makofane	Limpopo LSEN	LSN	1	13	04:44.89	654	E		
LKZ013	1605	B	Masimbonge Dzanibe	Kwa Zulu LSEN	LSN	1	15	04:49.62	635	E		
LWC133	1907	C	Byron Kiewit	Western Cape LSEN	LSN	1	19	04:56.91	607	E		
LLI043	1654	B	Jan Motlhake	Limpopo LSEN	LSN	1	20	05:06.47	573	E		
2												
LEC020	1340	B	Liyabona Bokwe	Eastern Cape LSEN	LSN	2	10	04:40.23	673	E		
LMP029	1704		Nkosinathi Makhushu	Mpumalanga LSEN	LSN	2	14	04:47.20	645	E		
LMP026	1701		Zigi Dhlamini	Mpumalanga LSEN	LSN	2	16	04:51.54	628	E		
LNC008	1720	B	Theo Monyando	Northern Cape LSEN	LSN	2	17	04:55.25	614	E		
LWC153	1927	C	Elton Julies	Western Cape LSEN	LSN	2	18	04:56.77	608	E		

193	B-19 Boys-19 : 5000 m			SA Schools Qual: 00:00.00				SA Qual: 00:00.00		Final	
Athlete				Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1											
LWC130	1904	C	Kyle Van Der Heever	Western Cape LSEN	LSN	1	1	16:12.28	850		E
LNW045	1769	B	Mohau Lesemola	North West LSEN	LSN	1	2	17:08.31	798		E
LKZ012	1604	B	Lusanda Mabaso	Kwa Zulu LSEN	LSN	1	3	17:08.90	797		E
LWC154	1928	C	Devaan Maarman	Western Cape LSEN	LSN	1	4	17:09.21	797		E
LLI020	1631	B	Potego Makofane	Limpopo LSEN	LSN	1	5	17:14.34	793		E
LMP026	1701		Zigi Dhlamini	Mpumalanga LSEN	LSN	1	6	17:21.25	787		E
LGA008	1420	B	Keamogetswe Mtshali	Gauteng LSEN	LSN	1	7	17:28.27	781		E
LLI036	1647	B	Joseph Molokomme	Limpopo LSEN	LSN	1	8	17:59.08	756		E
LGA010	1422	B	Emihle Ncamile	Gauteng LSEN	LSN	1	9	18:08.85	749		E
LLI061	1672	B	Phenyo Temo	Limpopo LSEN	LSN	1	10	18:14.36	744		E
LLI038	1649	B	Temoshu Mosehlane	Limpopo LSEN	LSN	1	11	18:14.45	744		E
LKZ014	1606	B	Nhlakanipho Mathaba	Kwa Zulu LSEN	LSN	1	12	18:26.51	735		E
LWC153	1927	C	Elton Julies	Western Cape LSEN	LSN	1	13	18:53.92	716		E
LMP029	1704		Nkosinathi Makhushu	Mpumalanga LSEN	LSN	1	14	19:01.45	711		E
LLI040	1651	B	Phenyo Mothoa	Limpopo LSEN	LSN	1	15	19:03.01	709		E
LWC155	1929	C	Ashley Mandicheta	Western Cape LSEN	LSN	1	16	20:46.25	644		E

200	B-19	Boys-19 : 4X100 m Relay		SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LWCA02	1939	Western Cape Lsen	Western Cape LSEN	LSN	1	1	00:43.65	779	E	
LGAA03	1591	Gauteng Lsen	Gauteng LSEN	LSN	1	2	00:44.12	757	E	
LMPA02	1710	Mpumalanga Lsen	Mpumalanga LSEN	LSN	1	3	00:45.68	691	E	
LLIA02	2007	Limpopo LSEN	Limpopo LSEN	LSN	1	4	00:47.41	627	E	
LNCA01	2005	Northren Cape LSEN	Northern Cape LSEN	LSN	1	5	00:47.65	619	E	
LECA02	1345	Eastern Cape Lsen	Eastern Cape LSEN	LSN	1	6	00:48.89	577	E	



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275	B-19	Boys-19 : 1000m Medley			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LGAA03	1591	Gauteng Lsen	Gauteng LSEN	LSN	1	1	01:59.20	Rec	574	E R
LWCA02	1939	Western Cape Lsen	Western Cape LSEN	LSN	1	2	02:02.85		355	E
LFS002	1412	Free State Lsen	Free State LSEN	LSN	1	3	02:07.26		145	E
LMPA02	1710	Mpumalanga Lsen	Mpumalanga LSEN	LSN	1	4	02:19.40		0	E
77	B-19	Boys-19 : High Jump			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LLI062	1673	B Johannes Tlhako	Limpopo LSEN	LSN	1	1	1.75		559	H
LGA013	1425	B Phelani Mazibuko	Gauteng LSEN	LSN	1	2	1.75		559	H
LGA014	1426	B Brandon Langa	Gauteng LSEN	LSN	1	3	1.70		507	H
LNW048	1772	W Jacobus Van Der Berg	North West LSEN	LSN	1	3	1.70		507	H
LGA012	1424	B Segale Letganyane	Gauteng LSEN	LSN	1	5	1.65		455	H
LFS004	1350	B Bontle Rakaibe	Free State LSEN	LSN	1	5	1.65		455	H
LNW047	1771	B Tshepo Mtiyang	North West LSEN	LSN	1	5	1.65		455	H
LWC138	1912	C Michael Vermeulin	Western Cape LSEN	LSN	1	5	1.65		455	H
LWC139	1913	C Jackson Williams	Western Cape LSEN	LSN	1	5	1.65		455	H
LNW044	1768	W Janus Grove	North West LSEN	LSN	1	5	1.65		455	H
LWC140	1914	C Denmore Solomons	Western Cape LSEN	LSN	1	11	1.65		455	H
70	B-19	Boys-19 : Long Jump			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LWC134	1908	C Labaco Marcos	Western Cape LSEN	LSN	1	1	6.70		768	H
LWC135	1909	B Haruna Iratanga	Western Cape LSEN	LSN	1	2	6.20		657	H
LMP027	1702	Lifa Nkosi	Mpumalanga LSEN	LSN	1	3	6.18		652	H
LGA003	1415	B Tiego Mokore	Gauteng LSEN	LSN	1	4	6.13		641	H
LWC136	1910	C Shagan Philander	Western Cape LSEN	LSN	1	5	6.06		625	H
LEC021	1341	C Camorin November	Eastern Cape LSEN	LSN	1	6	5.95		600	H
LMP025	1700	Mongezi Qometa	Mpumalanga LSEN	LSN	1	7	5.78		560	H
LGA002	1414	B Sibusiso Skosana	Gauteng LSEN	LSN	1	8	5.71		544	H
LGA011	1423	B Junior Mokobane	Gauteng LSEN	LSN	1	9	5.43		477	H
LWC137	1911	C Jo-Win Kortje	Western Cape LSEN	LSN	1	10	5.36		460	H
LLI038	1649	B Temosho Mosehlane	Limpopo LSEN	LSN	1	11	4.94		356	H
107	B-19	Boys-19 : Shot Put			SA Schools Qual: 00:00.00			SA Qual: 00:00.00	Final	
Athlete			Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LWC141	1915	W Gerhard Bouwers	Western Cape LSEN	LSN	1	1	11.92		687	H
LGA015	1427	W Ricardo Da Cal	Gauteng LSEN	LSN	1	2	11.68		675	H
LNC009	1721	W Johannes Van Der Merwe	Northern Cape LSEN	LSN	1	3	11.63		673	H
LMP028	1703	Luke Ogilvie	Mpumalanga LSEN	LSN	1	4	11.59		671	H
LGA016	1428	B Regnie Chigosie	Gauteng LSEN	LSN	1	5	11.15		649	H
LGA022	1434	W Jan-Albert Hartzler	Gauteng LSEN	LSN	1	6	10.71		627	H
LWC148	1922	C Rochton Brown	Western Cape LSEN	LSN	1	7	10.63		623	H
LWC152	1926	W Matthew Swanepoel	Western Cape LSEN	LSN	1	8	10.11		595	H
LWC149	1923	C Matthew Williams	Western Cape LSEN	LSN	1	9	10.08		594	H
LLI002	1613	B Piet Baloyi	Limpopo LSEN	LSN	1	10	10.07		593	H
LGA017	1429	W Marius Ehlers	Gauteng LSEN	LSN	1	11	9.63		569	H



National Secondary Schools and LSEN Championships 2025/04/03



Result per Age

B-19 Boys-19

59	B-19	Boys-19 : Discus Throw		SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LGA015	1427	W Ricardo Da Cal	Gauteng LSEN	LSN	1	37.62	737		H	
LWC148	1922	C Rochton Brown	Western Cape LSEN	LSN	1	36.51	720		H	
LGA018	1430	B Matome Moshishila	Gauteng LSEN	LSN	1	35.32	701		H	
LGA019	1431	W Christiaan Grobler	Gauteng LSEN	LSN	1	31.69	642		H	
LWC150	1924	C Chandler Plaatjies	Western Cape LSEN	LSN	1	31.47	638		H	
LWC141	1915	W Gerhard Bouwers	Western Cape LSEN	LSN	1	28.67	589		H	
LMP028	1703	Luke Ogilvie	Mpumalanga LSEN	LSN	1	26.18	541		H	
LNC009	1721	W Johannes Van Der Merwe	Northern Cape LSEN	LSN	1	24.39	506		H	
LWC151	1925	C Marciano Gabriels	Western Cape LSEN	LSN	1	24.21	502		H	
230	B-19	Boys-19 : Javelin		SA Schools Qual: 00:00.00			SA Qual: 00:00.00		Final	
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
LWC141	1915	W Gerhard Bouwers	Western Cape LSEN	LSN	1	56.06	740		H	
LFS005	1351	W Eddie Van Tonder	Free State LSEN	LSN	1	42.37	510		H	
LWC136	1910	C Shagan Philander	Western Cape LSEN	LSN	1	42.10	506		H	
LGA014	1426	B Brandon Langa	Gauteng LSEN	LSN	1	41.09	487		H	
LFS004	1350	B Bontle Rakaibe	Free State LSEN	LSN	1	40.34	473		H	
LWC142	1916	C John-Ray Martin	Western Cape LSEN	LSN	1	39.88	464		H	
LWC143	1917	B Monray Stompie	Western Cape LSEN	LSN	1	38.53	439		H	
LMP028	1703	Luke Ogilvie	Mpumalanga LSEN	LSN	1	36.99	409		H	
LFS006	1352	W Micheal Wright	Free State LSEN	LSN	1	32.99	327		H	
LGA021	1433	B Thabang Masipa	Gauteng LSEN	LSN	1	31.53	295		H	