



**Best Performances Boys/Girls Track/Field**

<b>0 Track</b>		<b>Girls</b>					
1	WCL065	202 Francine Wemers	Western Cape LSEN	Girls-15	200 m	00:25.60	828 1
2	GAL117	167 Jemila Mccloen	Gauteng LSEN	Girls-17	400 m	00:63.55	707 1
3	GAL112	167 Sibongile Kekana	Gauteng LSEN	Girls-17	100 m	00:13.18	704 1
<b>0 Field</b>		<b>Girls</b>					
1	MPL058	186 Andile Zwane	Mpumalanga LSEN	Girls-19	Shot Put	9.87	811 1
2	FSL023	150 Roos Taylor	Free State LSEN	Girls-19	Shot Put	9.69	802 2
3	WCL068	202 Sorika Van Wyk	Western Cape LSEN	Girls-15	Shot Put	9.96	801 1
<b>1 Track</b>		<b>Boys</b>					
1	WCL030	199 Edward Jack	Western Cape LSEN	Boys-17	3000 m	09:27.26	790 1
2	WCLA04	205 Western Cape Lsen	Western Cape LSEN	Boys-19	4X100 m Relay	00:44.25	772 1
3	GAL057	161 Simphiwe Thombela	Gauteng LSEN	Boys-15	1500 m	04:23.07	760 1
<b>1 Field</b>		<b>Boys</b>					
1	MPL025	182 Marnix Raubenheimer	Mpumalanga LSEN	Boys-17	Long Jump	6.79	760 1
2	GAL037	159 Guelor Ngoie	Gauteng LSEN	Boys-17	Long Jump	6.53	685 2
3	GAL067	162 Jason Duvenage	Gauteng LSEN	Boys-15	Shot Put	13.64	682 1