



SASA National Primary Schools Track & Field Championships 2013/03/15



Result per Age

G-10 Girls-10

7	G-10	Girls-10 : 80 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
	NCA029	835	Johnline Jantjies	Northern Cape Province	1	00:11.50	710	1.1	E	
	MPU001	682	Neline Booysen	Mpumalanga Province	2	00:11.54	704		E	
	WCA094	1077	Keeziya Kouter	Western Cape Province	3	00:11.64	690		E	
	GAU151	443	Janca Fouche	Gauteng Province	4	00:11.84	662		E	
	NCA030	836	Brenda du Toit	Northern Cape Province	5	00:11.89	656		E	
	MPU004	685	Nicole J v Vuuren	Mpumalanga Province	6	00:11.96	647		E	
	ECA009	9	Simamkele Dube	Eastern Cape Province	7	00:12.27	608		E	
2										
	NWP004	869	Karmen Fouché	North West Province	1	00:11.52	707	1.0	E	
	LIM009	611	Nicole vd Westhuizen	Limpopo Province	2	00:12.18	619		E	
	MPU003	684	Herholdt Lana	Mpumalanga Province	2	00:11.53	705		E	
	GAU152	444	Ansu Muller	Gauteng Province	3	00:11.68	684		E	
	WCA105	1088	Elke vd Westhuizen	Western Cape Province	4	00:11.82	665		E	
	KZN041	554	Abigail Ngoshi	KwaZulu Natal	5	00:11.82	665		E	
3										
	WCA099	1082	Rudzani Ramukhubathi	Western Cape Province	1	00:11.43	720	0.9	E	
	FSA003	110	Karabelo Leche	Free State Province	1	00:12.06	634		E	
	GAU027	319	Mila Compaan	Gauteng Province	2	00:11.44	719		E	
	NWP005	870	Charlize Mc Donald	North West Province	3	00:11.56	701		E	
	GAU150	442	Palesa Mothupi	Gauteng Province	4	00:11.68	684		E	
	FSA001	108	Abia Bosman	Free State Province	5	00:11.73	677		E	

33 G-10 Girls-10 : 80 m

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
Semi-Finals										
1										
	NCA029	835	Johnline Jantjies	Northern Cape Province	1	00:11.44	719		E	
	WCA099	1082	Rudzani Ramukhubathi	Western Cape Province	2	00:11.58	698		E	
	GAU150	442	Palesa Mothupi	Gauteng Province	3	00:11.77	672		E	
	FSA001	108	Abia Bosman	Free State Province	4	00:11.81	666		E	
	NWP005	870	Charlize Mc Donald	North West Province	5	00:11.88	657		E	
	NCA030	836	Brenda du Toit	Northern Cape Province	6	00:11.90	654		E	
	MPU003	684	Herholdt Lana	Mpumalanga Province	7	00:12.10	629		E	
2										
	LIM009	611	Nicole vd Westhuizen	Limpopo Province	1	00:11.47	714		E	
	GAU027	319	Mila Compaan	Gauteng Province	2	00:11.51	708		E	
	WCA105	1088	Elke vd Westhuizen	Western Cape Province	3	00:11.53	705		E	
	WCA094	1077	Keeziya Kouter	Western Cape Province	4	00:11.59	697		E	
	NWP004	869	Karmen Fouché	North West Province	5	00:11.60	695		E	
	MPU001	682	Neline Booysen	Mpumalanga Province	6	00:11.67	685		E	
	GAU151	443	Janca Fouche	Gauteng Province	7	00:11.87	658		E	
	GAU152	444	Ansu Muller	Gauteng Province	8	00:11.91	653		E	



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G-10 Girls-10

48	G-10	Girls-10 : 80 m	Final							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
NCA029	835	Johnline Jantjies	Northern Cape Province		1	00:11.42	721	-0.1	E	
WCA099	1082	Rudzani Ramukhubathi	Western Cape Province		2	00:11.42	721	-0.1	E	
LIM009	611	Nicole vd Westhuizen	Limpopo Province		3	00:11.43	720	-0.1	E	
WCA105	1088	Elke vd Westhuizen	Western Cape Province		4	00:11.61	694	-0.1	E	
GAU027	319	Mila Compaan	Gauteng Province		5	00:11.63	691	-0.1	E	
FSA001	108	Abia Bosman	Free State Province		6	00:11.75	674	-0.1	E	
GAU150	442	Palesa Mothupi	Gauteng Province		7	00:11.75	674	-0.1	E	
WCA094	1077	Keeziya Kouter	Western Cape Province		8	00:11.79	669	-0.1	E	

84	G-10	Girls-10 : 100 m	Heats							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA105	1088	Elke vd Westhuizen	Western Cape Province		1	00:14.47	736	1.4	E	
WCA094	1077	Keeziya Kouter	Western Cape Province		2	00:14.61	720		E	
MPU004	685	Nicole J v Vuuren	Mpumalanga Province		3	00:14.75	705		E	
NCA030	836	Brenda du Toit	Northern Cape Province		4	00:14.77	703		E	
GAU152	444	Ansu Muller	Gauteng Province		5	00:15.36	644		E	
FSA004	111	Kelebogile Olifant	Free State Province		6	00:15.67	615		E	
2										
MPU001	682	Neline Booyesen	Mpumalanga Province		1	00:14.27	759	0.7	E	
WCA099	1082	Rudzani Ramukhubathi	Western Cape Province		2	00:14.29	757		E	
GAU166	458	Daniella Osaе	Gauteng Province		3	00:14.87	692		E	
MPU003	684	Herholdt Lana	Mpumalanga Province		4	00:14.89	690		E	
FSA005	112	Marleze Theron	Free State Province		5	00:14.91	688		E	
3										
NWP004	869	Karmen Fouché	North West Province		1	00:14.40	744	1.0	E	
FSA001	108	Abia Bosman	Free State Province		2	00:14.68	713		E	
GAU151	443	Janca Fouche	Gauteng Province		3	00:14.72	708		E	
NWP007	872	Terizia v d Plaats	North West Province		4	00:15.08	671		E	
ECA010	10	Chantey Jansen	Eastern Cape Province		5	00:15.31	649		E	

102	G-10	Girls-10 : 100 m	Semi-Finals							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
MPU001	682	Neline Booyesen	Mpumalanga Province		1	00:14.29	757	0.6	E	
NWP004	869	Karmen Fouché	North West Province		2	00:14.36	749		E	
WCA094	1077	Keeziya Kouter	Western Cape Province		3	00:14.49	734		E	
GAU151	443	Janca Fouche	Gauteng Province		4	00:14.63	718		E	
NCA030	836	Brenda du Toit	Northern Cape Province		5	00:14.76	704		E	
GAU152	444	Ansu Muller	Gauteng Province		6	00:14.79	701		E	
MPU003	684	Herholdt Lana	Mpumalanga Province		7	00:14.63	718		E	
NWP007	872	Terizia v d Plaats	North West Province		8	00:14.85	695		E	
2										
WCA099	1082	Rudzani Ramukhubathi	Western Cape Province		1	00:14.31	755	0.0	E	
WCA105	1088	Elke vd Westhuizen	Western Cape Province		2	00:14.42	742		E	
FSA001	108	Abia Bosman	Free State Province		3	00:14.50	733		E	
GAU166	458	Daniella Osaе	Gauteng Province		4	00:14.59	723		E	
MPU004	685	Nicole J v Vuuren	Mpumalanga Province		5	00:14.78	702		E	
FSA005	112	Marleze Theron	Free State Province		6	00:15.03	676		E	
ECA010	10	Chantey Jansen	Eastern Cape Province		7	00:15.03	676		E	
FSA004	111	Kelebogile Olifant	Free State Province		8	00:15.48	633		E	



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124	G-10	Girls-10 : 100 m	Final							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA099	1082	Rudzani Ramukhubathi	Western Cape Province		1	00:14.22	765	0.1	E	
MPU001	682	Neline Booysen	Mpumalanga Province		2	00:14.43	741	0.1	E	
GAU166	458	Daniella Osae	Gauteng Province		3	00:14.49	734	0.1	E	
WCA105	1088	Elke vd Westhuizen	Western Cape Province		4	00:14.51	731	0.1	E	
FSA001	108	Abia Bosman	Free State Province		5	00:14.56	726	0.1	E	
NWP004	869	Karmen Fouché	North West Province		6	00:14.59	723	0.1	E	
WCA094	1077	Keeziya Kouter	Western Cape Province		7	00:14.61	720	0.1	E	
GAU151	443	Janca Fouché	Gauteng Province		8	00:15.04	675	0.1	E	

57 G-10 Girls-10 : 1200 m

Heats										
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU112	404	Wendy Shongwe	Gauteng Province		1	04:07.52	975		E	
NWP007	872	Terizia v d Plaats	North West Province		2	04:08.68	966		E	
LIM006	608	Cecilia Ramaphoko	Limpopo Province		3	04:08.73	965		E	
MPU009	690	Francina Ngobeni	Mpumalanga Province		4	04:13.70	929		E	
GAU113	405	Shannon Botha	Gauteng Province		5	04:14.52	924		E	
FSA006	113	Tsholofelo Dikoko	Free State Province		6	04:24.89	857		E	
WCA093	1076	Britney Fikster	Western Cape Province		7	04:27.38	843		E	
NWP104	969	Anushka Annandale	North West Province		8	04:27.43	843		E	
2										
GAU111	403	Benedette Wilson	Gauteng Province		1	04:07.04	978		E	
MPU005	686	Nadia Kluyts	Mpumalanga Province		2	04:13.79	929		E	
WCA097	1080	Nicola Middleton	Western Cape Province		3	04:15.42	918		E	
FSA007	114	Modiehi Macheli	Free State Province		5	04:16.67	909		E	
MPU011	692	Michelle Parkes	Mpumalanga Province		6	04:16.88	908		E	
NWP103	968	Amogelang Ntwimbi	North West Province		7	04:19.21	892		E	
GAU220	504	Danielle Verwoerd	Gauteng Province		7	04:19.24	892		E	

122 G-10 Girls-10 : 1200 m

Final										
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU112	404	Wendy Shongwe	Gauteng Province		1	04:07.37	976		E	
LIM006	608	Cecilia Ramaphoko	Limpopo Province		2	04:07.61	974		E	
GAU111	403	Benedette Wilson	Gauteng Province		3	04:07.73	973		E	
MPU005	686	Nadia Kluyts	Mpumalanga Province		4	04:13.31	932		E	
WCA097	1080	Nicola Middleton	Western Cape Province		5	04:18.64	896		E	
FSA006	113	Tsholofelo Dikoko	Free State Province		6	04:18.88	895		E	
GAU220	504	Danielle Verwoerd	Gauteng Province		7	04:19.96	888		E	
NWP007	872	Terizia v d Plaats	North West Province		8	04:20.12	887		E	



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G-10 Girls-10

22	G-10	Girls-10 : 70 m Hurdles				Heats				
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA104	1087	Leah Swile	Western Cape Province		1	00:13.30	795		H	
GAU133	425	Mia Stockhoff	Gauteng Province		1	00:13.10	811		H	
MPU007	688	Timeyin Morounkeji	Mpumalanga Province		2	00:13.20	803		H	
NCA033	839	Hencha Burger	Northern Cape Province		4	00:13.40	787		H	
FSA012	119	Moleboheng Raboshabane	Free State Province		5	00:13.60	773		H	
2										
GAU188	480	Simone de Wet	Gauteng Province		1	00:12.90	827		H	
GAU027	319	Mila Compaan	Gauteng Province		2	00:13.00	819		H	
ECA001	1	Megan Heppel	Eastern Cape Province		3	00:14.20	731		H	
MPU003	684	Herholdt Lana	Mpumalanga Province		4	00:14.50	712		H	
FSA013	120	Miné de Klerk	Free State Province		5	00:14.60	706		H	
KZN049	562	Cerian Fourie	KwaZulu Natal		6	00:14.70	700		H	
3										
FSA009	116	Jada van Staden	Free State Province		1	00:12.80	835		H	
GAU132	424	Amone Nel	Gauteng Province		2	00:12.90	827		H	
WCA092	1075	Stefani du Plessis	Western Cape Province		3	00:13.00	819		H	
NWP008	873	Bea-Mari Werner	North West Province		4	00:14.10	738		H	

59	G-10	Girls-10 : 70 m Hurdles				Final				
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU188	480	Simone de Wet	Gauteng Province		1	00:12.68	867	1.1	E	
FSA009	116	Jada van Staden	Free State Province		2	00:12.75	861	1.1	E	
GAU132	424	Amone Nel	Gauteng Province		3	00:12.98	841	1.1	E	
GAU027	319	Mila Compaan	Gauteng Province		4	00:13.13	828	1.1	E	
GAU133	425	Mia Stockhoff	Gauteng Province		5	00:13.19	823	1.1	E	
WCA092	1075	Stefani du Plessis	Western Cape Province		6	00:13.24	819	1.1	E	
WCA104	1087	Leah Swile	Western Cape Province		7	00:13.51	797	1.1	E	
MPU007	688	Timeyin Morounkeji	Mpumalanga Province		8	00:13.53	796	1.1	E	

69	G-10	Girls-10 : 4X100 m Relay				Heats				
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
FSA178	285	Free State G/10	Free State Province		1	00:56.00	892		E	
NWPA01	979	North West	North West Province		1	00:58.00	822		E	
GAUA01	506	Gauteng	Gauteng Province		1	00:57.00	856		E	
2										
ECAA10	1300	Eastern Cape	Eastern Cape Province		1	00:58.99	791		E	
NCAA01	859	Northern Cape	Northern Cape Province		1	00:60.00	762		E	
WCA178	1159	Western Cape	Western Cape Province		1	00:61.00	734		E	
MPUA01	803	Mpumalanga	Mpumalanga Province		1	00:59.00	791		E	

135	G-10	Girls-10 : 4X100 m Relay				Final				
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA178	1159	Western Cape	Western Cape Province		1	00:57.06	854		E	
GAUA01	506	Gauteng	Gauteng Province		2	00:58.21	816		E	
MPUA01	803	Mpumalanga	Mpumalanga Province		3	00:58.30	813		E	
FSA178	285	Free State G/10	Free State Province		4	00:58.70	800		E	
NCAA01	859	Northern Cape	Northern Cape Province		5	00:59.38	780		E	
ECAA10	1300	Eastern Cape	Eastern Cape Province		6	00:63.89	662		E	



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G-10 Girls-10

28	G-10	Girls-10 : High Jump						Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA014	121	Esmaré Pretorius	Free State Province		1	1.30	869		E	
GAU104	396	Caelin Coetzee	Gauteng Province		2	1.28	837		E	
NWP001	866	Ané Strydom	North West Province		3	1.26	806		E	
NWP003	868	Mardi Swart	North West Province		4	1.23	758		E	
GAU102	394	Rita Bisschoff	Gauteng Province		5	1.23	758		E	
WCA095	1078	Ané Louw	Western Cape Province		6	1.23	758		E	
FSA016	123	Leance vd Westhuizen	Free State Province		7	1.18	679		E	
FSA015	122	Karliën Lourens	Free State Province		8	1.18	679		E	
LIM007	609	Modjadji Sefole	Limpopo Province		9	1.18	679		E	

107	G-10	Girls-10 : Long Jump						Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
NCA030	836	Brenda du Toit	Northern Cape Province		1	4.20	932	-0.18	E	
NWP004	869	Karmen Fouché	North West Province		2	4.14	905		E	
FSA009	116	Jada van Staden	Free State Province		3	4.04	855		E	
NWP007	872	Terizia v d Plaats	North West Province		4	3.98	825		E	
GAU027	319	Mila Compaan	Gauteng Province		5	3.98	825		E	
GAU029	321	Carla Ferreira	Gauteng Province		6	3.96	815		E	
GAU028	320	Deneka Snyman	Gauteng Province		7	3.92	795		E	
MPU002	683	Megan Fourie	Mpumalanga Province		8	3.86	764		E	

82	G-10	Girls-10 : Shot Put						Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU091	383	Marizelle Wiese	Gauteng Province		1	8.92	963		E	R
FSA018	125	Marzanne van Heerden	Free State Province		2	8.80	958		E	R
GAU092	384	Marie Du Toit	Gauteng Province		3	8.80	958		E	R
FSA020	127	Michela Steenkamp	Free State Province		4	8.63	952		E	
FSA013	120	Miné de Klerk	Free State Province		5	8.44	946		E	
WCA100	1083	Rochelle Rijnsburger	Western Cape Province		6	8.40	944		E	
GAU181	473	Carlin Botes	Gauteng Province		7	8.39	944		E	
NWP009	874	Andriska Pretorius	North West Province		8	8.35	942		E	



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G-11 Girls-11

9	G-11	Girls-11 : 80 m		Heats						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
	GAU145 437	Mariska Jonker	Gauteng Province	1	00:10.93	735	0.8	E		
	GAU147 439	Catharina Venter	Gauteng Province	2	00:11.17	698		E		
	MPU015 696	Simoné Els	Mpumalanga Province	3	00:11.21	692		E		
	WCA121 1103	Zoe Williams	Western Cape Province	4	00:11.27	683		E		
	NCA036 842	Tristen Pinetown	Northern Cape Province	5	00:11.45	658		E		
	NWP022 887	Ntomiyethu Ralehoko	North West Province	6	00:11.60	638		E		
	ECA023 23	Bontle Thiyane	Eastern Cape Province	7	00:11.99	589		E		
	FSA023 130	Moleboheng Matsepe	Free State Province	8	00:12.01	587		E		
2										
	MPU018 699	Igne Gouws	Mpumalanga Province	1	00:11.13	704	1.4	E		
	WCA106 1089	Larah Adams	Western Cape Province	2	00:11.22	691		E		
	LIM020 622	Elizabeth Chuene	Limpopo Province	3	00:11.37	669		E		
	LIM023 625	Mothushi Maleka	Limpopo Province	4	00:11.69	626	6	E		
	ECA027 27	Lihle Maduna	Eastern Cape Province	5	00:11.83	609		E		
	NWP112 977	Atang Senna	North West Province	6	00:12.14	571		E		
3										
	GAU146 438	Tumisho Mmatli	Gauteng Province	1	00:11.06	715		E		
	NWP015 880	Minnete Erasmus	North West Province	2	00:11.17	698		E		
	WCA117 1099	Mari Pretorius	Western Cape Province	3	00:11.18	697		E		
	NCA035 841	Andrea Plaatjies	Northern Cape Province	4	00:11.25	686		E		
	MPU024 705	Alea Uys	Mpumalanga Province	5	00:11.41	664		E		
	FSA022 129	Lize-Marie Gerber	Free State Province	6	00:11.51	650		E		

39 G-11 Girls-11 : 80 m

	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
Semi-Finals									
1									
	GAU145 437	Mariska Jonker	Gauteng Province	1	00:10.97	728	1.0	E	
	GAU147 439	Catharina Venter	Gauteng Province	2	00:11.06	715		E	
	MPU018 699	Igne Gouws	Mpumalanga Province	3	00:11.18	697		E	
	MPU015 696	Simoné Els	Mpumalanga Province	4	00:11.27	683		E	
	NCA036 842	Tristen Pinetown	Northern Cape Province	5	00:11.31	678		E	
	NCA035 841	Andrea Plaatjies	Northern Cape Province	6	00:11.35	672		E	
	LIM020 622	Elizabeth Chuene	Limpopo Province	7	00:11.66	630		E	
2									
	GAU146 438	Tumisho Mmatli	Gauteng Province	1	00:11.05	716	0.1	E	
	NWP015 880	Minnete Erasmus	North West Province	2	00:11.14	702		E	
	WCA121 1103	Zoe Williams	Western Cape Province	3	00:11.20	694		E	
	WCA117 1099	Mari Pretorius	Western Cape Province	4	00:11.23	689		E	
	WCA106 1089	Larah Adams	Western Cape Province	5	00:11.38	668		E	
	MPU024 705	Alea Uys	Mpumalanga Province	6	00:11.51	650		E	
	LIM023 625	Mothushi Maleka	Limpopo Province	7	00:11.54	646		E	
	FSA022 129	Lize-Marie Gerber	Free State Province	8	00:11.75	619		E	



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G-11 Girls-11

50	G-11	Girls-11 : 80 m	Final							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU145	437	Mariska Jonker	Gauteng Province		1	00:10.93	735	1.4	E	
GAU146	438	Tumisho Mmatli	Gauteng Province		2	00:10.98	727	1.4	E	
GAU147	439	Catharina Venter	Gauteng Province		3	00:11.09	710	1.4	E	
MPU015	696	Simoné Els	Mpumalanga Province		4	00:11.11	707	1.4	E	
NWP015	880	Minnete Erasmus	North West Province		5	00:11.21	692	1.4	E	
MPU018	699	Igne Gouws	Mpumalanga Province		6	00:11.29	681	1.4	E	
WCA121	1103	Zoe Williams	Western Cape Province		7	00:11.30	679	1.4	E	
WCA117	1099	Mari Pretorius	Western Cape Province		8	00:11.37	669	1.4	E	

86	G-11	Girls-11 : 100 m	Heats							
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU147	439	Catharina Venter	Gauteng Province		1	00:13.82	752	0.9	E	
WCA117	1099	Mari Pretorius	Western Cape Province		2	00:14.24	704		E	
NCA036	842	Tristen Pinetown	Northern Cape Province		3	00:14.24	704		E	
FSA022	129	Lize-Marie Gerber	Free State Province		4	00:14.42	684		E	
FSA024	131	Puseletso Radebe	Free State Province		5	00:14.62	663		E	
LIM024	626	Risuna Ndlovu	Limpopo Province		6	00:14.70	655		E	
ECA023	23	Bontle Thiyane	Eastern Cape Province		7	00:14.99	627		E	
2										
WCA110	1092	Asma Jacobs	Western Cape Province		1	00:13.31	819	0.4	E	
FSA021	128	Annamé Fourie	Free State Province		2	00:13.40	807		E	
MPU018	699	Igne Gouws	Mpumalanga Province		3	00:13.94	738		E	
NWP015	880	Minnete Erasmus	North West Province		4	00:13.98	733		E	
GAU167	459	Rozelle Hattingh	Gauteng Province		5	00:14.06	724		E	
MPU024	705	Alea Uys	Mpumalanga Province		6	00:14.72	653		E	
3										
GAU145	437	Mariska Jonker	Gauteng Province		1	00:13.75	761	0.2	E	
GAU146	438	Tumisho Mmatli	Gauteng Province		2	00:14.11	718		E	
MPU015	696	Simoné Els	Mpumalanga Province		3	00:14.15	714		E	
WCA106	1089	Larah Adams	Western Cape Province		4	00:14.47	679		E	
NCA035	841	Andrea Plaatjies	Northern Cape Province		5	00:14.77	648		E	
FSA025	132	Fumane Mokoloko	Free State Province		6	00:14.79	646		E	
ECA027	27	Lihle Maduna	Eastern Cape Province		7	00:15.30	598		E	



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104	G-11	Girls-11 : 100 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA110	1092	Asma Jacobs	Western Cape Province		1	00:13.32	818	-1.0	E	
GAU145	437	Mariska Jonker	Gauteng Province		2	00:13.84	750		E	
MPU018	699	Igne Gouws	Mpumalanga Province		3	00:14.04	726		E	
WCA117	1099	Mari Pretorius	Western Cape Province		4	00:14.05	725		E	
MPU015	696	Simoné Els	Mpumalanga Province		5	00:14.07	723		E	
GAU167	459	Rozelle Hattingh	Gauteng Province		6	00:14.13	716		E	
WCA106	1089	Larah Adams	Western Cape Province		7	00:14.16	713		E	
LIM024	626	Risuna Ndlovu	Limpopo Province		8	00:14.25	703		E	
2										
FSA021	128	Annamé Fourie	Free State Province		1	00:13.29	822	1.9	E	
GAU147	439	Catharina Venter	Gauteng Province		2	00:13.65	774		E	
GAU146	438	Tumisho Mmatli	Gauteng Province		3	00:13.83	751		E	
NWP015	880	Minnete Erasmus	North West Province		4	00:14.01	730		E	
NCA036	842	Tristen Pinetown	Northern Cape Province		5	00:14.04	726		E	
FSA024	131	Puseletso Radebe	Free State Province		6	00:14.32	695		E	
FSA022	129	Lize-Marie Gerber	Free State Province		7	00:14.14	715		E	
MPU024	705	Alea Uys	Mpumalanga Province		8	00:14.60	665		E	

126 G-11 Girls-11 : 100 m

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA110	1092	Asma Jacobs	Western Cape Province		1	00:13.29	822	0.5	E	
FSA021	128	Annamé Fourie	Free State Province		2	00:13.33	816	0.5	E	
GAU145	437	Mariska Jonker	Gauteng Province		3	00:14.80	645	0.5	E	
GAU146	438	Tumisho Mmatli	Gauteng Province		4	00:13.81	754	0.5	E	
GAU147	439	Catharina Venter	Gauteng Province		5	00:13.82	752	0.5	E	
MPU018	699	Igne Gouws	Mpumalanga Province		6	00:14.07	723	0.5	E	
NWP015	880	Minnete Erasmus	North West Province		7	00:14.19	709	0.5	E	
WCA117	1099	Mari Pretorius	Western Cape Province		8	00:14.20	708	0.5	E	

1 G-11 Girls-11 : 1200 m

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU105	397	Ayanda Sebetha	Gauteng Province		1	03:56.20	931		E	
KZN006	519	Xolile Ndlovu	KwaZulu Natal		2	04:06.92	857		E	
NCA037	843	Boingotlo Molemoeng	Northern Cape Province		3	04:08.85	845		E	
MPU014	695	Selanna Biggs	Mpumalanga Province		4	04:09.03	844		E	
GAU107	399	Karla de Jager	Gauteng Province		5	04:09.66	840		E	
MPU016	697	Chané Grey	Mpumalanga Province		6	04:09.76	840		E	
2										
LIM025	627	Mokonyama Nare	Limpopo Province		1	04:01.75	891		E	
GAU106	398	Alyssa Trahms	Gauteng Province		2	04:02.77	884		E	
GAU186	478	Leane Willemse	Gauteng Province		3	04:04.67	872		E	
WCA115	1097	Bronwin Lee	Western Cape Province		4	04:05.33	867		E	
NWP016	881	Ruandi van Dyk	North West Province		5	04:09.64	840		E	
10										
WCA119	1101	Azrea Sylvester	Western Cape Province		10	04:09.76	840		E	
NWP017	882	Lilica Burger	North West Province		10	04:09.76	840		E	



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G-11 Girls-11

20	G-11	Girls-11 : 70 m Hurdles					Heats			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
GAU045	337	Xania vd Walt	Gauteng Province	1	00:11.60	894		H		
GAU207	499	Charlize Eilerd	Gauteng Province	2	00:11.60	894		H		
MPU024	705	Alea Uys	Mpumalanga Province	3	00:11.70	884		H		
WCA116	1098	Carla Muller	Western Cape Province	4	00:11.90	864		H		
MPU017	698	Megan Herbst	Mpumalanga Province	5	00:12.00	854		H		
WCA108	1090	Lindi Cillie	Western Cape Province	6	00:12.10	845		H		
2										
GAU127	419	Marione Fourie	Gauteng Province	1	00:11.50	904		H		
FSA030	137	Kyla Oosthuizen	Free State Province	2	00:11.80	874		H		
NWP012	877	Chezan Le Roux	North West Province	3	00:11.90	864		H		
GAU128	420	Thando Duma	Gauteng Province	4	00:12.30	827		H		
FSA031	138	Elaine Pienaar	Free State Province	5	00:12.40	819		H		
FSA029	136	Jana Steyn	Free State Province	6	00:12.50	810		H		

61	G-11	Girls-11 : 70 m Hurdles					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU045	337	Xania vd Walt	Gauteng Province	1	00:11.67	912	1.1	E		
GAU127	419	Marione Fourie	Gauteng Province	2	00:11.68	911	1.1	E		
GAU207	499	Charlize Eilerd	Gauteng Province	3	00:11.95	883	1.1	E		
NWP012	877	Chezan Le Roux	North West Province	4	00:12.01	877	1.1	E		
MPU017	698	Megan Herbst	Mpumalanga Province	5	00:12.03	875	1.1	E		
FSA030	137	Kyla Oosthuizen	Free State Province	6	00:12.08	870	1.1	E		
WCA116	1098	Carla Muller	Western Cape Province	7	00:12.15	863	1.1	E		
MPU024	705	Alea Uys	Mpumalanga Province	8	00:12.51	830	1.1	E		

71	G-11	Girls-11 : 4X100 m Relay					Heats			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
FSA179	286	Free State G/11	Free State Province	1	00:54.00	893		E		
ECAA03	101	Eastern Cape	Eastern Cape Province	1	00:55.00	855		E		
WCA179	1160	Western Cape	Western Cape Province	1	00:61.00	677		E		
LIMA02	675	Limpopo	Limpopo Province	1	00:57.00	788		E		
NWPA02	980	North West	North West Province	1	00:58.00	758		E		
GAUA02	507	Gauteng	Gauteng Province	1	00:56.00	821		E		
MPUA02	804	Mpumalanga	Mpumalanga Province	1	00:59.00	730		E		

137	G-11	Girls-11 : 4X100 m Relay					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCA179	1160	Western Cape	Western Cape Province	1	00:54.51	873		E		
GAUA02	507	Gauteng	Gauteng Province	2	00:55.72	830		E		
MPUA02	804	Mpumalanga	Mpumalanga Province	3	00:56.53	803		E		
NWPA02	980	North West	North West Province	4	00:57.14	784		E		



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G-11 Girls-11

47	G-11	Girls-11 : High Jump						Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU055	347	Nobiel Kifubala	Gauteng Province		1	1.43	871		E	
GAU052	344	Amore Vlok	Gauteng Province		2	1.40	829		E	
WCA108	1090	Lindi Cillie	Western Cape Province		3	1.40	829		E	
FSA032	139	Annika Herbst	Free State Province		4	1.40	829		E	
NWP020	885	Stephanie Nieuwenhuizen	North West Province		5	1.40	829		E	
GAU053	345	Nicole Pilkington	Gauteng Province		6	1.40	829		E	
MPU025	706	Suné Viljoen	Mpumalanga Province		7	1.35	757		E	
NWP021	886	Sonica van Jaarsveld	North West Province		8	1.30	685		E	

24	G-11	Girls-11 : Long Jump						Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA108	1090	Lindi Cillie	Western Cape Province		1	4.42	828		E	
NCA034	840	Cora Groenewald	Northern Cape Province		2	4.42	828		E	
GAU046	338	Chane J v Rensburg	Gauteng Province		3	4.41	823		E	
NWP011	876	Kayla v d Berg	North West Province		4	4.39	814		E	
LIM021	623	Kgaugelo Dikgale	Limpopo Province		5	4.31	778		E	
GAU175	467	Marna van Greunen	Gauteng Province		6	4.25	750		E	
MPU019	700	Nolwazi Mashaba	Mpumalanga Province		7	4.16	709		E	
NWP013	878	Gearga De Jager	North West Province		8	4.13	695		E	

6	G-11	Girls-11 : Shot Put						Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU085	377	Kerry-Anne Botha	Gauteng Province		1	11.21	998		E	
GAU087	379	Ida Oelofste	Gauteng Province		2	11.16	996		E	
NWP011	876	Kayla v d Berg	North West Province		3	10.94	988		E	
GAU086	378	Christelle Grobler	Gauteng Province		4	10.80	983		E	
NWP019	884	Leasha Louwrens	North West Province		5	10.46	971		E	
GAU201	493	Lente vd Westhuizen	Gauteng Province		6	10.45	971		E	
WCA113	1095	Zeree Kershoff	Western Cape Province		7	10.38	968		E	
MPU021	702	Brittany-Anne Ritchie	Mpumalanga Province		8	10.02	957		E	



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G-12 Girls-12

90	G-12	Girls-12 : 100 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA132	1114	Cadi Josias	Western Cape Province		1	00:13.16	783	3.5	E	
NWP028	893	Nicola vd Merwe	North West Province		2	00:13.39	753		E	
GAU140	432	Nontombi Xeyi	Gauteng Province		3	00:13.45	746		E	
GAU197	489	Carla Hattingh	Gauteng Province		4	00:13.50	740		E	
NCA040	846	Lennia Shoti	Northern Cape Province		5	00:13.59	729		E	
FSA043	150	Elmarie Nieuwoudt	Free State Province		6	00:13.71	715		E	
WCA138	1119	Carla Stevens	Western Cape Province		7	00:13.76	709		E	
2										
MPU026	707	Jeanika Barnard	Mpumalanga Province		1	00:13.29	766	1.9	E	
GAU062	354	Ane J v Rensburg	Gauteng Province		2	00:13.48	742		E	
FSA041	148	Lené van Deventer	Free State Province		3	00:13.49	741		E	
WCA129	1111	Julandi du Toit	Western Cape Province		4	00:13.65	722		E	
MPU031	712	Chanté Koen	Mpumalanga Province		5	00:13.93	690		E	
NCA041	847	Liche Prinsloo	Northern Cape Province		6	00:14.12	669		E	
3										
KZN025	538	Jessisca Bompas	KwaZulu Natal		1	00:13.15	785	3.0	E	
ECA053	53	Jami-Leigh Goeda	Eastern Cape Province		2	00:13.31	764		E	
FSA042	149	Elandré Pulzone	Free State Province		3	00:13.62	725		E	
FSA044	151	Jessica Nel	Free State Province		4	00:13.67	719		E	
MPU035	716	Precious Moitsi	Mpumalanga Province		5	00:14.39	641		E	

110 G-12 Girls-12 : 100 m

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
Semi-Finals										
1										
MPU026	707	Jeanika Barnard	Mpumalanga Province		1	00:13.06	797	2.4	E	
KZN025	538	Jessisca Bompas	KwaZulu Natal		2	00:13.25	771		E	
NWP028	893	Nicola vd Merwe	North West Province		3	00:13.28	768		E	
GAU197	489	Carla Hattingh	Gauteng Province		4	00:13.56	733		E	
FSA042	149	Elandré Pulzone	Free State Province		5	00:13.58	730		E	
GAU062	354	Ane J v Rensburg	Gauteng Province		6	00:13.61	727		E	
FSA044	151	Jessica Nel	Free State Province		7	00:13.74	711		E	
WCA138	1119	Carla Stevens	Western Cape Province		8	00:14.32	648		E	
2										
WCA132	1114	Cadi Josias	Western Cape Province		1	00:13.35	759	-1.7	E	
ECA053	53	Jami-Leigh Goeda	Eastern Cape Province		2	00:13.55	734		E	
NCA040	846	Lennia Shoti	Northern Cape Province		3	00:13.64	723		E	
WCA129	1111	Julandi du Toit	Western Cape Province		4	00:13.65	722		E	
FSA043	150	Elmarie Nieuwoudt	Free State Province		5	00:13.72	714		E	
FSA041	148	Lené van Deventer	Free State Province		6	00:13.72	714		E	
MPU031	712	Chanté Koen	Mpumalanga Province		7	00:13.73	712		E	
GAU140	432	Nontombi Xeyi	Gauteng Province		8	00:13.76	709		E	



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G-12 Girls-12

128	G-12	Girls-12 : 100 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA132	1114	Cadi Josias	Western Cape Province		1	00:12.88	822	2.4	E	
MPU026	707	Jeanika Barnard	Mpumalanga Province		2	00:12.88	822	2.4	E	
KZN025	538	Jessisca Bompas	KwaZulu Natal		3	00:13.07	796	2.4	E	
ECA053	53	Jami-Leigh Goeda	Eastern Cape Province		4	00:13.19	779	2.4	E	
NWP028	893	Nicola vd Merwe	North West Province		5	00:13.31	764	2.4	E	
NCA040	846	Lennia Shoti	Northern Cape Province		6	00:13.36	757	2.4	E	
GAU197	489	Carla Hattingh	Gauteng Province		7	00:13.47	744	2.4	E	
WCA129	1111	Julandi du Toit	Western Cape Province		8	00:13.50	740	2.4	E	

12	G-12	Girls-12 : 150 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
MPU026	707	Jeanika Barnard	Mpumalanga Province		1	00:19.76	852	1.7	E	
GAU197	489	Carla Hattingh	Gauteng Province		2	00:20.46	792		E	
FSA044	151	Jessica Nel	Free State Province		3	00:20.51	788		E	
MPU038	719	Glady Mokoena	Mpumalanga Province		4	00:20.60	781		E	
FSA042	149	Elandré Pulzone	Free State Province		5	00:20.64	778		E	
GAU140	432	Nontombi Xeyi	Gauteng Province		6	00:21.07	746		E	
LIM046	648	Ireen Strydom	Limpopo Province		7	00:21.49	717		E	
2										
WCA132	1114	Cadi Josias	Western Cape Province		1	00:19.91	839	1.0	E	
FSA041	148	Lené van Deventer	Free State Province		2	00:20.30	805		E	
GAU142	434	Maureen Shivambu	Gauteng Province		3	00:20.76	769		E	
FSA043	150	Elmarie Nieuwoudt	Free State Province		4	00:20.98	753		E	
MPU030	711	Ansu Klopper	Mpumalanga Province		5	00:21.07	746		E	
KZN062	575	Olivier Charlida	KwaZulu Natal		6	00:21.50	716		E	
NCA045	851	Kutlwano Molusi	Northern Cape Province		7	00:22.00	683		E	
GAU141	433	Mosela Motsoeneng	Gauteng Province		8	00:34.26	211		E	
3										
LIM045	647	Remoneilwe Phasha	Limpopo Province		1	00:19.84	845	2.2	E	
WCA128	1110	Rune du Plessis	Western Cape Province		2	00:19.89	840		E	
KZN025	538	Jessisca Bompas	KwaZulu Natal		3	00:19.90	839		E	
NWP028	893	Nicola vd Merwe	North West Province		4	00:19.95	835		E	
ECA053	53	Jami-Leigh Goeda	Eastern Cape Province		5	00:19.99	832		E	
GAU191	483	Cloe Schoeman	Gauteng Province		6	00:20.40	797		E	
WCA129	1111	Julandi du Toit	Western Cape Province		7	00:20.94	756		E	
NCA042	848	Ipeleng James	Northern Cape Province		8	00:21.15	740		E	



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G-12 Girls-12

35	G-12	Girls-12 : 150 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
				1						
MPU026	707	Jeanika Barnard	Mpumalanga Province		1	00:19.60	867	0.7	E	
WCA132	1114	Cadi Josias	Western Cape Province		2	00:19.91	839		E	
ECA053	53	Jami-Leigh Goeda	Eastern Cape Province		3	00:20.03	828		E	
WCA128	1110	Rune du Plessis	Western Cape Province		4	00:20.28	807		E	
WCA129	1111	Julandi du Toit	Western Cape Province		5	00:20.46	792		E	
FSA042	149	Elandré Pulzone	Free State Province		6	00:20.55	785		E	
FSA044	151	Jessica Nel	Free State Province		7	00:20.56	784		E	
				2						
LIM045	647	Remoneilwe Phasha	Limpopo Province		1	00:20.12	820	-1.9	E	
FSA041	148	Lené van Deventer	Free State Province		2	00:20.14	819		E	
NWP028	893	Nicola vd Merwe	North West Province		3	00:20.26	809		E	
KZN025	538	Jessisca Bompas	KwaZulu Natal		4	00:20.33	803		E	
MPU038	719	Glady Mokoena	Mpumalanga Province		5	00:20.55	785		E	
GAU197	489	Carla Hattingh	Gauteng Province		6	00:20.66	777		E	
GAU142	434	Maureen Shivambu	Gauteng Province		7	00:20.92	757		E	
FSA043	150	Elmarie Nieuwoudt	Free State Province		8	00:21.27	732		E	

52 G-12 Girls-12 : 150 m

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
Final										
MPU026	707	Jeanika Barnard	Mpumalanga Province		1	00:19.61	866	0.0	E	
WCA132	1114	Cadi Josias	Western Cape Province		2	00:19.78	850	0.0	E	
LIM045	647	Remoneilwe Phasha	Limpopo Province		3	00:19.94	836	0.0	E	
WCA128	1110	Rune du Plessis	Western Cape Province		4	00:19.98	832	0.0	E	
FSA041	148	Lené van Deventer	Free State Province		5	00:20.03	828	0.0	E	
KZN025	538	Jessisca Bompas	KwaZulu Natal		6	00:20.16	817	0.0	E	
NWP028	893	Nicola vd Merwe	North West Province		7	00:20.43	795	0.0	E	
ECA053	53	Jami-Leigh Goeda	Eastern Cape Province		8	00:20.51	788	0.0	E	

43 G-12 Girls-12 : 1200 m

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
Heats										
				1						
GAU077	369	Done Grove	Gauteng Province		1	03:55.02	841		E	
NWP032	897	Naome Kgopa	North West Province		2	03:55.07	840		E	
LIM042	644	Phomelelo Makofane	Limpopo Province		3	03:56.16	833		E	
KZN056	569	Lee- Anne Blake	KwaZulu Natal		4	03:58.12	821		E	
WCA144	1125	B Witbooi	Western Cape Province		5	04:01.11	803		E	
GAU076	368	Ntombenhle Seabe	Gauteng Province		6	04:01.68	799		E	
MPU028	709	Nicola Cronje	Mpumalanga Province		7	04:07.34	767		E	
LIM043	645	Dipuo Mashishi	Limpopo Province		8	04:43.78	601		E	
				2						
FSA045	152	Nicole Louw	Free State Province		1	03:50.40	872		E	
FSA046	153	Kedibone Sithuntsha	Free State Province		2	03:55.60	837		E	
LIM040	642	Christelle Coetzer	Limpopo Province		3	03:57.05	828		E	
GAU078	370	Lehandri Welmans	Gauteng Province		4	03:59.32	814		E	
FSA047	154	Chandré Erasmus	Free State Province		5	04:02.32	796		E	
WCA125	1107	Gabrielle Bennett	Western Cape Province		6	04:06.52	772		E	
MPU033	714	Khanyisile Lukhele	Mpumalanga Province		7	04:27.55	668		E	
MPU036	717	Nomqibelo Minisi	Mpumalanga Province		8	04:36.97	628		E	



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Result per Age

G-12 Girls-12

114	G-12	Girls-12 : 1200 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA045	152	Nicole Louw	Free State Province		1	03:44.92	912		E	
KZN056	569	Lee- Anne Blake	KwaZulu Natal		2	03:45.68	906		E	
NWP032	897	Naome Kgopa	North West Province		3	03:54.31	845		E	
FSA046	153	Kedibone Sithuntsha	Free State Province		4	03:55.07	840		E	
GAU076	368	Ntombenhle Seabe	Gauteng Province		5	03:55.10	840		E	
FSA047	154	Chandré Erasmus	Free State Province		6	03:55.24	839		E	
LIM042	644	Phomelelo Makofane	Limpopo Province		7	03:55.57	837		E	
GAU077	369	Done Grove	Gauteng Province		8	03:57.56	824		E	

26	G-12	Girls-12 : 75 m Hurdles		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU163	455	Dayna Vos	Gauteng Province		1	00:12.23	877	-0.8	E	
WCA142	1123	Janke van Schalkwyk	Western Cape Province		2	00:12.33	867		E	
MPU039	720	Jani Ané Senekal	Mpumalanga Province		3	00:12.36	865		E	
MPU032	713	Telane Ludeke	Mpumalanga Province		4	00:12.40	861		E	
ECA044	44	Heide De Lange	Eastern Cape Province		5	00:12.72	832		E	
NCA044	850	Sabrinah Phillander	Northern Cape Province		6	00:13.13	798		E	
2										
GAU126	418	Rachel Marais	Gauteng Province		1	00:11.85	916	2.6	E	
GAU124	416	Gontse Morake	Gauteng Province		2	00:12.12	888		E	
FSA049	156	Inge Verster	Free State Province		3	00:12.28	872		E	
MPU041	722	Karissa van Wyk	Mpumalanga Province		4	00:12.58	844		E	
FSA050	157	Morgan Paterson	Free State Province		5	00:12.60	843		E	
WCA124	1106	Mieke Basson	Western Cape Province		6	00:12.74	830		E	
3										
WCA128	1110	Rune du Plessis	Western Cape Province		1	00:12.13	887	-1.3	E	
GAU125	417	Antoniet vd Merwe	Gauteng Province		2	00:12.31	869		E	
FSA048	155	Stephanie Foord	Free State Province		3	00:12.44	857		E	
NWP035	900	Kayla v Tonder	North West Province		4	00:12.55	847		E	
NWP034	899	Buhle Siko	North West Province		5	00:12.67	836		E	
FSA051	158	Bianca Engelbrecht	Free State Province		6	00:12.86	820		E	

63	G-12	Girls-12 : 75 m Hurdles		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU126	418	Rachel Marais	Gauteng Province		1	00:11.79	922	0.5	E	
GAU163	455	Dayna Vos	Gauteng Province		2	00:11.80	921	0.5	E	
GAU124	416	Gontse Morake	Gauteng Province		3	00:11.86	915	0.5	E	
GAU125	417	Antoniet vd Merwe	Gauteng Province		4	00:12.12	888	0.5	E	
WCA128	1110	Rune du Plessis	Western Cape Province		5	00:12.15	885	0.5	E	
FSA049	156	Inge Verster	Free State Province		6	00:12.27	873	0.5	E	
WCA142	1123	Janke van Schalkwyk	Western Cape Province		7	00:12.31	869	0.5	E	
MPU039	720	Jani Ané Senekal	Mpumalanga Province		8	00:12.33	867	0.5	E	



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G-12 Girls-12

97	G-12	Girls-12 : 150 m Hurdles					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU164	456	Jana Ferreira	Gauteng Province		1	00:22.51	922	1.1	E	
GAU125	417	Antoniet vd Merwe	Gauteng Province		2	00:22.81	907		E	
WCA142	1123	Janke van Schalkwyk	Western Cape Province		3	00:22.91	902		E	
FSA049	156	Inge Verster	Free State Province		4	00:23.35	880		E	
WCA133	1115	Leandré Ketch	Western Cape Province		5	00:23.40	878		E	
ECA044	44	Heide De Lange	Eastern Cape Province		6	00:23.51	872		E	
NWP035	900	Kayla v Tonder	North West Province		7	00:24.72	820		E	
2										
NWP023	888	Andrea De Waal	North West Province		1	00:22.98	898	0.7	E	
GAU191	483	Cloe Schoeman	Gauteng Province		2	00:23.42	877		E	
FSA051	158	Bianca Engelbrecht	Free State Province		3	00:23.60	868		E	
MPU039	720	Jani Ané Senekal	Mpumalanga Province		4	00:23.75	861		E	
NWP036	901	Nicole Viljoen	North West Province		5	00:24.70	820		E	
MPU034	715	Karabo Legodi	Mpumalanga Province		6	00:24.85	814		E	
3										
GAU124	416	Gontse Morake	Gauteng Province		1	00:23.34	880	1.4	E	
FSA048	155	Stephanie Foord	Free State Province		2	00:23.35	880		E	
MPU041	722	Karissa van Wyk	Mpumalanga Province		3	00:23.62	867		E	
MPU032	713	Telane Ludeke	Mpumalanga Province		4	00:23.66	865		E	
WCA124	1106	Mieke Basson	Western Cape Province		6	00:27.08	734		E	
KZN062	575	Olivier Charlida	KwaZulu Natal		7	00:24.99	809		E	

116	G-12	Girls-12 : 150 m Hurdles					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU124	416	Gontse Morake	Gauteng Province		1	00:22.00	950	0.8	E	
GAU164	456	Jana Ferreira	Gauteng Province		2	00:22.62	916	0.8	E	
FSA048	155	Stephanie Foord	Free State Province		3	00:22.69	913	0.8	E	
GAU125	417	Antoniet vd Merwe	Gauteng Province		4	00:22.86	904	0.8	E	
WCA142	1123	Janke van Schalkwyk	Western Cape Province		5	00:23.22	886	0.8	E	
FSA049	156	Inge Verster	Free State Province		6	00:23.45	875	0.8	E	
NWP023	888	Andrea De Waal	North West Province		7	00:23.59	869	0.8	E	
GAU191	483	Cloe Schoeman	Gauteng Province		8	00:23.75	861	0.8	E	

73	G-12	Girls-12 : 4X100 m Relay					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA180	287	Free State G/12	Free State Province		1	00:57.00	737		E	
ECAA04	102	Eastern Cape	Eastern Cape Province		1	00:56.00	767		E	
NCAA03	861	Northern Cape	Northern Cape Province		1	00:54.00	833		E	
WCA180	1161	Western Cape	Western Cape Province		1	00:56.00	767		E	
LIMA03	676	Limpopo	Limpopo Province		1	00:54.50	815		E	
NWPA03	981	North West	North West Province		1	00:55.50	783		E	
GAUA03	508	Gauteng	Gauteng Province		1	00:56.50	752		E	
MPUA03	805	Mpumalanga	Mpumalanga Province		1	00:53.00	870		E	



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139 G-12 Girls-12 : 4X100 m Relay										Final	
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record			
MPUA03 805	Mpumalanga	Mpumalanga Province	1	00:53.40	854		E				
WCA180 1161	Western Cape	Western Cape Province	2	00:53.72	843		E				
FSA180 287	Free State G/12	Free State Province	3	00:54.04	831		E				
GAUA03 508	Gauteng	Gauteng Province	4	00:54.51	815		E				
NWPA03 981	North West	North West Province	5	00:55.77	774		E				

5 G-12 Girls-12 : High Jump										Final	
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record			
MPU032 713	Telane Ludeke	Mpumalanga Province	1	1.50	833		E				
GAU057 349	Ivana Venn	Gauteng Province	2	1.50	833		E				
NWP033 898	Onthatile Marumo	North West Province	3	1.50	833		E				
ECA049 49	C Langenhoven	Eastern Cape Province	4	1.45	766		E				
GAU056 348	Jeane Minaar	Gauteng Province	5	1.45	766		E				
FSA053 160	Arné vd Merwe	Free State Province	6	1.45	766		E				
NWP039 904	Agiada Tshivehiahivhu	North West Province	7	1.45	766		E				
ECA048 48	Meike Du Toit	Eastern Cape Province	8	1.40	699		E				

81 G-12 Girls-12 : Long Jump										Final	
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record			
GAU004 296	Janeke vd Merwe	Gauteng Province	1	4.53	724	1.82	E				
GAU062 354	Ane J v Rensburg	Gauteng Province	2	4.52	719		E				
MPU038 719	Glady Mokoena	Mpumalanga Province	3	4.51	715		E				
WCA142 1123	Janke van Schalkwyk	Western Cape Province	4	4.42	677		E				
MPU030 711	Ansu Klopper	Mpumalanga Province	5	4.38	660		E				
WCA128 1110	Rune du Plessis	Western Cape Province	6	4.38	660		E				
GAU063 355	Liane v Jaarsveld	Gauteng Province	7	4.35	647		E				
NWP026 891	Jordan Durand	North West Province	8	4.30	626		E				

109 G-12 Girls-12 : Shot Put										Final	
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record			
FSA057 164	Rhody Grobbelaar	Free State Province	1	11.13	918		E				
WCA126 1108	Elme Botha	Western Cape Province	2	11.05	916		E				
GAU009 301	Danae J v Rensburg	Gauteng Province	3	10.08	889		E				
GAU020 312	Izel Du Plessis	Gauteng Province	4	10.03	886		E				
MPU027 708	Karla Bruwer	Mpumalanga Province	5	9.76	873		E				
NCA043 849	Jurie Lambrechts	Northern Cape Province	6	9.74	872		E				

45 G-12 Girls-12 : Discus Throw										Final	
Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record			
FSA057 164	Rhody Grobbelaar	Free State Province	1	33.97	958		E				
GAU004 296	Janeke vd Merwe	Gauteng Province	2	30.10	920		E				
KZN014 527	Zandri Meyer	KwaZulu Natal	3	28.78	907		E				
WCA126 1108	Elme Botha	Western Cape Province	4	28.30	903		E				
NWP025 890	Martha Coetzee	North West Province	5	26.70	874		E				
NWP024 889	Hanrike Vos	North West Province	6	26.45	868		E				
MPU037 718	Anulume Mentz	Mpumalanga Province	7	25.79	854		E				
FSA060 167	Nelia van Jaarsveld	Free State Province	8	25.54	849		E				



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Result per Age

G-12 Girls-12

19	G-12	Girls-12 : Javelin							Final
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E Record
GAU007	299	Nushka De Beer	Gauteng Province		1	34.07	931		E
WCA141	1122	Jana van Schalkwyk	Western Cape Province		2	30.62	892		E
GAU009	301	Danae J v Rensburg	Gauteng Province		3	29.66	871		E
FSA061	168	Anneke Maritz	Free State Province		4	27.99	833		E
NWP029	894	Clarissa Weyer	North West Province		5	27.79	828		E
WCA131	1113	Charlene Jansen	Western Cape Province		6	27.58	823		E
NWP025	890	Martha Coetzee	North West Province		7	24.56	750		E



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Result per Age

G-13 Girls-13

88	G-13	Girls-13 : 100 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
FSA063	170	Ané van der Merwe	Free State Province		1	00:12.69	803	0.8	E	
GAU119	411	Tunet Trumpie	Gauteng Province		2	00:12.89	775		E	
FSA065	172	Iliscke Newhoff	Free State Province		3	00:13.05	754		E	
NWP042	907	Megan Oelofse	North West Province		4	00:13.27	726		E	
MPU044	725	Kelly Anne Bourne	Mpumalanga Province		5	00:13.32	720		E	
ECA076	76	S Botha	Eastern Cape Province		6	00:13.55	693		E	
2										
WCA157	1138	Tamzyn Groenewald	Western Cape Province		1	00:12.99	762		E	
GAU136	428	Bianke Schoeman	Gauteng Province		2	00:13.05	754		E	
WCA148	1129	Anina Claassen	Western Cape Province		3	00:13.19	736	1	E	
MPU048	729	Danielle Anne Labuschagne	Mpumalanga Province		4	00:13.48	701		E	
NCA048	854	Aletta Engelbrecht	Northern Cape Province		5	00:13.64	683		E	
ECA073	73	Sisipho Xamlashe	Eastern Cape Province		6	00:13.79	667		E	
3										
FSA064	171	Joviale Mbisha	Free State Province		1	00:12.77	792	2.0	E	
MPU049	730	Lydia Landman	Mpumalanga Province		2	00:13.08	750		E	
WCA165	1146	Brithaney Ludick	Western Cape Province		3	00:13.12	745		E	
GAU170	462	Toinette Murray	Gauteng Province		4	00:13.15	741		E	
GAU190	482	Skye Chetty	Gauteng Province		5	00:13.18	738		E	
FSA066	173	Chantelize van den Berg	Free State Province		6	00:13.50	699		E	
NCA052	858	Elzandri van Wyk	Northern Cape Province		7	00:13.83	662		E	

112 G-13 Girls-13 : 100 m

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
FSA063	170	Ané van der Merwe	Free State Province		1	00:12.67	806	-0.2	E	
GAU119	411	Tunet Trumpie	Gauteng Province		2	00:13.00	761		E	
FSA065	172	Iliscke Newhoff	Free State Province		3	00:13.09	749		E	
WCA148	1129	Anina Claassen	Western Cape Province		4	00:13.11	746		E	
MPU049	730	Lydia Landman	Mpumalanga Province		5	00:13.19	736		E	
GAU170	462	Toinette Murray	Gauteng Province		6	00:13.25	729		E	
MPU044	725	Kelly Anne Bourne	Mpumalanga Province		7	00:13.35	717		E	
FSA066	173	Chantelize van den Berg	Free State Province		8	00:13.71	675		E	
2										
FSA064	171	Joviale Mbisha	Free State Province		1	00:12.85	781	1.1	E	
WCA157	1138	Tamzyn Groenewald	Western Cape Province		2	00:12.92	771		E	
GAU136	428	Bianke Schoeman	Gauteng Province		3	00:13.02	758		E	
WCA165	1146	Brithaney Ludick	Western Cape Province		4	00:13.13	744		E	
GAU190	482	Skye Chetty	Gauteng Province		5	00:13.39	712		E	
ECA076	76	S Botha	Eastern Cape Province		6	00:13.43	707		E	
NWP042	907	Megan Oelofse	North West Province		7	00:13.45	705		E	
MPU048	729	Danielle Anne Labuschagne	Mpumalanga Province		8	00:13.48	701		E	



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G-13 Girls-13

130	G-13	Girls-13 : 100 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA063	170	Ané van der Merwe	Free State Province		1	00:12.63	812	2.3	E	
FSA064	171	Joviale Mbisha	Free State Province		2	00:12.79	789	2.3	E	
WCA157	1138	Tamzyn Groenewald	Western Cape Province		3	00:12.87	778	2.3	E	
FSA065	172	Ilisce Newhoff	Free State Province		4	00:13.04	755	2.3	E	
GAU119	411	Tunet Trumpie	Gauteng Province		5	00:13.09	749	2.3	E	
GAU136	428	Bianke Schoeman	Gauteng Province		6	00:13.10	748	2.3	E	
WCA165	1146	Brithaney Ludick	Western Cape Province		7	00:13.16	740	2.3	E	
WCA148	1129	Anina Claassen	Western Cape Province		8	00:13.23	731	2.3	E	

14	G-13	Girls-13 : 200 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
FSA063	170	Ané van der Merwe	Free State Province		1	00:25.85	932	0.7	E	
WCA148	1129	Anina Claassen	Western Cape Province		2	00:26.96	858		E	
NWP052	917	Bianca Gerber	North West Province		3	00:27.20	843		E	
GAU137	429	Simone Kellerman	Gauteng Province		4	00:27.72	814		E	
FSA067	174	Elizna Greeff	Free State Province		5	00:28.24	785		E	
MPU054	735	Lusanda Mbatsane	Mpumalanga Province		6	00:28.55	770		E	
2										
GAU136	428	Bianke Schoeman	Gauteng Province		1	00:27.14	847	0.3	E	
GAU138	430	Denise Grung	Gauteng Province		2	00:27.59	821		E	
MPU044	725	Kelly Anne Bourne	Mpumalanga Province		3	00:27.82	808		E	
ECA076	76	S Botha	Eastern Cape Province		4	00:27.83	807		E	
LIM057	659	Kgadima Manoko	Limpopo Province		5	00:27.85	806		E	
WCA158	1139	Michelle Groves	Western Cape Province		6	00:27.91	803		E	
NCA051	857	Kaylee-Ann Milford	Northern Cape Province		7	00:29.47	725		E	
3										
GAU190	482	Skye Chetty	Gauteng Province		1	00:26.75	871	2.0	E	
LIM054	656	Zenobia Jewaskewietz	Limpopo Province		2	00:26.95	859		E	
FSA066	173	Chantelize van den Berg	Free State Province		3	00:27.07	851		E	
WCA165	1146	Brithaney Ludick	Western Cape Province		4	00:27.93	802		E	
ECA073	73	Sisipho Xamlashe	Eastern Cape Province		5	00:28.15	790		E	
MPU056	737	Dané Pretorius	Mpumalanga Province		6	00:28.69	763		E	



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G-13 Girls-13

37	G-13	Girls-13 : 200 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
				1						
FSA063	170	Ané van der Merwe	Free State Province		1	00:26.02	920		E	
LIM054	656	Zenobia Jewaskewietz	Limpopo Province		2	00:27.13	848		E	
FSA066	173	Chantelize van den Berg	Free State Province		3	00:27.28	839		E	
GAU137	429	Simone Kellerman	Gauteng Province		4	00:27.32	836		E	
ECA076	76	S Botha	Eastern Cape Province		5	00:27.69	815		E	
WCA158	1139	Michelle Groves	Western Cape Province		6	00:27.80	809		E	
ECA073	73	Sisipho Xamlashe	Eastern Cape Province		7	00:29.17	739		E	
				2						
GAU190	482	Skye Chetty	Gauteng Province		1	00:26.67	876		E	
WCA148	1129	Anina Claassen	Western Cape Province		2	00:26.70	874		E	
GAU136	428	Bianke Schoeman	Gauteng Province		3	00:26.81	867		E	
GAU138	430	Denise Grung	Gauteng Province		4	00:27.02	854		E	
LIM057	659	Kgadima Manoko	Limpopo Province		5	00:27.16	846		E	
MPU044	725	Kelly Anne Bourne	Mpumalanga Province		6	00:27.48	827		E	
WCA165	1146	Brithaney Ludick	Western Cape Province		7	00:27.67	816		E	
FSA067	174	Elizna Greeff	Free State Province		8	00:28.29	783		E	

54 G-13 Girls-13 : 200 m

Final

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA063	170	Ané van der Merwe	Free State Province		1	00:25.91	928	0.0	E	
GAU136	428	Bianke Schoeman	Gauteng Province		2	00:27.00	856	0.0	E	
GAU190	482	Skye Chetty	Gauteng Province		3	00:27.02	854	0.0	E	
WCA148	1129	Anina Claassen	Western Cape Province		4	00:27.11	849	0.0	E	
LIM054	656	Zenobia Jewaskewietz	Limpopo Province		5	00:27.17	845	0.0	E	
GAU138	430	Denise Grung	Gauteng Province		6	00:27.24	841	0.0	E	
FSA066	173	Chantelize van den Berg	Free State Province		7	00:27.34	835	0.0	E	
GAU137	429	Simone Kellerman	Gauteng Province		8	00:27.63	819	0.0	E	

11 G-13 Girls-13 : 800 m

Heats

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
				1						
GAU071	363	Mmamelema Matea	Gauteng Province		1	02:21.66	910		E	
MPU053	734	Thandi Masilela	Mpumalanga Province		1	02:21.59	911		E	
FSA069	176	Michelle Dykman	Free State Province		3	02:22.71	898		E	
LIM056	658	Isabel Makhura	Limpopo Province		4	02:26.37	856		E	
WCA153	1134	Anuska Enslin	Western Cape Province		5	02:26.48	855		E	
LIM062	664	Chante Treurnicht	Limpopo Province		6	02:28.05	839		E	
MPU046	727	Danielle Human	Mpumalanga Province		7	02:28.82	831		E	
NWP101	966	Marla Muntingh	North West Province		8	02:28.86	831		E	
				2						
FSA068	175	Ntsoaki Rampuru	Free State Province		1	02:21.72	909		E	
ECA075	75	Rosa Kirsten	Eastern Cape Province		2	02:23.46	889		E	
WCA155	1136	Kyle Geldenhuys	Western Cape Province		3	02:24.69	875		E	
GAU156	448	Zanie Labuschagne	Gauteng Province		4	02:25.20	869		E	
FSA070	177	Dimpho Makume	Free State Province		5	02:30.25	817		E	
LIM058	660	Thandi Moswana	Limpopo Province		6	02:31.66	803		E	
GAU157	449	Claudine Steyn	Gauteng Province		7	02:31.80	802		E	
GAU193	485	Kyla du Toit	Gauteng Province		8	02:35.47	769		E	



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G-13 Girls-13

67		G-13 Girls-13 : 800 m		Final						
Athlete		Team		Heat	Place	Performance	Table point	Wind	H/E	Record
ECA075	75	Rosa Kirsten	Eastern Cape Province		1	02:18.51	950		E	
GAU071	363	Mmamelema Matea	Gauteng Province		2	02:19.10	942		E	
GAU156	448	Zanie Labuschagne	Gauteng Province		3	02:21.65	910		E	
WCA155	1136	Kyle Geldenhuys	Western Cape Province		4	02:22.59	899		E	
FSA068	175	Ntsoaki Rampuru	Free State Province		5	02:22.89	895		E	
MPU046	727	Danielle Human	Mpumalanga Province		6	02:24.57	876		E	
FSA069	176	Michelle Dykman	Free State Province		7	02:24.86	873		E	

77		G-13 Girls-13 : 1500 m		Heats						
Athlete		Team		Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU071	363	Mmamelema Matea	Gauteng Province		1	04:59.01	893		E	
MPU046	727	Danielle Human	Mpumalanga Province		2	05:04.99	860		E	
FSA070	177	Dimpho Makume	Free State Province		3	05:07.18	849		E	
MPU061	742	Hayley van Coller	Mpumalanga Province		4	05:08.99	840		E	
GAU072	364	Itumeleng Rasekanya	Gauteng Province		5	05:18.80	794		E	
MPU043	724	Morele Bestow	Mpumalanga Province		6	05:26.05	763		E	
ECA078	78	Zizo Tyoli	Eastern Cape Province		7	05:26.10	763		E	
2										
GAU070	362	Lethabo Makgoga	Gauteng Province		1	04:58.44	896		E	
NWP049	914	Elanie van Zyl	North West Province		2	05:08.39	843		E	
FSA071	178	Kgomotso Kose	Free State Province		3	05:09.95	836		E	
LIM056	658	Isabel Makhura	Limpopo Province		4	05:10.34	834		E	
GAU156	448	Zanie Labuschagne	Gauteng Province		5	05:10.49	833		E	
WCA166	1147	Julinn Nero	Western Cape Province		6	05:21.15	784		E	
LIM058	660	Thandi Moswana	Limpopo Province		7	05:27.37	758		E	
ECA079	79	Siyanda Mnyaka	Eastern Cape Province		8	05:27.63	757		E	

132		G-13 Girls-13 : 1500 m		Final						
Athlete		Team		Heat	Place	Performance	Table point	Wind	H/E	Record
GAU070	362	Lethabo Makgoga	Gauteng Province		1	04:50.51	943		E	
GAU072	364	Itumeleng Rasekanya	Gauteng Province		2	04:50.69	942		E	
GAU071	363	Mmamelema Matea	Gauteng Province		3	04:54.57	918		E	
FSA070	177	Dimpho Makume	Free State Province		4	05:05.49	858		E	
LIM056	658	Isabel Makhura	Limpopo Province		5	05:08.23	844		E	
MPU046	727	Danielle Human	Mpumalanga Province		6	05:10.19	834		E	
LIM058	660	Thandi Moswana	Limpopo Province		7	05:15.53	809		E	
GAU156	448	Zanie Labuschagne	Gauteng Province		8	05:16.84	803		E	



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G-13 Girls-13

30	G-13	Girls-13 : 75 m Hurdles					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU098	390	Charne-Lee Olckers	Gauteng Province		1	00:11.87	897	-1.3	E	
GAU119	411	Tunet Trumpie	Gauteng Province		2	00:11.88	896		E	
FSA064	171	Joviale Mbisha	Free State Province		3	00:12.62	826		E	
NWP058	923	Elsune Hough	North West Province		4	00:12.83	808		E	
WCA150	1131	Sydney Crow	Western Cape Province		5	00:12.89	803		E	
ECA072	72	Simone Van Dyk	Eastern Cape Province		6	00:13.66	745		E	
2										
MPU049	730	Lydia Landman	Mpumalanga Province		1	00:11.84	900	0.1	E	
FSA065	172	Iliske Newhoff	Free State Province		2	00:11.99	885		E	
WCA157	1138	Tamzyn Groenewald	Western Cape Province		3	00:12.14	870		E	
NWP113	978	Geraldine Botha	North West Province		4	00:12.44	842		E	
WCA151	1132	Leandra Custodio	Western Cape Province		5	00:12.48	838		E	
ECA069	69	Janke Steenkamp	Eastern Cape Province		6	00:13.83	733		E	
3										
GAU120	412	Anke Rothmann	Gauteng Province		1	00:12.19	865	1.5	E	
MPU048	729	Danielle Anne Labuschagne	Mpumalanga Province		2	00:12.54	833		E	
FSA073	180	Marzé Verster	Free State Province		3	00:12.58	829		E	
GAU136	428	Bianke Schoeman	Gauteng Province		4	00:12.62	826		E	
NCA049	855	Mari Slabbert	Northern Cape Province		5	00:13.26	774		E	

65	G-13	Girls-13 : 75 m Hurdles					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU119	411	Tunet Trumpie	Gauteng Province		1	00:11.61	925	0.4	E	
MPU049	730	Lydia Landman	Mpumalanga Province		2	00:11.67	918	0.4	E	
FSA065	172	Iliske Newhoff	Free State Province		3	00:11.79	905	0.4	E	
WCA157	1138	Tamzyn Groenewald	Western Cape Province		4	00:11.86	898	0.4	E	
GAU120	412	Anke Rothmann	Gauteng Province		5	00:12.08	876	0.4	E	
NWP113	978	Geraldine Botha	North West Province		6	00:12.33	852	0.4	E	
MPU048	729	Danielle Anne Labuschagne	Mpumalanga Province		7	00:12.62	826	0.4	E	
GAU098	390	Charne-Lee Olckers	Gauteng Province		8	00:13.21	778	0.4	E	



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G-13 Girls-13

100	G-13	Girls-13 : 200 m Hurdles				Heats				
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
MPU049	730	Lydia Landman	Mpumalanga Province	1	00:30.24	906	1.4	E		
FSA064	171	Joviale Mbisha	Free State Province	2	00:30.39	900		E		
WCA158	1139	Michelle Groves	Western Cape Province	3	00:31.35	866		E		
NWP043	908	Shelmy Hall	North West Province	4	00:32.08	841		E		
MPU058	739	Annuska Smit	Mpumalanga Province	5	00:33.84	788		E		
ECA069	69	Janke Steenkamp	Eastern Cape Province	6	00:34.29	775		E		
2										
GAU026	318	Lonika Van Staden	Gauteng Province	1	00:30.66	890	0.7	E		
FSA074	181	Lu-Zahn Jv Rensburg	Free State Province	2	00:31.30	867		E		
GAU120	412	Anke Rothmann	Gauteng Province	3	00:32.26	835		E		
NWP044	909	Melissa Steenkamp	North West Province	4	00:32.31	834		E		
WCA156	1137	Lenè Geldenhuys	Western Cape Province	5	00:32.46	829		E		
FSA073	180	Marzè Verster	Free State Province	6	00:32.90	815		E		
3										
GAU119	411	Tunet Trumpie	Gauteng Province	1	00:30.21	907	0.5	E		
GAU160	452	Zeney vd Walt	Gauteng Province	2	00:31.05	876		E		
WCA162	1143	Rogail Joseph	Western Cape Province	3	00:31.51	860		E		
NWP042	907	Megan Oelofse	North West Province	4	00:31.59	857		E		
MPU059	740	Liezl Strauss	Mpumalanga Province	5	00:32.11	840		E		
ECA072	72	Simone Van Dyk	Eastern Cape Province	6	00:35.26	750		E		

118	G-13	Girls-13 : 200 m Hurdles				Final				
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU119	411	Tunet Trumpie	Gauteng Province	1	00:29.88	920	1.6	E		
MPU049	730	Lydia Landman	Mpumalanga Province	2	00:30.00	915	1.6	E		
FSA064	171	Joviale Mbisha	Free State Province	3	00:30.12	911	1.6	E		
GAU026	318	Lonika Van Staden	Gauteng Province	4	00:30.80	885	1.6	E		
FSA074	181	Lu-Zahn Jv Rensburg	Free State Province	5	00:30.82	884	1.6	E		
GAU160	452	Zeney vd Walt	Gauteng Province	6	00:31.09	875	1.6	E		
WCA158	1139	Michelle Groves	Western Cape Province	7	00:31.78	851	1.6	E		
WCA162	1143	Rogail Joseph	Western Cape Province	8	00:32.37	832	1.6	E		

56	G-13	Girls-13 : 1500 m Walk				Final				
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCA149	1130	Maria Conradie	Western Cape Province	1	08:10.56	944		E		
WCA164	1145	Anlé Loubser	Western Cape Province	3	08:13.11	941		E		
WCA152	1133	Hilda du Toit	Western Cape Province	4	08:14.94	939		E		
FSA075	182	Lesego Maphike	Free State Province	5	08:38.28	917		E		
FSA076	183	Xanthé Claase	Free State Province	6	08:50.71	906		E		
ECA066	66	Ayabukwa Bune	Eastern Cape Province	7	09:00.73	898		E		
ECA068	68	Asenathi Tom	Eastern Cape Province	8	09:21.99	880		E		



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75	G-13	Girls-13 : 4X100 m Relay					Heats			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
FSA181	288	Free State G/13	Free State Province	1	00:51.00	898		E		
ECAA05	103	Eastern Cape	Eastern Cape Province	1	00:53.00	822		E		
NCAA04	862	Northern Cape	Northern Cape Province	1	00:52.00	858		E		
WCA181	1162	Western Cape	Western Cape Province	1	00:58.00	671		E		
LIMA04	677	Limpopo	Limpopo Province	1	00:55.00	756		E		
NWPA04	982	North West	North West Province	1	00:54.00	788		E		
GAUA04	509	Gauteng	Gauteng Province	1	00:56.00	726		E		
MPUA04	806	Mpumalanga	Mpumalanga Province	1	00:57.00	698		E		

141	G-13	Girls-13 : 4X100 m Relay					Final			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
FSA181	288	Free State G/13	Free State Province	1	00:51.50	878		E		
GAUA04	509	Gauteng	Gauteng Province	2	00:51.82	865		E		
WCA181	1162	Western Cape	Western Cape Province	3	00:52.00	858		E		
MPUA04	806	Mpumalanga	Mpumalanga Province	4	00:53.06	819		E		
NWPA04	982	North West	North West Province	5	00:55.04	755		E		
ECAA05	103	Eastern Cape	Eastern Cape Province	6	00:55.81	731		E		
NCAA04	862	Northern Cape	Northern Cape Province	7	00:56.29	718		E		

79	G-13	Girls-13 : High Jump					Final			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
NWP050	915	Marionique Wentzel	North West Province	1	1.65	926		E		
GAU067	359	Michell Koso	Gauteng Province	2	1.65	926		E		
WCA171	1152	Simonn Swanevelder	Western Cape Province	3	1.56	811		E		
GAU068	360	Nica Human	Gauteng Province	4	1.56	811		E		
WCA167	1148	Tegan O'Grady	Western Cape Province	5	1.53	773		E		
GAU179	471	Jamie-Leigh Venter	Gauteng Province	6	1.53	773		E		
GAU069	361	Chinique Joubert	Gauteng Province	7	1.48	709		E		
FSA078	185	Bernice Kirsten	Free State Province	8	1.48	709		E		

3	G-13	Girls-13 : Long Jump					Final			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU067	359	Michell Koso	Gauteng Province	1	5.01	805		E		
LIM053	655	Chanté Ferreira	Limpopo Province	2	4.82	730		E		
GAU184	476	Nadene Niemand	Gauteng Province	3	4.76	706		E		
GAU097	389	Lana vd Vegt	Gauteng Province	4	4.75	702		E		
NWP051	916	Deline Mpiti	North West Province	5	4.71	686		E		
ECA073	73	Sisipho Xamlashe	Eastern Cape Province	6	4.68	674		E		
FSA079	186	Bea Gouws	Free State Province	7	4.55	621		E		
FSA081	188	Melissa Boshoff	Free State Province	8	4.52	609		E		

17	G-13	Girls-13 : Shot Put					Final			
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU036	328	Shane Opperman	Gauteng Province	1	12.56	932		E		
LIM053	655	Chanté Ferreira	Limpopo Province	2	11.77	915		E		
GAU037	329	Kaylee De Swart	Gauteng Province	3	11.72	914		E		
WCA160	1141	Elize-mari Jacobs	Western Cape Province	4	11.60	912		E		
NWP045	910	Carma Roussouw	North West Province	5	11.59	912		E		
ECA077	77	Meike Strydom	Eastern Cape Province	6	11.23	904		E		



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G-13 Girls-13

94	G-13	Girls-13 : Discus Throw					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU001	293	Juané Fourie	Gauteng Province		1	39.60	972		E	
FSA085	192	Colette Uys	Free State Province		2	37.84	955		E	
GAU003	295	Nadine Marai	Gauteng Province		3	36.34	942		E	
GAU002	294	Lucy Strydom	Gauteng Province		4	35.00	930		E	
NWP057	922	Karli de Wet	North West Province		5	34.73	928		E	
WCA170	1151	Anke Schreuder	Western Cape Province		6	34.30	924		E	
NWP100	965	Lize Blignaut	North West Province		7	33.62	918		E	
FSA083	190	Mila van Wyk	Free State Province		8	32.70	910		E	

121	G-13	Girls-13 : Javelin					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
LIM053	655	Chanté Ferreira	Limpopo Province		1	38.44	940		E	
GAU024	316	Nadine De Klerk	Gauteng Province		2	37.55	932		E	
WCA168	1149	Marlè Rademan	Western Cape Province		3	35.68	914		E	
GAU025	317	Lonika Maartens	Gauteng Province		4	34.81	906		E	
FSA086	193	Elzé Koegelenberg	Free State Province		5	32.72	873		E	
WCA163	1144	Mikyla Josephs	Western Cape Province		6	32.23	863		E	
FSA087	194	Milana Muller	Free State Province		7	31.60	850		E	
FSA066	173	Chantelize van den Berg	Free State Province		8	31.14	840		E	



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S-10 Boys-10

8	S-10	Boys-10 : 80 m		Heats						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
	GAU154 446	Wessel Van der Nest	Gauteng Province	1	00:10.79	769	0.6	E		
	GAU153 445	Jordan du Plessis	Gauteng Province	2	00:10.88	751		E		
	FSA090 197	Lehakwe Phumo	Free State Province	3	00:11.08	714		E		
	WCA014 1000	King David Momoh	Western Cape Province	4	00:11.11	708		E		
	MPU069 750	Benjamin Richardson	Mpumalanga Province	5	00:11.13	705		E		
	NWP064 929	Hendrik Olivier	North West Province	6	00:11.38	662		E		
2										
	GAU155 447	Ofentse Mampuru	Gauteng Province	1	00:11.03	723	1.6	E		
	NCA001 811	Keletso Seoposengwe	Northern Cape Province	2	00:11.05	719		E		
	NCA002 812	Edward Adams	Northern Cape Province	3	00:11.10	710		E		
	FSA091 198	Cornelis Smith	Free State Province	4	00:11.18	696		E		
	FSA089 196	Johan Olivier	Free State Province	5	00:11.33	670		E		
	MPU065 746	Gary Lubisi	Mpumalanga Province	6	00:11.82	594		E		
3										
	WCA001 987	Jared Africa	Western Cape Province	1	00:11.00	728	1.2	E		
	GAU192 484	Henry O'kenna	Gauteng Province	2	00:11.06	717		E		
	FSA088 195	Lucky Moleyane	Free State Province	3	00:11.15	701		E		
	MPU068 749	Manelise Ngobese	Mpumalanga Province	4	00:11.22	689		E		
	WCA016 1001	Thinus Saayman	Western Cape Province	5	00:11.28	679		E		
	NWP060 925	Emile Geysler	North West Province	6	00:11.30	675		E		

34 S-10 Boys-10 : 80 m

	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
Semi-Finals									
	GAU153 445	Jordan du Plessis	Gauteng Province	1	00:11.00	728		E	
	GAU155 447	Ofentse Mampuru	Gauteng Province	2	00:11.14	703		E	
	NCA002 812	Edward Adams	Northern Cape Province	3	00:11.15	701		E	
	GAU192 484	Henry O'kenna	Gauteng Province	4	00:11.19	694		E	
	MPU069 750	Benjamin Richardson	Mpumalanga Province	5	00:11.22	689		E	
	FSA091 198	Cornelis Smith	Free State Province	6	00:11.31	674		E	
	WCA016 1001	Thinus Saayman	Western Cape Province	7	00:11.39	660		E	
	FSA089 196	Johan Olivier	Free State Province	8	00:11.53	638		E	
1									
	GAU154 446	Wessel Van der Nest	Gauteng Province	1	00:10.85	757		E	
	WCA001 987	Jared Africa	Western Cape Province	2	00:10.99	730		E	
	NCA001 811	Keletso Seoposengwe	Northern Cape Province	3	00:11.05	719		E	
	WCA014 1000	King David Momoh	Western Cape Province	4	00:11.09	712		E	
	MPU068 749	Manelise Ngobese	Mpumalanga Province	5	00:11.25	684		E	
	FSA090 197	Lehakwe Phumo	Free State Province	6	00:11.28	679		E	
	FSA088 195	Lucky Moleyane	Free State Province	7	00:11.35	667		E	
	NWP060 925	Emile Geysler	North West Province	8	00:11.54	636		E	



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S-10 Boys-10

49	S-10	Boys-10 : 80 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU153	445	Jordan du Plessis	Gauteng Province		1	00:10.62	805	0.6	E	
GAU154	446	Wessel Van der Nest	Gauteng Province		2	00:10.65	798	0.6	E	
WCA014	1000	King David Momoh	Western Cape Province		3	00:10.80	767	0.6	E	
WCA001	987	Jared Africa	Western Cape Province		4	00:10.83	761	0.6	E	
GAU155	447	Ofentse Mampuru	Gauteng Province		5	00:10.85	757	0.6	E	
NCA001	811	Keletso Seoposengwe	Northern Cape Province		6	00:10.87	753	0.6	E	
NCA002	812	Edward Adams	Northern Cape Province		7	00:10.98	732	0.6	E	
GAU192	484	Henry O'kenna	Gauteng Province		8	00:11.20	692	0.6	E	

85	S-10	Boys-10 : 100 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU153	445	Jordan du Plessis	Gauteng Province		1	00:13.64	695	1.2	E	
WCA014	1000	King David Momoh	Western Cape Province		2	00:13.66	692		E	
NCA001	811	Keletso Seoposengwe	Northern Cape Province		3	00:13.82	671		E	
WCA006	992	Laney Joseph	Western Cape Province		4	00:13.94	656		E	
MPU065	746	Gary Lubisi	Mpumalanga Province		5	00:14.01	647		E	
NWP064	929	Hendrik Olivier	North West Province		6	00:14.17	628		E	
MPU068	749	Manelise Ngobese	Mpumalanga Province		7	00:14.55	584		E	
ECA021	21	Aphelele Pini	Eastern Cape Province		8	00:14.64	574		E	
2										
WCA001	987	Jared Africa	Western Cape Province		1	00:13.55	707	0.5	E	
GAU154	446	Wessel Van der Nest	Gauteng Province		2	00:13.61	699		E	
GAU192	484	Henry O'kenna	Gauteng Province		3	00:13.85	667		E	
LIM017	619	Molatelo Phafadu	Limpopo Province		4	00:14.00	648		E	
KZN027	540	Ethan Hooker	KwaZulu Natal		5	00:14.22	622		E	
NWP060	925	Emile Geyser	North West Province		6	00:14.34	608		E	
MPU069	750	Benjamin Richardson	Mpumalanga Province		7	00:14.40	601		E	
3										
NCA002	812	Edward Adams	Northern Cape Province		1	00:13.82	671	0.8	E	
FSA091	198	Cornelis Smith	Free State Province		2	00:13.95	655		E	
GAU155	447	Ofentse Mampuru	Gauteng Province		3	00:14.01	647		E	
FSA090	197	Lehakwe Phumo	Free State Province		4	00:14.16	629		E	
LIM016	618	Siphosihle Maluleke	Limpopo Province		5	00:14.30	612		E	
NWP063	928	Regard van Rooyen	North West Province		6	00:14.64	574		E	
ECA022	22	Tyler Heslop	Eastern Cape Province		7	00:14.92	545		E	



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Result per Age

S-10 Boys-10

103	S-10	Boys-10 : 100 m					Semi-Finals			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
		GAU153 445	Jordan du Plessis	Gauteng Province	1	00:13.33	738	0.7	E	
		WCA001 987	Jared Africa	Western Cape Province	2	00:13.33	738		E	
		GAU155 447	Ofentse Mampuru	Gauteng Province	3	00:13.58	703		E	
		GAU192 484	Henry O'kenna	Gauteng Province	4	00:13.63	696		E	
		NCA002 812	Edward Adams	Northern Cape Province	5	00:13.72	684		E	
		FSA090 197	Lehakwe Phumo	Free State Province	6	00:13.72	684		E	
		KZN027 540	Ethan Hooker	KwaZulu Natal	7	00:13.82	671		E	
		FSA091 198	Cornelis Smith	Free State Province	8	00:13.99	650		E	
2										
		WCA014 1000	King David Momoh	Western Cape Province	1	00:13.40	728	-0.8	E	
		MPU065 746	Gary Lubisi	Mpumalanga Province	2	00:13.46	720		E	
		GAU154 446	Wessel Van der Nest	Gauteng Province	3	00:13.49	715		E	
		NCA001 811	Keletso Seoposengwe	Northern Cape Province	4	00:13.61	699		E	
		WCA006 992	Laney Joseph	Western Cape Province	5	00:13.77	678		E	
		LIM017 619	Molatelo Phafadu	Limpopo Province	6	00:13.96	653		E	
		NWP064 929	Hendrik Olivier	North West Province	7	00:14.18	626		E	
		LIM016 618	Siphosihle Maluleke	Limpopo Province	8	00:14.88	549		E	

125 S-10 Boys-10 : 100 m

125	S-10	Boys-10 : 100 m					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
		GAU153 445	Jordan du Plessis	Gauteng Province	1	00:13.22	755	1.6	E	
		WCA001 987	Jared Africa	Western Cape Province	2	00:13.26	749	1.6	E	
		WCA014 1000	King David Momoh	Western Cape Province	3	00:13.26	749	1.6	E	
		MPU065 746	Gary Lubisi	Mpumalanga Province	4	00:13.39	730	1.6	E	
		GAU192 484	Henry O'kenna	Gauteng Province	5	00:13.47	718	1.6	E	
		GAU155 447	Ofentse Mampuru	Gauteng Province	6	00:13.50	714	1.6	E	
		NCA001 811	Keletso Seoposengwe	Northern Cape Province	7	00:13.54	708	1.6	E	
		GAU154 446	Wessel Van der Nest	Gauteng Province	8	00:13.60	700	1.6	E	

58 S-10 Boys-10 : 1200 m

58	S-10	Boys-10 : 1200 m					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
		ECA014 14	Tyeshani Liyabona	Eastern Cape Province	1	03:51.12	871		E	
		WCA003 989	Jaydin-lee de Villiers	Western Cape Province	2	03:54.86	835		E	
		LIM018 620	Marco Pratt	Limpopo Province	3	03:55.08	833		E	
		LIM013 615	Phuti Kubjana	Limpopo Province	4	04:00.06	789		E	
		GAU116 408	Dian Mulder	Gauteng Province	5	04:00.61	784		E	
		MPU071 752	Kyle Vd Colff	Mpumalanga Province	6	04:10.54	708		E	
		MPU075 756	Tsepo Zwane	Mpumalanga Province	7	04:11.27	702		E	
		LIM019 621	Tumisi Seboko	Limpopo Province	8	04:19.64	646		E	
2										
		ECA015 15	Avuyile Khwela	Eastern Cape Province	1	03:52.88	854		E	
		GAU115 407	Carl Roothman	Gauteng Province	2	03:55.88	826		E	
		NWP062 927	Phemelo Peter	North West Province	3	03:56.73	818		E	
		GAU114 406	Tshepo P Dastille	Gauteng Province	4	03:58.03	807		E	
		FSA094 201	Johan de Villiers	Free State Province	5	04:06.68	736		E	
		WCA008 994	Denielson Koopman	Western Cape Province	6	04:19.81	645		E	
		WCA011 997	Elvonsou Links	Western Cape Province	7	04:20.51	640		E	



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Result per Age

S-10 Boys-10

123	S-10	Boys-10 : 1200 m					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
ECA014	14	Tyeshani Liyabona	Eastern Cape Province		1	03:51.50	867		E	
GAU115	407	Carl Roothman	Gauteng Province		2	03:51.86	864		E	
ECA015	15	Avuyile Khwela	Eastern Cape Province		3	03:51.96	863		E	
FSA094	201	Johan de Villiers	Free State Province		4	03:54.08	842		E	
GAU116	408	Dian Mulder	Gauteng Province		5	03:58.18	805		E	
NWP062	927	Phemelo Peter	North West Province		6	04:04.07	756		E	
MPU071	752	Kyle Vd Colff	Mpumalanga Province		7	04:04.86	750		E	

25	S-10	Boys-10 : 70 m Hurdles					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
NWP063	928	Regard van Rooyen	North West Province		1	00:12.72	841		E	
1										
FSA096	203	Thabo Verster	Free State Province		1	00:12.12	913	-1.5	E	
GAU134	426	Zihan Bensch	Gauteng Province		2	00:12.53	863		E	
GAU101	393	Edrich Blignaut	Gauteng Province		3	00:13.01	810		E	
FSA090	197	Lehakwe Phumo	Free State Province		4	00:13.24	788		E	
FSA098	205	Lerato Manyana	Free State Province		5	00:13.40	772		E	
ECA011	11	Tiaan Van Wyk	Eastern Cape Province		6	00:15.05	640		E	
2										
FSA097	204	Banie Britz	Free State Province		1	00:12.40	878	-1.4	E	
GAU189	481	Dante Leasing	Gauteng Province		2	00:12.63	851		E	
GAU135	427	Ruben la Grange	Gauteng Province		3	00:12.72	841		E	
MPU074	755	Siphelele Zondo	Mpumalanga Province		4	00:13.16	795		E	
WCA004	990	Marco Enslin	Western Cape Province		5	00:13.22	790		E	
3										
GAU017	309	Adrian Joubert	Gauteng Province		1	00:11.93	938	1.7	E	
MPU067	748	Anele Ndlovu	Mpumalanga Province		1	00:13.47	766		E	
MPU070	751	Simphiwe Smith	Mpumalanga Province		1	00:13.55	759		E	
NCA004	814	Regan Isaks	Northern Cape Province		2	00:12.27	894		E	
WCA002	988	Connor Davis	Western Cape Province		3	00:12.30	890		E	
LIM010	612	Barend Bester	Limpopo Province		3	00:12.30	890		E	

60	S-10	Boys-10 : 70 m Hurdles					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
NWP063	928	Regard van Rooyen	North West Province		1	00:11.81	955	1.3	E	
GAU017	309	Adrian Joubert	Gauteng Province		2	00:11.95	936		E	
FSA096	203	Thabo Verster	Free State Province		3	00:11.99	930		E	
LIM010	612	Barend Bester	Limpopo Province		4	00:12.03	925		E	
GAU189	481	Dante Leasing	Gauteng Province		5	00:12.78	835		E	
NCA004	814	Regan Isaks	Northern Cape Province		6	00:13.05	806		E	
GAU135	427	Ruben la Grange	Gauteng Province		7	00:13.06	805		E	
GAU134	426	Zihan Bensch	Gauteng Province		8	00:13.37	775		E	



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Result per Age

S-10 Boys-10

70	S-10	Boys-10 : 4X100 m Relay					Heats			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
FSA182	289	Free State B/10	Free State Province	1	00:60.00	666		E		
ECAA06	104	Eastern Cape	Eastern Cape Province	1	00:61.00	642		E		
NCAA05	863	Northern Cape	Northern Cape Province	1	00:57.50	733		E		
WCA174	1155	Western Cape	Western Cape Province	1	00:58.50	705		E		
LIMA05	678	Limpopo	Limpopo Province	1	00:58.00	719		E		
NWPA05	983	North West	North West Province	1	00:57.00	747		E		
GAUA05	510	Gauteng	Gauteng Province	1	00:59.00	692		E		
MPUA05	807	Mpumalanga	Mpumalanga Province	1	00:56.00	778		E		

136	S-10	Boys-10 : 4X100 m Relay					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAUA05	510	Gauteng	Gauteng Province	1	00:54.02	844		E	R	
WCA174	1155	Western Cape	Western Cape Province	2	00:54.42	830		E		
MPUA05	807	Mpumalanga	Mpumalanga Province	3	00:54.45	829		E		
FSA182	289	Free State B/10	Free State Province	4	00:55.08	807		E		
NWPA05	983	North West	North West Province	5	00:56.08	775		E		
LIMA05	678	Limpopo	Limpopo Province	6	00:59.92	668		E		

27	S-10	Boys-10 : High Jump					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
LIM014	616	Tshepo Lekganyane	Limpopo Province	1	1.34	756		E		
ECA016	16	Xolisa Nqayi	Eastern Cape Province	2	1.34	756		E		
GAU100	392	Tristian Botha	Gauteng Province	2	1.34	756		E		
GAU099	391	Shaun Dee Gair	Gauteng Province	4	1.29	683		E		
WCA005	991	Sulaiman Hartzenberg	Western Cape Province	5	1.29	683		E		
WCA012	998	Herchelle Margerman	Western Cape Province	6	1.29	683		E		

106	S-10	Boys-10 : Long Jump					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
MPU066	747	Sthembiso Mayisela	Mpumalanga Province	1	4.48	811	0.6	E		
NWP064	929	Hendrik Olivier	North West Province	2	4.37	762		E		
WCA017	1002	Keeno Samuels	Western Cape Province	3	4.35	754		E		
GAU017	309	Adrian Joubert	Gauteng Province	4	4.32	740		E		
WCA020	1005	Justin Warriess	Western Cape Province	5	4.30	731		E		
GAU018	310	Ben Du Plessis	Gauteng Province	6	4.27	718		E		
NWP065	930	Lesedi Moloto	North West Province	7	4.24	704		E		
ECA019	19	Barend Du Preez	Eastern Cape Province	8	4.21	691		E		

108	S-10	Boys-10 : Shot Put					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
FSA104	211	Wian Muller	Free State Province	1	11.86	918		E	R	
GAU088	380	Damian Oosthuizen	Gauteng Province	2	11.48	897		E	R	
WCA007	993	Philippus Kleynhans	Western Cape Province	3	11.04	856		E		
GAU089	381	Vernon McLean	Gauteng Province	4	10.80	834		E		
ECA012	12	Aiden Strydom	Eastern Cape Province	5	10.36	792		E		
MPU072	753	Tijhan vd Walt	Mpumalanga Province	6	10.35	791		E		
GAU180	472	Johannes Claasen	Gauteng Province	7	10.23	779		E		
ECA013	13	Francois Spamer	Eastern Cape Province	8	10.03	759		E		



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S-11 Boys-11

10	S-11	Boys-11 : 80 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
		WCA026 1011	Cohen Galant	Western Cape Province	1	00:10.13	829	2.0	E	R
		NCA006 816	Cameron Simon	Northern Cape Province	2	00:10.63	723		E	
		ECA041 41	Kulu Ntsika	Eastern Cape Province	3	00:10.80	691		E	
		GAU148 440	Duncan Erasmus	Gauteng Province	4	00:10.82	688		E	
		NWP067 932	Mvuyo Moss	North West Province	5	00:10.82	688		E	
		WCA028 1013	Levandre Horne	Western Cape Province	6	00:10.85	682		E	
2										
		FSA106 213	Rappie Nkhahle	Free State Province	1	00:10.67	715	0.8	E	
		GAU129 421	Regardt Fourie	Gauteng Province	2	00:10.93	668		E	
		MPU087 768	Keagan Venter	Mpumalanga Province	3	00:10.99	658		E	
		FSA107 214	Carlos Davids	Free State Province	4	00:11.07	645		E	
		MPU084 765	NJ Pretorius	Mpumalanga Province	5	00:11.40	592		E	
3										
		WCA037 1022	Caleb Welkom	Western Cape Province	1	00:10.92	670	0.3	E	
		LIM035 637	Thato Nziyane	Limpopo Province	2	00:11.04	650		E	
		GAU149 441	Dylan J De Bruin	Gauteng Province	3	00:11.08	643		E	
		MPU086 767	Raimdenn vd Westhuizen	Mpumalanga Province	4	00:11.08	643		E	
		KZN012 525	Mark Grant	KwaZulu Natal	5	00:11.10	640		E	
		FSA108 215	Waiz Fredericks	Free State Province	6	00:11.16	630		E	

40 S-11 Boys-11 : 80 m

40	S-11	Boys-11 : 80 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
		ECA041 41	Kulu Ntsika	Eastern Cape Province	1	00:10.68	714	-0.1	E	
		NCA006 816	Cameron Simon	Northern Cape Province	2	00:10.70	710		E	
		GAU148 440	Duncan Erasmus	Gauteng Province	3	00:10.81	690		E	
		WCA037 1022	Caleb Welkom	Western Cape Province	4	00:10.92	670		E	
		MPU087 768	Keagan Venter	Mpumalanga Province	5	00:11.13	635		E	
		MPU086 767	Raimdenn vd Westhuizen	Mpumalanga Province	6	00:11.21	622		E	
		FSA107 214	Carlos Davids	Free State Province	7	00:11.22	620		E	
		FSA108 215	Waiz Fredericks	Free State Province	8	00:11.40	592		E	
1										
		WCA026 1011	Cohen Galant	Western Cape Province	1	00:10.23	806		E	
		FSA106 213	Rappie Nkhahle	Free State Province	2	00:10.50	749		E	
		NWP067 932	Mvuyo Moss	North West Province	3	00:10.66	717		E	
		GAU129 421	Regardt Fourie	Gauteng Province	4	00:10.89	675		E	
		LIM035 637	Thato Nziyane	Limpopo Province	5	00:10.91	672		E	
		WCA028 1013	Levandre Horne	Western Cape Province	6	00:10.93	668		E	
		KZN012 525	Mark Grant	KwaZulu Natal	7	00:10.95	665		E	
		GAU149 441	Dylan J De Bruin	Gauteng Province	8	00:11.00	656		E	

51 S-11 Boys-11 : 80 m

51	S-11	Boys-11 : 80 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
		WCA026 1011	Cohen Galant	Western Cape Province	1	00:10.10	836	1.1	E	R
		GAU148 440	Duncan Erasmus	Gauteng Province	2	00:10.56	737	1.1	E	
		WCA037 1022	Caleb Welkom	Western Cape Province	3	00:10.60	729	1.1	E	
		FSA106 213	Rappie Nkhahle	Free State Province	4	00:10.61	727	1.1	E	
		NCA006 816	Cameron Simon	Northern Cape Province	5	00:10.65	719	1.1	E	
		ECA041 41	Kulu Ntsika	Eastern Cape Province	6	00:10.67	715	1.1	E	
		NWP067 932	Mvuyo Moss	North West Province	7	00:10.70	710	1.1	E	
		GAU129 421	Regardt Fourie	Gauteng Province	8	00:11.04	650	1.1	E	



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S-11 Boys-11

87	S-11	Boys-11 : 100 m		Heats						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
GAU168	460	Julius Makhubela	Gauteng Province	1	00:13.08	704	-0.8	E		
FSA106	213	Rappie Nkhahle	Free State Province	2	00:13.21	686		E		
WCA028	1013	Levandre Horne	Western Cape Province	3	00:13.33	670		E		
NCA006	816	Cameron Simon	Northern Cape Province	4	00:13.53	643		E		
FSA109	216	Behan Vermaak	Free State Province	5	00:13.91	597		E		
ECA042	42	Mona Ntsika	Eastern Cape Province	6	00:13.99	588		E		
MPU087	768	Keagan Venter	Mpumalanga Province	7	00:13.99	588		E		
NWP067	932	Mvuyo Moss	North West Province	8	00:14.08	578		E		
2										
WCA026	1011	Cohen Galant	Western Cape Province	1	00:12.56	784	0.2	E		
GAU148	440	Duncan Erasmus	Gauteng Province	2	00:13.38	663		E		
GAU149	441	Dylan J De Bruin	Gauteng Province	3	00:13.63	631		E		
FSA107	214	Carlos Davids	Free State Province	4	00:13.95	592		E		
LIM033	635	Thabang Nwamafela	Limpopo Province	5	00:14.00	587		E		
3										
WCA032	1017	Warrick Pheifer	Western Cape Province	1	00:13.41	659	1.8	E		
GAU129	421	Regardt Fourie	Gauteng Province	2	00:13.48	650		E		
WCA037	1022	Caleb Welkom	Western Cape Province	3	00:13.50	647		E		
ECA043	43	Chulumanco Mguya	Eastern Cape Province	4	00:13.75	616		E		
FSA108	215	Waiz Fredericks	Free State Province	5	00:14.09	576		E		
MPU086	767	Raimdenn vd Westhuizen	Mpumalanga Province	6	00:14.18	566		E		

105 S-11 Boys-11 : 100 m

105	S-11	Boys-11 : 100 m		Semi-Finals						
	Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
1										
WCA026	1011	Cohen Galant	Western Cape Province	1	00:12.60	777	-0.1	E		
FSA106	213	Rappie Nkhahle	Free State Province	2	00:13.06	707		E		
GAU148	440	Duncan Erasmus	Gauteng Province	3	00:13.34	668		E		
NCA006	816	Cameron Simon	Northern Cape Province	4	00:13.37	664		E		
ECA043	43	Chulumanco Mguya	Eastern Cape Province	5	00:13.48	650		E		
GAU129	421	Regardt Fourie	Gauteng Province	6	00:13.57	638		E		
MPU087	768	Keagan Venter	Mpumalanga Province	7	00:13.81	609		E		
FSA107	214	Carlos Davids	Free State Province	8	00:13.94	594		E		
2										
GAU168	460	Julius Makhubela	Gauteng Province	1	00:12.69	763	1.5	E		
WCA032	1017	Warrick Pheifer	Western Cape Province	2	00:13.15	694		E		
WCA028	1013	Levandre Horne	Western Cape Province	3	00:13.25	680		E		
WCA037	1022	Caleb Welkom	Western Cape Province	4	00:13.26	679		E		
GAU149	441	Dylan J De Bruin	Gauteng Province	5	00:13.70	622		E		
ECA042	42	Mona Ntsika	Eastern Cape Province	6	00:13.92	596		E		
LIM033	635	Thabang Nwamafela	Limpopo Province	7	00:14.06	580		E		
FSA109	216	Behan Vermaak	Free State Province	8	00:14.13	572		E		



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S-11 Boys-11

127	S-11	Boys-11 : 100 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA026	1011	Cohen Galant	Western Cape Province		1	00:12.44	804	-0.5	E	
GAU168	460	Julius Makhubela	Gauteng Province		2	00:12.76	752	-0.5	E	
FSA106	213	Rappie Nkhahle	Free State Province		3	00:13.01	714	-0.5	E	
GAU148	440	Duncan Erasmus	Gauteng Province		4	00:13.28	676	-0.5	E	
NCA006	816	Cameron Simon	Northern Cape Province		5	00:13.37	664	-0.5	E	
WCA037	1022	Caleb Welkom	Western Cape Province		6	00:13.38	663	-0.5	E	
WCA032	1017	Warrick Pheifer	Western Cape Province		7	00:13.76	615	-0.5	E	
WCA028	1013	Levandre Horne	Western Cape Province		8	00:14.24	560	-0.5	E	

32	S-11	Boys-11 : 1200 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
MPU080	761	Mthokozisi Mhlanga	Mpumalanga Province		1	03:45.93	852		E	
GAU108	400	Rynard Swanepoel	Gauteng Province		2	03:48.28	829		E	
FSA111	218	Marnus Prinsloo	Free State Province		5	03:54.11	777		E	
GAU109	401	Marcel Jonosky	Gauteng Province		6	03:59.74	731		E	
NWP109	974	Nandtes Booyens	North West Province		7	04:01.24	720		E	
GAU202	494	Banele Zwane	Gauteng Province		8	04:02.45	711		E	
2										
FSA110	217	Renier de Villiers	Free State Province		1	03:42.41	888		E	
ECA033	33	Sifiso Xaso	Eastern Cape Province		2	03:42.72	885		E	
FSA112	219	Rethabile Mokhothu	Free State Province		3	03:42.82	884		E	
MPU082	763	Mpendulo Ncongwane	Mpumalanga Province		4	03:43.75	874		E	
GAU110	402	Sebastine Watney	Gauteng Province		5	03:44.08	871		E	
NWP068	933	Oratile Selemela	North West Province		6	04:06.23	683		E	
WCA022	1007	Herchelle Baadjies	Western Cape Province		7	04:09.01	664		E	
LIM037	639	Kgadima Thamaga	Limpopo Province		8	04:18.05	605		E	

96	S-11	Boys-11 : 1200 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU108	400	Rynard Swanepoel	Gauteng Province		1	03:41.43	899		E	
FSA110	217	Renier de Villiers	Free State Province		2	03:42.31	890		E	
GAU110	402	Sebastine Watney	Gauteng Province		3	03:42.96	883		E	
ECA033	33	Sifiso Xaso	Eastern Cape Province		4	03:45.18	860		E	
FSA111	218	Marnus Prinsloo	Free State Province		5	03:46.01	851		E	
GAU109	401	Marcel Jonosky	Gauteng Province		6	03:49.59	817		E	
NWP109	974	Nandtes Booyens	North West Province		7	04:02.68	709		E	
WCA022	1007	Herchelle Baadjies	Western Cape Province		8	04:02.71	709		E	



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S-11 Boys-11

21	S-11	Boys-11 : 70 m Hurdles					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
	GAU130	422	Lehlohonolo Ramokgopa	Gauteng Province	1	00:11.20	868		H	
	MPU078	759	Sphiwe Khubeka	Mpumalanga Province	1	00:12.10	767		H	
	WCA031	1016	Jacobus Oosthuizen	Western Cape Province	2	00:11.30	856		H	
	NCA009	818	Poloko Khoana	Northern Cape Province	3	00:11.40	843		H	
	WCA030	1015	Douglas le Bretton	Western Cape Province	4	00:11.90	787		H	
	MPU077	758	Ruben Herbst	Mpumalanga Province	5	00:12.00	777		H	
2										
	GAU129	421	Regardt Fourie	Gauteng Province	1	00:10.80	923		H	
	WCA032	1017	Warrick Pheifer	Western Cape Province	2	00:11.20	868		H	
	GAU131	423	Reinhardt Strauss	Gauteng Province	3	00:11.50	832		H	
	FSA113	220	Janco Liebenberg	Free State Province	4	00:11.60	820		H	
	NCA012	819	McNiel Kiwido	Northern Cape Province	5	00:11.90	787		H	
	FSA114	221	AJ Botha	Free State Province	6	00:12.00	777		H	

62	S-11	Boys-11 : 70 m Hurdles					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
	GAU129	421	Regardt Fourie	Gauteng Province	1	00:11.25	893	1.1	E	
	GAU130	422	Lehlohonolo Ramokgopa	Gauteng Province	2	00:11.27	890	1.1	E	
	WCA032	1017	Warrick Pheifer	Western Cape Province	3	00:11.30	886	1.1	E	
	WCA031	1016	Jacobus Oosthuizen	Western Cape Province	4	00:11.42	871	1.1	E	
	GAU131	423	Reinhardt Strauss	Gauteng Province	5	00:11.54	856	1.1	E	
	NCA009	818	Poloko Khoana	Northern Cape Province	6	00:11.77	828	1.1	E	
	FSA113	220	Janco Liebenberg	Free State Province	7	00:11.89	814	1.1	E	

72	S-11	Boys-11 : 4X100 m Relay					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
	FSA183	290	Free State B/11	Free State Province	1	00:59.00	629		E	
	ECAA07	105	Eastern Cape	Eastern Cape Province	1	00:58.00	654		E	
	WCA175	1156	Western Cape	Western Cape Province	1	00:52.50	817		E	
	LIMA06	679	Limpopo	Limpopo Province	1	00:53.00	800		E	
	NWPA06	984	North West	North West Province	1	00:54.00	767		E	
	GAUA06	511	Gauteng	Gauteng Province	1	00:52.00	835		E	
	MPUA06	808	Mpumalanga	Mpumalanga Province	1	00:55.00	736		E	

138	S-11	Boys-11 : 4X100 m Relay					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
	WCA175	1156	Western Cape	Western Cape Province	1	00:52.24	826		E	
	GAUA06	511	Gauteng	Gauteng Province	2	00:52.27	825		E	
	ECAA07	105	Eastern Cape	Eastern Cape Province	3	00:52.87	804		E	
	FSA183	290	Free State B/11	Free State Province	4	00:54.47	752		E	
	MPUA06	808	Mpumalanga	Mpumalanga Province	5	00:54.79	742		E	
	NWPA06	984	North West	North West Province	6	00:56.09	704		E	
	LIMA06	679	Limpopo	Limpopo Province	7	00:56.25	700		E	



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S-11 Boys-11

98	S-11	Boys-11 : High Jump						Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
NCA005	815	Keanan Wentzel	Northern Cape Province		1	1.50	808		E	
GAU042	334	Karel Olwage	Gauteng Province		2	1.47	768		E	
NCA007	817	Jason Rondganger	Northern Cape Province		3	1.47	768		E	
GAU043	335	Michael Lehman	Gauteng Province		4	1.47	768		E	
KZN064	577	Emms Bryn	KwaZulu Natal		5	1.39	661		E	
GAU044	336	Themba Mbemebele	Gauteng Province		5	1.39	661		E	
FSA116	223	Charles Klopper	Free State Province		7	1.39	661		E	
WCA029	1014	Logan Janeke	Western Cape Province		8	1.39	661		E	
NWP071	936	Sean Lewis	North West Province		8	1.39	661		E	

23	S-11	Boys-11 : Long Jump						Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA024	1009	Migael Basson	Western Cape Province		1	4.72	734		E	
WCA025	1010	Elghin Charlies	Western Cape Province		2	4.62	693		E	
GAU040	332	Wian Mostert	Gauteng Province		3	4.59	681		E	
NWP066	931	Marco Smit	North West Province		4	4.55	664		E	
LIM028	630	Marco McKenzie	Limpopo Province		5	4.55	664		E	
LIM027	629	Trevor MacDonald	Limpopo Province		6	4.54	660		E	
NCA012	819	McNiel Kiwido	Northern Cape Province		7	4.39	598		E	
NCA005	815	Keanan Wentzel	Northern Cape Province		8	4.38	594		E	

42	S-11	Boys-11 : Shot Put						Final		
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU082	374	Juan Oosthuizen	Gauteng Province		1	12.65	921		E	
FSA123	230	Markus Kotzee	Free State Province		2	12.64	920		E	
GAU083	375	Tiaan Barnard	Gauteng Province		3	12.50	914		E	
NWP069	934	Louis Niemann	North West Province		4	12.40	909		E	
LIM036	638	Xander Rutherford	Limpopo Province		5	12.10	890		E	
FSA122	229	Wynand Swanepoel	Free State Province		6	11.93	875		E	



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S-12 Boys-12

91	S-12	Boys-12 : 100 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA058	1042	Benjamin van Schalkwyk	Western Cape Province		1	00:12.52	729	1.8	E	
ECA064	64	Michael Paddock	Eastern Cape Province		2	00:12.66	708		E	
MPU097	777	Nkosana Mpinga	Mpumalanga Province		3	00:12.67	706		E	
MPU121	801	Chulu Peter	Mpumalanga Province		4	00:13.20	633		E	
NWP082	947	Marthinus du Preez	North West Province		5	00:13.23	629		E	
FSA125	232	Bohlokwa Matlaletsa	Free State Province		6	00:13.61	583		E	
GAU169	461	Thulani Ngobe	Gauteng Province		7	00:13.61	583		E	
MPU099	779	Henco Pienaar	Mpumalanga Province		8	00:13.84	556		E	
2										
WCA038	1023	Junaid Abrahams	Western Cape Province		1	00:12.54	726	-0.6	E	
KZN009	522	Dean Andrews	KwaZulu Natal		2	00:12.85	680		E	
WCA060	1044	Jayson Weber	Western Cape Province		3	00:13.05	653		E	
GAU059	351	Sifiso Miya	Gauteng Province		4	00:13.05	653		E	
GAU198	490	Ogechukwu O'Kenna	Gauteng Province		5	00:13.16	639		E	
FSA127	234	Marcell Muller	Free State Province		6	00:13.92	548		E	
3										
NCA015	822	J acquin van Wyk	Northern Cape Province		1	00:12.90	673	2.5	E	
LIM048	650	Mokone Maile	Limpopo Province		2	00:13.11	645		E	
NCA014	821	Alvinzo Vries	Northern Cape Province		3	00:13.18	636		E	
GAU144	436	Wesley Mesilane	Gauteng Province		4	00:13.24	628		E	
ECA065	65	Sinozuko Magatyanana	Eastern Cape Province		5	00:13.25	627		E	
KZN031	544	Ethan Bush	KwaZulu Natal		6	00:13.90	550		E	

111 S-12 Boys-12 : 100 m

111	S-12	Boys-12 : 100 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA058	1042	Benjamin van Schalkwyk	Western Cape Province		1	00:12.49	734	-0.5	E	
ECA064	64	Michael Paddock	Eastern Cape Province		2	00:12.59	718		E	
WCA060	1044	Jayson Weber	Western Cape Province		3	00:12.82	685		E	
KZN009	522	Dean Andrews	KwaZulu Natal		4	00:12.82	685		E	
LIM048	650	Mokone Maile	Limpopo Province		5	00:12.92	671		E	
NWP082	947	Marthinus du Preez	North West Province		6	00:13.37	612		E	
NCA014	821	Alvinzo Vries	Northern Cape Province		7	00:13.57	588		E	
2										
MPU097	777	Nkosana Mpinga	Mpumalanga Province		1	00:12.62	714	-0.5	E	
WCA038	1023	Junaid Abrahams	Western Cape Province		2	00:12.63	712		E	
NCA015	822	J acquin van Wyk	Northern Cape Province		3	00:12.94	668		E	
GAU144	436	Wesley Mesilane	Gauteng Province		4	00:13.06	652		E	
GAU059	351	Sifiso Miya	Gauteng Province		5	00:13.18	636		E	
GAU198	490	Ogechukwu O'Kenna	Gauteng Province		6	00:13.20	633		E	
MPU121	801	Chulu Peter	Mpumalanga Province		7	00:13.32	618		E	



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S-12 Boys-12

129	S-12	Boys-12 : 100 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA038	1023	Junaid Abrahams	Western Cape Province		1	00:12.30	764	1.1	E	
WCA058	1042	Benjamin van Schalkwyk	Western Cape Province		2	00:12.44	741	1.1	E	
MPU097	777	Nkosana Mpinga	Mpumalanga Province		3	00:12.55	724	1.1	E	
KZN009	522	Dean Andrews	KwaZulu Natal		4	00:12.80	687	1.1	E	
NCA015	822	J acquin van Wyk	Northern Cape Province		5	00:12.87	678	1.1	E	
WCA060	1044	Jayson Weber	Western Cape Province		6	00:12.89	675	1.1	E	
GAU144	436	Wesley Mesilane	Gauteng Province		7	00:13.12	644	1.1	E	
ECA064	64	Michael Paddock	Eastern Cape Province		8	00:14.74	463	1.1	E	

13	S-12	Boys-12 : 150 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA058	1042	Benjamin van Schalkwyk	Western Cape Province		1	00:18.70	894		E	
NCA015	822	J acquin van Wyk	Northern Cape Province		2	00:19.23	831		E	
MPU121	801	Chulu Peter	Mpumalanga Province		3	00:19.47	805		E	
GAU059	351	Sifiso Miya	Gauteng Province		4	00:19.61	791		E	
MPU094	775	Spamandla Masilela	Mpumalanga Province		4	00:20.73	688		E	
FSA128	235	Gratitude Mohoera	Free State Province		5	00:20.16	738		E	
MPU099	779	Henco Pienaar	Mpumalanga Province		6	00:20.35	721		E	
2										
WCA060	1044	Jayson Weber	Western Cape Province		1	00:18.82	879	1.5	E	
MPU097	777	Nkosana Mpinga	Mpumalanga Province		2	00:19.02	855		E	
GAU121	413	Sparkey Mahlangu	Gauteng Province		3	00:19.22	832		E	
FSA130	237	Lelokoane Rakostoana	Free State Province		4	00:19.76	776		E	
FSA127	234	Marcell Muller	Free State Province		5	00:20.03	750		E	
FSA129	236	Pepsi Mbobo	Free State Province		6	00:21.00	666		E	
3										
ECA064	64	Michael Paddock	Eastern Cape Province		1	00:18.75	887		E	
KZN009	522	Dean Andrews	KwaZulu Natal		2	00:19.22	832		E	
GAU144	436	Wesley Mesilane	Gauteng Province		3	00:19.36	817		E	
GAU143	435	Sandile C Matjeni	Gauteng Province		4	00:19.36	817		E	
KZN048	561	Sphesihle Kekana	KwaZulu Natal		5	00:19.73	779		E	
NWP077	942	Oratile Moseki	North West Province		6	00:20.51	707		E	



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36	S-12	Boys-12 : 150 m					Semi-Finals			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA058	1042	Benjamin van Schalkwyk	Western Cape Province		1	00:18.90	869	0.9	E	
WCA060	1044	Jayson Weber	Western Cape Province		2	00:19.05	851		E	
KZN009	522	Dean Andrews	KwaZulu Natal		3	00:19.25	829		E	
NCA015	822	J acquin van Wyk	Northern Cape Province		4	00:19.37	816		E	
FSA130	237	Lelokoane Rakostoana	Free State Province		5	00:19.73	779		E	
GAU144	436	Wesley Mesilane	Gauteng Province		6	00:19.76	776		E	
GAU059	351	Sifiso Miya	Gauteng Province		7	00:20.46	711		E	
FSA128	235	Gratitude Mohoera	Free State Province		8	00:20.54	704		E	
2										
ECA064	64	Michael Paddock	Eastern Cape Province		1	00:18.53	916		E	
GAU143	435	Sandile C Matjeni	Gauteng Province		2	00:18.73	890		E	
MPU097	777	Nkosana Mpinga	Mpumalanga Province		3	00:19.20	834		E	
GAU121	413	Sparkey Mahlangu	Gauteng Province		4	00:19.42	811		E	
KZN048	561	Sphesihle Kekana	KwaZulu Natal		5	00:19.55	797		E	
MPU121	801	Chulu Peter	Mpumalanga Province		6	00:19.56	796		E	
MPU099	779	Henco Pienaar	Mpumalanga Province		7	00:20.03	750		E	
FSA127	234	Marcell Muller	Free State Province		8	00:20.43	714		E	

53 S-12 Boys-12 : 150 m

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
Final										
ECA064	64	Michael Paddock	Eastern Cape Province		1	00:18.82	879	-0.8	E	
WCA060	1044	Jayson Weber	Western Cape Province		2	00:18.96	862	-0.8	E	
WCA058	1042	Benjamin van Schalkwyk	Western Cape Province		3	00:19.04	853	-0.8	E	
MPU097	777	Nkosana Mpinga	Mpumalanga Province		4	00:19.11	845	-0.8	E	
KZN009	522	Dean Andrews	KwaZulu Natal		5	00:19.28	826	-0.8	E	
GAU143	435	Sandile C Matjeni	Gauteng Province		6	00:19.43	809	-0.8	E	
NCA015	822	J acquin van Wyk	Northern Cape Province		7	00:19.59	793	-0.8	E	

46 S-12 Boys-12 : 1200 m

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
Heats										
1										
NWP079	944	Tshegofatso Nwagu	North West Province		1	03:39.42	857		E	
LIM050	652	Daniel Seduma	Limpopo Province		2	03:41.61	835		E	
GAU080	372	Lucas Silwane	Gauteng Province		3	03:44.51	807		E	
FSA133	240	Moalosi Ramolotsi	Free State Province		4	03:47.90	776		E	
GAU203	495	Realeboga Seopasengwe	Gauteng Province		5	03:48.95	767		E	
WCA183	1163	Wynand Neetling	Western Cape Province		6	03:49.33	764		E	
WCA057	1041	Eben Steenkamp	Western Cape Province		7	03:51.50	746		E	
WCA054	1038	Chahim Kok	Western Cape Province		8	04:04.69	648		E	
2										
WCA044	1028	Jean-baptiste Buffet	Western Cape Province		1	03:37.45	878		E	
ECA060	60	Likho Mhlawuli	Eastern Cape Province		2	03:38.06	871		E	
GAU079	371	Reinhardt Grobler	Gauteng Province		3	03:39.44	857		E	
FSA131	238	Tshepang Mathibe	Free State Province		4	03:43.41	817		E	
GAU081	373	Phemelo Kgwediphuku	Gauteng Province		5	03:48.43	772		E	
NWP110	975	Monnapuo Seleko	North West Province		6	03:50.31	756		E	
MPU093	774	Njabulo Madonsela	Mpumalanga Province		7	03:51.55	746		E	
FSA132	239	Teboho Matsoso	Free State Province		8	03:56.00	710		E	



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115	S-12	Boys-12 : 1200 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU079	371	Reinhardt Grobler	Gauteng Province		1	03:32.65	932		E	
ECA060	60	Likho Mhlawuli	Eastern Cape Province		2	03:35.23	902		E	
NWP079	944	Tshegofatso Nwagu	North West Province		3	03:40.75	843		E	
FSA133	240	Moalosi Ramolotsi	Free State Province		4	03:43.42	817		E	
GAU080	372	Lucas Silwane	Gauteng Province		5	03:43.48	817		E	
MPU093	774	Njabulo Madonsela	Mpumalanga Province		6	03:45.32	799		E	
WCA044	1028	Jean-baptiste Buffet	Western Cape Province		7	03:46.26	791		E	
GAU203	495	Realeboga Seopasengwe	Gauteng Province		8	03:47.00	784		E	

29	S-12	Boys-12 : 75 m Hurdles		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
FSA134	241	Christian Noordman	Free State Province		1	00:11.76	957	-0.2	E	
WCA042	1026	Dalvon Blood	Western Cape Province		2	00:11.77	955		E	
GAU122	414	Lindo Goro	Gauteng Province		3	00:12.40	873		E	
FSA136	243	Jozua Ncheka	Free State Province		4	00:12.61	849		E	
MPU101	781	Martin-John Saaiman	Mpumalanga Province		5	00:12.62	848		E	
LIM049	651	Wicus Neethling	Limpopo Province		6	00:12.64	845		E	
2										
GAU121	413	Sparkey Mahlangu	Gauteng Province		1	00:11.83	947	1.9	E	
NWP082	947	Marthinus du Preez	North West Province		2	00:12.06	915		E	
NWP072	937	Gerdus du Plessis	North West Province		2	00:11.96	929		E	
MPU102	782	Frans Stander	Mpumalanga Province		3	00:12.14	905		E	
WCA050	1034	Andries du Toit	Western Cape Province		4	00:12.87	821		E	
ECA055	55	Tiaan Jonker	Eastern Cape Province		5	00:13.20	787		E	
MPU094	775	Spamandla Masilela	Mpumalanga Province		6	00:13.45	764		E	
3										
GAU123	415	Nolo Shokane	Gauteng Province		1	00:11.96	929	-0.6	E	
NCA014	821	Alvinzo Vries	Northern Cape Province		2	00:12.04	918		E	
WCA048	1032	Justin de Morney	Western Cape Province		3	00:12.44	868		E	
FSA135	242	Wicus Vosloo	Free State Province		4	00:12.55	856		E	
ECA054	54	Corne Gravett	Eastern Cape Province		5	00:13.31	777		E	

64	S-12	Boys-12 : 75 m Hurdles		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA042	1026	Dalvon Blood	Western Cape Province		1	00:11.60	980	0.3	E	
NWP072	937	Gerdus du Plessis	North West Province		2	00:11.66	971	0.3	E	
FSA134	241	Christian Noordman	Free State Province		3	00:11.75	958	0.3	E	
GAU123	415	Nolo Shokane	Gauteng Province		4	00:11.78	954	0.3	E	
GAU121	413	Sparkey Mahlangu	Gauteng Province		5	00:11.82	948	0.3	E	
MPU102	782	Frans Stander	Mpumalanga Province		6	00:12.27	889	0.3	E	
NCA014	821	Alvinzo Vries	Northern Cape Province		7	00:12.93	814	0.3	E	
NWP082	947	Marthinus du Preez	North West Province		8	00:14.67	664	0.3	E	



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S-12 Boys-12

99	S-12	Boys-12 : 150 m Hurdles				Heats				
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU123	415	Nolo Shokane	Gauteng Province		1	00:21.21	959	1.0	E	
FSA134	241	Christian Noordman	Free State Province		2	00:21.47	926		E	
WCA042	1026	Dalvon Blood	Western Cape Province		3	00:21.49	924		E	
MPU092	773	Wouter Louw	Mpumalanga Province		4	00:22.64	800		E	
MPU121	801	Chulu Peter	Mpumalanga Province		5	00:22.65	799		E	
FSA138	245	Boitumelo Seluko	Free State Province		6	00:24.19	671		E	
2										
NWP072	937	Gerdus du Plessis	North West Province		1	00:21.36	940	2.0	E	
NCA014	821	Alvinzo Vries	Northern Cape Province		2	00:22.24	840		E	
MPU088	769	Kgomotso Baloyi	Mpumalanga Province		3	00:23.06	762		E	
GAU196	488	Johan Groesbeek	Gauteng Province		4	00:23.07	761		E	
WCA046	1030	Branwill Claasen	Western Cape Province		5	00:23.24	746		E	
3										
GAU165	457	Shane Lottriet	Gauteng Province		1	00:21.22	958	0.3	E	
GAU122	414	Lindo Goro	Gauteng Province		2	00:22.07	858		E	
KZN048	561	Sphesihle Kekana	KwaZulu Natal		3	00:22.12	852		E	
FSA139	246	Zehan Westraadt	Free State Province		4	00:23.03	765		E	
WCA047	1031	Pierre de Jongh	Western Cape Province		5	00:23.73	706		E	
MPU094	775	Spamandla Masilela	Mpumalanga Province		6	00:23.95	689		E	

117	S-12	Boys-12 : 150 m Hurdles				Final				
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU165	457	Shane Lottriet	Gauteng Province		1	00:21.16	966	-0.5	E	
GAU123	415	Nolo Shokane	Gauteng Province		2	00:21.17	965	-0.5	E	
FSA134	241	Christian Noordman	Free State Province		3	00:21.23	957	-0.5	E	
NWP072	937	Gerdus du Plessis	North West Province		4	00:21.28	950	-0.5	E	
WCA042	1026	Dalvon Blood	Western Cape Province		5	00:21.34	943	-0.5	E	
KZN048	561	Sphesihle Kekana	KwaZulu Natal		6	00:21.87	879	-0.5	E	
GAU122	414	Lindo Goro	Gauteng Province		7	00:22.05	860	-0.5	E	
NCA014	821	Alvinzo Vries	Northern Cape Province		8	00:22.17	847	-0.5	E	

74	S-12	Boys-12 : 4X100 m Relay				Heats				
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA184	291	Free State B/12	Free State Province		1	00:53.00	738		E	
ECAA09	107	Eastern Cape	Eastern Cape Province		1	00:55.00	680		E	
NCAA07	864	Northern Cape	Northern Cape Province		1	00:52.00	770		E	
WCA176	1157	Western Cape	Western Cape Province		1	00:56.00	653		E	
NWPA07	985	North West	North West Province		1	00:50.00	842		E	
GAUA07	512	Gauteng	Gauteng Province		1	00:54.00	708		E	
MPUA07	809	Mpumalanga	Mpumalanga Province		1	00:51.00	805		E	

140	S-12	Boys-12 : 4X100 m Relay				Final				
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA176	1157	Western Cape	Western Cape Province		1	00:51.11	801		E	
FSA184	291	Free State B/12	Free State Province		2	00:51.40	791		E	
GAUA07	512	Gauteng	Gauteng Province		3	00:51.74	779		E	
NWPA07	985	North West	North West Province		4	00:52.98	739		E	
NCAA07	864	Northern Cape	Northern Cape Province		5	00:53.80	714		E	



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S-12 Boys-12

4		S-12 Boys-12 : High Jump		Final						
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
MPU095	776	Phillip Matfield	Mpumalanga Province	1	1.61	826		E		
GAU048	340	Luan Swart	Gauteng Province	2	1.49	675		E		
GAU050	342	Juan Brits	Gauteng Province	3	1.46	637		E		
WCA055	1039	Nico Liebenberg	Western Cape Province	4	1.46	637		E		
GAU049	341	Shawn de Kock	Gauteng Province	5	1.43	599		E		
MPU090	771	Charl Du Toit	Mpumalanga Province	6	1.43	599		E		
GAU051	343	Sibusiso Buda	Gauteng Province	7	1.43	599		E		

80		S-12 Boys-12 : Long Jump		Final						
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCA058	1042	Benjamin van Schalkwyk	Western Cape Province	1	5.25	806	0.84	E		
KZN009	522	Dean Andrews	KwaZulu Natal	2	5.23	798		E		
WCA060	1044	Jayson Weber	Western Cape Province	3	5.17	776		E		
LIM051	653	Christoffel Smit	Limpopo Province	4	5.01	715		E		
FSA126	233	Iwan Maree	Free State Province	5	4.98	703		E		
NWP076	941	Franca Jardel	North West Province	6	4.78	627		E		
FSA139	246	Zehan Westraadt	Free State Province	7	4.69	592		E		
GAU061	353	Diwan Britz	Gauteng Province	8	4.49	514		E		

92		S-12 Boys-12 : Shot Put		Final						
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
MPU091	772	Zhander Habeck	Mpumalanga Province	1	13.17	904		E		
WCA059	1043	Stefan van Wyk	Western Cape Province	2	12.64	865		E		
WCA045	1029	Jaco Claasen	Western Cape Province	3	12.56	858		E		
ECA055	55	Tiaan Jonker	Eastern Cape Province	4	11.67	783		E		
LIM047	649	Brandon Cronje	Limpopo Province	5	11.66	783		E		
GAU030	322	Hendrik Hartzler	Gauteng Province	6	11.39	759		E		

18		S-12 Boys-12 : Discus Throw		Final						
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCA049	1033	Adrian Dirks	Western Cape Province	1	37.76	892		E		
GAU035	327	Stephan Kruger	Gauteng Province	2	34.69	813		E		
FSA144	251	Hannes Kruger	Free State Province	3	34.36	804		E		
ECA056	56	Morne Beauzec	Eastern Cape Province	4	33.66	786		E		
WCA052	1036	Michael Frost	Western Cape Province	5	33.57	783		E		
NWP078	943	Brandon du Rand	North West Province	6	33.45	780		E		
GAU012	304	Cornelius Pennels	Gauteng Province	7	31.64	730		E		
WCA056	1040	Rhynardt Rijsburger	Western Cape Province	8	31.36	723		E		

44		S-12 Boys-12 : Javelin		Final						
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
KZN013	526	Jan-Frederik van Zyl	KwaZulu Natal	1	42.17	959		E		
GAU035	327	Stephan Kruger	Gauteng Province	2	39.49	902		E		
MPU102	782	Frans Stander	Mpumalanga Province	3	37.92	845		E		
GAU034	326	Marno Swanepoel	Gauteng Province	4	36.81	803		E		
MPU100	780	Heinrich Pieters	Mpumalanga Province	5	36.61	795		E		
GAU033	325	Herman Pelster	Gauteng Province	6	35.44	750		E		
WCA045	1029	Jaco Claasen	Western Cape Province	7	35.10	737		E		
NWP073	938	Justin Magee	North West Province	8	33.43	672		E		



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89	S-13	Boys-13 : 100 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
				1						
GAU139	431	Ruben Els	Gauteng Province		1	00:11.45	868	3.6	E	
WCA088	1072	Chad Williams	Western Cape Province		2	00:12.00	764		E	
FSA150	257	Thabo Mlambo	Free State Province		3	00:12.09	749		E	
WCA062	1046	Curtley Davids	Western Cape Province		4	00:12.14	741		E	
ECA097	97	D. Smith	Eastern Cape Province		5	00:12.57	676		E	
MPU115	795	Junior Mngomezulu	Mpumalanga Province		6	00:12.69	659		E	
				2						
GAU095	387	Reece West	Gauteng Province		1	00:11.96	771	1.3	E	
GAU015	307	Christopher J Moyo	Gauteng Province		2	00:12.00	764		E	
WCA079	1063	Dimitri Mngqolo	Western Cape Province		3	00:12.25	724		E	
KZN040	553	Gcinathina Gumede	KwaZulu Natal		4	00:12.60	672		E	
NCA021	827	Victor Jasson	Northern Cape Province		5	00:12.63	668		E	
MPU112	792	Njabulo Mahlobo	Mpumalanga Province		6	00:12.78	647		E	
				3						
GAU096	388	Retshedisitswe Mlenga	Gauteng Province		1	00:12.08	751	1.4	E	
NWP090	955	Donavan Du Toit	North West Province		2	00:12.25	724		E	
LIM067	669	Frans Matlala	Limpopo Province		3	00:12.44	695		E	
NCA022	828	Dewan Pietersen	Northern Cape Province		4	00:12.55	679		E	
FSA152	259	Moeketsi Sekonyela	Free State Province		5	00:12.67	662		E	
FSA153	260	Amohelang Finger	Free State Province		6	00:12.77	648		E	
				4						
WCA065	1049	Muneer Dirks	Western Cape Province		1	00:12.09	749	0.9	E	
NWP089	954	Emile Swanepoel	North West Province		2	00:12.25	724		E	
FSA151	258	Tshenolo Lemao	Free State Province		3	00:12.31	715		E	
NWP086	951	Gomolemo Kerileng	North West Province		4	00:12.45	693		E	
MPU113	793	Lifa Ntuli	Mpumalanga Province		5	00:12.90	631		E	

113 S-13 Boys-13 : 100 m

113	S-13	Boys-13 : 100 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
				1						
GAU139	431	Ruben Els	Gauteng Province		1	00:11.62	833	-0.4	E	
WCA088	1072	Chad Williams	Western Cape Province		2	00:11.96	771		E	
GAU096	388	Retshedisitswe Mlenga	Gauteng Province		3	00:12.05	756		E	
FSA150	257	Thabo Mlambo	Free State Province		4	00:12.25	724		E	
WCA079	1063	Dimitri Mngqolo	Western Cape Province		5	00:12.26	722		E	
LIM067	669	Frans Matlala	Limpopo Province		6	00:12.30	716		E	
NWP089	954	Emile Swanepoel	North West Province		7	00:12.36	707		E	
NCA022	828	Dewan Pietersen	Northern Cape Province		8	00:12.76	650		E	
				2						
GAU015	307	Christopher J Moyo	Gauteng Province		1	00:11.84	792	-0.5	E	
GAU095	387	Reece West	Gauteng Province		2	00:12.01	763		E	
WCA065	1049	Muneer Dirks	Western Cape Province		3	00:12.07	753		E	
FSA151	258	Tshenolo Lemao	Free State Province		4	00:12.13	743		E	
WCA062	1046	Curtley Davids	Western Cape Province		5	00:12.29	718		E	
NWP090	955	Donavan Du Toit	North West Province		6	00:12.36	707		E	
NWP086	951	Gomolemo Kerileng	North West Province		7	00:12.64	666		E	



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131	S-13	Boys-13 : 100 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU139	431	Ruben Els	Gauteng Province		1	00:11.50	857	1.0	E	
GAU015	307	Christopher J Moyo	Gauteng Province		2	00:11.84	792	1.0	E	
WCA065	1049	Muneer Dirks	Western Cape Province		3	00:11.99	766	1.0	E	
GAU095	387	Reece West	Gauteng Province		4	00:12.03	759	1.0	E	
WCA088	1072	Chad Williams	Western Cape Province		5	00:12.06	754	1.0	E	
GAU096	388	Retshedisitswe Mlenga	Gauteng Province		6	00:12.09	749	1.0	E	
FSA150	257	Thabo Mlambo	Free State Province		7	00:12.14	741	1.0	E	
FSA151	258	Tshenolo Lemao	Free State Province		8	00:12.17	736	1.0	E	

15	S-13	Boys-13 : 200 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU139	431	Ruben Els	Gauteng Province		1	00:22.96	880	1.4	E	R
GAU096	388	Retshedisitswe Mlenga	Gauteng Province		2	00:24.49	753		E	
GAU095	387	Reece West	Gauteng Province		3	00:24.68	739		E	
NWP089	954	Emile Swanepoel	North West Province		4	00:25.10	710		E	
FSA154	261	Donel Vries	Free State Province		5	00:25.98	655		E	
MPU113	793	Lifa Ntuli	Mpumalanga Province		6	00:26.93	601		E	
2										
WCA065	1049	Muneer Dirks	Western Cape Province		1	00:24.13	780	0.9	E	
WCA068	1052	Jose George	Western Cape Province		2	00:24.79	732		E	
ECA088	88	Wyclef Vlitoor	Eastern Cape Province		3	00:24.86	727		E	
LIM067	669	Frans Matlala	Limpopo Province		4	00:24.91	723		E	
FSA150	257	Thabo Mlambo	Free State Province		5	00:25.43	689		E	
MPU112	792	Njabulo Mahlobo	Mpumalanga Province		6	00:25.97	655		E	
ECA098	98	Lwando Gwinta	Eastern Cape Province		7	00:26.43	628		E	
3										
GAU094	386	Thabiso Monyane	Gauteng Province		1	00:24.26	770	0.8	E	
NWP090	955	Donavan Du Toit	North West Province		2	00:24.77	733		E	
WCA062	1046	Curtley Davids	Western Cape Province		3	00:24.88	725		E	
KZN040	553	Gcinathina Gumede	KwaZulu Natal		4	00:25.58	679		E	
MPU115	795	Junior Mngomezulu	Mpumalanga Province		5	00:25.95	657		E	
FSA151	258	Tshenolo Lemao	Free State Province		6	00:26.06	650		E	

38	S-13	Boys-13 : 200 m		Semi-Finals						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU139	431	Ruben Els	Gauteng Province		1	00:23.70	814	1.1	E	
GAU094	386	Thabiso Monyane	Gauteng Province		2	00:24.08	784		E	
GAU095	387	Reece West	Gauteng Province		3	00:24.58	746		E	
WCA068	1052	Jose George	Western Cape Province		4	00:24.85	727		E	
NWP089	954	Emile Swanepoel	North West Province		5	00:25.32	696		E	
WCA062	1046	Curtley Davids	Western Cape Province		6	00:25.42	689		E	
KZN040	553	Gcinathina Gumede	KwaZulu Natal		7	00:25.69	672		E	
2										
WCA065	1049	Muneer Dirks	Western Cape Province		1	00:24.16	778	1.3	E	
GAU096	388	Retshedisitswe Mlenga	Gauteng Province		2	00:27.70	560		E	
NWP090	955	Donavan Du Toit	North West Province		3	00:24.91	723		E	
LIM067	669	Frans Matlala	Limpopo Province		4	00:24.98	719		E	
ECA088	88	Wyclef Vlitoor	Eastern Cape Province		5	00:25.25	701		E	
FSA154	261	Donel Vries	Free State Province		6	00:25.84	663		E	
MPU115	795	Junior Mngomezulu	Mpumalanga Province		7	00:26.68	614		E	



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55	S-13	Boys-13 : 200 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU139	431	Ruben Els	Gauteng Province		1	00:23.20	857	0.3	E	R
WCA065	1049	Muneer Dirks	Western Cape Province		2	00:24.16	778	0.3	E	
GAU094	386	Thabiso Monyane	Gauteng Province		3	00:24.32	766	0.3	E	
GAU095	387	Reece West	Gauteng Province		4	00:24.44	757	0.3	E	
WCA068	1052	Jose George	Western Cape Province		5	00:24.80	731	0.3	E	
GAU096	388	Retshedisitswe Mlenga	Gauteng Province		6	00:24.82	730	0.3	E	
NWP090	955	Donavan Du Toit	North West Province		7	00:24.89	725	0.3	E	
LIM067	669	Frans Matlala	Limpopo Province		8	00:25.56	681	0.3	E	

16	S-13	Boys-13 : 800 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA067	1051	Nathan Fransman	Western Cape Province		5	02:13.89	657		E	
1										
ECA091	91	Alfonzo Prins	Eastern Cape Province		1	02:10.50	720		E	
ECA093	93	Akhona Manko	Eastern Cape Province		2	02:11.26	705		E	
GAU073	365	Arno v Wyk	Gauteng Province		3	02:11.38	703		E	
GAU159	451	Robin Shilabe	Gauteng Province		4	02:13.19	669		E	
WCA078	1062	Ezile Mfakadolo	Western Cape Province		6	02:16.44	613		E	
FSA156	263	Vuyo Kamlane	Free State Province		7	02:20.06	557		E	
NWP099	964	Tshepang Morake	North West Province		8	02:21.99	529		E	
2										
GAU158	450	Lewis Ngwenya	Gauteng Province		1	02:09.88	732		E	
GAU194	486	Tiro Mosweu	Gauteng Province		3	02:11.15	707		E	
MPU107	787	Gerrie Erasmus	Mpumalanga Province		4	02:11.56	699		E	
FSA155	262	Lebohang Mahloane	Free State Province		5	02:12.24	686		E	
NWP087	952	Reatlegile Kotsedi	North West Province		6	02:12.32	685		E	
NWP098	963	Robert de Villiers	North West Province		7	02:15.67	626		E	
FSA157	264	Bongani Mantjie	Free State Province		8	02:15.76	625		E	

68	S-13	Boys-13 : 800 m		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU158	450	Lewis Ngwenya	Gauteng Province		1	02:08.70	756		H	
MPU107	787	Gerrie Erasmus	Mpumalanga Province		2	02:09.00	750		H	
ECA091	91	Alfonzo Prins	Eastern Cape Province		3	02:09.00	750		H	
GAU073	365	Arno v Wyk	Gauteng Province		4	02:09.00	750		H	
GAU159	451	Robin Shilabe	Gauteng Province		5	02:10.70	716		H	
NWP087	952	Reatlegile Kotsedi	North West Province		6	02:12.50	682		H	
FSA155	262	Lebohang Mahloane	Free State Province		7	02:13.00	673		H	
FSA156	263	Vuyo Kamlane	Free State Province		8	02:15.20	634		H	



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83	S-13	Boys-13 : 1500 m		Heats						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU073	365	Arno v Wyk	Gauteng Province		1	04:41.76	769		E	
NWP087	952	Reatlegile Kotsedi	North West Province		2	04:42.62	764		E	
GAU074	366	Caleb Beukes	Gauteng Province		3	04:42.74	763		E	
WCA067	1051	Nathan Fransman	Western Cape Province		4	04:45.72	747		E	
MPU117	797	Sihle Tsotetsi	Mpumalanga Province		5	04:47.38	738		E	
GAU075	367	Tshiamo Maribe	Gauteng Province		6	04:50.19	723		E	
FSA158	265	Retshidisitswe Shai	Free State Province		7	04:54.61	700		E	
LIM066	668	Given Makgoba	Limpopo Province		8	04:54.91	699		E	
2										
FSA156	263	Vuyo Kamlane	Free State Province		1	04:38.97	785		E	
MPU107	787	Gerrie Erasmus	Mpumalanga Province		3	04:41.00	773		E	
GAU200	492	Keagan Crane	Gauteng Province		4	04:41.78	769		E	
MPU119	799	Aldrin Willemse	Mpumalanga Province		5	04:42.68	763		E	
FSA157	264	Bongani Mantjie	Free State Province		6	04:44.39	754		E	

133 S-13 Boys-13 : 1500 m

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU073	365	Arno v Wyk	Gauteng Province		1	04:29.15	847		E	
MPU107	787	Gerrie Erasmus	Mpumalanga Province		2	04:33.03	821		E	
FSA156	263	Vuyo Kamlane	Free State Province		3	04:42.44	765		E	
NWP087	952	Reatlegile Kotsedi	North West Province		4	04:44.61	753		E	
LIM066	668	Given Makgoba	Limpopo Province		5	04:47.61	736		E	
MPU117	797	Sihle Tsotetsi	Mpumalanga Province		6	04:48.58	731		E	
GAU074	366	Caleb Beukes	Gauteng Province		7	04:48.82	730		E	
FSA157	264	Bongani Mantjie	Free State Province		8	04:49.04	729		E	

31 S-13 Boys-13 : 80 m Hurdles

		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
GAU117	409	Rudolph Richter	Gauteng Province		1	00:11.69	909	1.2	E	
NWP085	950	Andicus Douwie	North West Province		2	00:11.71	907		E	
GAU218	502	Christian Welman	Gauteng Province		3	00:11.96	875		E	
MPU105	785	Tiaan du Preez	Mpumalanga Province		4	00:12.26	839		E	
WCA081	1065	Liam Pietersen	Western Cape Province		5	00:12.53	810		E	
MPU110	790	Pieter Kunz	Mpumalanga Province		6	00:12.74	788		E	
FSA160	267	Jordan Mbisha	Free State Province		7	00:15.71	559		E	
2										
GAU064	356	Roelof vd Walt	Gauteng Province		1	00:12.10	858	0.4	E	
ECA083	83	Antonio May	Eastern Cape Province		2	00:12.31	833		E	
FSA159	266	MD Laubscher	Free State Province		3	00:12.49	814		E	
MPU108	788	Willem Greyling	Mpumalanga Province		4	00:12.54	808		E	
FSA161	268	Richard Kriel	Free State Province		5	00:13.02	761		E	
NCA026	832	Valdo Pieters	Northern Cape Province		6	00:13.78	694		E	
3										
WCA064	1048	Marno Dirks	Western Cape Province		1	00:11.92	879		E	
WCA068	1052	Jose George	Western Cape Province		2	00:11.98	872		E	
GAU118	410	Kagiso Nyamande	Gauteng Province		3	00:12.10	858		E	
LIM068	670	Casper Nel	Limpopo Province		4	00:12.22	844		E	
NCA053	1164	Josef Adriaan de Klerk	Northern Cape Province		5	00:12.33	831		E	
KZN024	537	Klopper Opperman	KwaZulu Natal		6	00:15.46	575		E	



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66	S-13	Boys-13 : 80 m Hurdles					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU117	409	Rudolph Richter	Gauteng Province		1	00:11.52	933	0.5	E	
NWP085	950	Andicus Douwie	North West Province		2	00:11.54	930	0.5	E	
WCA064	1048	Marno Dirks	Western Cape Province		3	00:11.72	905	0.5	E	
GAU218	502	Christian Welman	Gauteng Province		4	00:11.82	892	0.5	E	
GAU064	356	Roelof vd Walt	Gauteng Province		5	00:11.88	885	0.5	E	
WCA068	1052	Jose George	Western Cape Province		6	00:12.23	842	0.5	E	
ECA083	83	Antonio May	Eastern Cape Province		7	00:12.59	803	0.5	E	
GAU118	410	Kagiso Nyamande	Gauteng Province		8	00:13.60	709	0.5	E	

101	S-13	Boys-13 : 200 m Hurdles					Heats			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
1										
WCA079	1063	Dimitri Mngqolo	Western Cape Province		1	00:27.47	901	0.3	E	
GAU161	453	Adriaan Gravett	Gauteng Province		2	00:28.37	824		E	
GAU162	454	Steyn vd Spuy	Gauteng Province		3	00:29.23	761		E	
MPU105	785	Tiaan du Preez	Mpumalanga Province		4	00:29.27	758		E	
FSA163	270	Relebohile Molete	Free State Province		5	00:31.40	629		E	
NCA027	833	S'yabulela Ngxanga	Northern Cape Province		6	00:33.11	544		E	
2										
NWP086	951	Gomolemo Kerileng	North West Province		1	00:28.39	823	-1.4	E	
WCA064	1048	Marno Dirks	Western Cape Province		2	00:29.02	776		E	
ECA084	84	Sokwakhana Zazini	Eastern Cape Province		3	00:29.19	764		E	
MPU111	791	Damian Losper	Mpumalanga Province		4	00:30.03	708		E	
FSA164	271	Carlo van Wyk	Free State Province		5	00:30.81	662		E	
3										
WCA081	1065	Liam Pietersen	Western Cape Province		1	00:27.47	901	-0.4	E	
MPU118	798	Coenraad Visser	Mpumalanga Province		2	00:27.99	855		E	
NWP085	950	Andicus Douwie	North West Province		3	00:28.43	820		E	
NCA053	1164	Josef Adriaan de Klerk	Northern Cape Province		4	00:29.84	720		E	
FSA162	269	Wian Viljoen	Free State Province		5	00:31.04	649		E	
FSA161	268	Richard Kriel	Free State Province		6	00:31.86	605		E	

119	S-13	Boys-13 : 200 m Hurdles					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA081	1065	Liam Pietersen	Western Cape Province		1	00:27.39	908	2.5	E	
WCA079	1063	Dimitri Mngqolo	Western Cape Province		2	00:27.60	889	2.5	E	
MPU118	798	Coenraad Visser	Mpumalanga Province		3	00:27.81	870	2.5	E	
NWP085	950	Andicus Douwie	North West Province		4	00:28.25	834	2.5	E	
GAU161	453	Adriaan Gravett	Gauteng Province		5	00:28.46	817	2.5	E	
NWP086	951	Gomolemo Kerileng	North West Province		6	00:28.86	787	2.5	E	
WCA064	1048	Marno Dirks	Western Cape Province		7	00:29.20	763	2.5	E	

134	S-13	Boys-13 : 1500 m Walk					Final			
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
WCA069	1053	Francois Jacobs	Western Cape Province		1	07:43.58	953		E	
NWP096	961	Duan Jansen	North West Province		2	07:43.75	953		E	
FSA165	272	Mohlouwa Busa	Free State Province		3	07:56.55	932		E	
FSA177	284	Jaques Heymans	Free State Province		4	07:56.62	932		E	
NWP097	962	Marko Jansen	North West Province		5	07:59.25	928		E	



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76	S-13	Boys-13 : 4X100 m Relay					Heats			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
FSA185	292	Free State B/13	Free State Province	1	00:49.00	823		E		
ECAA08	106	Eastern Cape	Eastern Cape Province	1	00:50.00	787		E		
NCAA08	865	Northern Cape	Northern Cape Province	1	00:54.00	662		E		
WCA177	1158	Western Cape	Western Cape Province	1	00:56.00	610		E		
LIMA08	681	Limpopo	Limpopo Province	1	00:51.00	753		E		
NWPA08	986	North West	North West Province	1	00:52.00	721		E		
GAUA08	513	Gauteng	Gauteng Province	1	00:53.00	691		E		
MPUA08	810	Mpumalanga	Mpumalanga Province	1	00:48.00	863		E		

142	S-13	Boys-13 : 4X100 m Relay					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAUA08	513	Gauteng	Gauteng Province	1	00:46.10	951		E	R	
FSA185	292	Free State B/13	Free State Province	2	00:48.37	848		E		
MPUA08	810	Mpumalanga	Mpumalanga Province	3	00:48.93	826		E		
NWPA08	986	North West	North West Province	4	00:49.36	810		E		
LIMA08	681	Limpopo	Limpopo Province	5	00:50.76	761		E		
NCAA08	865	Northern Cape	Northern Cape Province	6	00:51.58	734		E		

78	S-13	Boys-13 : High Jump					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
GAU064	356	Roelof vd Walt	Gauteng Province	1	1.72	865		E		
WCA071	1055	Charl Janson	Western Cape Province	2	1.72	865		E		
GAU065	357	Matome Shabangu	Gauteng Province	3	1.68	817		E		
WCA080	1064	Keenan Opperman	Western Cape Province	4	1.64	770		E		
WCA082	1066	Breyton Poole	Western Cape Province	5	1.64	770		E		
WCA075	1059	Ronaldo Mackensie	Western Cape Province	6	1.59	710		E		
NWP088	953	Reabetswe Mosikare	North West Province	7	1.59	710		E		
NCA021	827	Victor Jasson	Northern Cape Province	8	1.59	710		E		

2	S-13	Boys-13 : Long Jump					Final			
Athlete		Team	Heat	Place	Performance	Table point	Wind	H/E	Record	
WCA063	1047	Nathan de Lange	Western Cape Province	1	5.84	914		E		
GAU094	386	Thabiso Monyane	Gauteng Province	2	5.75	882		E		
ECA088	88	Wyclef Vlitoor	Eastern Cape Province	3	5.60	829		E		
GAU096	388	Retshedisitswe Mlenga	Gauteng Province	4	5.58	821		E		
GAU095	387	Reece West	Gauteng Province	5	5.43	768		E		
NWP090	955	Donavan Du Toit	North West Province	6	5.42	764		E		
FSA153	260	Amohelang Finger	Free State Province	7	5.29	717		E		
GAU183	475	Ross Braude	Gauteng Province	8	5.29	717		E		



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41	S-13	Boys-13 : Shot Put		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU021	313	Jonathan De Lacey Lacey	Gauteng Province		1	14.79	797		E	
GAU022	314	Dewald Pienaar	Gauteng Province		2	13.70	721		E	
ECA090	90	H Du Toit	Eastern Cape Province		3	12.47	631		E	
GAU014	306	Evan Roos	Gauteng Province		4	12.33	620		E	
FSA169	276	Rocco Steyn	Free State Province		5	12.16	607		E	
WCA070	1054	Renier J v Rensburg	Western Cape Province		6	11.90	587		E	
FSA170	277	Herman Agenbag	Free State Province		7	11.78	578		E	
MPU106	786	Justin Els	Mpumalanga Province		8	11.50	556		E	

120	S-13	Boys-13 : Discus Throw		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
GAU021	313	Jonathan De Lacey Lacey	Gauteng Province		1	49.90	957		E	R
GAU022	314	Dewald Pienaar	Gauteng Province		2	43.33	862		E	
GAU023	315	Morne Brandon	Gauteng Province		3	43.19	859		E	
WCA083	1067	Jan Theron	Western Cape Province		4	39.97	787		E	
FSA170	277	Herman Agenbag	Free State Province		5	36.06	696		E	
MPU109	789	Ruben Kruger	Mpumalanga Province		6	34.77	665		E	
NCA023	829	Jan Visser	Northern Cape Province		7	33.53	634		E	
WCA074	1058	Jean-pierre Luise	Western Cape Province		8	33.14	624		E	

93	S-13	Boys-13 : Javelin		Final						
		Athlete	Team	Heat	Place	Performance	Table point	Wind	H/E	Record
FSA174	281	Jannes Schlebusch	Free State Province		1	55.62	1070		E	R
GAU205	497	Jason v Nieuwenhuizen	Gauteng Province		2	47.71	908		E	
KZN002	515	Wynand Conradie	KwaZulu Natal		3	44.20	804		E	
NWP094	959	Luhan Dreyer	North West Province		4	43.94	796		E	
GAU174	466	Emile Kruger	Gauteng Province		5	41.19	708		E	
FSA175	282	WJ Steenkamp	Free State Province		6	41.00	702		E	
WCA084	1068	Rudolph v Tonder	Western Cape Province		7	39.63	657		E	
MPU116	796	Stefan Smit	Mpumalanga Province		8	39.04	637		E	