

**Yellow Pages Schools, Youth, Junior /23 Champ
2012/03/29**

Achievement per age group and Track/Field

Girls-Sub-Youth (Tra

GAU014	Miriam Merina	Gauteng	1500 m	04:03.71	1323	R
WCP202	Tamzin Thomas	Western Cape	100 m	00:11.81	1012	R
WCP202	Tamzin Thomas	Western Cape	100 m	00:11.85	1003	R

Girls-Sub-Youth (Fie

WPA036	Carla Johnson	Western Province Ath	Long Jump	5.92	1007	R
GAU007	Leandri Geel	Gauteng	Discus Throw	43.18	1006	R
WCP192	Jo-Anne van Dyk	Western Cape	Javelin	49.19	987	R

Girls-Youth (Track)

GAU070	Carina Viljoen	Gauteng	3000 m	09:48.22	1000	
GAN168	Olivia Labuschagne	Athletics Gauteng No	2000 m Steeple	07:11.10	998	N
GAN194	Tshegofatso Sethakgoe	Athletics Gauteng No	3000 m	09:49.91	996	

Girls-Youth (Field)

GAU044	Julia du Plessis	Gauteng	High Jump	1.88	1054	R
GAU053	Lezaan Jordaan	Gauteng	Shot Put	17.52	978	R
GAU046	Geraldine Duvenhage	Gauteng	Discus Throw	46.30	973	

Women-Junior (Track)

KZA016	Justine Palframan	Kwazulu Natal Athlet	400 m	00:53.51	974	R
CGA005	Kayla Gilbert	Central Gauteng	100 m Hurdles	00:14.09	960	
CGA014	Rose Shabalala	Central Gauteng	10000 m Walk	56:19.30	958	

Women-Junior (Field)

GAN148	Simone Meyer	Athletics Gauteng No	Discus Throw	64.24	1009	R
WPA027	Valentina da Rocha	Western Province Ath	Triple Jump	12.74	981	
EPA029	Ischke Senekal	Eastern Province Ath	Discus Throw	49.80	968	R

Women-23 (Track)

FSF035	Ansulet Potgieter	Free State Athletics	100 m Hurdles	00:13.82	914	N
CGA070	Ashleigh Schentler	Central Gauteng	3000 m Steeple	11:09.96	900	N
CNW074	Melissa Hewitt	Central North West	100 m	00:11.61	887	N

Women-23 (Field)

CNW081	Nanette Stapelberg	Central North West	Hammer Throw	51.96	951	N
CGA067	Kelly Kingwill	Central Gauteng	Triple Jump	13.23	946	N
EPA044	Magdaleen Louw	Eastern Province Ath	Hammer Throw	50.52	944	N

Boys-Sub-Youth (Trac

MPU066	Goodman Mkhwanazi	Mpumalanga	300 m Hurdles	00:38.57	963	
NCP044	Andrico Williams	Northern Cape Provin	1500 m	04:05.92	959	
FSA105	Hanno Bezuidenhout	Free State	300 m Hurdles	00:38.65	957	

Boys-Sub-Youth (Fiel

NWP091	Gouws Zander	North West Province	Javelin	68.29	943	
WCP085	Gustav Marais	Western Cape	Javelin	66.61	921	
GAU144	Jason van Rooyen	Gauteng	Shot Put	18.01	911	

Boys-Youth (Track)

KZN046	Mhlakanipho Zulu	Kwazulu Natal	400 m	00:43.49	1182	R
GAU164	Tiaan Jacobs	Gauteng	800 m	01:51.23	1034	
WPA012	Tiaan Smit	Western Province Ath	110 m Hurdles	00:13.34	989	R

Boys-Youth (Field)

GAN068	Duwayne Boer	Athletics Gauteng No	Long Jump	7.68	1026	
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GAU156	Ruan Combrinck	Gauteng	Shot Put	19.49	1001	R
FSA146	Tshepang Makhethhe	Free State	Hammer Throw	61.05	985	

Men-Junior (Track)

FSA159	Siphello Ngqabaza	Free State	100 m	00:10.28	1013	R
CGA081	Thapelo Madiba	Central Gauteng	800 m	01:49.36	1006	
GAU194	Siswe Boqashi	Gauteng	3000 m Steeple	09:14.06	989	

Men-Junior (Field)

GAN029	Gerhard de Beer	Athletics Gauteng No	Discus Throw	58.52	1008	R
WCP009	Jan-Louw Kotze	Western Cape	Discus Throw	57.60	997	
WPA006	Morne Moolman	Western Province Ath	Javelin	71.26	984	

Men-23 (Track)

CGA121	Sibusiso Madikizela	Central Gauteng	3000 m Steeple	09:16.09	972	N
CNW037	Lucas Bothabutle	Central North West	3000 m Steeple	09:25.40	944	N
FSF009	Gideon Trotter	Free State Athletics	100 m	00:10.22	933	N

Men-23 (Field)

CGA130	Ruswahl Samaai	Central Gauteng	Long Jump	7.94	900	N
CGA216	Aphelele Rasmeni	Central Gauteng	Triple Jump	15.96	895	N
BOL083	Renaldo Frechou	Boland	Hammer Throw	59.48	869	N